

**REGISTER BY JUNE 25
TO SAVE UP TO \$180!**

Cardiovascular, Allergy & Respiratory **SUMMIT** **CARPS**



NOVEMBER 8-10, 2018

Pre-conference Workshops November 7

Wyndham San Diego Bayside
San Diego, California

In collaboration with

Jointly provided by

Clinician
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PCRG-US
Primary Care Respiratory Group

UNIVERSITY OF
Cincinnati

PIM

Postgraduate Institute
for Medicine

Global Academy for
Medical Education

ADVANCED EDUCATION IN PRIMARY CARE, PRESENTED BY AND FOR NPs AND PAs

24 CE/CME CREDITS AVAILABLE

PHARMACOTHERAPY CONTACT HOURS TO BE DETERMINED

UPDATE YOUR SKILLS IN KEY AREAS OF PRIMARY CARE:

- Hypertension
- Asthma
- Cardiology Cases:
How Not to Lose Your License
- COPD
- Dyslipidemia
- CAD and Diabetes
- Cardiac Pharmacology
- Food Allergy
- Women and Heart Disease
- Recurrent Infections
- Anaphylaxis
- Chronic Cough
- Lower Respiratory Infections
- Chronic Sinusitis
- Contact Dermatitis

and much more!

OPTIONAL PRE-CONFERENCE WORKSHOPS

Limited space available. First come, first served!

- EKG
- Spirometry
- Kidney **NEW!**

CAN'T ATTEND THE LIVE COURSE?



Convenient Self-Study Course Also Available

Immediately earn up to 17 CE/CME credits
including 6.5 contact hours of pharmacotherapy credit
on your own schedule from the comfort of home

For more information and to register go to: CARPS-cme.org

Why Attend CARPS?

- To elevate your competence and confidence in treating your patients with a variety of common cardiovascular, allergy, and respiratory diseases, including hypertension, asthma, and COPD.
- To network with fellow NPs and PAs in primary care.
- To earn CE/CME/pharmacotherapy credit in high demand areas of practice.
- For hands-on training in EKG, Spirometry, and Kidney **(New!)** at CARPS optional pre-conference workshops. Limited space available. *Register now to reserve your spot!*
- To take advantage of special discounted room rates to enjoy a vacation in beautiful San Diego for yourself and your family.

Self-Study Course

Can't Attend the Live Course? CARPS convenient Self-Study Course also available. Earn CE/CME on your own schedule from the comfort of home!

ABOUT OUR VENUE

Wyndham San Diego Bayside
San Diego, California

The 2018 Cardiovascular, Allergy, and Respiratory Summit (CARPS) will take place at the Wyndham San Diego Bayside, in San Diego, California, where we have arranged discount rates of **just \$159 a night for CARPS participants.**

The Wyndham San Diego Bayside is located along San Diego's waterfront — close to the most popular attractions the city has to offer. Free shuttle service available to many local attractions, such as the Gaslamp Quarter and Seaport Village.

To make your reservation call 1 (866) 781-2632 and identify yourself as a Cardiovascular, Allergy, and Respiratory Summit (CARPS) attendee to receive the CARPS special room rate.

Discount room rates expire Tuesday, October 9, but we urge you to make your arrangements as soon as possible as our room block will sell out.



FACULTY

Program Co-Chairs



Mary Lou Hayden, RN, MS FNP-BC, AE-C
Asthma and Allergy Nurse Practitioner
Glen Allen, Virginia



John McGinnity, MS, PA-C
Program Director, PA Studies
Clinical Professor
Wayne State University
Eugene Applebaum College of Pharmacy
and Health Sciences
Detroit, Michigan



Mary Ellen Roberts, DNP, RN, APNC, FNAP, FAANP, FAAN
Director, DNP Program
Seton Hall University
College of Nursing
South Orange, New Jersey

Faculty



Brian Bizik, MS, PA-C
Physician Assistant
Terry Reilly Health Center
Past President
Association of PAs in Allergy, Asthma & Immunology
Boise, Idaho



Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA
Assistant Professor, Adult Health Nursing
The University of North Carolina
Greensboro, North Carolina



Honor Hightshue, FNP
Nurse Practitioner
Chattanooga Allergy Clinic
Chattanooga, Tennessee



Christine Kessler, MN, CNS, ANP, BC-ADM, CDT, FAANP
Nurse Practitioner
Founder, Metabolic Medicine Associates
King George, Virginia



Megan O. Lewis, MSN, RN, CPNP
Pediatric Nurse Practitioner
Children's Hospital of Philadelphia
Philadelphia, Pennsylvania



Denise K. Link, MPAS, PA-C
Physician Assistant
University of Texas Southwestern
Medical Center
Dallas, Texas



Gabriel Ortiz, MPAS, PA-C, DFAAPA
Clinical Educator
Thermo Fisher Scientific
El Paso, Texas



Daniel Thibodeau, MHP, PA-C, DFAAPA
Associate Professor
Director of Clinical Education Recruitment
and Support
Eastern Virginia Medical School
Norfolk, Virginia



Concettina (Tina) Tolomeo, DNP, APRN, BC, AE-C
Director, Patient Access
Nurse Practitioner
Yale University
New Haven, Connecticut

Wednesday, November 7, 2018

Optional Pre-Conference Workshops

8:30 AM – 11:45 AM

Workshop: 12 Lead EKG Interpretation for Primary Care Providers

Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

Mary Ellen Roberts, DNP, RN, APN-C, FAANP, FAAN, FNAP

1:30 PM – 4:45 PM

Spirometry Workshop

Mary Lou Hayden, RN, MS, FNP-BC, AE-C

Concettina (Tina) Tolomeo, DNP, APRN, BC, AE-C

1:30 PM – 4:45 PM

Kidney Workshop

Denise Link, MPAS, PA-C

Thursday, November 8, 2018

7:00 AM Breakfast/Exhibits

7:15 AM Breakfast Symposium

8:15 AM Course Overview

8:30 AM

Incorporating the New HTN Guidelines into Your Clinical Practice

Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

9:15 AM

HTN and Renal Disease:

It Really Isn't that Difficult, Trust me!

Denise Link, MPAS, PA-C

10:00 AM Q&A Panel

10:15 AM Break/Exhibits

10:45 AM

Asthma: Guideline-Informed Practice

Mary Lou Hayden, RN, MS, FNP-BC, AE-C

11:30 AM

Severe and Difficult Asthma:

Differential Diagnosis, Phenotypes, Genotypes, and Precision Medicine for the Primary Care Practitioner

Concettina (Tina) Tolomeo, DNP, APRN, BC, AE-C

12:15 PM Q&A Panel

12:30 PM Lunch

12:45 PM Luncheon Symposium

1:45 PM Dessert Break/Exhibits

2:00 PM

Women and Heart Disease: Symptom Recognition and Moving to Care

Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA

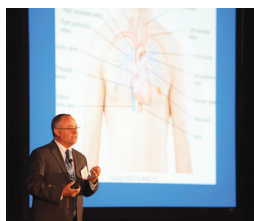
2:45 PM

Peripheral Arterial Disease (PAD)

Guidelines: How Should We Be

Adapting Them to Our Practice?

Mary Ellen Roberts, DNP, RN, APN-C, FAANP, FAAN, FNAP



3:30 PM Q&A Panel

3:45 PM – 5:15 PM

ALLERGIC MARCH

Megan O. Lewis, MSN, RN, CPNP

3:45 PM

Part 1. Atopic Dermatitis: Diagnosis and Management from Moisturizers to Newly Approved Biologics

4:15 PM

Part 2. Food Allergy: Prevalence, Prevention, Diagnosis, and Management

4:45 PM

Part 3. Allergic Rhinitis: Giving the Nose its Due Respect

5:15 PM Q&A Panel

Friday, November 9, 2018

7:00 AM Breakfast/Exhibits

7:00 AM Breakfast Symposium

8:20 AM

Anaphylaxis: Recognizing, Treating and Controversies

Mary Lou Hayden, RN, MS, FNP-BC, AE-C

9:00 AM

COPD: Updated 2018 GOLD Guidelines

Gabriel Ortiz, MPAS, PA-C, DFAAPA

9:45 AM Q&A Panel

10:00 AM Break/Exhibits

10:30 AM

Pharmacology: Testing your Knowledge—An Interactive Presentation

Daniel Thomas Thibodeau, MHP, PA-C, DFAAPA

11:15 AM

Cardiac Cases & Lessons Learned:

How Not to Lose Your License

John G. McGinnity, MS, PA-C, DFAAPA

12:00 PM Q&A Panel

12:15 PM Lunch

12:30 PM Luncheon Symposium

1:30 PM Dessert Break/Exhibits

1:45 PM

Chronic Sinusitis: Guidelines-based Treatment Approaches

Brian Bizik, MS, PA-C

2:30 PM

Lower Respiratory Infections in the Primary Care Office: Pneumonia and Bronchitis

Honor Hightshue, FNP

3:15 PM Q&A Panel

3:30 PM

A Global Approach to Coronary Artery Diseases (CAD) and Improving Outcomes

Daniel Thomas Thibodeau, MHP, PA-C, DFAAPA

4:15 PM

Understanding Ways to Improve Survival in a Coronary Artery Diseases (CAD) Patient with Diabetes

Christine Kessler MN, CNS, ANP, BC-ADM, CDT, FAANP

5:00 PM Q&A Panel

Saturday, November 10, 2018

7:00 AM Breakfast

7:00 AM Breakfast Symposium

8:15 AM

The Thyroid and the Heart:

How to Avoid a Clinical Catastrophe

Christine Kessler MN, CNS, ANP, BC-ADM, CDT, FAANP

9:00 AM

Finally, Some Real Options to Control Severe Dyslipidemia

John G. McGinnity, MS, PA-C, DFAAPA

9:45 AM Q&A Panel

10:00 AM Stretch Break

10:15 AM

Recurrent Infections: Is it Current Viral Exposures or Something More Sinister, Primary Immune Deficiency?

Brian Bizik, MS, PA-C

11:00 AM

Chronic Cough: Is the Source the Upper Airway, Lower Airway, Gut, Heart or in the Head?

Honor Hightshue, FNP

11:45 AM Q&A Panel

12:15 PM Summit Adjournment



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NOVEMBER 8-10, 2018

Pre-conference Workshops November 7, 2018

Wyndham San Diego Bayside San Diego, California

Optional Pre-conference Hands-on Workshops

CARPS will offer optional hands-on workshops on November 7, 2018.

CARPS Workshops are open to CARPS attendees only.

Limited space available. First come. First served!

EKG Workshop 3 CE/CME Credits Available

Lead EKG Interpretation for Primary Care Providers

8:30 AM - 11:45 AM

FACULTY: Leslie L. Davis, PhD, RN, ANP-BC, FAANP, FPCNA, FAHA;
Mary Ellen Roberts, DNP, RN, APN-C, FAANP, FAAN, FNAP

This workshop will take the participant through the steps of interpreting a 12-Lead ECG necessary for the primary care provider. This interactive workshop will include didactic content and case studies to increase participants' knowledge and skills for interpreting 12-Lead ECGs in adult patients. During the workshop participants will practice hands-on activities to increase their confidence in applying a systematic approach to interpretation.

Spirometry Workshop 3 CE/CME Credits Available

1:30 PM - 4:45 PM

FACULTY: Mary Lou Hayden, RN, MS, FNP-BC, AE-C;
Concettina (Tina) Tolomeo, DNP, APRN, BC, AE-C

This workshop takes the participant through the information and skills needed for the primary care provider to incorporate spirometry into daily clinical practice. Spirometry basics are presented, followed by participant having an opportunity to perform this test on a fellow participant using an actual spirometer. The workshop concludes with case study discussions relating a case presentation and interpretation of the spirometry.

Kidney Workshop 3 CE/CME Credits Available

1:30 PM - 4:45 PM

FACULTY: Denise Link, MPAS

Part 1: An Interactive, Back-to-the-Basic Approach to Understanding Renal Physiology: You Got This! (1 hour)

Part 2: Interactive case presentation: How to Approach Acid/Base Disorders, Hyperkalemia and Hyponatremia.

Live Summit Continuing Medical Education

(For CARPS Self-Study Course continuing medical education information please go to CARPS-selfstudy.com)

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Global Academy for Medical Education. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Nursing Education

The maximum number of hours awarded for this Continuing Nursing Education activity is 24 contact hours. Pharmacotherapy contact hours for Advance Practice Registered Nurses to be determined.

California Board of Registered Nursing

Provider approved by the California Board of Registered Nursing, Provider Number 13485, for 24 contact hours.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 24.00 AMA PRA Category 1 Credits™, offering 18 AMA PRA Category 1 Credits™ for the conference sessions and 6 AMA PRA Category 1 Credits™ for the optional hands-on workshops. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation

The American Academy of Physician's Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME

REGISTER NOW AT DISCOUNT RATES!

PRICE SCHEDULE

	Until June 25	June 26- July 30	July 31- Sept 17	After Sept 17
NPs/ PAs/ Other Clinicians	\$315	\$345	\$395	\$445
PCRG Members	\$295	\$305	\$325	\$395
Optional Pre-conference EKG Workshop	\$99	\$105	\$115	\$125
Optional Pre-conference Spirometry Workshop	\$99	\$105	\$115	\$125
Optional Pre-conference Kidney Workshop	\$99	\$105	\$115	\$125

To Register:

Online: CARPS-cme.org

Questions:

CARPS@globalacademycme.com

Outstanding Value! Registration fee includes your breakfast (Thursday-Saturday) and lunch (Thursday-Friday) plus your workbook.

Cancellation Policy: A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to October 9, 2018. After October 9, 2018 no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.

CARPS Convenient Self-Study Course also Available

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from the comfort of home.

For complete information and to register go to: CARPS-cme.org