

Care of Dying Adults in the last days of life

Improving care and ensuring adherence to the NICE National Quality Standard

Friday 18 January 2019 De Vere West One Conference Centre, London

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Speakers include:

Marie Cooper

*Practice Development Lead
Hospice UK*

Bev Fitzsimons

*Head of Quality Improvement
The Point of Care Foundation*

Lucie Rudd

*End of Life Care Advisor
Macmillan Cancer Support*

Supporting Organisations:



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"High quality palliative care should be accessible to everyone. We will all die. And when we face the end of our lives, we should expect to be offered the highest possible quality of care that attends to our physical, psychological, emotional, social and spiritual needs. Our families and those close to us should feel valued, involved and supported." Professor Bee Wee, National Clinical Director for End of Life Care

"There is huge variation in the quality of care that people receive at the end of their life." Care Quality Commission

This national conference will look at improving care of the dying adults in the last days of life and ensuring adherence to the national NICE quality standard in practice.

"We know the vast majority of people in this country receive very good care at the end of life, but this isn't always the case... Our guidance will support doctors, nurses and other healthcare professionals so that they can work together to ensure that people die with dignity, whenever possible in the place of their choosing and with their symptoms effectively controlled." Professor Gillian Leng, deputy chief executive of NICE

Through national updates, and practical case studies the conference will focus on improving care of adults in the last days of life. Sessions will focus on putting personal experience first, monitoring adherence against the national NICE standards in practice, alignment of care with the preferences and needs of the dying person and those important to them, predicting and recognising last days of life and managing uncertainty, developing individual care plans and goals, symptom control and hydration and effective prescribing including anticipatory prescribing at the end of life.

Benefits of attending: This conference will enable you to:

- Network with those working to improve care in the last days of life
- Reflect on the lived experience of a person with a terminal illness
- Monitor progress and adherence against the National Quality Standard in your service
- Update your knowledge on national developments in end of life care
- Learn from established practice in supporting people to live well to the very end
- Ensure best practice in clinical management of the dying phase including symptom control, hydration and prescribing
- Explore latest evidence in predicting and recognising last days of life and managing uncertainty
- Develop effective individual care plans and goals for every end of life care patient in line with the national evidence
- Understand how you can improve Palliative Care at the Front Door: earlier decisions, earlier conversations
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague

"Excellent conference, speakers passionate and v knowledgeable about topics. Usually attend a conference and it reaffirms the knowledge I have, but may change focus. This conference has given me new ideas which will change my approach to practice"

"Really impressed by quality of speakers, subjects covered. Been so informative and given me so much valuable info to bring back to my workplace"

Follow the conference on twitter #endoflifecare

10.00 Chair's Welcome & Introduction

Marie Cooper *Practice Development Lead, Hospice UK*

10.10 Putting personal experience first

Lucy Watts MBE

*Ambassador & Young Avenger Together for Short Lives
People in Partnership Steering Group Member, Hospice UK*

- end of life care: a personal journey
- ensuring engaged, informed individuals and carers
- improving information about what to expect at the end of life
- how can we help ensure all care is personalised?

10.35 Improving the Care of Dying Adults in the last days of life - National update and developments

Marie Cooper

*Practice Development Lead
Hospice UK*

- improving the quality of care at the end of life
- communication and choice
- moving forward with the national ambitions for end of life care

11.05 Question and answers, followed by tea & coffee at 11.15

11.35 EXTENDED SESSION: Living Well to the Very End

Bev Fitzsimons

*Head of Quality Improvement
The Point of Care Foundation*

- supports staff to see care through the eyes of patients and families through shadowing, and then make meaningful changes
- improving confidence in how to provide the best possible care for people approaching the end of life
- learning from the Living Well to the Very End Collaborative Programme
- the Sweeney Programme explained: interactive exercise

12.35 Palliative Care at the Front Door: earlier decisions, earlier conversations

Sarah Radnedge

*Palliative Care CNS Team Leader
Frimley Health NHS Foundation Trust*

- front door palliative care in the acute trust based in A&E and AMU – earlier decisions, earlier conversations
- improving the quality of conversations and planning
- our experience

13.00 Question and answers, followed by lunch at 13.10

13.45 EXTENDED SESSION: Predicting and recognising last days of life and managing uncertainty

Speaker to be advised

- what can multi professional teams do to reduce the impact of uncertainty of recognising when a person is entering the last days of life?
- managing patients whose recovery is uncertain
- identifying how the uncertainty of recognising when a person is entering the last days of life influences information sharing, advanced care planning and the behaviour of healthcare professionals
- ensuring all staff can recognise signs and symptoms that indicate that adults are likely to be entering their final days of life; or that they may be recovering?
- managing and communicating uncertainties

14.30 Meeting and monitoring adherence against the National Quality Standard for Care of Dying Adults in the last days of life

Member, Guideline Development Group, National Quality Standard for Care of the Dying Adult NICE

- priorities and challenges in implementing the NICE Quality Standard on Care of the Dying Adult in last days of life
- case studies - implementation in practice
- monitoring adherence against the standard in practice
- the role of audit and research in improving end of life care

15.00 EXTENDED SESSION: Developing individual care plans and goals for every end of life care patient in line with the new Clinical Guideline

Prof Rob George

*Medical Director St Christopher's, Consultant in Palliative Medicine
Guys and St Thomas NHS Foundation Trust*

- developing and monitoring care plans for every patient and communicating with family and carers
- ensuring the care plans reflect the five priority areas
- ensuring the individual plan of care, which includes food and drink, symptom control and psychological, social and spiritual support, is agreed, coordinated and delivered with compassion
- setting individual goals with patients
- our experience: a whole system approach to improving end of life care
- interactive discussion

15.45 Question and answers, followed by tea & coffee at 15.40

16.00 EXTENDED SESSION: Clinical Management of the Dying Phase Symptom control, hydration & anticipatory prescribing

Dr Amy Proffitt

*Consultant in Palliative Medicine Barts Health NHS Trust
Honorary Secretary The Association for Palliative Medicine
Professional standards and Quality Improvement Representative
JSC for Palliative Medicine*

- clinical management and symptom control in the last day of life
- ensuring adults in the last days of life have their hydration status assessed daily, and a discussion about the risks and benefits of clinically assisted hydration
- effective anticipatory prescribing: anticipating new symptoms that may arise and prescribing medicines in advance to manage them
- ensuring that there is a supply of drugs in the patient's home, combined with the apparatus needed to administer them, with the intention that they are available to an attending clinician for use after an appropriate clinical assessment
- delivering effective medication review at the end of life and issues with controlled drugs

16.35 Improving end of life care: building on the best

Lucie Rudd

*End of Life Care Advisor
Macmillan Cancer Support*

- changing practice and improving outcomes in hospitals
- training and supporting ward staff to introduce the concept of future care planning or treatment escalation plans, and then including ACP information with discharge notes
- improving shared decision making between people approaching end of life, those close to them and their health care professional / team

17.00 Question and answers, followed by close

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Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Friday 18 January 2019

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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