



San Diego Shoulder

39th Annual San Diego Course
Hotel Del Coronado
June 15 – 18, 2022

Register online: www.shoulder.com

Arthroscopy Arthroplasty Fractures

Program Chairmen:

James C. Esch, M.D., SDSI President and C.E.O.
Patrick J. Denard, M.D., Program Chair
Larry Field, M.D., Co-Chair



Join us at the Hotel Del Coronado
More info on page 26

Preliminary
Program

ABOUT OUR COURSE



James C. Esch, M.D. founded the San Diego Shoulder Course in 1983. Having a passion to educate, mentor, and positively cultivate the standard of shoulder care, he continually pursued opportunities to advance shoulder educational offerings. Beginning with a small group of like-minded individuals meeting to discuss evidenced-based and best-practice modalities related to arthroscopy, the course expanded throughout the years to incorporate arthroplasty, fracture management, instability, sports medicine, and complex shoulder care. The course has continued to grow and is now recognized world-wide for quality and comprehensive education, being proclaimed as the best shoulder course in the world. As President and C.E.O., Dr. Esch continues to oversee the annual course to ensure fulfillment of our mission: to improve the competence, performance, and patient outcomes of shoulder care.

A LETTER FROM OUR CHAIRMAN



On behalf of San Diego Shoulder Institute's (SDSI) Board of Directors and Program Planning Committee, I would like to invite you to register for our 39th Annual Shoulder Course: Arthroscopy, Arthroplasty, and Fractures. Course dates are June 15-18, 2022 at a new location: the Hotel Del Coronado.

The impact of the Covid-19 pandemic has been staggering to us all. San Diego is currently minimally impacted by the virus, and has lifted most sanctions, declaring travel and group gatherings to be safe. As we believe a live course is the best format to provide meaningful education, we are thrilled to be able to host a live event in 2022. The Hotel Del Coronado has just completed an extensive renovation, blending its historical reputation with a modern influence in a one-of-a-kind beachfront setting. We are confident our robust expanded program, combined with our new venue, will offer an educational experience that is second to none, affording SDSI to maintain our reputation as the best shoulder course in the world.

I believe we have assimilated a diverse program that is our best offering to date. Whether you are beginning your career, or an advanced practitioner, our comprehensive four-day curriculum offers opportunities of interest to all.

Key topics of interest are:

- **NEW!** Interprofessional Program: Open to Orthopaedic physicians and surgeons, Physician Assistants, Physical Therapists, Allied Health Practitioners, and Primary Care Physicians, this program focuses on diagnosis, trauma and emergency situations, and practice management of shoulder patients using an integrated team approach.

Interactive Topical Lecture Sessions:

- Outpatient Arthroplasty
- Arthroplasty
- Avoiding Complications
- Instability
- Rotator Cuff Repair
- Fracture Management

Keynote Lectures:

- Reflections on Research, Innovation, and Leadership:
My Lessons Learned
Mark Frankle, M.D.
- The History of the San Diego Shoulder Meeting & Perspectives on Competency
James C. Esch, M.D., Founder, President, and C.E.O. of SDSI
- Orthopaedics: Getting Better all the Time, Still a Ways to Go
Lanny Johnson, M.D.

Dynamic faculty debates, case controversies, relive surgeries, and panel discussions.

Individualized breakout sessions:

- Avoiding Complications in Arthroplasty
- Essential Interdisciplinary
Tips on Patient Evaluation
- Fracture Session
- Mini-Executive Fellowship: Rotator Cuff Repair
- Partial to Massive Cuff Tears
- Taking a Break from the Clinic:
Business and Future Technologies

Cadaveric Focus Demonstrations:

- When and How to do a Tendon Transfer
- Latarjet and Arthroscopic Bone Block demonstrations

Skills Workshops and Cadaveric Laboratories

Our faculty represent the leading experts in shoulder care, with national and international expertise. No other shoulder course offers the depth and breadth of shoulder education as does ours. You won't want to miss this invaluable learning experience! I am confident you will identify specific measures you will be able to implement immediately into your practice to improve your performance and patient outcomes. I look forward to seeing you in June. Register today!

In the spirit of exceptional learning,
Patrick J. Denard, M.D., Course Chair

COURSE HIGHLIGHTS

The purpose of this course is to provide strategies to equip physicians to provide the highest level of analytical, diagnostic, treatment, and rehabilitative practice modalities specific to shoulder arthroscopy, arthroplasty, fracture management, sports medicine, and complex shoulder etiologies. Bringing together expert faculty, course content focuses on known best practice, latest technological advances, and evidence-based research related to shoulder care.

Physicians will benefit directly from the following formats of educational interaction:

FEATURING:

- World acclaimed leaders in the field! Join nationally and internationally recognized faculty experts in the shoulder field! Assimilate evidence and hear practical implementation strategies to ascertain what works (and what should be avoided) to optimize your practice and patient outcomes.
- Dynamic faculty debates, case-based discussions and controversies, relive surgeries, evidenced-based practice, and panel discussions.
- Keynote lectures to include innovation, research, and the history of orthopaedics related to shoulder care.
- Individualized break-out sessions: you choose your area of interest from the major topics facing shoulder care today.
 - Cadaveric Focus Demonstrations:
 - ✓ When and How to Do a Tendon Transfer
 - ✓ Latarjet and Arthroscopic Bone Block demonstrations
 - Avoiding Complications in Shoulder Arthroplasty
 - Essential Interdisciplinary Tips for Patient Evaluation
 - Fracture Session
 - Mini-Executive Fellowship: Arthroscopic Rotator Cuff Repair using the SCOI ROW TECHNIQUE
 - Partial to Massive Cuff Tears
 - Taking a Break from the Clinic: Business and Future Technologies
 - American Shoulder and Elbow Surgeons Fellow Paper Presentations

Augment your learning experience by the following educational formats:

New this year! Interprofessional Program: Open to physicians, physician assistants, allied health professionals, and primary care physicians. This session addresses clinical examination, diagnoses, office management, and practice management focusing on a team approach to enhance patient outcomes.

LECTURE SESSIONS:

- We have brought together the “best of the best” in the shoulder industry. You won’t want to miss our comprehensive and dynamic lecture format.

Our robust lecture content includes key topics facing the shoulder practitioner today:

- | | |
|--------------------------|---|
| ✓ Arthroplasty | ✓ Instability |
| – Glenoid Issues | ✓ Rotator Cuff Repair |
| – Reverse Total Shoulder | ✓ Fracture management |
| – Case Controversies | ✓ Prevention and treatment of complications |
| – Complications | ✓ Sports medicine |
| ✓ Arthroscopy | |

- Evaluate specific “how to” approaches and technical pearls
- Discover how the experts handle complex problems and prevent complications
- Integrate evidence-based approaches into optimum clinical decision-making strategies
 - ✓ Begin the lecture sessions by selecting a track of your interest to begin the session: Attend either arthroscopy or arthroplasty laboratory opening lectures.

Laboratories/Workshops: All laboratories and workshops provide individualized instruction in a mock surgical environment. Participants customize the hands-on learning experience based on identified learning goals. Personalized sessions provide immediate critique and recommendations for technical improvement from our expert faculty. All sessions are customized based on individual learning goals and skill level.

- **Arthroscopy Skills Practicum:** Perfect your arthroscopy skills by practicing in a mock surgical environment via use of shoulder models. Our experts will demonstrate and then afford you the opportunity to practice providing individualized tips to enhance your skills.
- **Cadaver Arthroscopy Laboratory:** This session allows participants to actively perform the arthroscopy techniques of cuff repair, instability, and biceps repair. Expert faculty will guide students in essential arthroscopic diagnostic and operative techniques. Receive pivotal recommendations and practice on a cadaveric specimen.
- **Cadaver Arthroplasty Laboratory:** This dynamic lab features world-recognized experts in total shoulder replacement/reverse total shoulder. A brief lecture covering technique essentials is followed by individualized instruction.
- **Exclusive Personalized Instructional Cadaver Laboratory:** Don’t miss this educational chance of a lifetime! Receive one-on-one instruction from one of our expert faculty. You select the instructor and the procedure! Register Early! These labs fill up quickly!
- **Mini-Executive Fellowship: Arthroscopic Rotator Cuff Repair using the SCOI ROW TECHNIQUE:** This session is designed to teach the steps of arthroscopic rotator cuff repair using life-like models and a portable arthroscopic camera. Participants will have the opportunity to perform a complete rotator cuff repair following step-by-step demonstration by the instructor. Anchor insertion and knot tying will complete the session. Each student will receive supplemental instructional material prior to the course.

Course requirements: You must bring a current laptop to the session.

BREAK-OUT SESSIONS:

These customized sessions are specifically designed to allow participants to achieve individualized learning goals. Held in small-group settings, our expert faculty lead discussions and present specific information regarding high-end practice, tips and pearls to improve practice and prevent complications, and strategies to handle difficult cases. The sessions are dynamic and interactive.

- **Avoiding Complications in Shoulder Arthroplasty:** Post-operative complications impact a significant percentage of shoulder arthroplasty surgeries. Glean strategies regarding enhancing function, reduction of infection, and minimizing pain to optimize your practice and patient outcomes.
- **American Shoulder and Elbow Surgeons (ASES) Fellow Paper Presentations:** Hear our prestigious group of select ASES Fellows present papers encapsulating the latest technological advances in shoulder care. A select group of shoulder experts will critique the presentations and offer clinical advice to improve care and patient outcomes.
- **Essential Interdisciplinary Tips for Patient Evaluation:** New and Improved for 2022! How astute are your diagnostic skills? Take our challenge by participating in this dynamic session. This interdisciplinary session encompasses critical factors in comprehensive patient care from the healthcare team perspective. Physicians, therapists, radiologists, and others will lead you through key steps in patient history, examination, therapy interventions, imaging, and surgical planning for two “mystery” patients.
- **Fracture Session:** Join us for an engaging breakout session addressing complex fracture issues. This session includes surgical pearls, didactic discussion, and case-oriented discussion on proximal humerus fractures, plates, pins, nails, arthroplasty, and fracture sequelae. Learn tips, tricks, how to avoid pitfalls, and how to maximize care from our experts! Bring your most pressing questions for our panel to address.
- **Focus Demonstrations:** These sessions provide detailed explanation of technique performance followed by a specific cadaveric demonstration.
 - ✓ **Latarjet and Arthroscopic Bone Block Demonstration:** Our expert surgeons perform and discuss Arthroscopic Anatomic Glenoid Reconstruction using the Halifax Portal. This procedure allows recreation of the glenoid bone stock without any damage to the subscapularis, and repair of the capsule. The demonstration addresses the benefits of the Latarjet and includes the risk profile of the arthroscopic bankart repair in patients with shoulder instability with bone loss.
 - ✓ **When and How to Do a Tendon Transfer:** Management of massive irreparable posterior-superior rotator cuff tears is extremely challenging, especially in patients who are not candidates for reverse total shoulder replacement. Watch our experts perform cadaveric demonstrations on two of the options to reconstruct a massive irreparable posterior-superior rotator cuff tear: arthroscopic assisted lower trapezius and latissimus transfers. You will learn specific tips and technical pearls to assist you in performing these challenging surgical techniques to restore patient function and relieve pain.
- **Partial Cuff Tears to Massive Tears: A Case-Based Journey:** Rotator cuff pathology varies widely in severity. To maximize successful outcomes in the surgical treatment of rotator cuff tears, the shoulder surgeon needs to be equipped with the latest tools and techniques to manage the breadth of rotator cuff pathoanatomy. In this session, our expert panel keeps things lively with a case-based approach to tear sizes ranging from partial to massive. We highlight the indications and techniques for surgical repair, biologic augmentation, joint preservation, and prosthetic reconstruction.
- **Taking a Break from the Clinic: Business and Future Technologies:** This session addresses topics impacting your practice today: Perspectives on Private Practice and Private Equity Acquisition, Outcomes and Optimizing Your Value and How Virtual Reality will Change Surgery.

Luncheon/Dinner Workshop Series: Presented by expert physicians in the field! No Charge!

Held Wednesday, Thursday and Friday, attendees will review current technological advances and surgical techniques in shoulder arthroplasty, arthroscopy, and special topics. Presented by leading designers, researchers, and experts in the field. Space is limited. **Register now!**

San Diego Shoulder Institute would like to extend a warm welcome to the Fellows of the American Shoulder and Elbow Surgeons who are participating in our course. Fellow paper presentations are open to our audience.

SAN DIEGO SHOULDER FACULTY:



James C. Esch, M.D.
Course Chairman
SDSI, President and C.E.O.
Oceanside, CA



Patrick J. Denard, M.D.
Course Chairman
Medford, OR



Larry D. Field, M.D.
Course Co-Chair
Jackson, MS

Larky Blunck, R.N. – Chief Operating Officer

Leslie Lebitski – Event Manager

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Matthew Provencher, M.D.
Vail, CO



Jon "J.P." Warner, M.D.
Boston, MA

COURSE PLANNING COMMITTEE AND LECTURE FACULTY:



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San Antonio, TX



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Surena Namdari, M.D.
Philadelphia, PA

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Pascal Boileau, M.D.
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James Bailey, M.D.
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Ann Arbor, MI



Peter Chalmers, M.D.
Salt Lake City, UT

COURSE LECTURE FACULTY CONTINUED:



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Seth Gamradt, M.D.
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Seattle, WA



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Sumant "Butch" Krishnan, M.D.
Dallas, TX



Alexandre Ladermann, M.D.
Meyrin, Switzerland



Thibault Lafosse, M.D.
Annecy, France



Mauricio Largacha, M.D.
Bogota, Columbia



Evan Lederman, M.D.
Phoenix, AZ



Julia Lee, M.D.
Fresno, CA



Albert Lin, M.D.
Pittsburgh, PA



Ian Lo, M.D.
Calgary, Canada



Joseph Lynch, M.D.
Boise, ID



Mark Mighell, M.D.
Temple Terrace, FL



Anthony Miniaci, M.D.
Garfield Heights, Ohio



Raffy Mirzayan, M.D.
Baldwin Park, CA



Philipp Moroder, M.D.
Berlin, Germany



Anand Murthi, M.D.
Baltimore, MD



Ronald Navarro, M.D.
Harbor City, CA



Bradford Parsons, M.D.
New York, NY

COURSE LECTURE FACULTY CONTINUED:



Wesley Phipatanakul, M.D.
Loma Linda, CA



Chuck Thigpen, PhD
Greenville, SC



Peter Poon, M.D.
Auckland, NZ



Thomas "Quin" Throckmorton, M.D.
Germantown, TN



Eric Ricchetti, M.D.
Cleveland, OH



John M. Tokish, M.D.
Phoenix, AZ



Anthony A. Romeo, M.D.
Chicago, IL



Scott W. Trenhaile, M.D.
Rockford, IL



Richard K.N. Ryu, M.D.
Santa Barbara, CA



Philippe Valenti, M.D.
Paris, France



Joaquin Sanchez-Sotelo, M.D.
Rochester, MN



Nikhil Verma, M.D.
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Markus Scheibel, M.D.
Berlin, Germany



Eric R. Wagner, M.D.
Atlanta, GA



Anshu Singh, M.D.
San Diego, CA



Brian Waterman, M.D.
Salem, NC



John W. Sperling, M.D.
Rochester, MN



Brian Werner, M.D.
Charlottesville, VA



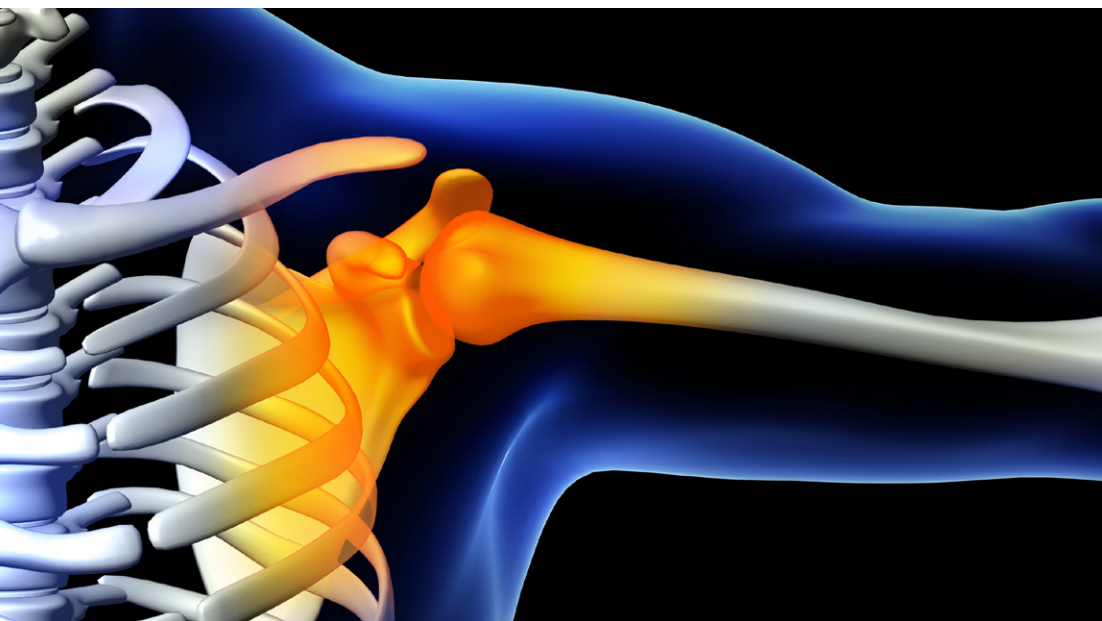
Patrick St. Pierre, M.D.
Rancho Mirage, CA



Ivan Wong, M.D.
Nova Scotia, Canada



Misty Suri, M.D.
New Orleans, LA



OTHER FACULTY INCLUDE:

- William Ciccone, M.D.
Wheat Ridge, CO

Brian Rebolledo, M.D.
La Jolla, CA
- Thomas Duquin, M.D.
Buffalo, NY

William Stetson, M.D.
Burbank, CA
- Andrew Hartman, M.D.
Encinitas, CA

Mike Stone, M.D.
Los Angeles, CA
- Marc Labbe, M.D.
Houston, TX

Jennifer Tangtiphaiboontana, M.D.
San Francisco, CA
- Christopher Lee, M.D.
Los Angeles, CA

Peter Vezeridis, M.D.
Los Angeles, CA
- Gregory Loren, M.D.
Encinitas, CA

Benjamin Widmer, M.D.
Salt Lake City, UT
- Frank Petrigliano, M.D.
Santa Monica, CA

GUEST FACULTY:

- Uma Srikumaran, M.D.
Columbia, MD

INTERPROFESSIONAL PROGRAM PRESENTERS:

- Christina Furrer, PA-C

Tim Thompson, PA-C
- Noah Keegan, PA-C

Shane Tracy, PA-C



REGISTRATION REQUIREMENTS AND FEES, 2022

Register online at: www.shoulder.com
or contact the SDSI office at 760.940.2066 to process your course registration.

REGISTRATION FOR LECTURES: Choose One

(Includes select break-out sessions, meals and refreshments provided to course registrants)

Physicians	\$1500.00
Resident/Fellow (Letter from Chief of Service Required):	\$650.00
Allied Health	\$650.00

Interprofessional Program (Wednesday Morning Only):

Allied Health	\$150
Physician	\$200

Wednesday Arthroscopy Skills Practicum

8:00 a.m. – 12:00 p.m.

___ Arthrex ___ ConMed ___ DePuy Synthes Mitek ___ Smith + Nephew ___ Stryker

Wednesday Cadaver Arthroplasty Laboratory

8:00 – 11:30 a.m.

___ Arthrex ___ Catalyst ___ DePuy Synthes Joint ___ DJO ___ Exactech ___ Stryker

___ Zimmer Biomet

Wednesday Exclusive Personalized Instructional Cadaver Laboratory (EPIC)

Lab: 9:00 – 11:30 a.m.

Arthrex: Anthony Romeo, M.D., John Tokish, M.D.

DePuy Synthes: Anand Murthi, M.D.

DJO: Bassem Elhassan, M.D., Mark Frankle, M.D., Grant Garrigues, M.D.

Exactech: Howard Routman, D.O.

Stryker: Sumant “Butch” Krishnan, M.D., Joaquin Sanchez-Sotelo, M.D., Jon J.P. Warner, M.D.

Zimmer Biomet: John Sperling, M.D.

Friday Arthroscopy (Cuff Repair, Instability, Biceps Repair) Cadaver Laboratory

7:30 – 11:00 a.m.

___ Arthrex ___ ConMed ___ DePuy Synthes Mitek ___ Smith + Nephew ___ Zimmer Biomet

Friday AM Exclusive Personalized Instructional Cadaver Laboratory (EPIC)

Lab: 7:30 – 10:00 a.m.

Anika Therapeutics: Anthony Miniaci, M.D.

Arthrex: Justin Griffin, M.D., Alexandre Ladermann, M.D.

Catalyst: Ted Blaine, M.D.

ConMed: Jeffrey Abrams, M.D.

DePuy Synthes: Shariff K. Bishai, D.O., Mark Getelman, M.D.

DJO: Mark Frankle, M.D., Benjamin Widmer, M.D.

Exactech: Ronald Navarro, M.D.

Smith + Nephew: Scott Trenhaile, M.D., Ivan Wong, M.D.

Stryker: Pascal Boileau, M.D., Joaquin Sanchez-Sotelo, M.D.

Zimmer Biomet: Joseph Lynch, M.D.

Friday PM Exclusive Personalized Instructional Cadaver Laboratory (EPIC)

Lab: 2:00 – 4:30 p.m.

Arthrex: Asheesh Bedi, M.D., Matthew Provencher, M.D.

ConMed: Danny Goel, M.D., Marc Labbe, M.D.

DePuy Synthes: Shariff K. Bishai, D.O., Richard K.N. Ryu, M.D.

DJO: Surena Namdari, M.D., Benjamin Widmer, M.D.

Exactech: Ken Faber, M.D., Howard Routman, D.O.

Smith + Nephew: Larry Field, M.D., Ian Lo, M.D., Scott Trenhaile, M.D.

Stryker: Mark Mighell, M.D., Joaquin Sanchez-Sotelo, M.D.,

Jon J.P. Warner, M.D.

Zimmer Biomet: Seth Gamradt, M.D., Joseph Lynch, M.D.

Friday A.M. Break-Out Sessions:

Essential Interdisciplinary Tips on Patient Evaluation N/C

7:30 – 9:30 a.m.

When and How to Do a Tendon Transfer: Cadaveric Focus Demonstration \$125

7:30 – 9:30 a.m.

Taking a Break from the Clinic: Business and Future Technologies N/C

10:00 – 11:30 a.m.

Partial Cuff Tears to Massive Tears: A Case-Based Journey \$50

10:00 – 11:30 a.m.

Avoiding Complications in Shoulder Arthroplasty \$50

10:00 – 11:30 a.m.

Friday P.M. Break-Out Sessions:

2:00 – 4:30 p.m.

Cadaveric Focus Demonstration featuring Latarjet & Arthroscopic Bone Block \$125

Fracture Session \$50

Mini-Executive Fellowship: Rotator Cuff Repair using the SCOI ROW TECHNIQUE

(Registrants must bring their own laptop) \$150

2:00 – 5:30 p.m.

ASES Fellow Paper Presentation N/C

2022 Endured Course for Course Registrants \$350

Wine Tasting Symposium \$60

Don't miss the opportunity to have key information from this valuable course! Order your San Diego Shoulder Institute 2022 Endured Course: Arthroscopy, Arthroplasty and Fractures in electronic format.

Available September, 2022.

CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited with commendation by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this endured educational activity for a maximum of 43 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Date of Release: 9/01/22

Expiration Date: 9/01/23

LEARNING OBJECTIVES

Upon completion of this CME activity, participants will be able to:

- Identify strategies to improve practice and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, instability, rotator cuff repair, and shoulder fractures.
- Identify opportunities to implement evidenced-based techniques into current practice.
- Identify options for the treatment of complex shoulder disorders.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
- Identify approaches to improve assessment and management of shoulder disorders in the clinical and rehabilitative setting.
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
- Identify strategies to implement into the practice setting for immediate practice improvement and long-term patient outcome progression.

(Featuring: All course lectures, interprofessional program, and all cadaveric focus demonstrations)

TO ORDER YOUR 2022 ENDURED COURSE

- Live Course registrants can purchase for a discounted rate of: \$350
- Non-course registrants go to **www.shoulder.com**
and click on the Endured Course Link: \$650

For additional information, please contact the
San Diego Shoulder Office at 951-695-6800 or
sdsi_info@shoulder.com

MEETING AT A GLANCE June 15 – 18, 2022

LABS: Pages 12 – 13 and 19 **LECTURES:** Pages 14 – 18 and 22

BREAK-OUT SESSIONS/WORKSHOPS: Pages 20 – 21 **INTERPROFESSIONAL PROGRAM:** Page 11

	Wednesday, June 15	Thursday, June 16	Friday, June 17	Saturday, June 18
REGISTRATION	6:30 a.m. – 6:30 p.m.	6:30 a.m. – 5:30 p.m.	6:45 a.m. – 5:30 p.m.	7:00 a.m. – 12:30 p.m.
LECTURES Ballroom	12:50 – 6:35 p.m.	7:30 a.m. – 11:45 a.m. 1:00 – 5:15 p.m.		8:00 – 10:25 a.m. 10:45 a.m. – 12:10 p.m.
Interprofessional Program Ballroom	8:00 a.m. – 12:00 p.m.			
LABS	ARTHROSCOPY SKILLS PRACTICUM Garden Room 8:00 Opening lecture followed by Focus Demonstrations Break-Out Sessions: Founders Hall Arthrex Story DePuy Babcock CD ConMed Spreckles AB Smith + Nephew Babcock AB Stryker Spreckles CD CADAVER/EPIC LABS: 8:00 – 11:30 a.m. Opening Lectures: Crystal/Continental Labs: Founders Ballroom		ARTHROSCOPY 7:30 – 11:00 a.m. Founders Ballroom EPIC LAB: (Arthroscopy or Arthroplasty) 7:30 – 10:00 a.m. Founders Ballroom EPIC LAB: (Arthroscopy or Arthroplasty) 2:00 – 4:30 p.m. Founders Ballroom	
EXHIBITS Crown/ Coronet Exhibit Hall	7:00 – 8:00 a.m. 9:30 – 9:50 a.m. 12:00 – 1:00 p.m. 2:37 – 3:00 p.m. 6:30 – 8:30 p.m.	6:30 – 7:30 a.m. 10:35 – 11:00 a.m. 2:30 – 2:55 p.m.	6:45 – 7:30 a.m. 9:30 – 10:00 a.m.	
LUNCHEONS	11:40 a.m. – 12:45 p.m.	11:45 a.m. – 1:00 p.m.	12:00 – 1:30 p.m.	
BREAK-OUT SESSIONS/ WORKSHOPS			7:30 – 9:30 a.m. Session: Essential Interdisciplinary Tips on Patient Evaluation Continental 7:30 – 9:30 a.m. Session: When and How to Do a Tendon Transfer: Cadaver Demo Ballroom 10:00 – 11:30 a.m. Avoiding Complications in Shoulder Arthroplasty Hanover Taking a Break from the Clinic: Business and Future Technologies Ballroom Partial Cuff Tears to Massive Tears: A Case-Based Journey Crystal 2:00 – 4:30 p.m. Sessions: Mini-Executive Fellowship Spreckles Latarjet & Arthroscopic Bone Block: Cadaver Demo Ballroom Fracture Session Garden Room 2:00 – 5:45 p.m. ASES Fellow Paper Presentations Crystal/Continental	
FOOD & BEVERAGE Crown/ Coronet Exhibit Hall – unless otherwise noted	7:00 – 8:00 a.m. 9:30 – 9:50 a.m. 12:00 – 1:00 p.m. 2:37 – 3:00 p.m. 6:30 – 8:30 p.m. (Chairmen's Reception and Industry Workshop)	6:30 – 7:30 a.m. 10:25 – 10:50 a.m. 2:50 – 3:15 p.m. 5:15 – 6:30 p.m. Social Event: Wine Tasting Windsor Complex	6:45 – 7:30 a.m. 9:30 – 10:00 a.m.	7:00 – 8:00 a.m. 10:25 – 10:45 a.m.

Interprofessional Program

This program provides essentials for interprofessional management of shoulder patients. Registration is open to Orthopaedic physicians and surgeons, sports medicine physicians, Physician Assistants, Allied Health professionals, and Primary Care Physicians.

Director: Bradford Parsons, M.D.

8:00 a.m. – 10:25 a.m.

8:00 **Welcome**

Bradford Parsons, M.D.

Clinic Evaluation

8:00 **Essentials in Physical Exam of the Shoulder**

Julia Lee, M.D.

8:10 **My Approach to Reading Shoulder X-rays and MRIs**

Jason Hsu, M.D.

8:20 **Shoulder Injections: Indications, Technique, and When to Consider PRP**

Bradford Parsons, M.D.

8:30 – 8:45 **Discussion and Questions**

Moderator: Bradford Parsons, M.D.

Panel: Hsu, Lee

Common Diagnoses: Part 1 – The Office

8:45 **Adhesive Capsulitis & Calcific Tendonitis – Recognizing & Evidence for Management**

Emilie Cheung, M.D.

8:55 **Rotator Cuff – Natural History, when to MRI, Inject, and Operate**

Brian Werner, M.D.

9:05 **Glenohumeral Arthritis –**

My Approach to Management and Discussions with Patients

Andrew Hartman, M.D.

9:15 – 9:30 **Discussion**

Moderator: Bradford Parsons, M.D.

Panel: Cheung, Hartman, Werner

9:30 – 9:50 **Break**

Common Diagnoses: Part 2- Trauma and the ER

9:50 **ER Evaluation and Shoulder Dislocation Reduction Tips**

Mike Stone, M.D.

10:00 **Fracture Management –Proximal Humerus**

Joseph Lynch, M.D.

10:10 **Fracture Management – Clavicle Fractures**

Seth Gamradt, M.D.

10:20 **AC Separation and Distal Clavicle Fractures**

Michael Amini, M.D.

10:30 – 10:50 **Discussion**

Moderator: Bradford Parsons, M.D.

Panel: Amini, Gamradt, Lynch, Stone

Practice Management

10:50 **Office Coding**

Surena Namdari, M.D.

11:00 **Creating a Positive Team Environment:**

Lessons Learned in the Military & Private Practice

Shane Tracy, PA-C

11:10 **Maximizing Efficiency in the Clinic and Operating Room**

Noah Keegan, PA-C

11:20 **Social Media and Medicine: How I Use and Impact on Our Practice**

Christina Furrer, PA-C

11:30 **My Perspective on Career Paths: Clinical Practice to Education to Business**

Tim Thompson, PA-C

11:40 – 12:00 p.m. **Discussion**

Moderator: Bradford Parsons, M.D.

Panel: Furrer, Keegan, Namdari, Thompson, Tracy

6:30 a.m. – 6:30 p.m. **Course Registration**

7:00 – 8:00 a.m. **Visit Exhibits – Continental Breakfast**

Shoulder Arthroplasty Cadaver Laboratory
Exclusive Personalized Instructional Cadaver (EPIC) Laboratories
(Crystal/Continental: Lectures Founders Ballroom: Lab)

Shoulder Arthroplasty Basics: Opening Lectures **Moderator:** Ronald Navarro, M.D.
8:00 – 9:15 a.m.

- 8:00 **Pre-Operative Considerations – Patient Evaluation and Evidence-Based Outcome Optimization**
Thomas “Quin” Throckmorton, M.D.
- 8:10 **Pre-Operative Planning and Patient Specific Instrumentation**
Eric Wagner, M.D.
- 8:20 **Patient Setup and Maximizing Exposure**
Eric Ricchetti, M.D.
- 8:30 **How to Manage the Subscapularis in TSA: Video Demonstration of Peel, Tentomy and Osteotomy, and How to Repair Each One**
George Athwal, M.D.
- 8:40 **Optimal TSA Implant Position and How to Assess**
Justin Griffin, M.D.
- 8:50 **Optimizing RSA Implant Position for Stability and Motion**
Evan Lederman, M.D.
- 9:00 **Audience Q&A and Lab Orientation**
Ronald Navarro, M.D.

Cadaver Laboratory: Individualized instruction in Arthroplasty/Reverse Arthroplasty (Session includes Exclusive Personalized Instruction (EPIC) Cadaver Laboratory opportunities)

Labs: 9:30 – 11:30 a.m. **Lab Director:** William Stetson, M.D.

Arthrex:

- EPIC: Anthony Romeo, M.D., John Tokish, M.D.
LAB: Philippe Collin, M.D., Ruben Gobezie, M.D., Wesley Phipatanakul, M.D., Brian Werner, M.D.

Catalyst:

- LAB: Ted Blaine, M.D.

DePuy Synthes:

- EPIC: Anand Murthi, M.D.
LAB: Shariff K. Bishai, D.O., Peter Chalmers, M.D., Mark Labbe, M.D., Frank Petrigliano, M.D.

DJO: EPIC: Bassem Elhassan, M.D., Mark Frankle, M.D., Grant Garrigues, M.D.

- LAB: Jason Hsu, M.D., Eric Ricchetti, M.D., Patrick St. Pierre, M.D.

Exactech:

- EPIC: Howard Routman, D.O.
LAB: Ken Faber, M.D., Ronald Navarro, M.D., Thomas “Quin” Throckmorton, M.D.

Stryker:

- EPIC: Sumant “Butch” Krishnan, M.D., Joaquin Sanchez-Sotelo, M.D., Jon J.P. Warner, M.D.
LAB: Amodios Hatzidakis, M.D., Mark Mighell, M.D., Brian Rebolledo, M.D., Eric Wagner, M.D.

Zimmer Biomet:

- EPIC: John Sperling, M.D.
LAB: Thomas Duquin, M.D., Joseph Lynch, M.D., Jennifer Tangtiphaiboon, M.D.

11:30 a.m. Lab ends

12:00 – 1:00 p.m. **Visit Exhibits – Light Lunch – Refreshments**

11:40 – 12:45 p.m. **Wednesday Company Sponsored Luncheon Workshops**

LAB SESSIONS

Arthroscopy: Opening Lectures – Garden Room
Director: Mark Getelman, M.D. & Jonathan B. Ticker, M.D.
8:00 – 10:25 a.m.

- 8:00 **Welcome**
Mark Getelman, M.D.
- 8:05 **Setting Up Your Operating Room for Diagnostic Arthroscopy**
Brian Waterman, M.D.
- 8:15 **Tips in Repairing the Labrum**
Jonathan B. Ticker, M.D.
- 8:25 **How and When I Decide to do Bony Work: SAD, Coracoplasty, Distal Clavicle Excision**
Ian Lo, M.D.
- 8:35 **When to Take the Biceps**
Larry Field, M.D.
- 8:45 **Tips for Subscapularis Repair**
Robert Hartzler, M.D.
- 8:55 **Tear Pattern Recognition and Matching the Repair to it**
Peter Chalmers, M.D.
- 9:05 **Audience Q&A**
Mark Getelman, M.D.
- 9:25 **Focus Demonstrations on Shoulder Models:** **Moderator:** Stephen Snyder, M.D.
- 9:35 **Labral Repair: Knots**
Larry Field, M.D.
- 9:45 **Labral Repair: Knotless**
Misty Suri, M.D.
- 9:55 **Rotator Cuff Repair: Single Row**
Mark Getelman, M.D.
- 10:05 **Rotator Cuff Repair: Double Row**
Robert Hartzler, M.D.
- 10:15 **Audience Q&A**
Mark Getelman, M.D.

Break Out Sessions: Founders Ballroom
10:30 a.m. – 12:00 p.m.
Arthroscopy Skills Practicum:
Enhance Your Skills by Receiving Hands-On Guidance from Our Expert Faculty

- Arthrex (Knotless Tensionable Instability Repair & Double Row Rotator Cuff Repair):**
Patrick Denard, M.D., (Director), Jan Fronek, M.D., Andrew Hartman, M.D., Julia Lee, M.D., Albert Lin, M.D., Raffy Mirzayan, M.D., Matthew Provencher, M.D., Misty Suri, M.D., Brian Waterman, M.D.
- ConMed:** Jeffrey Abrams, M.D., (Director), George Athwal, M.D., Danny Goel, M.D., Stephen Snyder, M.D.
- DePuy Synthes Mitek Sports Medicine:**
Mark Getelman, M.D. (Director), William Ciccone, M.D., Frank Petrigliano, M.D., Uma Srikumaran, M.D., Peter Vezzeridis, M.D.
- Smith & Nephew (Cuff Repair Healing with Biological Augmentation):**
Gregory Alberton, M.D., Larry Field, M.D. (Director), Ian Lo, M.D., Jonathan B. Ticker, M.D., Scott Trenhaile, M.D., Ivan Wong, M.D.
- Stryker:** Pascal Boileau, M.D., (Director), Robert Hartzler, M.D.



12:50 Welcome SDSI 2022

James C. Esch, M.D., Patrick J. Denard, M.D.

12:53 Arthroplasty Part 1: Outpatient Arthroplasty Moderator: Anthony Romeo, M.D.

12:54 Safety and Tips for Implementation

Ted Blaine, M.D.

12:59 Minimizing Opioid Use Postoperatively

Anshu Singh, M.D.

1:04 Interscalene Blocks vs. Catheters vs. Local Infiltration

Grant Garrigues, M.D.

1:09 Managing the Care Pathway With Technology

Patrick J. Denard, M.D.

1:15 Stemless Arthroplasty: The Value Proposition

Jon J.P. Warner, M.D.

1:21 Bundled Programs: Cost Savings or Path to Oblivion?

Surena Namdari, M.D.

1:26 Controlling Rehabilitation from Preop to Postop

Reuben Gobezie, M.D.

1:32 Panel Discussion

Moderator: Anthony Romeo, M.D.

PANEL: Blaine, Denard, Garrigues, Gobezie, Namdari, Singh, Warner

1:45 Arthroplasty Part 2: Anatomic Glenoids Moderator: John Sperling, M.D.

1:46 How to Optimize Long-Term Survival of a Poly Glenoid

Philippe Collin, M.D.

1:52 Glenoid Component Migration: Can We Stop it and Does it Matter?

Eric Ricchetti, M.D.

1:58 Inlay Glenoid: "Play it Where it Lies"

Anthony Miniaci, M.D.

**2:04 Total Shoulder Arthroplasty with Augmented Glenoid:
Can it Overcome the Instability?**

Grant Garrigues, M.D.

2:10 Convertible Glenoid: The European Experience

Philippe Valenti, M.D.

2:16 Convertible Glenoid: The "Down Under" Experience

Peter Poon, M.D.

2:22 Primary OA Cases without Deformity

Moderator: John Sperling, M.D.

PANEL: Collin, Garrigues, Miniaci, Poon, Ricchetti, Valenti

2:37 – 3:00 p.m. Visit Exhibits – Refreshments

**3:00 Keynote Lecture #1: Reflections on Research, Innovation, and Leadership:
My Lessons Learned**

Mark Frankle, M.D.

3:20 Arthroplasty Part 3: Debates Moderator: Sumant "Butch" Krishnan, M.D.

3:21 Intact Cuff > 75: Pro TSA

Emilie Cheung, M.D.

3:26 Primary OA Intact Cuff > 75: Pro RSA

Patrick St. Pierre, M.D.

3:32 Audience Poll and Questions

Sumant "Butch" Krishnan, M.D.

3:37 RSA Design: 135 Inlay is Ideal

Surena Namdari, M.D.

3:42 RSA Design: Why I Use an Onlay Stem

John Sperling, M.D.

3:47 Audience Poll and Questions

Sumant "Butch" Krishnan, M.D.

3:52 3D Planning Should be Used in Every Case

Jon J.P. Warner, M.D.

3:57 3D Planning is Rarely Needed in My Hands

Mark Frankle, M.D.

4:02 Audience Poll and Questions

Sumant "Butch" Krishnan, M.D.

4:07 **Arthroplasty Part 4: Case Controversies** Moderator: Bradford Parsons, M.D.

- 4:08 **Case Presentation: 40ish with GH Arthritis**
Bradford Parsons, M.D.
- 4:10 **Pro: Arthroscopic Treatment**
Robert Hartzler, M.D.
- 4:15 **Pro: Hemiarthroplasty**
Armodios Hatzidakis M.D.
- 4:20 **Pro: Anatomic Arthroplasty**
Anand Murthi, M.D.
- 4:25 **Case Outcome & Discussion**
Bradford Parsons, M.D.
PANEL: Boileau, ElHassan, Hartzler, Hatzidakis, Murthi
- 4:32 **Case Presentation: Subscapularis Failure after TSA in a 50ish year old**
Bradford Parsons, M.D.
- 4:34 **My Solution is a Latissimus Transfer**
Bassem Elhassan, M.D.
- 4:39 **I'd Revise to RSA Regardless of Age**
Pascal Boileau, M.D.
- 4:44 **You Should Have Done a Subscap Sparing TSA**
Mark Mighell, M.D.
- 4:49 **Case Outcome & Discussion**
Bradford Parsons, M.D.
PANEL: ElHassan, Boileau, Hartzler, Hatzidakis, Mighell, Murthi

4:56 **Arthroplasty Part 5: Techniques** Moderator: George Athwal, M.D.

- 4:57 **Relive Surgery: GPS Augmented Glenoid for B2 Glenoid**
Howard Routman, D.O.
- 5:04 **Relive Surgery: Stemless TSA**
Joseph Lynch, M.D.
- 5:11 **Relive Surgery: RSA for B2: Metallic Lateralization**
Evan Lederman, M.D.
- 5:16 **RSA Technique: Why and When I use Augments**
John Sperling, M.D.
- 5:22 **Relive Surgery: Revision of TSA to RSA: Bone Graft and Humeral Stem Extraction**
Joaquin Sanchez-Sotelo, M.D.
- 5:28 **Relive Surgery: Revision of RSA to RSA: Pearls for Success**
Sumant "Butch" Krishnan, M.D.
- 5:34 **Relive Surgery: Proximal Humerus Reconstruction**
Thomas "Quin" Throckmorton, M.D.
- 5:40 **Deformity and Revision Cases** Moderator: George Athwal, M.D.
PANEL: Krishnan, Lederman, Lynch, Routman, Sanchez-Sotelo, Sperling, Throckmorton

5:50 **Arthroplasty Part 6: Miscellaneous Problems & Complications** Moderator: Joaquin Sanchez-Sotelo, M.D.

- 5:51 **Clinical Evidence for Improving Internal Rotation in RSA**
Brian Werner, M.D.
- 5:56 **What Does Machine Learning Tell us about Predicting Outcomes?**
Howard Routman, D.O.
- 6:01 **Managing Vascular Injuries in Arthroplasty**
Ken Faber, M.D.
- 6:06 **Shoulder Tumors: How to Stay out of Trouble**
Caroline Chebli, M.D.
- 6:11 **Evidence for Prevention and Management of Infection**
Jason Hsu, M.D.
- 6:16 **Scapular Spine Fracture after RSA: Risk Factors and Treatment**
Alexandre Ladermann, M.D.
- 6:21 **Panel Discussion and Audience Questions** Moderator: Joaquin Sanchez-Sotelo, M.D.
PANEL: Chebli, Faber, Hsu, Ladermann, Routman, Werner

Chairmen's Reception and Technological Demonstrations
Join us for a casual "Southern California Native" style reception while browsing our exhibit hall to see active demonstrations by our expert faculty on the most recent and advanced technology available in the shoulder world today. *Special regional appetizers and cocktails served.*

6:30 – 8:30 p.m. Crown/Coronet Exhibit Hall
Open session: Pre-Registration is not required

THURSDAY June 16, 2022

6:30 a.m. – 5:30 p.m.

Registration

6:30 – 7:30 a.m.

Visit Exhibits – Continental Breakfast

7:30 **Instability 1: Anterior Instability in the Young Athlete**

Moderator: Asheesh Bedi, M.D.

7:31 **Defining Critical Glenoid Bone Loss and the Glenoid Track**

Matthew Provencher, M.D.

7:37 **Management of the In-Season Dislocation**

Seth Gamradt, M.D.

7:43 **Video Demonstration: Tips and Tricks for Doing an Arthroscopic Bankart Right**

Anthony Romeo, M.D.

7:49 **Remplissage for All Arthroscopic Repairs?**

Larry Field, M.D.

7:55 **1st Time Dislocation Case Presentations**

Moderator: Asheesh Bedi, M.D.

PANEL: Field, Gamradt, Provencher, Romeo

8:20 **Instability 2: Complex Instability**

Moderator: Mark Getelman, M.D.

8:22 **Dynamic Stabilization With the Biceps**

Alexandre Ladermann, M.D.

8:28 **Open Latarjet: How to Do It and Avoid Complications**

Peter Chalmers, M.D.

8:34 **My Technique: Bone Block with Distal Tibia**

Ivan Wong, M.D.

8:40 **My Technique: Bone Block with Distal Clavicle**

John Tokish, M.D.

8:46 **My Technique: Arthroscopic Latarjet with Button Fixation**

Pascal Boileau, M.D.

8:52 **Failed Latarjet: What Now?**

Anthony Miniaci, M.D.

8:58 **Recurrent Dislocation Case Presentations**

Moderator: Mark Getelman, M.D.

PANEL: Boileau, Chalmers, Ladermann, Miniaci, Tokish, Wong

9:30 **Instability 3: Unusual Instability Patterns**

Moderator: Richard K.N. Ryu, M.D.

9:31 **Physical Examination and Imaging of Posterior and Multidirectional Instability**

Emilio Calvo, M.D. (Recorded)

9:36 **Posterior Shoulder Instability: My Technique for Repair**

Matthew Provencher, M.D.

9:43 **Posterior Shoulder Instability: Bone Block Technique**

Scott Trenhaile, M.D.

9:50 **The Shoulder Pacemaker for Posterior Instability**

Philipp Moroder, M.D. (Recorded)

9:56 **HAGL and RHAGL: How to Not Overlook and Repair**

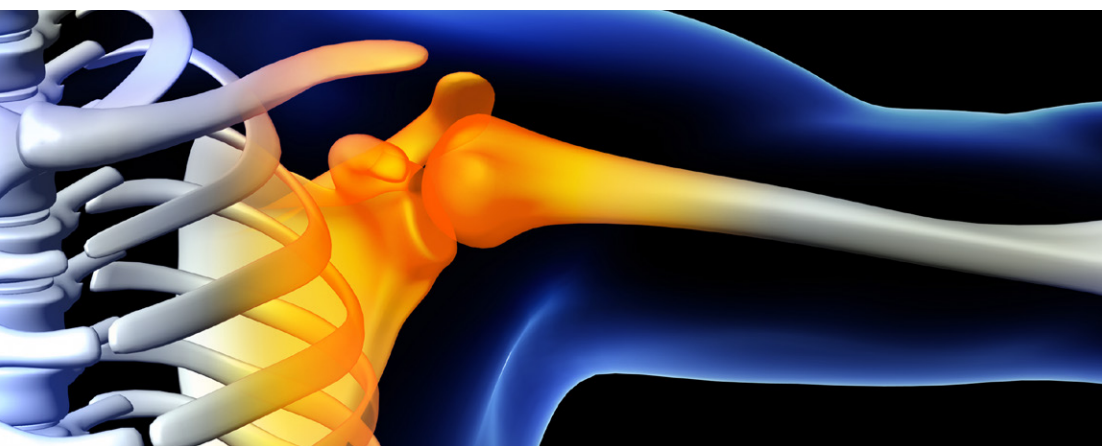
Jeffrey Abrams, M.D.

10:02 **Case Presentations**

Moderator: Richard K.N. Ryu, M.D.

PANEL: Abrams, Collin, Murthi, Provencher, Trenhaile

10:35 – 11:00 a.m. **Visit Exhibits – Refreshments**



THURSDAY continued

- 11:00 **Rotator Cuff Part 2: Full Thickness Tears** **Moderator:** Larry Field, M.D.
- 11:01 **What's Up With the Acromion? Anterior vs. Lateral vs. Nothing**
Brian Waterman, M.D.
- 11:07 **Single-Row Standard Anchors are the Gold Standard**
Mark Getelman, M.D.
- 11:13 **Relive Surgery: Double-row Repair**
Asheesh Bedi, M.D.
- 11:19 **Why I use Soft Anchors Medially**
Patrick J. Denard, M.D.
- 11:25 **Small-Medium Rotator Cuff Tear Case Presentations** **Moderator:** Larry Field, M.D.
PANEL: Bedi, Denard, Getelman, Waterman

11:45 – 1:00 p.m. **Company Sponsored Luncheon Workshops. Excellent faculty. Lunch provided. Limited Registration! Sign up now!**

OR 11:45 – 1:00 p.m. **(in lieu of attending workshop session): Lunch on your own.**

- 1:00 **Keynote #2: The History of the San Diego Shoulder Meeting & Perspectives on Competency**
James C. Esch, M.D.
- 1:20 **Rotator Cuff Part 3: Subscapularis Tears and Biceps** **Moderator:** Jeffrey Abrams, M.D.
- 1:21 **My Technique: Arthroscopic Subscapularis Repair, Outside View**
Larry Field, M.D.
- 1:27 **My Technique Arthroscopic Subscapularis Repair, Inside View**
Ian Lo, M.D.
- 1:33 **When to Consider Tendon Transfer and How to Do it**
Phillipe Valenti, M.D.
- 1:39 **My Technique: Arthroscopic Onlay Tenodesis**
Nikhil Verma, M.D. (Recorded)
- 1:45 **My Technique: Interference Screw Fixation Tenodesis**
Mauricio Largacha, M.D. (Recorded)
- 1:51 **My Technique: Open Subpectoral Tenodesis**
Anthony Romeo, M.D.
- 1:57 **Subscapularis and Biceps Case Presentations** **Moderator:** Jeffrey Abrams, M.D.
Panel: Field, Lo, Romeo, Valenti

2:30 – 2:55 p.m. **Visit Exhibits – Refreshments**

- 2:55 **Rotator Cuff Part 4: Massive Tears** **Moderator:** John Tokish, M.D.
- 2:56 **Why Poke the Bear? Nonoperative Treatment Works!**
Peter Poon, M.D.
- 3:03 **Tips for Obtaining a Complete Repair**
Patrick J. Denard, M.D.
- 3:09 **Subacromial Balloon: Cost, Coding, and Outcomes**
Scott Trenhaile, M.D.
- 3:15 **Superior Capsule Reconstruction vs. RSA: Value and How I Decide**
Robert Hartzler, M.D.
- 3:21 **Dermal Interposition vs. SCR for Massive RCT: Our Results**
Ian Lo, M.D.
- 3:27 **Why I Prefer Lower Trapezius Transfer for MRCT and How I Do It**
Bassem Elhassan, M.D.
- 3:33 **SCR Combined with Lower Trapezius? Indications and technique**
Grant Garrigues, M.D.
- 3:39 **Massive Rotator Tear Case Presentations** **Moderator:** John Tokish, M.D.
PANEL: Denard, Elhassan, Garrigues, Hartzler, Lo, Poon, Trenhaile

THURSDAY continued

4:05 **Keynote #3 Introduction**

James C. Esch, M.D.

4:06 **Keynote #3: Orthopaedics: Getting Better all the Time, Still a Ways to Go**

Lanny Johnson, M.D.

4:25 **Rotator Cuff Part 5: Biologics and the Failed Rotator Cuff**

Moderator: Howard Routman, D.O.

4:26 **When to Consider Augmentation: An Evidence-based Approach**

Asheesh Bedi, M.D.

4:32 **Scoring Systems Won't Work: We Need AI to predict Healing**

Alexandre Ladermann, M.D.

4:37 **Relive Surgery: My Technique for Augmentation With a Dermal Allograft**

Misty Suri, M.D.

4:42 **Relive Surgery: My Technique for Augmentation With a Bovine Patch**

Richard K.N. Ryu, M.D.

4:47 **The Role of PRP and BMAC in the Cuff**

Raffy Mirzayan, M.D.

4:52 **When is RSA is the Only Solution?**

Pascal Boileau, M.D.

4:58 **Difficult/Failed Cuff Case Presentations** **Moderator:** Howard Routman, D.O.

PANEL: Bedi, Boileau, Ladermann, Mirzayan, Ryu, Suri

5:15 – 6:30 p.m.

Social Event: Wine Tasting Symposium

Sommelier: Patrick St. Pierre, M.D.

Moderators: Mark Getelman, M.D. and Howard Routman, D.O.

Join this informational, fun, and dynamic social event on California, Oregon, and Washington wines. Hosted by:

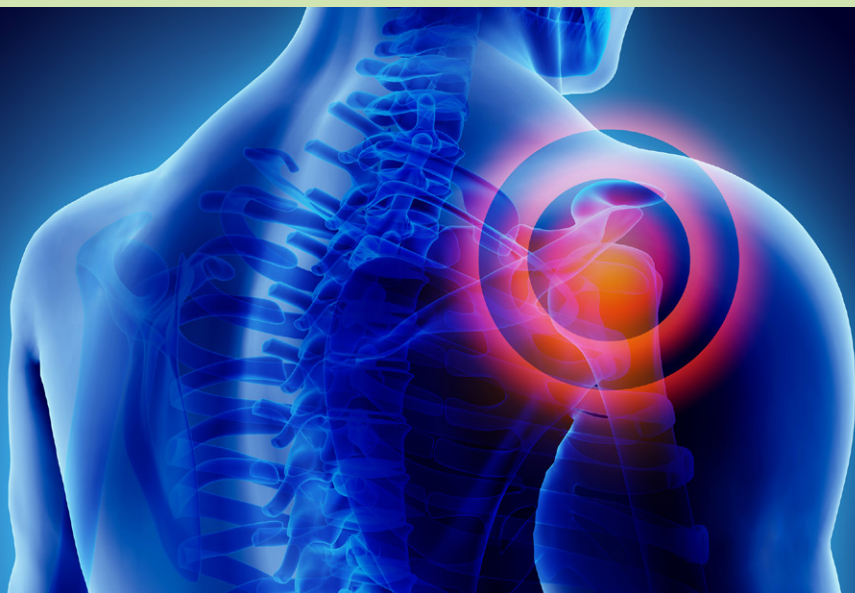
Patrick St. Pierre, M.D. **Level 4 WSET Certified Sommelier**

Howard Routman, D.O. **Level 2 WSET Certified Sommelier**

Mark Getelman M.D.

This event will cover:

- Introduction to the world of the sommelier - varietals, regions, wine production (St. Pierre) 10 min
- Introduction to wine tasting for beginners to advanced (Getelman) 10 min
- How to find value on a restaurant wine list (Routman) 10 min
- Guided systematic tasting of classic Chardonnay from Russian River Valley, CA, Pinot Noir from Willamette Valley, ORE, and Cabernet Sauvignon from Paso Robles, CA (St. Pierre and panel discussion) 30 min
- Drs. Getelman, Routman and St. Pierre discuss each tasting and debate which wines are the best and offer optimal representation of varietal! Drs. Getelman, Routman and St. Pierre discuss each tasting and debate which wines are the best and offer best representation of varietal!



Cadaveric Labs: Arthroscopy (Cuff Repair, Instability, Biceps Repair)
7:30 – 11:00 a.m.

EPIC LAB: Arthroscopy or Arthroplasty (Registrant Choice per Availability)
7:30 – 10:00 a.m.

Founders Ballroom

Director: William Stetson, M.D.
Co-Director: William Ciccone, M.D.

Anika Therapeutics

EPIC: Anthony Miniaci, M.D.

Arthrex

EPIC: Justin Griffin, M.D., Alexandre Ladermann, M.D.

LAB: Andrew Hartman, M.D., Bradford Parsons, M.D.

Catalyst

EPIC: Ted Blaine, M.D.

ConMed

EPIC: Jeffrey Abrams, M.D.

LAB: Gregory Loren, M.D., Christopher Lee, M.D.

DePuy Synthes

EPIC: Shariff K. Bishai, D.O., Mark Getelman, M.D.

LAB: Peter Chalmers, M.D., Richard K.N. Ryu, M.D.

DJO

EPIC: Mark Frankle, M.D., Benjamin Widmer, M.D., Assist: Chebli

Exactech

EPIC: Ronald Navarro, M.D.

Smith + Nephew

EPIC: Scott Trenhaile, M.D., Ivan Wong, M.D.

LAB: Gregory Alberton, M.D., Ian Lo, M.D., Jonathan B. Ticker, M.D.

Stryker

EPIC: Pascal Boileau, M.D., Joaquin Sanchez-Sotelo, M.D., Assist: Cheung

Zimmer Biomet

EPIC: Joseph Lynch, M.D.

LAB: Anand Murthi, M.D., Jennifer Tangtiphaiboontana, M.D.

EPIC LAB: Arthroscopy or Arthroplasty (Registrant Choice per Availability)
2:00 – 4:30 p.m.

Founders Ballroom

Director: William Stetson, M.D.

Arthrex

EPIC: Asheesh Bedi, M.D., Matthew Provencher, M.D.

ConMed

EPIC: Danny Goel, M.D., Marc Labbe, M.D.

DePuy Synthes

EPIC: Shariff K. Bishai, D.O., Richard K.N. Ryu, M.D.

DJO

EPIC: Surena Namdari, M.D., Benjamin Widmer, M.D.

Exactech

EPIC: Ken Faber, M.D., Howard Routman, D.O.

Smith + Nephew

EPIC: Larry Field, M.D., Ian Lo, M.D., Scott Trenhaile, M.D.

Stryker

EPIC: Mark Mighell, M.D., Joaquin Sanchez-Sotelo, M.D., Jon J.P. Warner, M.D.

Zimmer Biomet

EPIC: Seth Gamradt, M.D., Joseph Lynch, M.D.



SPECIAL SESSIONS

Special Dynamic Break-Out Sessions:

These customized sessions are specifically designed to allow participants to achieve individualized learning goals. Held in small-group settings, our expert faculty lead discussions and present specific information regarding high-end practice, tips and pearls to improve practice and prevent complications, and strategies to handle difficult cases. The sessions are dynamic and interactive.

7:30 – 9:30 a.m.

When and How to Do a Tendon Transfer: Cadaveric Focus Demonstration

Philippe Valenti, M.D., Eric Wagner, M.D.

Director: Bassem Elhassan, M.D.

7:30 – 9:30 a.m.

Essential Interdisciplinary Tips on Patient Evaluation

Moderators: Matthew Provencher, M.D. and James Bailey, M.D.

PANEL: Hoenecke, Thigpen

9:30 – 10:00 a.m. **Visit Exhibits (Final chance to visit our Vendors) – Refreshments**

10:00 – 11:30 a.m.

Avoiding Complications in Shoulder Arthroplasty

Director: George Athwal, M.D.

Ted Blaine, M.D., Armodios Hatzidakis, M.D., Evan Lederman, M.D.,
Surena Namdari, M.D., John Sperling, M.D.

10:00 – 11:30 a.m.

Taking a Break from the Clinic: Business and Future Technologies

Director: Seth Gamradt, M.D.

Marketing: Seth Gamradt, M.D.

Perspectives on Private Practice & Private Equity Acquisition: Larry Field, M.D.

Outcomes and Optimizing Your Value: Jon J.P. Warner, M.D.

How Virtual Reality will Change Surgery: Danny Goel, M.D.

10:00 – 11:30 a.m.

Partial Cuff Tears to Massive Tears: A Case-Based Journey

Director: Robert Hartzler, M.D.

Jeffrey Abrams, M.D., Grant Garrigues, M.D., Albert Lin, M.D.,
Howard Routman, D.O.

12:00 – 1:30 p.m.

**Company Sponsored Luncheon Workshops. Excellent faculty.
Lunch provided. Limited Registration! Sign up now!**

OR 12:00 – 2:00 p.m.

(in lieu of attending workshop session): Lunch on your own.



2:00 – 4:30 p.m. Cadaveric Focus Demonstration feature Latarjet and Arthroscopic Bone Block Procedures

Moderator: John Tokish, M.D.

- 2:00 – 4:30 p.m. **Fracture Session:** **Director:** Sumant “Butch” Krishnan, M.D.
Understanding Proximal Humeral Fracture Management

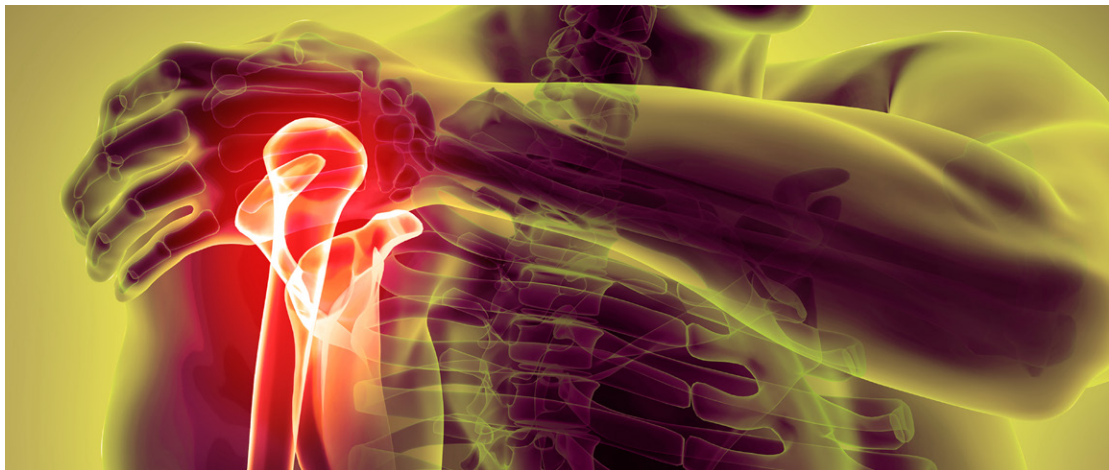
- VIDEO SESSION:** How I Do This From Start To Finish
This Session will Highlight Specific Surgical Pearls,
from O.R. room setup to Intraoperative Techniques.

- CASE DISCUSSION/Q&A Moderator:** Sumant “Butch” Krishnan, M.D.
This Case-Oriented Discussion will Focus on Pitfalls and
How to Avoid Poor Outcomes

2:00-4:30 p.m. **Mini-Executive Fellowship: Rotator Cuff Repair Using the SCOI ROW TECHNIQUE** Director: Stephen Snyder, M.D.
(Registrants must bring their own laptop)

Gregory Alberton, M.D., William Ciccone, M.D.,
Mark Getelman, M.D., Gregory Loren, M.D.

2:00–5:45 p.m. **American Shoulder and Elbow Surgeons**
Fellow Paper Presentations:
Moderators: Michael Amini, M.D. and Albert Lin, M.D.



7:00 a.m. – 12:30 p.m.	Registration
7:00 – 8:00 a.m.	Continental Breakfast

Moderator: Surena Namdari, M.D.

Mark Mighell, M.D.

Armodios Hatzidakis, M.D.

Ivan Wong, M.D.

Albert Lin, M.D.

PANEL: Hatzidakis, Lin, Mighell, Wong

Moderator: Surena Namdari, M.D.

Moderator: Justin Griffin, M.D.

Seth Gamradt, M.D.

Heinz Hoenecke, M.D.

Markus Scheibel, M.D. (recorded)

Surena Namdari, M.D.

Shariff Bishai, D.O.

PANEL: Bishai, Gamradt, Hoenecke, Namdari

What I Learned From my Worst Case & How I Got Better

Moderator: George Athwal, M.D.

9:46 Shariff Bishai, D.O.

9:56 Michael Amini, M.D.

10:02 Discussion & Audience Vote for the Best Case

10:25 – 10:45 a.m. **Break – Refreshments**

Moderator: Matthew Provencher, M.D.

Chuck Thigpen, PhD, PT

Grant Garrigues, M.D.

Uma Srikumaran, M.D.

Bassem Elhassan, M.D.

Thibault Lafosse, M.D. (Recorded)

Peter Chalmers, M.D.

Eric Wagner, M.D.

PANEL: Chalmers, Elhassan, Garrigues, Srikumaran, Thigpen, Wagner

James C. Esch, M.D., Patrick J. Denard, M.D.

2022 COURSE OBJECTIVES

Lecture Objectives:

Upon completion of this CME activity, participants will be able to:

- Identify strategies to improve practice and outcomes of shoulder arthroplasty, arthroscopy, reverse total shoulder prosthesis, instability, rotator cuff repair, shoulder fractures, and sports medicine.
- Identify opportunities to implement evidenced-based techniques into current practice.
- Identify options for the treatment of complex shoulder disorders.
- Identify strategies for improved surgical techniques and use of appropriate technology in the treatment of shoulder disorders.
- Identify approaches to improve assessment and management of shoulder disorders in the clinical and rehabilitative setting.
- Identify approaches to enhance the clinical diagnosis of shoulder disorders.
- Identify strategies to implement into the practice setting for immediate practice improvement and long-term patient outcome progression.

Laboratory/Workshop Objectives:

Upon completion of this CME activity, participants will be able to:

- Discuss specific steps to perform a complete procedure as covered in the session.
- State specific strategies that will be implemented in the practice setting as a result of session participation to improve practice and/or patient outcomes.

TUITION

The physician registration fee of \$1,500 is inclusive of course lectures, break-out sessions offered at no charge and meals and refreshments provided by the course. All other sessions require pre-registration and fees as detailed on the registration form. Refer to registration page for other than physician registration amounts.

REFUND

Refunds will be subject to a non-refundable \$100 processing fee. Requests for refunds must be received in writing at the San Diego Shoulder Institute office. No refunds will be issued after May 31, 2022.

2022 CME ACCREDITATION

This activity has been planned and implemented in accordance with the Accreditation Council for Continuing Medical Education (ACCME) and the American Medical Association (AMA) standards. San Diego Shoulder Institute is accredited with commendation by the ACCME to provide continuing medical education for physicians. San Diego Shoulder Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

San Diego Shoulder Institute designates this live educational activity for a maximum of 35.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME CREDITS FOR THIS COURSE ARE CALCULATED AS FOLLOWS

Lectures: 23 *AMA PRA Category 1 Credits™*

Arthroscopy Skills Practicum:

Lectures: 2.5 *AMA PRA Category 1 Credits™*

Practice Session: 2.5 *AMA PRA Category 1 Credits™*

Cadaver Arthroscopic Surgical Lab: 3.5 *AMA PRA Category 1 Credits™*

Mini-Executive Fellowship: Rotator Cuff Repair: 2.5 *AMA PRA Category 1 Credits™*

Shoulder Arthroplasty Cadaver Lab:

Lecture: 1.5 *AMA PRA Category 1 Credits™*

Lab: 2.5 *AMA PRA Category 1 Credits™*

Exclusive Personalized Instructional Cadaver Laboratory:

2.5 *AMA PRA Category 1 Credits™* per session

Interprofessional Program: 4 *AMA PRA Category 1 Credits™*

Special Break-Out Sessions:

2 *AMA PRA Category 1 Credits™* per session

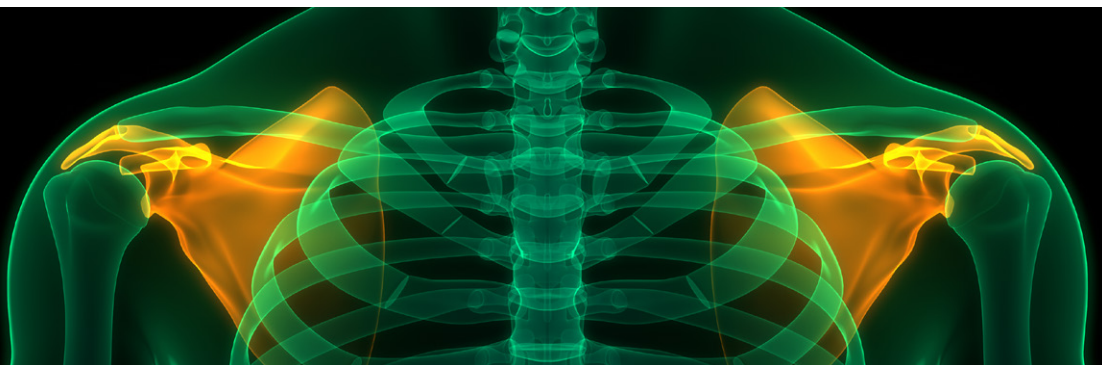
- Avoiding Complications in Shoulder Arthroplasty
- Essential Interdisciplinary Tips for Patient Evaluation
- Partial Cuff Tears to Massive Tears: A Case-Based Journey
- Taking a Break from the Clinic: Business and Future Technologies

2.5 *AMA PRA Category 1 Credits™* per session

- Focus Demonstration: When and How to Do Tendon Transfer
- Focus Demonstration: Arthroscopic Bone Block
- Fracture Session

4 *AMA PRA Category 1 Credits™*

- American Shoulder and Elbow Surgeons Fellow Paper Presentations



San Diego Shoulder Institute is an approved International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine (ISAKOS) Teaching Center. Please notify our registration staff if you are interested in completing an ISAKOS evaluation form or obtaining ISAKOS certification for this course.



San Diego Shoulder Institute is an approved Sociedad Latinoamericana de Artroscopia, Rodilla y Deporte (SLARD) teaching course. SLARD, as a Continental Society, has as its main objective to represent all National Societies before International Societies, being the natural link between them.



COMMERCIAL SUPPORT

San Diego Shoulder Institute (SDSI) is committed to presenting CME activities that promote improvements or quality in healthcare and are independent of the control of commercial interests. Commercial support is defined as financial, or in-kind, contributions given by a commercial interest and used to pay all or part of the costs of a CME activity. The source of all support from commercial interests is disclosed in a handout included in course materials. SDSI makes all decisions regarding use and disbursement of commercial support in compliance with the Accreditation Council for Continuing Medical Education's (ACCME) Standards for Commercial Support, the American Medical Association's (AMA) ethical opinion on gifts to physicians, AdvaMed and PharMa standards, and other regulatory standards.

FACULTY DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

Many faculty members have financial relationships with ineligible companies. An ineligible company is defined as: those companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. To ensure that these relationships do not influence our accredited educational activity, SDSI requires all faculty members to disclose all relevant financial relationships with any ineligible company(ies) within the past 24 months. Disclosure includes documentation of the name of the ineligible company, and the nature of the relationship. SDSI subsequently identifies relevant financial relationships, and mitigates such relationships prior to the individual assuming their role. All conflicts of interest potentially impacting educational content have been resolved prior to this course.

Disclosure of identified financial relationships is disclosed to all learners prior to engaging in this activity.

ACCOMMODATIONS FOR INDIVIDUALS WITH DISABILITIES

San Diego Shoulder Institute complies with the Americans with Disabilities Act. Should you need any special assistance, please contact a member of our staff at (951) 695-6800 or sdsi_info@shoulder.com. Every reasonable effort will be made to accommodate your needs.



For additional information contact San Diego Shoulder Institute
Office: (951) 695-6800 / Fax: (951) 695-6801 • email: sdsi_info@shoulder.com
Register online at www.shoulder.com

HOTEL RESERVATIONS

1500 Orange Ave. Coronado, California 92118

619.435.6611



HOTEL DEL CORONADO

EST. 1888

Rooms can be reserved at the Hotel Del Coronado online at www.shoulder.com, by visiting <https://book.passkey.com/go/sdshoulder> or at the phone number above. Use group code **SDSIAS** when making your reservations. A block of rooms has been reserved for June 14 – 18, 2022. The special room rate of \$315 per night for a single/double room will be available until May 13, 2022. Rooms available at the group rate are subject to availability.

"The Del is more than a resort, it's a state of mind. From watersports adventures to soothing spa days, The Del will reconnect with the simple luxury of sun, sea and time together. Majestically set on the edge of the Pacific Ocean, The Del offers panoramic views that inspire big ideas and destination experiences. From renting a beach cruiser and cycling through historic Coronado Island, learning how to surf, or simply just soaking up some sun while listening to good music, there is an unlimited amount of fun to be had. Another unique feature of The Del is a brand new state of the art Fitness Center and fitness class schedule. Led by a team of professional fitness instructors experience everything from our beach side yoga and spin classes, robust boot camps, and the famous mermaid fit there is something for everyone's fitness level."

OTHER HIGHLIGHTS OF THE HOTEL INCLUDE:

- ❖ A living legend for more than 130 years, The Del celebrates its rich history as the proud host to celebrities, royalty, U.S. Presidents, and beach-loving guests for generations. Built in 1888 by Elisha Babcock, Jr., and Hampton L. Story and designated a National Historic Landmark in 1977, this historic beach resort is a San Diego icon.
- ❖ Since the early 1900s, movie stars and moviemakers have been frequenting Hotel del Coronado, a sought-after set for filmmakers as well as a popular SoCal vacation getaway for celebrities. One of the most popular early films that used The Del as its backdrop was "The Pearl of Paradise", starring Margarita Fischer.
- ❖ Filmed at Hotel del Coronado in 1958, "Some Like It Hot" showcased the talents of Marilyn Monroe, Tony Curtis and Jack Lemmon while also highlighting the hotel's assets – a spectacular sun-drenched silhouette of Victorian architecture, the perfect backdrop for the film's 1929 setting. Named the #1 comedy of all time by the American Film Institute, the movie has an honored place in film and Del history.

DIRECTIONS TO THE HOTEL

From San Diego International Airport:

Head east on N Harbor Dr toward McCain Rd
Use the left 3 lanes to turn left onto W Grape St
Use the right 2 lanes to take the ramp onto Interstate 5 South

Driving South on Interstate 5:

Take exit 14A for CA-75 toward Coronado
Continue on Bridge over San Diego Bay
Turn Left on Orange Ave
Drive through town until you see Hotel Del Hotel Entrance, on your right.
1500 Orange Ave, Coronado, CA 92118





San Diego Shoulder

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