

INPATIENT OB

#1 UPDATE - REVIEW - PREP SEMINAR

Take the seminar, sit the NCC exam the next morning ()

**PEC has the exclusive arrangement to offer
on-site written NCC RNC exams, details inside.**

Learn from the Best and Pass the Test!

**REBECCA CYPHER,
MSN, PNNP**

*Nationally Respected Leader and
Expert in Perinatal Nursing*

2018

**SALINAS, CA
FEBRUARY 8-9 (10)**

HOST: Natividad Medical Center
Seminar Site: 1441 Constitution Blvd.
Bldg. 880 Salinas, CA 93906

**LAS VEGAS, NV
February 19-20 (21)**

Embassy Suites Convention Ctr.
SMOKE FREE
3600 Paradise Road, LV, 89169

**PORTLAND, OR
February 22-23 (24)**

DoubleTree Portland
1000 NE Multnomah St.
Portland, OR 97232

**TAMPA, FL
March 5-6 (7)**

HOST: BayCare Health System
Seminar Site: Changed to
BayCare System Office (BSO)
2985 Drew Street
Clearwater, FL 33759

**FORT WORTH, TX
March 19-20 (21)**

Support Host: Baylor Scott & White
Seminar site: Stockyard Station
Stockman's Club Room
130 E. Exchange Avenue
Fort Worth, TX 76164

**DAVENPORT, IA
March 22-23 (24)**

HOST: Genesis Health System
Seminar Site: Adler Conference
Room located in the Heart Center
on the Genesis Medical Center East
Campus: 1227 E. Rusholme Street
Davenport, IA 52803

**FALLS CHURCH, VA
May 3-4 (5)**

Hilton Garden Inn Falls Church
706 W. Broad St.
Falls Church, VA 22046

**NYACK, NY
May 7-8 (9)**

HOST: Nyack Hospital
Conference and Lodging Site:
The Time Hotel, Nyack NY
400 High Ave. Nyack, NY 10960

**CHICAGO, IL
May 10-11 (12)**

Holiday Inn Chicago- Elk Grove
1000 Busse Rd.
Elk Grove Village, IL 60007

**SAN FRANCISCO, CA
September 10-11 (12)**

South San Francisco Conf Center
255 South Airport Boulevard
South San Francisco, CA 94080

**AUGUSTA, GA
October 3-4 (5)**

HOST:
Seminar Site:

**MINNEAPOLIS, MN
October 8-9 (10)**

HOST: Allina Health
Seminar Site: Allina Health Midtown
Commons: 2925 Chicago Ave,
Minneapolis, MN 55407

**MOUNT LAUREL, NJ
October 22-23 (24)**

The Hotel ML
915 NJ Route 73
Mount Laurel, NJ 08054

**ANAHEIM, CA
November 13-14 (15)**

Embassy Suites Anaheim South
11767 Harbor Boulevard
Garden Grove, CA 92840

P.O. Box 7447 Chico, California 95927-7447

800-732-2387/ WWW.PROEDCENTER.COM



REBECCA CYPHER MSN, PNNP

Perinatal Nurse Practitioner, Expert,
Author, Consultant, and Educator

Rebecca is a nationally respected leader in perinatal nursing. She brings to the program over 25 years of civilian and military experience with a career that has encompassed a variety of clinical and leadership roles. Most recently, she worked in the Maternal-Fetal Medicine Division in the Pacific NW where she was involved with direct patient care, teaching, and research. She is nationally certified in Inpatient OB and EFM. An active member of AWHONN she has served in a variety of leadership positions including two terms on the BOD. Rebecca is a co-editor with Lisa Miller, CNM, JD, and Dr. David Miller for *Mosby's Fetal Monitoring: A Multidisciplinary Approach* (8th ed.), as well as a chapter contributor to AWHONN's *Fetal Monitoring Principles and Practices* (5th ed). She has authored textbook chapters and articles in leading nursing and medical references. Currently, she is on the editorial board for JPNN and was named 2017 Reviewer of the Year. Committed to improving quality and safety in perinatal care, balanced with thoughtful insight in a simple but comprehensive teaching style, Rebecca will share a wealth of knowledge and evidence, based on her extensive clinical experience and education.

WHAT PEOPLE SAY!

"I wish I could download Becky's knowledge!"

She's so inspiring and genuinely wants us to be excited about OB"

"Loved that the info was quick, concise and to the point

"One of my favorite speakers."

"Thoroughly enjoyed this course and her approach to teaching. Helped relieve my test anxiety!"

"An amazing amount of material covered in a short period of time by a gifted speaker. I learned so much!"

**Would you like to bring this program to your hospital?
Call 800-732-2387 or email cindy@proedcenter.com**

CONTINUING EDUCATION CREDITS

BRN 17 Contact Hours (8.5 per day). Professional Education Center is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 14 Contact Hours (7 each day).

Meets Texas Type I criteria.

This program is designed to meet Board of Nursing CE requirements for license renewal in all 50 states.

CE Certificate is issued at program conclusion.

WHO SHOULD ATTEND?

- **All Labor & Delivery & LDRP Nurses**
- **Individuals required to maintain ed. hours for licensure, Magnet Status, Joint Commission Perinatal Care Certification**
- **Novice and experienced RN's starting an OB career; Nurses needing Cross-Training**
- **Nurses planning to take the Inpatient OB RNC Exam (written exam option on-site)**

Course content will have key elements to update and validate your clinical knowledge base as you prepare for the NCC certification exam. Course content will compliment NCC's Candidate Guide for Inpatient Obstetric Nursing. Due to time limitations, pre-class review of postpartum and newborn concepts is strongly recommended.

PROGRAM OBJECTIVES:

Following a comprehensive lecture, discussion, audiovisual aids, such as videos, you will be able to:

- Demonstrate knowledge of biological, physiological, psychological, and sociocultural factors that influence the pregnant family, developing fetus and impact care.
 - Identify alterations in the biological, physiological, psychological, and sociocultural status of the mother, fetus and implications for the newborn.
 - Identify patient's actual or potential problems/needs, utilizing information received from the patient, the family, appropriate records, and other health team members.
 - Develop a comprehensive plan for individualized nursing care, including diagnostic, therapeutic, and patient education components.
 - Evaluate interventions and modify the plan of care.
 - Apply current standards of practice, research findings and ethical/legal principles in providing nursing care to the normal and high risk antepartal, intrapartal, and postpartal family.
- **Taking the review course does not guarantee passing the exam.**

**Would you like to bring this program to your hospital?
Call 800-732-2387 or email cindy@proedcenter.com**

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon on 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, or credit voucher good for any future PEC program, no cash refunds. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control. **CE tuition, travel/meal expenses are tax deductible.** Consult your tax advisor for details.

INPATIENT OB COURSE: Maternal/Fetal/Neonatal

Day One

- 7:30 Check In - Continental Breakfast**
8:00 PHYSIOLOGY OF PREGNANCY: Systems Adaptation
 • Cardiovascular, Hematologic & Respiratory
 • Renal, GI, & Endocrine
MATERNAL FACTORS: Affecting Fetus/Newborn
 • Disease Processes: Hypertension, Diabetes, Cardiac Blood Disorders, Acute Fatty Liver, Obesity, Thyroid Auto-immune, Rh incompatibility
 • Pregnancy Risks: Substance Abuse, Alcohol, Tobacco Domestic Violence, Environmental Prescriptive/Non-Prescriptive Drugs Abuse

12:00 Lunch

FETAL ASSESSMENT

- Fetal Utero-Placental Physiology: Oxygenation Pathway Intrinsic/Extrinsic Factors
- Non-Electronic Monitoring: Auscultation, Palpation
- Electronic Fetal Monitoring: Assessment, Signal Ambiguity, Periodic/Episodic Changes, Uterine Activity
- Acid Base Assessment: Cord gas evaluation, acoustic stim
- Antepartum Assessment: NST, BPP, dopplers, ultrasound
- Prenatal Diagnosis: Prenatal screening

4:30 Adjourn

Day Two

- 7:30 Check In - Continental Breakfast**
8:00 LABOR AND BIRTH
 • Physiology of Labor
 • Labor Management: Assessment, Psychosocial
 • Stages of labor: Characteristics, Support Interventions
 • Dysfunctional labor: Maternal-Fetal Implications
 • Obstetrical Procedures: External Cephalic Version Episiotomy, Operative Vaginal Deliveries, Cesarean. VBAC, Induction of Labor, Cervical Ripening Methods
 • Non-Pharmacologic Pain Management
 • Pharmacologic Pain Management: Systemic, Neuraxial, General Anesthesia, Nursing Care

12:00 Lunch

OBSTETRIC COMPLICATIONS

- Malposition, Shoulder Dystocia, Multiple Gestations
- Umbilical Cord Problems, Cord Prolapse
- AF Disorders, Oligohydramnios, Hydramnios
- Ruptured Membranes, Preterm, Term, Prolonged
- Chorioamnionitis, Anaphylactoid Syndrome
- Placental Implantation Abnormalities, Abruption, Previa, Uterine Rupture, Hemorrhage
- Preterm Labor, Prolonged Pregnancy

4:30 Adjourn

Program Schedule Day 1&2: 7:30am - 4:30 pm
Complete Course Syllabus, Continental Breakfast,
45 minute Lunch, and Afternoon Soft Drinks
(DAY 3): NCC Exam: 7:30 am Check-in w/Breakfast
Exam 8:00-11:00 AM (must have NCC approval letter)

BONUS! ADDITIONAL STUDY MATERIAL IN HANDOUT

Highlights to be briefly outlined in class as time allows:

Postpartum: Physiology, Complications, Lactation
Newborn: Transition, Adaptation, Assessment, Intervention, Nutrition
Professional Issues: Ethics, Research, Legal, Safety
PLUS: Extensive Bibliography & Resources, AND Test Taking Strategies

REGISTRATION: 2018 In Patient OB Review Course

NAME _____ License# _____
☐ RN ☐ APN ☐ CNM ☐ PA ☐ Other: _____

Home Address _____
 City _____ State _____ Zip _____

Day Phone (____) _____ Email _____

Hospital/Clinic I work with: _____ Group Registration ☐

Practice Area: ☐ LD ☐ PP ☐ NSY ☐ AP ☐ Med. Office ☐ Education

Check Payable to: Professional Education Center (PEC)

☐ VISA ☐ MasterCard ☐ DISCOVER ☐ AMERICAN EXPRESS

Card #s _____ Exp. _____

☐ I Prefer a Vegetarian lunch - Available with preregistration only

I WILL ATTEND the checked 2018 Seminar Days: (NCC option test day follows: Separate registration see below)

Salinas, CA	☐ 2/8	☐ 2/9	Davenport, IA	☐ 3/22	☐ 3/23	San Fran., CA	☐ 9/10	☐ 9/11
Las Vegas, NV	☐ 2/19	☐ 2/20				Augusta, GA	☐ 10/3	☐ 10/4
Portland, OR	☐ 2/22	☐ 2/23	Falls Church, VA	☐ 5/3	☐ 5/4	Minneapolis	☐ 10/8	☐ 10/9
Tampa, FL	☐ 3/5	☐ 3/6	Nyack, NY	☐ 5/7	☐ 5/8	Mt. Laurel, NJ	☐ 10/22	☐ 10/23
Ft. Worth, TX	☐ 3/19	☐ 3/20	Chicago, IL	☐ 5/11	☐ 5/12	Anaheim, CA	☐ 11/13	☐ 11/14

PRE-PAID FEES

Both Days

One Day

☐ Individual	☐ \$409	☐ \$239
☐ Group 4**	☐ \$399	☐ \$229 each***
☐ Group 8**	☐ \$389	☐ \$219 each***

***Groups MUST BE PRE-REGISTERED TOGETHER

☐ I am taking the on site exam \$25 NR fee due PEC

Regular pricing for Early Birds. Add \$30 if within 10 days
Within 2 days and at the door Registration: \$459/\$289
(At door registration on 'Space Available' basis)

I want to study before the class - See website for pricing

☐ **Perinatal Nursing** HomeStudy w/ 21 hr CE credit

☐ **Intapartum Management** Home Study w/12 CE credit

Recommended, additional study, not required.

EASY COURSE REGISTRATION:

On-line @ www.proedcenter.com

Call Today With Any Major Credit Card
800-732-2387 9am-3:30pm M-F (PST)
24 Hour Registration: FAX 530-343-3575

OR

Mail This Course Registration To:
Professional Education Center
P.O. Box 7447 Chico, CA 95927-7447

*The NCC InPatient OB exam is separate from and has no affiliation with this course. It is PEC's goal to support higher standards of continuing education and to assist nurse's seeking certification, thus PEC has established the option for PEC IPOB course attendees to sit the NCC exam. NCC sends an admission email following receipt/approval of exam application, which must be printed off and brought to the test site. Contact NCC if you have applied and have not received your email. Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam.

Registration for the onsite NCC exam following attendance at the course is separate with NCC, (\$275) we suggest registering using the tab on the Home Page of our website. Please note there is a \$25 NR test administration fee due PEC for the onsite exam.



Professional Education Center

P.O. Box 7447

Chico, California 95927-7447

INPATIENT OB COURSE

#1 Choice for OB Professionals

**THIS CLASS HAS
WHAT YOU NEED TO..**

- Update or Establish your practice
- Prepare for the RNC Exam!
- Prepare-Maintain Magnet Status!

PLEASE POST - THANK YOU!

RNC EXAM INFORMATION CONTACT-DETAILS:

*NCC Exam registration is separate (\$275) from course registration and must be completed at least 21 days prior to exam date. NCC Registration Instructions Inside: use the tab on the proedcenter.com website

CONTINUING EDUCATION CREDITS: 17 Hours BRN Credits. (Includes 2 Hours Pharmacology)

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, This course approved for 16 (8 per day) Contact Hours. Florida FBN #2219 approved for a total of 14 (7 per day) Contact Hours. Meets Texas Type I provider criteria. This course is designed to meet Board of Nursing CE requirements in all 50 states.

Neither program planners nor presenters have any commercial conflict of interest.

2018 PROGRAM LOCATION - LODGING

PEC has arranged a limited number of rooms at a preferred rate at hotel seminar site (or near host site) when possible.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

SALINAS, CA - February 8-9 (10)

LODGING: PEC continues to negotiate a room block, expect Holiday Inn Salinas

LAS VEGAS, NV - February 19-20 (21)

Embassy Suites Convention Ctr.
3600 Paradise Road, Las Vegas, NV 89169
(702) 893-8000 \$159 PEC-IOB

PORTLAND, OR - February 22-23 (24)

DoubleTree Portland
1000 NE Multnomah St. Portland, OR 97232
(503) 281-6111 \$169 PEC- Portland IOB

TAMPA, FL - March 5-6 (7)

HOST: BayCare Health System
LODGING: The conference site was changed on 1/29/18. We are working to secure a new room block.

FORT WORTH, TX - March 19-20 (21)

LODGING: Hyatt Place FW Stockyards
132 E. Exchange Ave. Fort Worth, TX 76164
(817) 626 - 6000 \$149 PEC-Fort Worth

DAVENPORT, IA - March 22-23 (24)

HOST: Genesis Health System
LODGING: Hilton Garden Inn Bettendorf
959 Middle Rd. Bettendorf, IA 52722
(563) 265-2121 \$109 PEC IOB

FALLS CHURCH, VA - May 3-4 (5)

Hilton Garden Inn Falls Church
706 W. Broad St. Falls Church, VA 22046
(703) 237-8700 \$179 PEC-IOB

NYACK, NY - May 7-8 (9)

HOST: Nyack Hospital
LODGING: The Time Hotel
400 High Ave. Nyack, NY 10960
(845) 675-8700

CHICAGO, IL - May 10-11 (12)

Holiday Inn Chicago- Elk Grove
1000 Busse Rd. Elk Grove Village, IL 60007
(847) 437-6010 \$119 PEC- IOB

SAN FRANCISCO, CA

September 10-11 (12)
LODGING: Holiday Inn South SF Airport
275 S. Airport Blvd. South San Fran., CA 94080
(650) 873-3550 \$189 PEC-IOB

AUGUSTA, GA - October 3-4 (5)

Details are still being finalized

MINNEAPOLIS, MN - October 8-9 (10)

HOST: Allina Health
LODGING: Sheraton Minneapolis Midtown
2901 Chicago Ave. Minneapolis, MN 55407
(612) 821-7600 \$144

MOUNT LAUREL, NJ - October 22-23 (24)

The Hotel ML
915 NJ Route 73 Mount Laurel, NJ 08054
(856) 234-7300 \$99 IOB Mt. Laurel-Phila

ANAHEIM, CA - November 13-14 (15)

Embassy Suites Anaheim South
11767 Harbor Blvd. Garden Grove, CA 92840
(714) 539-3300 \$149 PEC-IOB