

Presented by: The Departments of Anesthesia, Surgery and the Peri Operative Program, McGill University In association with the Continuing Education office of the McGill University Health Centre and Continuing Professional Development, Faculty of Medicine, McGill University



SURGICAL PREHABILITATION

TO IMPROVE POSTOPERATIVE OUTCOME

June 15 – 17, 2017

**Best Western
Ville Marie Suites
Montréal, Québec,
Canada**

**Scientific Committee:
Dr. Franco Carli
Dr. Liane Feldman
Dr. Mike Grocott**

**Register on-line at:
www.muhc-cme.mcgill.ca**

**Call for Abstracts - Deadline for submissions :
April 30, 2017**

**This conference is given in English /
Cette conférence sera donné en anglais**

Maximum capacity / capacité maximum: 80



CONFERENCE OUTLINE:

The prehabilitation program is designed to increase patient's functional capacity in anticipation of upcoming surgery. Scientific evidence supports the value of a multidisciplinary approach to identify therapeutic strategies with the intention to improve outcomes and accelerate recovery.

The conference will deal in-depth with specific areas of surgical pre-habilitation using a case or problem-based format. The Faculty consists of invited speakers and McGill University Faculty, all with extensive experience in their respective fields. Montreal is a cosmopolitan city with a distinctive European flavour. It is renowned for its hospitality, great restaurants, tourist attractions and elegant shopping areas.

THURSDAY, JUNE 15, 2017

12:30-13:00 Registration & Coffee
Best Western Ville Marie Suites
3407 rue Peel, Montréal, QC
Meeting Room: Mont-Royal II

13:00-13:10 Welcoming Remarks
– **Franco Carli**

HOT TOPICS IN SURGICAL PREHABILITATION

Moderator : **Mike Grocott**

13:10-13:30 Perioperative Medicine 2017
– **Chris Snowden**

13:30-13:50 Preoperative Risk Evaluation and Cardiopulmonary Exercise Testing
– **Denny Levett**

13:50-14:10 Risk Stratification
– **Michael Englesbe**

14:10-14:30 Enhanced Recovery Program – Principles
– **Liane Feldman**

14:30-14:50 Prehabilitation: From Theory to Practice – **Franco Carli**

14:50-15:10 The Internist and the Preoperative Clinic
– **Amal Bessissow**

15:10-15:40 Panel Discussion

15:40-16:00 **Coffee Break**

16:00-17:00 **KEY NOTE LECTURE**
Exercise, Nutrition and Muscle
– **Stuart Phillips**

FRIDAY, JUNE 16, 2017

07:30-08:00 **Continental Breakfast**
Meeting Room: Mont-Royal II

ELEMENTS OF SURGICAL PREHABILITATION

Moderator : **Liane Feldman**

08:00-08:20 Need for Glycemic Control and Protein Sparing
– **Thomas Schricker**

08:20-08:40 The Rationale for Exercise Training
– **Celena Scheede-Bergdahl**

08:40-09:00 Optimizing Nutritional Care – **Chelsia Gillis**

09:00-09:20 Psychological Prehabilitation: What Is It?
– **Suzanne Dalton**

09:20-09:40 **Coffee Break**

09:40-10:00 Managing the Smoker in the Prehabilitation Setting
– **Sean Gilman**

10:00-10:20 Anemia Correction – **Solomon Aronson**

10:20-11:00 **Panel Discussion**

11:00-11:30 **KEY NOTE LECTURE**
Cancer Prehabilitation and Continuum of Care
– **Julie Silver**

12:00-13:00 **Lunch (Best Western Hotel)**

SURGICAL PREHABILITATION: CURRENT STATE OF KNOWLEDGE

Moderator : **Franco Carli**

13:00-13:15 Prehabilitation for Lung Surgery
– **Andrea McKee**

13:15-13:30 Prehabilitation for Vascular Surgery
– **Gerard Danjoux**

13:30-13:45 Prehabilitation for Abdominal Surgery
– **Stefan van Rooijen**

13:45-14:00 Prehabilitation for Prostate Surgery
– **Daniel Santa Mina**

14:00-14:15 Prehabilitation and Orthopedic Surgery
– **Jennifer Baima**

14:15-14:30 Prehabilitation and Neoadjuvant Therapy
– **Sandy Jack**

14:30-15:00 **Panel Discussion**

15:00-15:30 **Coffee Break**

SURGICAL PREHABILITATION: OUTCOMES AND IMPLEMENTATION

Moderator : **Julie Silver**

15:30-15:55 Measuring Outcomes in Prehabilitation
– **Julio Fiore**

15:55-16:20 Value Proposition for Prehabilitation – Hospital Buy-in?
– **Mike Grocott**

16:20-16:45 **Panel Discussion**

SATURDAY, JUNE 17, 2017

07:30-08:00 **Continental Breakfast**
Meeting Room: Mont-Royal II

08:00-09:00 Abstract Prize Finalists

009:00-12:00 **ROUND-TABLE DISCUSSIONS**

09:00-09:45 **Session A**

09:45-10:30 **Session B**

10:30-11:15 **Session C**

11:15-12:00 **Session D**

Eight participants per table, plus the Facilitator;

Facilitators will rotate after each session.

The topics for discussion are:

1. How to Implement a Prehabilitation Program
2. Formulating Exercise Interventions
3. Promoting Anabolism with Nutrition
4. Searching for Meaningful Outcomes

12:00-12:30 **Closing Remarks**
– **Franco Carli**

CRÉDITS

Pour cette conférence, nous avons soumis une demande de 14.5 crédits par le bureau de Développement professionnel continue (DPC) de la Faculté de médecine de l'Université McGill, et qui est agréé par le Comité d'accréditation des facultés canadiennes de médecine (CAFCM), par le Collège des médecins de famille du Canada (CMFC) pour des crédits MAINPRO-M1, le Collège royal des médecins et chirurgiens du Canada, et le Conseil d'accréditation pour l'éducation médicale continue, des États-Unis (CAEMC).

La signature quotidienne de la registration est obligatoire pour l'obtention du certificat de participation.

CREDITS

For this conference, we have requested 14.5 Continuing Medical Education study credits from the Continuing Professional Development (CPD), Faculty of Medicine; McGill University which sponsors continuing medical education for physicians and is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS), the College of Family Physicians of Canada (CFPC) for MAINPRO-M1 credits, the Royal College of Physicians and Surgeons of Canada and the Accreditation Council for Continuing Medical Education of the United States (ACCME).

Daily sign-in registration will be required in order to receive attestation certificates.

CONFÉRENCIERS / FACULTY

CONFÉRENCIERS INVITÉS / GUEST FACULTY

Solomon Aronson MD, MBA, FACC, FACP, FAHA, FASE

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Newcastle University
Anesthesiologist,
Freeman Hospital
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Chairman Foundation 'Fit4Surgery'
Committee member Taskforce
Anastomotic Leakage
Innovator: Virtual Reality for Patients
(CEO VisitU & Infor-Med)
Veldhoven, the Netherlands

CONFÉRENCIERS DE L'UNIVERSITÉ MCGILL ET ASSOCIÉS / MCGILL UNIVERSITY FACULTY & ASSOCIATES

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Chief, Department of Anesthesia
McGill University Health Centre (MUHC)

REGISTRATION INFORMATION / INFORMATION D'INSCRIPTION

REGISTER ON LINE / INSCRIVEZ-VOUS EN LIGNE:

www.muhc-cme.mcgill.ca

SURGICAL PREHABILITATION TO IMPROVE POSTOPERATIVE OUTCOME

Registration is limited to 80

Physicians : \$650.00 CAN

One-day : \$400.00 CAN (15/06/17 - 16/06/17 - 17/06/17)

Residents / Fellows : \$450.00 CAN

Nurses / Nutritionists : \$450.00 CAN

Kinesiologists : \$450.00 CAN

REMBOURSEMENT

Intégral moins 125\$ aux annulations écrites reçus avant le 15 mai 2017; moins 50% aux annulations écrites reçus entre le 16 mai et le 6 juin, 2017 et aucun remboursement après cette date.

REFUNDS

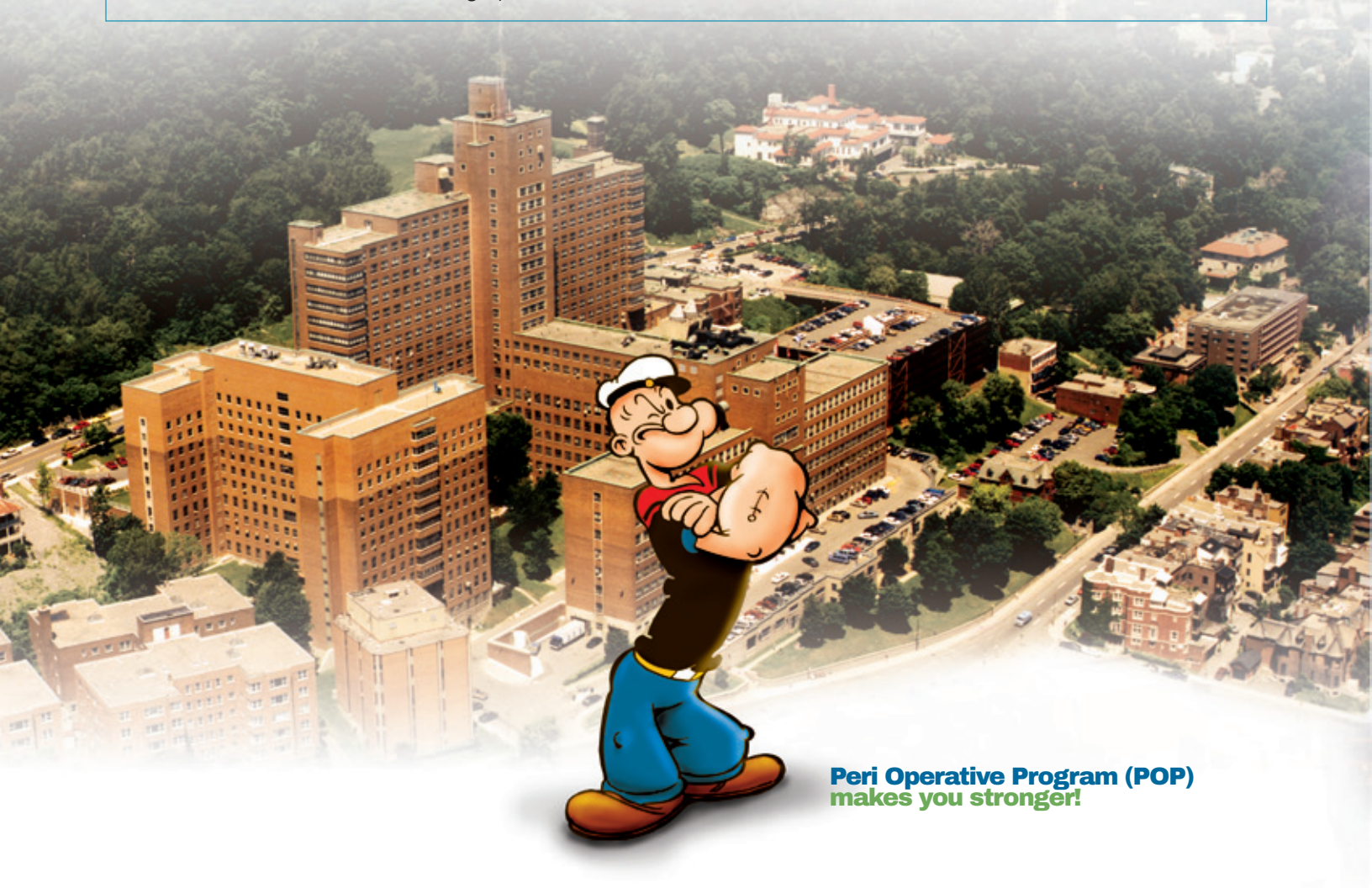
Full refund less \$125.00 administrative fee for a written cancellation received before May 15, 2017; 50% for a written cancellation received between May 16 – June 6, 2017 and no refund after that date.

FURTHER INFORMATION

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HOTEL ACCOMMODATIONS / FACILITÉS D'HÉBERGEMENT

Visit the web site www.muhc-cme.mcgill.ca for a list of hotels in the area.
Visitez le site web www.muhc-cme.mcgill.ca pour une liste d'hôtels aux alentours.



Peri Operative Program (POP)
makes you stronger!