

Department of Obstetrics,
Gynecology and Reproductive Sciences
University of California
San Francisco, School of Medicine



2016 Obstetrics and Gynecology Update: What Does the Evidence Tell Us?

ob/gyn

2016
WEDNESDAY - FRIDAY
October 26-28, 2016

OCTOBER 26-28, 2016

MARINES' MEMORIAL CLUB AND HOTEL
SAN FRANCISCO, CA

UCSF DEPARTMENT OF OBSTETRICS, GYNECOLOGY and
REPRODUCTIVE SCIENCES

Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

TARGET AUDIENCE

Designed for practicing physicians, residents, and allied health professionals seeking an update on a wide range of current issues in obstetrics and gynecology.

EDUCATIONAL OBJECTIVES

- An attendee completing this course will be able to apply acquired skills and strategies to:
- Improve the evidence-based use of noninvasive prenatal diagnostic testing for the diagnosis of trisomy;
 - Use Betamethasone appropriately for women at risk for preterm delivery;
 - Manage the long term health risks of women with polycystic ovarian syndrome;
 - Provide appropriate direction for testing and follow-up for pregnant women at risk for Zika virus;
 - Use new approaches to fibroid management and complex laparoscopic cases;
 - Apply evidence-based testing and management for women at risk for familial gynecologic cancer;
 - Identify and employ effective management strategies for acute and chronic pelvic pain.

GREENER MEETING

We're saving paper! The syllabus will be transmitted electronically one week prior to the course. Optional purchase of a printed syllabus is available for an additional \$50.

GENERAL INFORMATION

Pre-registration is preferred to ensure that adequate materials and space are available at the course. Pre-registration closes (1) business day prior to course start date.

HOW TO ENROLL

- Tuition: **\$815** Physicians (\$840 postmarked after 8/19/16)
- \$575** Nurses/Pharmacists/Allied Health Professionals/ Residents/Fellows (\$600 postmarked after 8/19/16)
- \$50** Optional Printed Syllabus (every registrant will be able to access the course materials electronically prior to the meeting by visiting the course website)

Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368, San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status.

general

2016 Obstetrics and Gynecology Update: What

WEDNESDAY, OCTOBER 26, 2016

7:00 am	Registration / Continental Breakfast	
7:45	Welcome and Opening Statements	Dr. Amy (Meg) Autry
8:00	Updates in Fibroid Care	Dr. Alison F. Jacoby
8:35	Q & A	
8:45	Tips and Tricks of Laparoscopy	Dr. Jessica Opoku-Anane
9:20	Q & A	
9:30	Management of Stress Urinary Incontinence	Dr. Michelle Y. Morrill
10:05	Q & A	
10:15	Coffee Break	
10:30	N Management of Urge Incontinence	Dr. Leslee Subak
11:05	Q & A	
11:15	Case-based Treatment Options for Cervical Dysplasia	Dr. George F. Sawaya
11:50	Q & A	
12:00 pm	Lunch On Own	
1:15	N Update on HPV Vaccines	Dr. Karen Smith-McCune
1:50	Q & A	
2:00	Nutrition Counseling for Office Practice: Understanding the New Guidelines and the Cacophony of Expert Opinion	Dr. Robert B. Baron
2:35	Q & A	
2:45	N Evidence Behind Calcium and Other Supplements	Dr. Jeffrey A. Tice
3:20	Q & A	
3:30	Coffee Break	
3:45	Integrative Medicine in Ob/Gyn	Dr. Sanjay Reddy
4:20	Q & A	
4:30	Parental Disability	Dr. Rebecca Jackson
5:05	Q & A	
5:15 pm	Adjourn	

THURSDAY, OCTOBER 27, 2016

7:00 am	Registration / Continental Breakfast	
8:00	Noninvasive Prenatal Genetic Testing	Dr. Mary E. Norton
8:35	Q & A	
8:45	Zika Virus	Dr. Kirsten Salmeen
9:20	Q & A	
9:30	N Hypertension in Pregnancy	Dr. Lena H. Kim
10:05	Q & A	
10:15	Coffee Break	
10:30	IUGR	Dr. Danny W. Wu
11:05	Q & A	
11:15	Updates on Management of Preterm Labor and Premature Rupture of Membranes	Dr. Yair Blumenfeld
11:50	Q & A	
12:00 pm	Lunch On Own	
1:15	The Laborist Revolution- What Is the Evidence?	Dr. Melissa G. Rosenstein
1:50	Q & A	
2:00	N Induction of Labor	Dr. Robyn A. Lamar
2:35	Q & A	
2:45	N Opioid Use in Pregnancy	Dr. Megan Huchko
3:20	Q & A	
3:30	Coffee Break	
3:45	N Obstetric Anesthesia	Dr. Mark D. Rollins
4:20	Q & A	
4:30	When to Intervene for Postpartum Bleeding	Dr. Sara Whetstone
5:05	Q & A	
5:15 pm	Adjourn	

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **22.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Pharmacists: The California Board of Pharmacy accepts as continuing professional education

those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit™**.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

Nursing Pharmacology Continuing Education For the purposes of recertification the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credits™** issued by organizations accredited by the ACCME. This activity is designated for **5.75** pharmacology credits towards meeting the requirement for nursing pharmacology continuing medical education.

Does the Evidence Tell Us?

FRIDAY, OCTOBER 28, 2016

7:30 am *Continental Breakfast*

8:00 **N** **Perimenopausal Transition**

8:35 **Q & A**

8:45 **Advising the Couple Who Is Trying to Conceive**

9:20 **Q & A**

9:30 **N** **Fertility After 35**

10:05 **Q & A**

10:15 *Coffee Break*

10:30 **STUMPed for a Diagnosis -Contemporary Management of Uterine Sarcomas**

11:05 **Q & A**

11:15 **Cancer Genetics**

11:50 **Q & A**

12:00 pm *Lunch On Own*

1:15 **Ultrasound Sampling of Pelvic Lesions**

1:50 **Q & A**

2:00 **Evaluation and Management of Acute Pelvic Pain**

2:35 **Q & A**

2:45 **N** **Evaluation and Management of Chronic Pelvic Pain**

3:20 **Q & A**

3:30 *Coffee Break*

3:45 **N** **Sexual Dysfunction**

4:20 **Q & A**

4:30 **Prevention and Screening for Breast Cancer**

5:05 **Q & A**

5:15 pm *Adjourn / Evaluations*

N Nursing Pharmacology Credit

COURSE DIRECTOR

Amy (Meg) Autry, MD

Professor; Director of Graduate Medical Education, Department of Obstetrics, Gynecology, and Reproductive Sciences

GUEST FACULTY

Yair J. Blumenfeld, MD

Clinical Assistant Professor, Department of Obstetrics and Gynecology, Stanford University, Stanford, CA

Jennifer Gunter, MD

Obstetrics-Gynecologist, Kaiser Permanente, San Francisco, CA

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C. Bethan Powell, MD

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Attending Physician, Maternal Fetal Medicine, Kaiser Permanente, San Francisco, CA

UCSF FACULTY

(Department of Obstetrics, Gynecology and Reproductive Sciences unless otherwise noted)

Robert B. Baron, MD, MS

Professor of Medicine; Associate Dean for Graduate and Continuing Medical Education; Vice Chief, Division of General Internal Medicine

UCSF FACULTY (CONT'D)

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Professor; Director, Division of Reproductive Endocrinology

Lee-may Chen, MD

Professor; Edward C. Hill, MD Endowed Chair in Obstetrics, Gynecology and Reproductive Sciences

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Professor; Director, Women's Cancer Care Program

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Associate Professor

Rebecca Jackson, MD

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Assistant Professor

Robyn A. Lamar, MD, MPH

Clinical Instructor

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Assistant Professor of Radiology

Evelyn Mok-Lin, MD

Assistant Professor; Medical Director, UCSF Center for Reproductive Health

UCSF FACULTY (CONT'D)

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Professor and Vice Chair, Clinical and Translational Genetics; David E. Thorburn, M.D. and Kate McKee Thorburn Endowed Chair in Perinatal Medicine and Genetics

Jessica Opoku-Anane, MD

Assistant Professor

Sanjay Reddy, MD

Associate Professor of Medicine

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Associate Professor; Director Obstetric & Fetal Anesthesia; Sol M. Shnider Endowed Chair for Anesthesia Education, Department of Anesthesia & Perioperative Care

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Tami S. Rowen, MD, MS

Assistant Professor

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Assistant Professor

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Professor of Obstetrics, Gynecology & Reproductive Sciences, and of Epidemiology & Biostatistics, and of Urology

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Associate Professor of Medicine, Division of General Internal Medicine

Sara Whetstone, MD, MHS

Assistant Professor

faculty



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**Office of Continuing
Medical Education**
3333 California Street
Suite 450
San Francisco, CA
94143-0742

REGISTER TODAY!

For more information or to register online, visit our website at cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

UPCOMING COURSES

Antepartum & Intrapartum Management

June 9-11, 2016
Grand Hyatt Hotel
San Francisco

Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology

July 3-8, 2016
Hapuna Beach Prince Hotel
Big Island, Hawaii

CONFERENCE LOCATION

The **Marines' Memorial Club & Hotel** is conveniently located just steps from Union Square, shopping attractions, historic cable cars, Chinatown, and the Theater District. A block of guestrooms has been reserved at the special UCSF conference rate of **\$269/night** for a standard room or **\$289/night** for a deluxe room. You are urged to make your reservations early. The cut off date is **October 3, 2016**, or **until the group room block is filled**.

To make hotel reservations by phone please call 800-562-7463 and identify yourself as a member of this UCSF conference to receive the special rate. In addition, reservations may be made via email to reservations@marineclub.com

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

REFUND POLICY

Cancellations received in writing before October 19, 2016 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to identification number #03BW0135 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:

United - www.united.com - Offer Code: ZWQA984664

info

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MOB17001

October 26-28, 2016

Marines' Memorial Club and Hotel • San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online Registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.)

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

 Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- ☐ **\$815** Practicing Physicians (**\$840** after 8/19/16)
- ☐ **\$575** Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows (**\$600** after 8/19/16)
- ☐ **\$50** Printed Syllabus (optional)

Make checks payable to *UC Regents*

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ American Express for \$ _____

Card # _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before October 19, 2016 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: cme.ucsf.edu

On-Site Registration

Time: 7:00am – 7:45am

Date: Wednesday,
October 26, 2016

Place: **Marines' Memorial Club and Hotel**
609 Sutter Street
San Francisco CA 94102
415-673-6672
www.marineclub.com

