



## Clinical Case Studies in Primary Care Part 2: More practical solutions to difficult cases

Friday, December 4, 2015  
Cedarbrook Lodge, SeaTac, Wash.

### About the Course

Just when you thought it was safe to go back to the clinic you have another tough day where every case you see is challenging in some way. You need advice and you need it NOW!

Your specialty colleagues will present you with more “confounding cases” on those common yet challenging conditions you see in your clinic every day. The format will provide clinical cases followed by key points, with ample time for questions. The use of an audience response system will make for an even more engaging day of CME.

### Agenda

|                |                                                                             |            |                                                                                                        |
|----------------|-----------------------------------------------------------------------------|------------|--------------------------------------------------------------------------------------------------------|
| 7:30–8:00 a.m. | Refreshment & Registration                                                  | 12:30–1:15 | Pop Culture Medicine – Matthew Handley, MD                                                             |
| 8:00–8:10      | Introduction – David K. McCulloch, MD, FRCP                                 | 1:15–2:00  | Common-sense Asthma Management<br>– Mark La Shell, MD                                                  |
| 8:10–9:00      | Gastroenterology – Christine Pizzute, MD                                    | 2:00–2:45  | Common Conundrums and Controversies in<br>Cardiology Care for the Clinician<br>– Art Resnick, MD, FACC |
| 9:00–9:45      | Chronic Cough – Kerlan Wolsey, MD                                           |            |                                                                                                        |
| 9:45–10:00     | Break                                                                       |            |                                                                                                        |
| 10:00–10:45    | Tips for Talking with Teens (and Their<br>Families!) – Gina Sucato, MD, MPH | 2:45–3:00  | Break                                                                                                  |
| 10:45–11:30    | Pearls and Pitfalls in Headache, TIA and<br>Dementia Care – Tim Scearce, MD | 3:00–3:45  | Tricky Skin Cancer Cases<br>– Lisa Williams, MD, MS                                                    |
| 11:30–12:30    | Lunch                                                                       | 3:45–4:30  | Infectious Disease – Jason Kettler, MD                                                                 |
|                |                                                                             | 4:30 p.m.  | Adjournment                                                                                            |

### Target Audience

Primary care and internal medicine physicians, hospitalists, residents, ARNP's, PA-C's, and other health care professionals interested in the management of patients with challenging clinical presentations.

### Course Objectives

At the end of the conference, attendees will be able to:

- Define treatment plans for patients with the more common gastrointestinal disorders.
- Respond to patient requests for non-indicated care.
- Participate in challenging conversations with teens and their families.
- Recognize common causes of refractory headache.
- Apply current best practices for TIA management.
- Facilitate meaningful discussion and treatment planning for individuals and families with concerns about memory loss or dementia.
- Through case examples, describe pragmatic strategies for managing patient requests for treatments with limited supporting evidence.
- Build skills in demonstrating empathy.
- Review evidence for several common clinical topics that patients frequently ask you about.
- Recognize common pitfalls in asthma diagnosis and management.
- Restate the approach to managing statin-intolerant patients, identify which patients are best suited for primary ASCVD prevention with medications, and choose the appropriate antithrombotic agent for patients with atrial fibrillation.
- List several important points about performing biopsies for the diagnosis of melanoma and other skin cancers.
- Recognize and appropriately treat common cases in infectious disease.

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### Faculty

Christopher Cable, MD  
Course Co-Chair  
Medical Director Clinical Excellence and Integration,  
Consultative Internal Medicine, Group Health Physicians

David K. McCulloch, MD, FRCP  
Course Co-Chair  
Diabetologist & Medical Director Clinical Improvement,  
Group Health Physicians, Clinical Professor of Medicine,  
University of Washington

Matthew Handley, MD  
Family Physician, Capitol Hill Family Medicine Medical  
Center, Medical Director for Quality, Division of Clinical  
Excellence and Integration, Group Health Physicians

Jason Kettler, MD  
Infectious Disease, Bellevue Medical Center,  
Group Health Physicians

Mark La Shell, MD  
Program Chief, Allergy & Asthma, Allergist/Immunolo-  
gist, Everett, Capitol Hill, and Tacoma Medical Centers,  
Group Health Physicians; Clinical Assistant Professor of  
Medicine, University of Washington

Christine Pizzute, MD  
Local Chief, Gastroenterology, Capitol Hill Specialty  
Services  
Group Health Physicians

Arthur Resnick, MD, FACC  
Cardiology, Capitol Hill Specialty Services,  
Group Health Physicians

Tim Scarce, MD  
Program Chief, Neurology, Clinical Lead, Health  
Informatics, Group Health Physicians; Associate Clinical  
Professor of Neurology, University of Washington

Gina Sucato, MD, MPH  
Adolescent Medicine Specialist, Group Health Physicians;  
Clinical Associate Professor of Pediatrics, University of  
Washington

Lisa Williams, MD, MS  
Dermatology, Capitol Hill Specialty Services, Group  
Health Physicians; Clinical Assistant Professor of  
Dermatology, University of Washington

Kerlan Wolsey, MD  
Pulmonary Disease and Sleep Medicine, Tacoma Medical  
Center, Group Health Physicians

### Registration and Accreditation

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours form provided by the CME office. Failure to complete this form will result in denial of credit for that activity.

Group Health Cooperative is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Group Health Cooperative designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)<sup>™</sup>.

This activity meets the criteria for up to 7.0 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Group Health Cooperative requires that faculty participating in a GHC CME activity disclose to the audience any relationship with a commercial interest that might pose a potential, apparent, or real conflict of interest with regard to that faculty member's contribution to the program.

### Cancellation Policy

To receive a refund on tuition, Group Health Continuing Medical Education must receive notification of your cancellation at least 7 days prior to the date of the activity. No tuition refunds will be issued for cancellations less than 7 days before an activity.

Register online using our  
secure registration and payment site.  
*If you prefer to pay over the phone, please call 206-326-3934.*

**Tuition**    ☐ **Medical Staff:** \$215  
                  ☐ **Locum Tenens, ARNPs, Nursing, Others:** \$195

### Location

Cedarbrook Lodge  
18525 36th Ave. S, SeaTac Wash. 98188  
Phone: 206-901-9268  
Driving Directions and Map:  
[http://www.cedarbrooklodge.com/maps\\_directions.php](http://www.cedarbrooklodge.com/maps_directions.php)

### For more information contact

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For upcoming events visit <https://cmetracker.net/GHC/Catalog>