



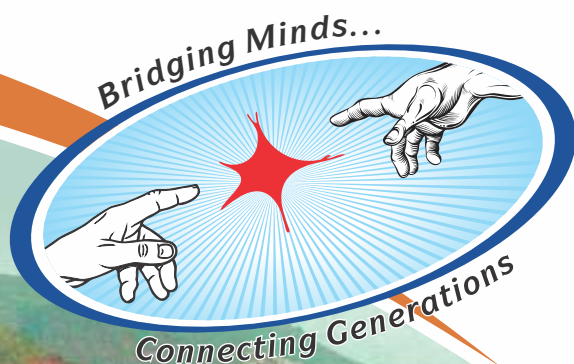
Organized by

IPS AP State Branch
Govt. Hospital for Mental Care &
Visakha Psychiatric Society

73rd Annual National Conference of Indian Psychiatric Society

Bridging Minds... Connecting Generations

20th- 23rd Jan, 2022, Vizag Conventions, PM Palem,
Visakhapatnam*



Vizag
CALLING

* Venue and Dates are subject to change.

Message



IPS President & Hony. Gen. Secretary

Dear Esteemed Colleagues,

Greetings from IPS!

It is our pleasure to invite you all to the **73rd Annual National Conference of Indian Psychiatric Society (ANCIPS)** to be hosted by our Andhra Pradesh State Branch at the beautiful city of Visakhapatnam from 20th-23rd January, 2022. ANCIPS is the flagship annual event of Indian Psychiatric Society. It is one of the largest and most prestigious medical conferences in India, drawing delegates from all over the globe.

The theme chosen for **ANCIPS 2022 "Bridging Minds.... Connecting Generations"** is very appropriate keeping in view the increasing gap between generations and its impact on society.

The number of seniors has been increasing enormously over the past few years. Wide gaps in age, beliefs, traditions and habits contribute to communication difficulties between the generations. The benefits of encouraging relationships between youngsters and the senior community are tremendous and fruitful to the society at large, so it's time to bridge that generation gap once and for all. ANCIPS is known for high academic standards. The scientific committee has started working to draft and ensure highly enriching and interesting academic programme which will keep you engaged throughout the conference.

Friends, Visakhapatnam (locally known as Vizag) is the largest metropolis in the state of Andhra Pradesh and seventh largest city in India selected as one of the Indian cities to be developed as a smart city. The city serves as the headquarters for Eastern Naval Command of the Indian Navy and is home to the oldest Hindustan shipyard and the only natural harbour on the east coast of India. The Organizing Committee, under the able guidance of Dr. K. Narasimha Reddi and dynamic abilities of Dr. GSP Raju, has promised us to host a mega event.

On behalf of Indian Psychiatric Society as well as on our personal behalf, we take this opportunity to invite you all with your family to participate in this annual event of our society and enjoy the academics and the scenic beauty of Vizag.

Long Live Indian Psychiatric Society!

With Regards



Dr. Gautam Saha
President, IPS



Dr. T.S.S. Rao
Hony. Gen. Secretary, IPS



Message



Organizing Chairperson & Secretary

Welcome to ANCIPS 2022

Dear Esteemed Members and Friends,

Warmest Greetings from ANCIPS 2022!

Welcome to the City of Destiny!

It gives us immense pleasure to invite you all to the **73rd Annual National Conference of Indian Psychiatric Society, 2022 (ANCIPS 2022)** to be held at **Visakhapatnam from 20th - 23rd January 2022**. ANCIPS was organized here in 1985 under the dynamic leadership of Late Dr. Jaya Nagaraja and Dr. G. Bhagya Rao, after a gap of 37 years our long cherished wish of doing it again in the modern city of Visakhapatnam will be fulfilled.

Once a small fishing village, Visakhapatnam had witnessed the reigns of Ashoka, the Pallavas, the Cholas and the Gangas. Today you can see the country's largest shipbuilding yard with natural harbor and beach, stretching endlessly against the backdrop of low hills and dotted with secluded caves and creeks. Vizag, the Port city is the jewel on the eastern coast of India, the Biggest City and the financial capital of Andhra Pradesh. This tourist City is a harmonious blend of the magical past and the bustling present with a breath taking panorama of golden beaches, lush green fields, verdant valleys and splendid monuments from a historically rich and religious heritage. Other attractions include Dolphin's Nose, Kailasagiri, VMRDA Park, Kurusura submarine and Aircraft museum on the Beach Road, and the nearby divine destinations like Simhachalam and Annavaram and hill stations like Araku Valley and Borra caves.

The venue for the conference, the magnificent Vizag Conventions, PM Palem, Visakhapatnam, is strategically Located beside Cricket stadium amidst mountains and beautifully landscaped surroundings. The theme of the conference **"Bridging Minds.... Connecting Generations"** is aptly chosen keeping in view the importance of connecting present day generations by improving their communication and bridging the gap. We assure you all that **ANCIPS 2022** will be organised by strictly following the Covid-19 Protocol.

We welcome you all with your family to enjoy the hospitality and scenic beauty of Visakhapatnam, along with academic and gastronomic feast.

Long Live IPS!

With warm regards



Dr. Narasimha Reddi K.
Organizing Chairperson



Dr. Raju G.S.P.
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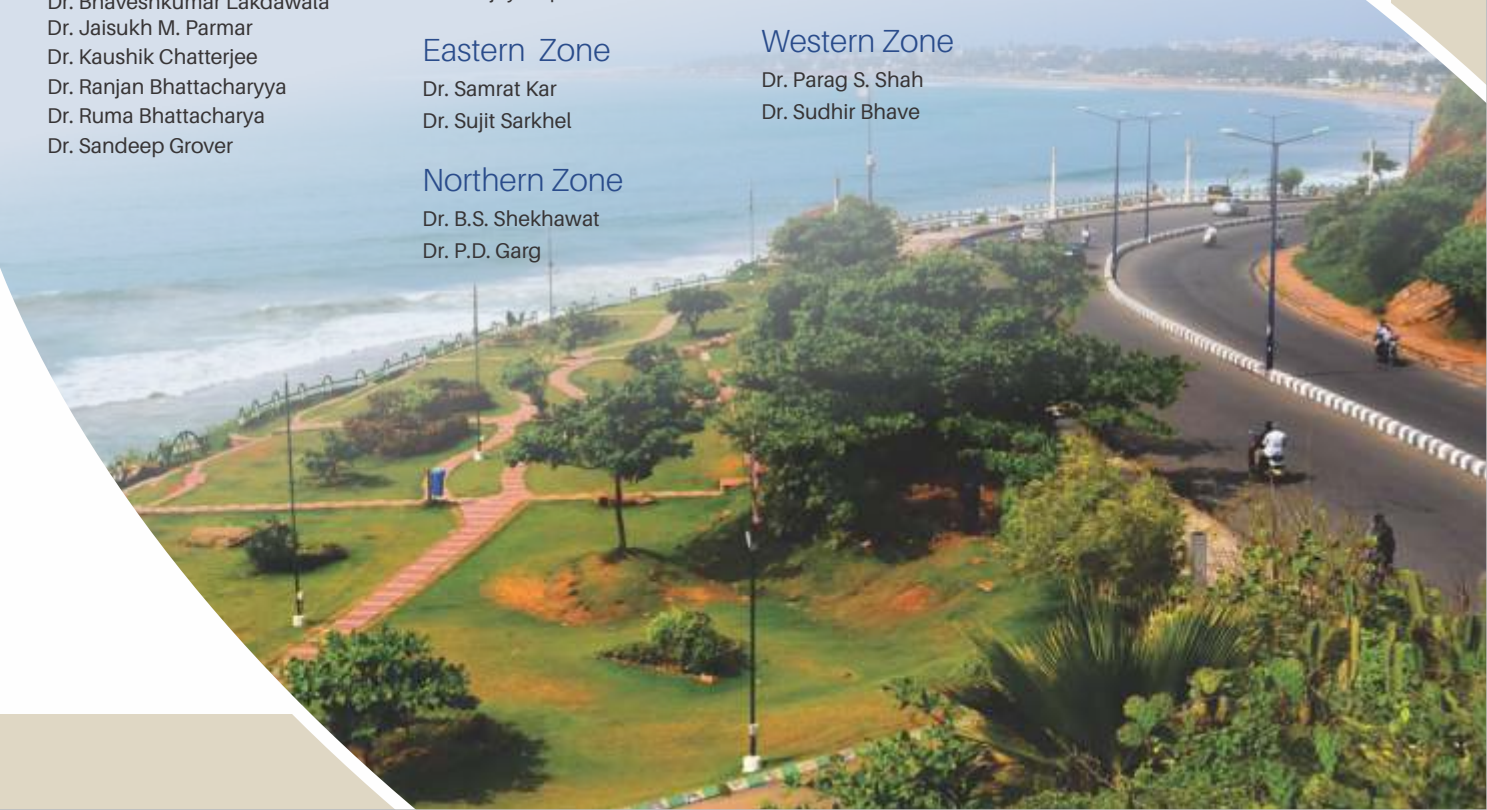
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Call for Abstracts



List of Topics

The Scientific Program Committee will use this topic list to help classify the area of each submission. Furthermore, your submission will be listed in the Program and Abstract Book under the topic(s) indicated to assist participants in selecting sessions of interest.

The submission form provides a space to mark a selection from this list, the one most appropriate topic area for each submission. If appropriate, indicate a second subtopic area.

Insert corresponding numbers of topics into boxes provided on each submission form.

- | | | |
|---|---|---|
| 1. Addiction | 23. Developmental Psychiatry | 44. Obsessive Compulsive Disorders |
| 2. Aggression: Basic | 24. Dissociative Disorders | 45. Organic Mental Disorders |
| 3. Aggression: Clinical | 25. Eating Disorders | 46. Panic Disorder |
| 4. Aging | 26. Electro Convulsive Treatment (ECT) | 47. Posttraumatic Stress Disorder |
| 5. AIDS and HIV Related Disorders | 27. Emergency Psychiatry | 48. Premenstrual Syndrome |
| 6. AIDS Effects on the CNS | 28. Epidemiology of Mental Disorders | 49. Prevention of Psychiatric Illness |
| 7. Alcohol and Substance Abuse Disorders | 29. Ethics of Psychiatric Practice and Research | 50. Psychiatric Education |
| 8. Alzheimer's Disease: Basic | 30. Forensic Psychiatry | 51. Psychiatric Rehabilitation |
| 9. Alzheimer's Disease: Clinical | 31. Geriatric Psychiatry | 52. Psychogeriatrics |
| 10. Anxiety Disorders | 32. History of Psychiatry | 53. Psychoneuroendocrinology |
| 11. Attention Deficit Hyperactivity Disorder | 33. Hospital Psychiatry | 54. Psychoneuroimmunology |
| 12. Autistic Disorders | 34. Human Rights Issue | 55. Schizophrenia |
| 13. Biological Correlates of Mental Disorders | 35. Internet and New Communication modes | 56. Sexual Disorders |
| 14. Biological Markers | 36. Methodology | 57. Side Effects of Antidepressants and Antipsychotics |
| 15. Child and Adolescent Psychiatry | 37. Mental Health Economics | 58. Sleep Disorders |
| 16. Childhood Disorders | 38. Migraine | 59. Somatic Disorders |
| 17. Cognitive Neuroscience | 39. Mind & Society | 60. Somatoform Disorders |
| 18. Comorbidity in Psychiatry | 40. Mood Disorders | 61. Stress |
| 19. Cost Issues in Psychiatry | 41. Neuroendocrinology | 62. Suicide |
| 20. Dementia | 42. Neuroimaging | 63. Traditional and Alternative Treatment in Psychiatry |
| 21. Depression | 43. Neuroimmunology | 64. Other Psychiatric Disorders |
| 22. Developmental Disorders | | 65. Miscellaneous |

Cut off Dates for Submissions...

Free Paper Abstracts & E Posters	31/10/2021	To, Dr. Gautam Saha , President IPS Clinic Brain Neuropsychiatric Institute and Research Center, 19/C, Pioneer Park, P.O. Barasat, Dist: North 24 Parganas, Kolkata, West Bengal 700124. Email: drgautam@ancips2022.com
Proposals for Symposiums & Workshops.	30/11/2021	
Award Papers	31/10/2021	To Dr. (Brig.) M.S.V.K. Raju , Chairperson Awards Committee "Brown Hill", A-18, Nyati Highland, Mohammadwadi Pune- 411060 (India) Email: brigmsvkripsawards@gmail.com
BPSS Award	30/11/2021	

Note: For details of instructions, Guidelines, Content of Abstracts, Format of the Competition, E-poster Presentation Specifications, Awards etc., visit our website www.ancips2022.com.

Guidelines for Speakers & Chairpersons



Abstract Submission for ANCIPS 2022

Guidelines:

- Please note that both IPS membership and conference registration is mandatory for presenting paper at ANCIPS 2022.
- The abstract for the paper / poster needs to be structured (background, aims, methods, results and conclusion) and within 250 words.
- The presenting author (or the author who submits the abstract in case of symposia/workshop) will be the contact person for all the correspondence about the presentation.
- All abstracts are to be submitted in English, Times New Roman font.
- Please choose appropriate category related to your presentation. Do not submit the same abstract to multiple categories.
- All abstracts must be submitted via the conference website ONLY.
- The title should be short and concise & must not be written in capital letters.
- The abstract should not contain broad statements like "The results will be discussed".
- You may use standard abbreviations, however, mention unusual abbreviations in brackets after the full word, when it appears for the first time.
- Use numerals to indicate numbers, except at the beginning of a sentence.
- Last date for submission of Abstracts (Paper/Poster) is 31st October, 2021.
- All submissions will be acknowledged by email only. So, please provide your current working E mail ID along with Mobile number (The Organizing Committee shall not be responsible if you do not receive any response due to wrong email ids provided).

Instructions for Content of Abstract:

- Figures, tables and graphs should not be included.
- Use generic names of drugs only.
- In original research the results have to be submitted with the abstract.
- No references are needed with abstract submission.
- By submission of an abstract, the author transfers copyright ownership to the organizing committee for publications. The Organizing committee reserves the right to reproduce the abstract / presentation made in conference in print or electronic media.
- Abstracts / papers previously published or presented at any national or international meeting are not

permitted.

- Abstracts / papers previously published or presented at local or state levels are permitted, but the details need to be mentioned in the submission.
- The Scientific Committee will review the abstracts & the acceptance will be communicated to the presenting author by 30th November 2021.
- The Scientific Committee reserves the right to allocate a session time or change the presentation type.
- Please do not submit the same abstract under more than 1 category.
- Please mention the prize category of presentation for which the author is competing for.

Instructions and Specifications:

Scientific programme spanning through 04 days include course on leadership in psychiatry, symposia, workshops, hands-on training on recent advances in ECT, training in neuro navigation techniques, oral and poster presentations and presentations from various specialities, sub-specialities and task forces of IPS.

Details of the programme would be uploaded and updated on the website www.ancips2022.com.

General Instructions

1. Registration is mandatory for the presenting authors at the time of presentation in categories of Invited Lectures / Specialty Section Presentations/ Task Force Presentations / Workshop & Symposium Presentations / Free paper / E-Poster Presentations.
2. All presentations should be made in MS Office latest version.
3. A preview room shall be operational in the conference area. All presentations of respective halls shall be centrally coordinated from this preview room. The presenter must submit his / her PowerPoint / audio / video in preview room, atleast 24 hours before his/her scheduled presentation.
4. The preview room shall be equipped with sufficient number of desktops / laptops / projectors. The presenter can preview/modify his / her presentation in the preview room well in advance.
5. If any presenter wishes to present the paper through personal laptop, it is mandatory that the compatibility of personal laptop with our audio-visual system should be checked in preview room.
6. Any Fonts and Animations if used which are not a part of the standard MS Office pack should be included with the Presentation Pendrive and this should be specified to the Audio Visual in charge at the Preview

Room well in advance.

7. Videos when included should be ideally in VLC / MP4 or mpeg and if any other format is used its codecs should be also be included.
8. If any other format is used which deviates from the above-mentioned format, the same should be informed at least one week before the conference so that alternative arrangements can be made if possible.
9. The medium of storage used by the presenters should be Flash Drive, USB HDD.
10. All speakers using MAC Laptops and those requiring a MAC Laptop should inform us at least a week in advance.
11. The specific date and time of the presentation along with the location will be shared with you shortly and will also be updated on the website. All are kindly requested to visit the website for details of the Scientific Programme on regular basis for latest updates.

Award Paper Presentation Specifications

- Name
- Sex: *Male/female*
- Place of work
- Summary of the paper
- Original research / other type of work; case reports and small case series will not be considered
- Presented earlier / not presented
- The participant should be a member of IPS (to be verified by the Honorary Treasurer of IPS)
- Age (*with age proof*)
- Designation
- Title of the paper
- Individual/group work

Format of the competition

- The time allotted is 7 minutes.
- Text, photo and table slides by power point presentation only.
- The name of the institution / affiliations, co-authors and guides are strictly not to be displayed during the presentation. If included, the paper will be disqualified. May be announced after the results.
- Each slide should not contain more than eight lines enabling the audience to read it.
- The presentation should be clear and audible.
- Any questions / clarifications are allowed only from the judges after the presentation

Guidelines for Workshop / Symposia / Free paper Presentation

1. Workshops and Symposia would be of 60 Minutes (Sixty minutes) duration which also includes the time for discussion.
2. For Free paper Presentation speaker will be provided 10 minutes for the presentation. The slot for the same is divided into 8 minutes for Presentation and 2 minutes for Discussion.
3. Please strictly adhere to the time.
4. There shall be a system of auto cut of presentations after allocated time. A reminder will appear on the screen 2 minutes before the stipulated time. At the onset of auto-cut all the screens will go blank. Please come prepared to finish the presentation within

allocated time only.

5. The presentation will have to be in Windows Power Point format (PPT) with the required photographs, tables and graphs that should be very unambiguous and legible.

E-Poster Presentation Specifications

1. The screen time provided to a particular poster would be a maximum of 1 hour. The presenting author is requested to make it convenient to remain at the site of his / her poster presentation throughout that stipulated time.
2. The E-poster will be displayed on standard 42" (Diagonal) LCD.
3. File format should be PowerPoint (.PPT).
4. Total size of the presentation should not exceed 10-20 MB.
5. Maximum number of slides per E-poster: 3 (Three).
6. All slides should be in landscape format preferably in 16:9 orientation.
7. Animation / movies / sounds will not be supported; please submit in a static PPT format only.
8. The E-poster needs to be created as per the example format which can be downloaded from the website.
9. Each slide title should be placed in a title placeholder.
10. The text should include (most likely as separate elements of the poster) Introduction, Aim, Methods, Results, Conclusion and Acknowledgments.
11. The poster should be self-explanatory. Text should be brief and well organized.
12. It is suggested that font size of the text should be at least 26 to 36 points. The typeface chosen should be a simple and clear one (e.g. Helvetica).
13. The correct font size depends greatly on the fonts used in the ppt and the thumb rule should be that if its visible well on the computer screen it shall be visible on the E-Poster Display Screen.
14. Colors suggestions:
 - a. When using light backgrounds (white, yellow, light blue) we suggest using dark fonts (black, navy blue, dark green).
 - b. When using dark backgrounds (blue, purple) we suggest using light fonts (white, yellow, cyan).
 - c. Avoid using red or green in any fonts or backgrounds as they are colors that are difficult to read.
15. Illustrations / images / photographs used in the E-poster should be enlarged enough to show relevant details.





73rd Annual National Conference of Indian Psychiatric Society

Bridging Minds... Connecting Generations
20th- 23rd January 2022, Vizag Conventions,
PM Palem, Visakhapatnam*

*Venue and Dates are subject to change

Photo

Registration Form

Name

(As needed on Certificate & Badge)

Date of Birth Sex M ☐ F ☐ Others ☐

Address

District

State Pin/Zip/Post code

Country

Contact numbers (with STD Codes)

* Mobile Residence/Office

* E-Mail

* Qualification Year

* State Council Reg. No.

Membership No (IPS/WPA/BIPA/IAPA/ICPA)

Accompanying Persons

1) Name Relationship Age Gender

2) Name Relationship Age Gender

3) Name Relationship Age Gender

*Details mandatory

Registration mandatory for all

All Values in INR

Category	Up to 30.04.2021*	Up to 31.08.2021	Up to 30.11.2021	From 01.12.2021 & Spot
IPS/SAARC/BIPA/IAPA/ICPA Member	INR 7000	INR 8500	INR 10000	INR 13500
IPS Senior Member	Complimentary	Complimentary	Complimentary	INR 13500
Non-member	INR 9000	INR 11000	INR 12000	INR 15000
PG Student	INR 4000	INR 4500	INR 5500	INR 6500
Accompanying Person (family member only)	INR 4500	INR 5500	INR 6500	INR 7500
Indian Corporate	INR 14500	INR 16000	INR 18000	INR 21000
WPA Member	INR 12500	INR 17500	INR 23000	INR 27000
International Delegate	INR 27000	INR 29000	INR 33000	INR 39000
International Accompanying Person	INR 8000	INR 10000	INR 13000	INR 16500

*First cut-off date for registration extended up to 30.06.2021

- The above mentioned registration fees are inclusive of 18% GST.
- The registration fees of International delegates are mentioned in INR, as we do not have FEMA certification of receiving dollar in our bank account. The mentioned amount will be converted to respective dollar amount on that particular day, as required, while delegates make their payments online.

Payments to be Drawn on

Account Name : **ANCIPS2021**

Account Number : 50200048484853

Bank Name : HDFC BANK Ltd

Branch & Address : Potluri Castle, 1st Floor, above Raymond Show Room, Dwaraka Nagar, Visakhapatnam, Andhra Pradesh 530016

RTGS/NEFT IFSC : HDFC0000050

MICR : 530240002

Payment Details

Duly filled form along with the payment details/cheque/DD should be sent to Conference Secretariat address

Cheque / DD / NEFT / UTR / Transaction No:

Bank:

Date:

Amount: (In number & words)

Entitlements

Delegates

- Delegate Kit
- Entry to all official functions, Scientific sessions
- All lunches, dinners, tea / coffee on conference days
- Tea/coffee within sessions
- Entry for trade/exhibition area
- Souvenir
- APMC Certificate of attendance

Accompanying Person

- Inaugural functions
- All lunches, dinners, tea / coffee on conference days
- Spouse gift
- Participation in spouse & children's programs

Terms and Conditions*

Mandatory Requirements:

- Recent passport size colour photo
- Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card)
- E mail ID & Mobile No
- Others: First name, Last name, Address, State, Pin code, Institute/Hospitals

Registration Guidelines

- Above fees is inclusive of Goods & Service Tax as on 20th January, 2021 and is subject to change
- Payment Options: Online – NEFT, IMPS, Bank transfers, Debit or Credit cards, Offline - Cheque, Demand Drafts
- For all Online Payments through credit or debit cards an additional bank charge of 2.5% will be applicable
- All Remittance/Bank charges/Online transaction fees to be paid by the Delegate
- Letter from HOD is mandatory for Post graduate residents for registration
- Conference registration is mandatory for presenting paper in CME, symposia, workshops by 30th November 2021
- Registration is mandatory for all delegates including children 5 Years and above
- Bonafide Senior Member 65 years and above is exempted from the Registration Fees, if registered before 30th November 2021
- Photo ID is mandatory for all delegates for security reasons to enter the Conference Area
- Please ensure to wear registration badge all the time (Bar Coded) in the conference area and co-operate with security and screening procedures
- Entry for accompanying persons may be restricted to certain areas at the venue during the event and are not allowed to the scientific halls
- Registration number with acknowledgement & receipt of the payment will be sent to you within 60 days of application to

your registered Email id only, if not received, please contact the registration coordinator

- No credit policy for registration fees. Registration fees mentioned is non-negotiable
- Registration is not transferable.
- Kindly do not post / courier any registration form after 1st January 2022
- The organizing committee is not responsible for payments made in any form without registration form and details of payment. Organizing committee will not entertain requests to refund the same
- Delegate must bring the acknowledgement letter / payment receipt with registration number during the conference for registration
- Conference kit would be handed over only to the registered delegate with photo id
- For spot registrations: payment will be accepted only by mode of Cash, Debit/Credit Card
- Conference kit will not be guaranteed for registration done after 31st December 2021
- Organizer will not be responsible for loss or theft of personal belongings and damages. You can use cloakroom
- Ambulance service will be available at the venue. However, we request you to kindly give utmost attention to your health and medications

Cancellation and Refund Policy

- Before 31st July 2021: 20% of registration amount + GST of amount paid will be forfeited as cancellation **
- Before 30th September 2021: 50% of registration amount + GST of amount paid will be forfeited as cancellation **
- From 1st November 2021: Full amount will be forfeited **
- Refund will be solely at the discretion of the organiser and if ** marked refund is applicable the same will be processed only after the conference

Duly filled forms along with the payment details/cheque/DD should be sent to Conference Secretariat address,

Secretariat ANCIPS 2022

C/o Dr. K. Narasimha Reddi

Bharadwaj Empire, # 11-8-39/5, Plot No. 85 Dasapalla Hills, Visakhapatnam-530003

Mob: +91 7075559611

Email: secretariat@ancips2022.com

For any correspondence:

Email: ancips2022@gmail.com

Website: www.ancips2022.com

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(Organizing Chairperson)

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Dr. Raju G.S.P.
(Organizing Secretary)

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Dr. Radha Rani S.
(Co-Org. Chairperson)

Mobile: +91 9848195435
Email: rseepana@gmail.com



1001, 10th Floor, Sunteck Grandeur, SV Road, Andheri West, Mumbai, Maharashtra 400058, India.
info@ancips2022.com •
+91 9967067223 / +91 7738797810

Highlights of the Conference

ANCIPS 2022, the 73rd Annual Conference of Indian Psychiatric Society is planned as a premier all-encompassing event in Psychiatry and allied specialties. The event with an international outreach program and with a theme of **"Bridging Minds.... Connecting Generations"** promises to be the greatest event held in the field of Psychiatry in India so far.

The conference will bring together:

- Around 5000 National & International delegates
- Around 500 national & more than 100 international faculty and experts
- Well-organized plenary sessions, orations, symposia, guest lectures, debates, national quiz, award papers, free papers and posters, apart from other official programs
- Interactive Learning Corner
- Complimentary registrations for Senior Members of IPS (65 years and above) if registered before 30th November 2021)



Events in Ancips 2022



- Yoga by the beach
- Connecting generation program
- Mental Health Awareness Walk
- Activities involving family members



About Venue



Vizag Conventions, PM Palem, Visakhapatnam is Finally, the City of Destiny Visakhapatnam has a venue that proudly reflects all the legendary grandeur Awe-inspiring architecture, magnificent interiors, expansive spaces, immaculate service all ensconced in a cocoon of warm hospitality. Featuring star accommodation, Vizag Conventions is set in Visakhapatnam, 3km from Indira Gandhi Zoological Park and 10km from Simhachalam Temple, 5km from Kailasa Giri and 11km from Dwaraka Bus Complex, 12km from Submarine Museum, 13km from RK Beach and Hotel Novotel. The Visakhapatnam international Airport is 20km from the venue.



About Visakhapatnam

Visakhapatnam... The cynosure of all eyes and the city of destiny. Once a small fishing village, Visakhapatnam had witnessed the reigns of Ashoka, the Pallavas, the Cholas and the Gangas. Today you can see the country's largest shipbuilding yard with natural harbor and beach, stretching endlessly against the backdrop of low hills and dotted with secluded caves and creeks.

Vizag, the Port city is the jewel on the eastern coast of India, the Biggest City and the financial capital of Andhra Pradesh. This tourist City is a harmonious blend of the magical past and the bustling present with a breath taking panorama of golden beaches, lush green fields, verdant valleys and splendid monuments from a historically rich and religious heritage. Other attractions include Dolphin's Nose, Kailasagiri, VMRDA Park, Kurusura submarine and Aircraft museum on the Beach Road, and the nearby divine destinations like Simhachalam and Annavaram and hill stations like Araku Valley and Borra caves.

Visakhapatnam possesses prestigious Universities, **ANDHRA UNIVERSITY (AU)**, founded in 1926 is one of the oldest, internationally high ranked and reputed University. The institution has Sir C.R. Reddy as its founder Vice-Chancellor and Dr. Sarvepalli Radhakrishnan, the first Vice-President and the 2nd President of India as the second Vice-Chancellor. The University Presently is Offering 313 Courses in Arts, Commerce, Management, Science & Technology, Engineering, Law, Pharmacy and Education. The University has five constituent colleges and four AU Campuses.

The university is a campus dotted with 121 buildings with a plinth area of about 190,000 square metres (2 million square feet), and 324 staff quarters. The total area of the Visakhapatnam main campus is 422 acres. Located on the uplands of Visakhapatnam, 'The City of Destiny', the university campus is scenic, with the Bay of Bengal on one side of it and on the other, the green Kailasagiri hill range.



Andhra Medical College (AMC) is the oldest medical college in Andhra Pradesh and 6th oldest in India. It came into being on 19th July 1923 and rapidly acquired national attention as a center of higher learning in medical education. The recorded onset of medical education in Visakhapatnam can be traced back to 1902, when the Victoria Diamond Jubilee Medical School was set up in the Old Post Office area supported by Maharajah Sir Goday Narayana Gajapathi Rao and Maharani Lady Goday Chitti janakiammah. Some years later,



the Medical School was presumably shifted to the site of the present Anatomy Block. There were 50 students in the first batch who were trained for the Licentiate Certificate Standard A. The school building was then commissioned as Medical College, Vizagapatnam and started operations on 1 July 1923, with 32 students. The Medical College was formally opened on 19 July 1923, by the Honorable Diwan Bahadur Rajah Panuganti Ramarayaningar, MA, minister for Local Self Government Department, the then Chief Minister of Madras, TN state and minister for health.



Captain Frederick Jasper Anderson, IMS was the first principal who was also the

Professor of anatomy and surgery. The 'medical school' was initially affiliated to Madras University, now to Dr. NTR University of Health Sciences. The medical college is attached to King George Hospital (KGH) and a number of other Government regional teaching specialty hospitals such as Hospital for Chest Diseases, ENT Hospital, Regional Eye Hospital and Government Hospital for Mental Care, Visakhapatnam. Currently the medical college admits 250 under-graduates, 212 post-graduates in broad specialties and 10 super-specialty trainees along with numerous para-medical and health related courses under Dr.NTR Health University. AMC students have been well known nationally and internationally, not only for their excellence in academics but also in the areas of sports and cultural activities.

The Government Hospital for Mental Care (GHMC), Visakhapatnam is one of the oldest Mental Hospitals in India, one among the first four mental hospitals established in South India. It was started as Lunatic Asylum in 1871 with 94 patients and developed in a phased manner to accommodate 300 patients. In 1971 the government changed the name "Mental Hospital" to "Government Hospital for Mental Care". It is the only Mental Care hospital that caters to the needs of people of entire state of Andhra Pradesh and it also provides services to the neighbouring districts of Odisha and Chattisgarh. Family ward with a bed strength of 12 was started in 1994 and Emergency services in 1996. The newly constructed buildings in the year 2006, replacing the old dilapidated ones, accommodate 400 psychiatric beds with all corporate like facilities. A separate Family Psychiatric centre with a bed strength of 100 beds was constructed in 2010. It is a teaching hospital attached to Andhra Medical College, PG Diploma in Psychiatric Medicine, 2 seats per year, was started in 1978 and MD (Psychiatry), one seat in 1984 and gradually increased to 19 MD (Psychiatry) seats per year by 2018. The department of psychiatry in Andhra Medical College is one of the biggest psychiatric departments in India with functioning of 6 units in GHMC and one General Hospital Psychiatry unit at KGH and has a faculty of 7 professors, 6 Associate professors, 23 Asst. Professors and 8 Senior Residents.



Two years back it was selected to be transformed into a "Centre of Excellence" under National Mental Health Program to upgrade the hospital with more departments and academic blocks such as Psychiatric Nursing, Clinical Psychology, Psychiatric Social Work, Child and Geriatric wards, Equipment and Rehabilitation Centre.

Visakhapatnam - Weather and Climate

The Visakhapatnam, lies on 28m above sea level, has a tropical climate of savanna type and its temperature remains almost unchanged (average 30°C) throughout the year (24° to 28° C in January) due to the proximity of the ocean Bay of Bengal.

How to Reach Visakhapatnam?

Vizag
CALLING



Travel by Air

Visakhapatnam International Airport, about 10 km away from the city centre, links the city with various cities in India and abroad. There are several domestic and international carriers providing their services from here. Major airlines like Air Asia, Air India, SpiceJet and IndiGo provide regular flights for Bangalore, Chennai, Kochi, Mumbai, Delhi, Tirupati, Hyderabad and Kolkata. Flights are also available for foreign destinations such as Dubai, Colombo, Singapore and Kuala Lumpur. Taxis and buses are easily available from outside the airport.

Major Flight Schedule

Mumbai	19-Jan	6E 6447	1455-1700	BOM-VTZ
	23-Jan	6E 5394	1430-1645	VTZ-BOM
Delhi	20-Jan	6E 5037	0505-0720	DEL-VTZ
	23-Jan	AI 452	1715-1945	VTZ-DEL
Bengaluru	20-Jan	6E 288	0535-0705	BLR-VTZ
	23-Jan	6E 223	1440-1615	VTZ-BLR
Hyderabad	20-Jan	6E 6211	0700-0815	HYD-VTZ
	23-Jan	6E 783	1630-1750	VTZ-HYD
Chennai	20-Jan	6E 557	0650-0810	MAA-VTZ
	23-Jan	6E 6001	1730-1855	VTZ-MAA
Kolkata	20-Jan	6E 6037	0830-1010	CCU-VTZ
	23-Jan	6E 6038	1040-1215	VTZ-CCU

About Vizag



Travel by Rail

The railway network of Visakhapatnam is under the control of East Coast Railway Zone and is directly connected to big cities of India. Around 346 trains pass through Visakhapatnam Railway Station. Visakhapatnam Railway Station code is 'VSKP'.

To get accurate and detailed information about the time schedule of Trains, you can view the Visakhapatnam Railway Station Timetable on the Goibibo or Cleartrip.

Major Trains at Visakhapatnam

	Train No	Name	Departing stn (Time)
Mumbai	8520	Lokmanyatilak Terminus Vishakapatnam Junction Express	Lokmanyatilak Terminus (06:55)
Delhi	12808	Samta Express	H Nizamuddin (08:35)
	12804	Vishakapatnam Junction Swrn J Express	H Nizamuddin (05:50)
Kolkata	2703	HWH SC Falaknuma SF SPL	Howrah Jn (08:35)
	22825	East Coast Express	Howrah Jn (12:10)
Bengaluru	2509	Bengaluru Cant to Agartala	Bengaluru Cantonment (23:40)
Chennai	2840	Mgr Chennai Ctr to Bhubaneswar	MGR Chennai (10:00)
Hyderabad	2728	Hyderabad Decan to Visakhapatnam	Hyderabad Decan (17:05)



Travel by Road

Visakhapatnam enjoys good road connectivity with various nearby cities and towns. Several state and private buses are available from cities such as Hyderabad (588 km), Chennai (790 km), Kolkata (882 km), Vijayawada (335 km), Tirupati (760 km), Bhubaneswar (443 km), Puri (442 km) etc. This bus terminal is just ten minutes drive from rail station.

Hotels and Restaurants in Visakhapatnam (Vizag)

Sr	Hotel	Venue Distance KMs	Category
1	Hotel Radisson blu	07.2	5 Star
2	Hotel Novotel Beach Road	13.0	5 Star
3	The Gateway Taj Hotel Beach Road	13.0	5 Star
4	Hoel Four Points by Sheraton	12.0	5 Star
5	Hotel Welcome Grand Bay	13.0	5 Star
6	Hotel The Park	12.1	5 Star
7	The Bheemili Resort	20.1	5 Star
8	Hotel Green Park	13.1	4 Star
9	Hotel Dolphin	13.5	4 Star
10	Hotel Daspalla	13.3	4 Star
11	Hotel Fairfield by Marriott	18.3	4 Star

Sr	Hotel	Venue Distance KMs	Category
12	Hotel Fortune Inn Sree Kanya	12.2	3 Star
13	Hotel Rockdale Clarks Inn Suites	12.7	3 Star
14	Hotel Daspalla Executive Court	13.3	3 Star
15	Keys Select Hotel Visakhapatnam	13.5	3 Star
16	Hotel Ambica Sea Green Beach Road	12.8	3 Star
17	Encore Inn	13.0	3 Star
18	Hotel Winsar Park	13.5	3 Star
19	Hotel Diamond's Pearl	12.4	3 Star
20	Ritz Comfort	13.8	3 Star
21	Hotel Quality Inn Bez Krishna	12.3	3 Star
22	Best Western Ramachandra	28.5	3 Star

Tour spots in Visakhapatnam (Vizag)



Araku Valley is the best tour spot in Vizag or Visakhapatnam city, located about 112 km away (six hours journey by train or bus) from the center of the city. You have to book a government rest house (rest house constructed by APTDC) in advance for night stay. Padmavathi botanical gardens are a major attraction in Araku Valley.



Araku Valley

Ross Hill is a place where the symbols of Hinduism, Christianity and Islam exist in harmony. A Dargah and a temple near the foot of the hill and a church at the top area is as scenic as it gets. While the Dargah is about 700 years old, the temple is more than two centuries old. The Ross Hill Church too is more than a century old. They stand emphasising the quintessence of spiritualism, that all religions are but the branches of the same tree.



Ross Hill

Simhachalam or Simhadri is a hill Temple located about 16 km north from Visakhapatnam city. The temple is dedicated to the Hindu God Narasimha or Vishnu. The temple was constructed by Gajapathi Kings of Orissa before 15th century.



Simhachalam or Simhadri Temple

Borra Caves are located in the Ananthagiri hills of the Araku Valley of the Visakhapatnam district. Borra Caves, a marvellous creation of nature, are deemed to be among the largest in the country and are perched at a whopping elevation of about 705 metres.



Borra Caves

Indira Gandhi Zoological Park is located amidst Kambalakonda Reserve Forest in Visakhapatnam. It is the third largest zoo in the country. It was declared open to the public on 19 May 1977. It is surrounded by the Eastern Ghats on three sides and Bay of Bengal on the fourth side. Nearly eighty species of animals numbering to about eight hundred are present in the zoo. The zoo park is about 11 kilometres (6.8 mi) from the Visakhapatnam railway station on the National Highway 5 near Madhurawada.



Indira Gandhi Zoological Park

Kailasagiri hill gives you a spectacular view of the sea, Ramkrishna Beach and Rishikonda Beach of Vizag. Visitors often fall in love with the city especially after visiting this hill.



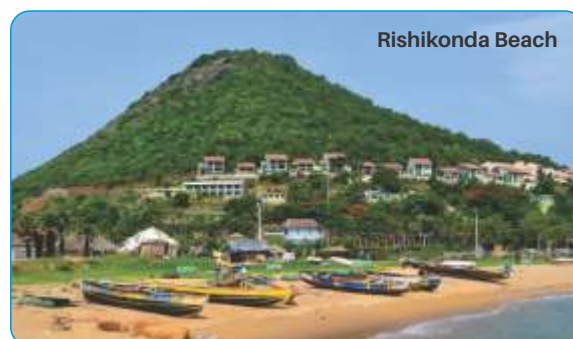
Kailasagiri hill



Ramkrishna Beach

Ramkrishna Beach is one of the most popular beaches of Vishakapatnam to spend some relaxed time, enjoy strolls across the beach, sunbath and more. With a number of tourist spots in and around the area, one finds the beach engrossed in much hustle bustle.

Rishikonda Beach is an ideal destination for a peaceful weekend getaway and is located just 8 kilometres away from the port of Visakhapatnam, making the place very accessible. Located in the midst of frothy blue sea and emerald greenery, the scenery that this beach boasts of is indeed mesmerising and breathtaking. This place is a favourite among water sports lovers because of the range of activities that are offered here.



Rishikonda Beach



Aircraft Museum:

Aircraft Museum: Also known as the "Pride for the City", TU 142 Naval Aircraft Museum offers a delightful experience for sightseeing lovers, history buffs and experience seekers interested in learning everything about the lives of Navy people. Located on the beach road, this museum gives you a chance to enter the aircraft that was earlier used for the Indian Navy.

Yarada Beach is an entrancing site which is surrounded by hills on three sides and the Bay of Bengal on the fourth, covered with lush greenery and soft golden sands all over. It is an ideal location especially for the nature lovers as one gets to view enchanting sunrise and sunsets on this coastline. The beach is situated at a distance of 15 km from Visakhapatnam and the area is covered with coconut and banana plantations.



Yarada Beach

Bhimili is a beautiful village located about 25 km from Vizag city. You will discover several Dutch cemeteries and a Portuguese church of medieval period of India.



Kambalakonda Reserve Forest or Wildlife Sanctuary is located on the outskirts of Visakhapatnam and is a perfect example of natural harmony between the dry seasonal forest and the evergreen meadows. The Sanctuary houses many rare species of wild life animals such as panthers, sambar deer, spotted deer, barking deer, jackal, wild boar and wild dog.

Bojjana Konda is an architectural remnant of the Buddhist period located 40 km away in Anakapalli.

Some more Buddhist sites at Vizag

Thotlakonda Buddhist Complex is located just 15 km from Visakhapatnam city on a hillock (128 meters height) near Bheemili town. It was a residential of some Buddhist communities during the ancient period of Indian history. You will found some evidence of this culture still today.

Bavikonda is a famous Buddhist heritage site located in the Sankaram village of Anakapalli about 15 km northeast from Visakhapatnam city.

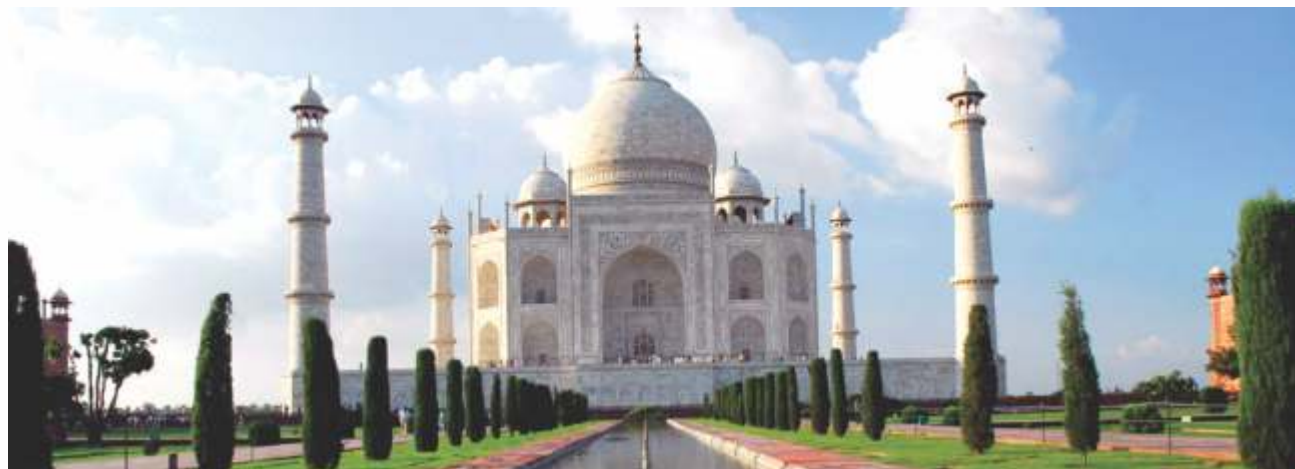
Pavuralakonda is a Buddhist site located about 24 km from Visakhapatnam to the west of Bhimli town. The Buddhist settlement found here is estimated to have witnessed human habitation from first century BC to second century AD.



The INS Kurusura submarine museum at Rama Krishna beach is the first submarine turned into a museum in the whole of Asia and second in the world. Various parts of the submarine like the radar room, sonar room, control room and the weapons used during war are in display in this museum.

Tourism Information

Incredible India !



One of the oldest civilizations in the world, India is a mosaic of multicultural experiences. With a rich heritage and myriad attractions, the country is among the most popular tourist destinations in the world. As the 7th largest country in the world, India stands apart from the rest of Asia, marked off as it is by mountains and the sea, which give the country a distinct geographical entity. As you travel the expanse of the country, you are greeted by diverse nuances of cuisines, faiths, arts, crafts, music, nature, lands, tribes, history and adventure sports. India has a mesmeric conflation of the old and the new. As the bustling old bazaars rub shoulders with swanky shopping malls, and majestic monuments accompany luxurious heritage hotels, the quintessential traveller can get the best of both worlds. Head to the mountains, enjoy a beach retreat or cruise through the golden Thar India has options galore for all.

General Information

Time Zone:

Indian Standard Time (IST) is 5 hours and 30 minutes ahead of Greenwich Mean Time (GMT+5.30).

Visa

You will need to get a visa before travelling to India. India issues various types of visas, including transit visas and e-visas. Make sure you get the right visa for your travel and that it is valid for the purpose and duration of your stay.

Letter of Invitation

Delegates may request a letter of invitation from the conference secretariat by contacting by conference Email ID: secretariat@ancips2022.com please include your full name, date of birth, institution and clinic details. Please refer the conference website www.ancips2022.com for more details.

Language

Hindi is recognised as the main official language of the Union Government with English acting as a "subsidiary" official language.

Tours & Activities

India is an amazing land to be explored and discovered. India offers a different aspect of her personality - exotic,

extravagant, elegant, eclectic - to each traveller of the country. There are six regions or zones according to tourism point of view: 1) North, 2) South, 3) East, 4) West, 5) Central and 6) North East. While North and North-East boast of splendid palaces, forts and mighty Himalayas; South and West have beaches, bustling towns, backwaters and architectural marvels; East is famous for religious ties: One finds ancient roots of both Hinduism and Buddhism here.

Currency and Foreign Exchange:

The currency in India is the Indian rupee. Currently-used banknotes come in denominations of ₹1, ₹2, ₹5, ₹10 coins and notes, ₹20 (red), ₹50 (purple or aqua), ₹100 (blue-green or purple), ₹200 (orange), ₹500 (yellow-gray), and ₹2,000 (pink-purple) notes. It is always good to have a number of small notes on hand, as merchants and drivers sometimes have no change.

Smoking

Smoking in public is officially banned and fined.

Mobile SIM Card

India uses both GSM and CDMA and mobile phones are widely available. Not all operators have Pan-India operations but have tie-ups with other operators to provide pan-India coverage via roaming, though roaming charges are higher.

Internet

Internet kiosks are everywhere nowadays and they charge as low as ₹10-20 per hour (the cost being a compromise for speed). Beware of using your credit cards online as many cases have come forward regarding credit card thefts using keyloggers.

Banks & ATM's:

ATMs widely available; carry cash as backup, especially in remote regions. Don't accept damaged banknotes: they won't be accepted by others.

Taxes and Gratuities:

Most purchases in the city are subject to a 18% Goods and Services Tax (GST).

Insurance:

Individual travellers are strongly advised to obtain their own personal health, luggage or other travel insurance.

Liability Disclaimer:

The organizers of the ANCIPS 2022 cannot be held liable for any hindrance or disruption to the Conference (meeting), in particular if arising from political, social or economic events or any other unforeseen incidents beyond control.

The organizers of the ANCIPS 2022, accept no liability for any personal injuries or loss or damage to property belonging to Conference (meeting) participants, either during or as a result of the conference (meeting) or during all tours and events.

Authorised Travel Agent for ANCIPS 2022

Frontline Travels Pvt Ltd
#1 VUDA Udyog Bhavan Complex, Siripuram, Visakhapatnam-530003

For Domestic flight reservations Please contact

Mrs. Padmaja, Mrs. Hemalatha, Mrs. Swapna, Mr. Ramana, Mr. Naidu
☎ 2754333; 2754399; 2704999; 2536444

For International flight reservations, please contact

Mrs. Neelima ☎ 0891-2508001, 9849099933 or
Mr. Sam Prakash ☎ 9848015084, ✉ frontlinetravels@hotmail.com

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The most powerful 1st line antipsychotic....Forever



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Olanzapine Rapidly Dissolving Tablets 5/10/15/20 mg



Makes *life easier* for all schizophrenics



The bidirectional mood stabiliser which balances efficacy and safety

Once daily

Qutipin SR

Quetiapine fumarate
sustained release as two concentrations

.....redefining mood stabilization



With best compliments from India's **1st** CNS Company



torrent
PHARMA

In Anxiety and Depression

Feliz S

Escitalopram 5/10/20 mg tablets



CLONOTRIL

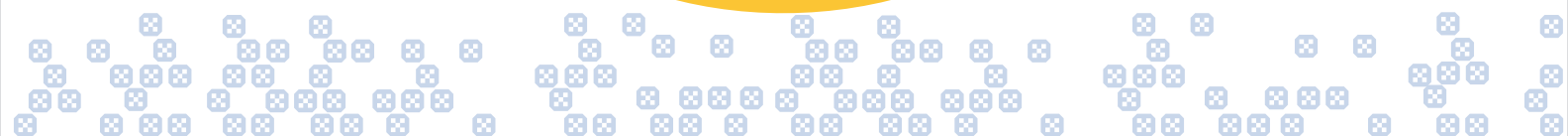
Clonazepam 0.25 / 0.5 / 1 / 2 mg dispersible tablets

Your **Anxiety Free** Companion

Serta

Sertraline

25/50/100mg





An Anticonvulsants

Pridone 50

Primidone 50 mg. Tablets



Critical
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*Supports for the brain, lungs, liver,
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*The optimal Antidepressant for
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ESTIA

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D.D.

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