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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
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Course #	Course Title	
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P: (800) 791-0262
F: (815) 371-1499
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Motivations, Inc.
Introductory Level
0.3 ASHA CEUs

WEBINAR

#7202 Building Dementia Mastery: Empowering Professionals to Improve Quality of Life

**Instructor: Joanne Trammel, MS, OTR/L,
and Lisa Baxter Hong, OTD, OTR/L**

**Audience: Physical Therapists,
Occupational Therapists, and Assistants,
and Speech Therapists**

**Delivery Options:
Live Webinar or Self-Study Options**

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SUMMARY: This presentation aims to equip therapy professionals with working knowledge of Alzheimer's disease and related dementias (ADRD), integrating this understanding with core rehabilitation principles to design and implement effective interventions for individuals living with dementia and their care partners.

Through the use of case studies and facilitated discussion, participants will develop and apply evidence-based strategies that enhance quality of life and demonstrate the value of the rehabilitation professional within dementia care. Additionally, the course will strengthen practitioners' competence in clinical documentation and empower them to advocate for expanded dementia-related services across diverse practice settings.

Course instruction method includes: Lecture, videos, Case studies, and Question/Answer.

PRESENTER: Joanne Trammel, MS, OTR/L, and Lisa Baxter Hong, OTD, OTR/L, are occupational therapists with more than 20 years of specialized experience in dementia care and decades of combined clinical, academic, and community-based practice. They joined forces in 2017 while teaching at Idaho State University, united by a shared passion for improving dementia care through education, evidence-based practice, and person-centered, nonpharmacological approaches.

Joanne Trammel earned her entry-level Master's degree in Occupational Therapy from the University of North Carolina at Chapel Hill and has worked with adults for over 30 years. Her professional interest in dementia care was shaped while working in a geriatric psychiatric facility, where she developed a deep appreciation for understanding dementia-related behaviors and implementing nonpharmacological interventions. Joanne currently serves as the Founding Director of the Occupational Therapy Assistant Program at Idaho State University, where dementia care is intentionally woven throughout the curriculum.

Lisa Baxter Hong completed her undergraduate and graduate education in Occupational Therapy at Idaho State University and earned her Doctor of Occupational Therapy from Eastern Kentucky University. She is the owner of a private outpatient occupational therapy practice in Eastern Idaho, providing direct care and community outreach. Lisa has served as an adjunct faculty member and community educator at Idaho State University, collaborates with the University of Missouri on fieldwork education and committee work, and serves on the Board of the Idaho Occupational Therapy Association, where she focuses on advocacy and awareness of the occupational therapy profession.

Together, Joanne and Lisa teach caregivers and professionals through ISU's Continuing Education and Workforce Training programs, work as community educators for the Alzheimer's Association, and serve on a committee for the State of Idaho's Alzheimer's Disease and Related Dementias (ADRD) project through the Department of Health and Welfare. They also serve as panelists for the Idaho ECHO project, which focuses on improving care for those living with dementia in Idaho.

Joanne and Lisa are the Co-Founders of Aging Gracefully, an organization dedicated to advancing dementia education for occupational therapy practitioners, healthcare professionals, and caregivers. They have created Dementia Mastery: Occupational Therapy Empowered, a comprehensive online education program designed to equip occupational therapy practitioners with the knowledge, clinical reasoning, and practical tools needed to become confident leaders and specialists in dementia care. *Dementia Mastery* emphasizes evidence-based practice, real-world application, and the unique role of occupational therapy in supporting individuals living with dementia and those who care for them.

Financial— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Describe how foundational physiology, statistical and epidemiological information, and progression of dementia relates to the therapy practitioner.
2. Apply evidence-based approaches to mediate difficult behaviors associated with Alzheimer's Disease and Related Dementias (ADRD).
3. Explain evidence to support occupation-based strategies in practice and provide program planning ideas, staff education, and improved documentation.

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

For course dates, times and registration, please visit: www.motivationsceu.com

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PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.

SLP Credit: This course is offered for 0.3 ASHA CEUs (Introductory Level).



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AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Introductions (5 min):

- Joanne and Lisa
- Participants (in chat feature)
 - practice area/discipline
 - State you are from

Updated research and statistical information of ADRD (5 min)

Cognitive Disabilities Model (5 min)

- 6 levels; we will work mainly stages 3 & 4 with more end of life at stage 2&3

Impact on function (10 min)

- What is occupational deprivation?
- Concept of Can do, Will do, May do

Behaviors/Communication (30 min)

- Etiology of behavior
 - Common behaviors... what do these mean?
 - behavior is communication
 - Strategies
 - Meaningful activity, procedural memory
 - Adapting activity
 - Reminiscence
 - Validate
 - Redirection
 - Distraction
 - Therapeutic lying
 - Sensory stim
- what are common triggers?

Discuss theories/FOR, and assessments you may use (15 min)

Case scenarios and presentation (20 min)

- Observations and insights
- Documentation

Evidence-based practice (10 min)

- Current evidence (see handout)

Wrap-up/Conclusion (10 min)

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Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.