

Women's
Health
Concern

BMS
British
Menopause
Society



27th Annual Symposium on women's health

Friday 1 December 2017

The Royal College of Obstetricians & Gynaecologists
Regent's Park, London NW1 4RG

CPD/
CME
6 hours

ACCREDITED BY THE FACULTY OF SEXUAL
AND REPRODUCTIVE HEALTHCARE

Women's Health Concern is the patient arm of the British Menopause Society

About BMS and WHC



www.thebms.org.uk
Reg Charity No: 1015144
Company Reg No: 2759439



www.womens-health-concern.org
Reg Charity No: 279651
Company Reg No: 1432023

The British Menopause Society (BMS), established in 1989, provides education, information and guidance to healthcare professionals specialising in all aspects of post reproductive health.

This is achieved through an annual programme of lectures, conferences, meetings, exhibitions and our interactive website. We offer a range of publications including our quarterly journal *Post Reproductive Health* and the definitive handbook *Management of the Menopause*.

Women's Health Concern (WHC), the patient arm of the BMS, provides an independent service to advise, reassure and educate women of all ages about their health, wellbeing and lifestyle concerns.

WHC offers unbiased information – by telephone, email, printed fact sheets, online and through symposia, seminars, meetings and workshops, including *Living and loving well beyond 40...*

Our Mission

- To increase awareness of post reproductive healthcare issues
- To promote optimal management through our educational programme, publications and information dissemination

As most British women can expect to live for thirty years or more beyond menopause, the consequences for immediate and longer term healthcare and lifestyle are significant.

Affiliations

The British Menopause Society is a specialist society affiliated to the Royal College of Obstetricians and Gynaecologists and the Faculty of Sexual and Reproductive Healthcare. Working together we have developed theoretical and practical training modules aimed at those healthcare professionals who regularly work in the field of women's health.



Royal College of
Obstetricians &
Gynaecologists



British Menopause Society membership is open to healthcare professionals and others specialising in post reproductive health.

Speakers



Kathy Abernethy

Chairman, British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex



Dr Heather Currie

Immediate Past Chairman, British Menopause Society, Associate Specialist Gynaecologist & Obstetrician Dumfries & Galloway Royal Infirmary, Dumfries



Nigel Denby

Dietitian, WomanKind Healthcare, London



Dr Jude Hayward

GPwSI in Genetics: The Yorkshire Regional Genetics Service, Leeds



Mr Tim Hillard

Consultant Gynaecologist, Poole Hospital NHS Trust



Professor Myra S Hunter

Emeritus professor of clinical health psychology, Institute of Psychiatry, Psychology and Neuroscience, Kings College London



Dr Fiona Lewis

Consultant Dermatologist, St John's Institute of Dermatology, Guy's & St Thomas' NHS Trust, London and Frimley Health NHS Trust, Wexham Park



Sara Moger

Chief Executive, British Menopause Society



Mrs Elaine Stephens

Senior Menopause Specialist Nurse, Birmingham Women's Hospital Administrator, West Midlands Menopause Society



Surgeon Lieutenant Commander Tom Stevenson Royal Navy

Orthopaedic Registrar, Institute of Naval Medicine, Gosport



Dr John Stevenson

Chairman, Women's Health Concern, Consultant Physician & Endocrinologist, Royal Brompton Hospital and Reader in Metabolic Medicine at Imperial College London



Dr Jane Woyka

GP Associate Specialist, Menopause Unit, Northwick Park and St Mark's Hospital, Harrow

There will be a **Medical Exhibition** running throughout the day featuring leading pharmaceutical and healthcare companies.

Contact us for sponsorship opportunities (see back page).

Programme

27th Annual Symposium on women's health

Friday 1 December 2017, Royal College of Obstetricians and Gynaecologists

0915 **Registration, exhibition & coffee**

0945 **Welcome and introduction**
Sara Moger
CEO, British Menopause Society

Chairman: **Dr John Stevenson**
Consultant Physician and Endocrinologist, Royal Brompton Hospital
and Reader in Metabolic Medicine at Imperial College London

0955 **Vulval symptoms – a practical approach to the patient**
Dr Fiona Lewis
Consultant Dermatologist, St John's Institute of Dermatology, Guy's & St Thomas'
NHS Trust, London and Frimley Health NHS Trust, Wexham Park

1030 **Dietary advice for women that actually works**
Nigel Denby
Dietitian, WomanKind Healthcare, London

1105 **Refreshments and exhibition**

1130 **Cognitive Behaviour Therapy**
Professor Myra S Hunter
Emeritus Professor of Clinical Health Psychology, Institute of Psychiatry,
Psychology and Neuroscience, King's College, London

1205 **Familial breast and ovarian cancers: the impact of hormones**
Dr Jude Hayward
GPwSI in Genetic, the Yorkshire Regional Genetics Service, Leeds

1240 Lunch and exhibition

1340 Women's Health Café:

A practical 90-minute session, comprising hands-on group work and case studies

Facilitators:

Kathy Abernethy Chairman, British Menopause Society, Associate Director and Senior Nurse Specialist, Menopause Clinical & Research Unit, North West London Hospitals NHS Trust, Northwick Park Hospital, Harrow, Middlesex

Dr Heather Currie Associate Specialist Gynaecologist & Obstetrician
Dumfries & Galloway Royal Infirmary, Dumfries

Mrs Elaine Stephens Senior Menopause Specialist Nurse,
Birmingham Women's Hospital; Administrator, West Midlands Menopause Society

Dr Jane Woyka GP Associate Specialist, Menopause Unit, Northwick Park
and St Mark's Hospital, Harrow

1510 Refreshments and exhibition

1535 Women's health: a view from the quarterdeck

Surgeon Lieutenant Commander Tom Stevenson Royal Navy

Orthopaedic Registrar, Institute of Naval Medicine, Gosport

1605 Gerald Swyer* Memorial Lecture

Chairman: **Mr Tim Hillard**

Consultant Gynaecologist, Poole Hospital NHS Trust

Back to the future with HRT

Dr John Stevenson

1640 Final remarks and close

Dr John Stevenson

Please note, sessions and speakers may be subject to change. This meeting is financially supported in part by the pharmaceutical industry through sponsorship but it has no influence over the meeting agenda.

**The late Dr Gerald Swyer was internationally recognised for his early work on the development of the contraceptive pill; the first endocrine and fertility clinics in London; and his pioneering research on hormone replacement therapy. He was chairman of Women's Health Concern from 1980 until 1993, when Dr John Stevenson succeeded him. The Dr Gerald Swyer Memorial Fund was set up in 1995 as a lasting tribute to him.*

Meeting information

Royal College of Obstetricians & Gynaecologists,
27 Sussex Place, Regent's Park, London NW1 4RG

Friday 1 December 2017

Who should attend?

GPs, clinic doctors, gynaecologists, trainees, specialist and practice nurses and anyone allied to the health profession with an interest in women's health.

Registration

Online – Register online through our website via PayPal at:

www.womens-health-concern.org/symposium

By post – complete the registration form overleaf and post it – to reach us before Friday 24 November 2017– to:

Women's Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH.

Payment is required four working days before the Symposium.

Cheques should be payable to:
British Menopause Society Limited

By telephone – Please call the WHC team on **01628 890199** to book over the phone. Please book early as space is limited. Note : Registration fees and credit card fees are non-refundable.

Travel

Underground: nearest tube station is Baker Street, served by the following lines: Metropolitan, Jubilee, Circle, Bakerloo, Hammersmith & City.

Mainline: Marylebone rail station is a 10-minute walk. Also close by are Paddington, Euston, King's Cross and St Pancras stations.

Buses: Routes 13, 82, 113, 139, 189 and 274 serve the area.

Car parking: NCP car parking is available at Park Road (24-hour).

Short-stay metered parking on Regent's Park Outer Circle.

Accommodation

A list of nearby hotels is available on request.

Exhibition

A Medical Exhibition, including leading pharmaceutical and healthcare companies, will take place throughout the Symposium.

Training Accreditation

CPD and CME Training Plans: delegates will be emailed a certificate which confirms their attendance at the Symposium. The Symposium has been accredited by The Faculty of Sexual & Reproductive Healthcare for 6 hours CPD/CME.

Further Information

Website: **www.womens-health-concern.org/symposium**

For registration enquiries

Please contact the WHC team on **01628 890199** or email **admin@bms-whc.org.uk**

Terms and conditions

Places are only guaranteed upon written confirmation. No refunds are provided. Named substitutions may be made at any time without charge. Cheques must be in sterling drawn on a UK bank account. Acceptance is at the discretion of Women's Health Concern. In the event that Women's Health Concern cancels the meeting, liability will be limited to registration fees already paid to them for the meeting.

Registration form

Women's Health Concern Symposium on Women's Health, 1 December 2017

BMS Member Non BMS Member

General Practitioners / Clinic Doctors / Hospital Doctors	£185	£230
Nurses / Trainees†	£100	£130

I am a: G.P. ☐ Clinic Dr. ☐ Hospital Dr. ☐ Nurse ☐ Trainee* ☐ Other Health Professional ☐

Register online: www.womens-health-concern.org/symposium

Payment by cheque: I enclose payment of £ _____ by cheque made payable to:

British Menopause Society Limited

Payment by credit* or debit card: I would like to pay by

* Credit and non-UK debit cards incur a £2.50 transaction fee

Visa / Mastercard / Amex / Switch (please delete as applicable)

Card/Switch number

Start date / Expiry date / Issue no. (Switch only)

Card security code**

** This is the 3 (or 4 for Amex) digit code in the signature area on the back of your card on the far right hand side.

Cardholder's signature

† Trainees, please include with your registration an approval letter signed by your head of department or college tutor.

Credit/debit card receipts/statements will show 'British Menopause Society' our parent charity.
Payment is required 4 working days before the meeting.

Gift Aid Declaration

I wish to make a donation of £ _____ to support the work of WHC. Applying Gift Aid means that for every pound you give, we get an extra 25 pence from the Her Majesty's Revenue and Customs, helping your donation go further. This means that £10 can be turned into £12.50 just so long as donations are made through Gift Aid.

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☐ I want all donations I've made since 6 April 2000 and all donations in the future to be Gift Aided until I notify you otherwise.

(To qualify for Gift Aid, what you pay in income tax or capital gains tax must at least equal the amount we will claim in the tax year).

☐ The information you provide will be held under the Data Protection Act and may be passed to carefully screened sponsors.

If you do not wish to be contacted by them, please tick the box.

Name (as it should appear on your badge/certificate)

PLEASE PRINT CLEARLY

Address (Place of work)

Town

Postcode

Email

Daytime telephone

Special dietary requirements

Please return this page to: **Women's Health Concern, Spracklen House, East Wing, Dukes Place, Marlow, Bucks, UK, SL7 2QH.**

A donation to support the core services of Women's Health Concern would be much appreciated. You can donate online at www.womens-health-concern.org or via www.justgiving.com/whc. Alternatively you can make a gift aided donation on the day via cheque made payable to British Menopause Society Limited or in cash.

Sponsorship & exhibitor opportunities

There is a medical exhibition integral to this symposium and other sponsorship opportunities are available.

These range from keynote lecture sponsorship to delegate bag inserts; branded lanyards and badges to sponsored breakout sessions.

For details of packages or to discuss a tailored package call the WHC team: **01628 890199** or email **admin@bms-whc.org.uk**

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