



**Boston
Children's
Hospital**

Until every child is well™

Adolescent Medicine 2016

May 11-13, 2016

Back Bay Hilton

40 Dalton Street, Boston, MA 02115



► REGISTRATION: bostonchildrens.org/adolescentmed2016

About the course

Adolescent Medicine 2016 is designed for physicians, nurse practitioners, and other health professionals involved in the medical care of adolescents and young adults.

The course objective is to stimulate health professionals to become more knowledgeable about the diagnosis and management of a wide variety of adolescent medical, emotional and social problems and to become more proficient in providing office-based prevention services and counseling to adolescents.

The format will include lectures with question and answer sessions, interactive sessions with the faculty, and afternoon workshops plus panel discussions. Faculty members will be available to respond to questions following presentations, during the continental breakfasts, break times and workshops.

The goal is to enhance the health care of adolescents through adoption of innovations in office practice.

Target audience

- › physicians
- › nurse practitioners
- › physician assistants
- › nurses
- › mental health professionals

Activity pricing

Physicians	\$550
Trainee	\$375
Allied Health Professionals	\$375

Course directors

- » S. Jean Emans, MD
- » Rebecca Flynn O'Brien, MD
- » Elizabeth R. Woods, MD, MPH
- » Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC

Learning objectives

- › Integrate findings from research and clinical innovations with the delivery of adolescent patient-centered care.
- › Apply the principles of quality improvement, addressing systems and practice issues, into clinical activities.
- › Identify the newest recommendations for topics such as adolescent vaccinations and TB testing, functional gastrointestinal complaints, autism, LARC and treatment of STDs.
- › Model communication skills with adolescents and their families.
- › Develop strategies to diagnose, treat or manage adolescent conditions, including: depression, cardiovascular risks, obesity, gyn issues, sports injuries, and substance abuse.

Physician accreditation

Boston Children's Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Boston Children's Hospital designates this live activity for a maximum of 18.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The content of the Challenging Legal Issues in Adolescent Health talk

meets the requirements for 1 Risk Management Credit as proscribed by the Massachusetts Board of Registration in Medicine and defined in 243 CMR 2.06(5)(d) I.

Nursing accreditation

Upon successful completion of the program Adolescent Medicine 2016 continuing nursing contact hours will be provided by Boston Children's Hospital, an approved provider of continuing nursing education by the American Nurses Association Massachusetts, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

ACGME competencies

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient Care
- Medical Knowledge

Registration and refund policy

Registration by credit card can be made at by visiting bostonchildrens.org/adolescentmed2016. Registration by check (draft on a United States bank): please make payable to Boston Children's Hospital and contact Lesley Niccolini at lesley.niccolini@childrens.harvard.edu to discuss payment. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration, an email confirmation from the Boston Children's office will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate.

Fifty-percent (50%) refunds will be issued for all cancellations received 2 weeks prior to the start of the course. Refund requests must be received by postal mail, email or telephone. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.

Disclosure policy

Boston Children's Hospital adheres to all ACCME Essential Areas, Standards, and Policies. It is Boston Children's policy that those who have influenced the content of a CME activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that Boston Children's may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Inquiries

cmepartment@childrens.harvard.edu or at 617-919-3146.

Course location

Back Bay Hilton
40 Dalton St, Boston, MA 02115

A limited number of rooms have been reserved at the Back Bay Hilton until April 10, 2016. Please specify that you are enrolled in the "Adolescent Medicine Conference" to receive a reduced room rate of \$289 per night Single/Double. To make reservations, please call 617-236-1100.

Schedule of events

Day 1 | Wednesday, May 11, 2016

7:30–8 a.m.	Registration and Continental Breakfast
8–8:30 a.m.	WELCOME Screening Tools for Preventive Care Visits Rebecca Flynn O'Brien, MD
8:30–9 a.m.	Update on Immunizations and TB Testing Courtney Gidengil, MD, MPH
9–9:30 a.m.	Tick Borne Diseases Catherine S. Lachenauer, MD
9:30–10 a.m.	Urological Problems in Adolescent Males Carlos R. Estrada Jr., MD
10–10:30 a.m.	BREAK
10:30–11 a.m.	Puberty: When is it Too Early in Girls, Too Late in Boys M. Joan Mansfield, MD
11–11:30 a.m.	Menstrual Problems: Too Few or Too Many? S. Jean Emans, MD
11:30 a.m.–noon	Long-Acting Reversible Contraception (LARC) Amy DiVasta, MD, MMSc
12–1:15 p.m.	LUNCH ON YOUR OWN
1:15–1:35 p.m.	HOT TOPICS Hepatitis C: Who to Screen? Who to Treat? Maureen Jonas, MD
1:35–1:55 p.m.	Vitamin D: Who to test? Who to treat? Sarah Pitts, MD
1:55–2:15 p.m.	Social Media and Chronic Disease Elissa Weitzman, ScD, MSc
2:15–2:35 p.m.	Vaping and New Drugs of Choice: K2/Spice Scott Hadland, MD, MPH

2:35–2:45 p.m.

Questions and Answers

2:45–3 p.m.

BREAK

3–3:55 p.m.

INTERACTIVE WORKSHOPS

1W. Adolescent Cases and Challenges Using the Electronic Health Record

Susan Hayden Gray, MD

Areej Hassan, MD, MPH

2W. Transgender Youth: Improving Care in your Practice

Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC

Carly Guss, MD

Scott Hadland, MD, MPH

3W. Eating Disorders – The Multidisciplinary Approach

Sara F. Forman, MD

Melissa Freizinger, PhD

Judith Siegel, MSW, LICSW

Katrina Schroeder, RD, LDN

4–5 p.m.

INTERACTIVE WORKSHOPS

4W. Chronic Fatigue Syndrome

Elizabeth R. Woods, MD, MPH

5W. Incarcerated Youth

Dawn Beckman, FNP-BC

Shannon Young, FNP-BC

Meghan Cobb, CPNP

6W. HIV Risk: When to Prescribe PrEP HIV Pre-Exposure Prophylaxis

Moderator | Rebecca Flynn O'Brien, MD

Panel | Quinn Glover, MSW, LICSW

Cathryn Samples, MD, MPH



Schedule of events

Day 2 | Thursday, May 12, 2016

7:30–8 a.m.	Continental Breakfast
8–8:30 a.m.	Polycystic Ovary Syndrome Amy DiVasta, MD, MMSc
8:30–9 a.m.	Autism: Behavioral and Psychopharmacologic Management Alison Schonwald, MD
9–9:45 a.m.	Concussion: When to Return to Play? William Meehan, MD
9:45–10:15 a.m.	BREAK
10:15–11 a.m.	Sexting, Media and Teens: Advice in the Office Michael O. Rich, MD, MPH
11 a.m.–noon	Challenging Legal Issues in Adolescent Health* Moderator S. Jean Emans, MD Panel Lydia A. Shrier, MD, MPH Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC Ellen Rothstein, JD
12–1:15 p.m.	LUNCH ON YOUR OWN
1:15–1:45 p.m.	IBS and Other Common GI Disorders Laurie Fishman, MD
1:45–2:15 p.m.	Contraception Holly Gooding, MD, MMSc
2:15–2:45 p.m.	Alcohol Screening and Brief Intervention Sharon Levy, MD, MPH
2:45–3 p.m.	BREAK

**Approved for Risk Management Credit*



3–3:55 p.m.

INTERACTIVE WORKSHOPS

1T. Overweight and Obese Patients in the Primary Care Office

Tracy Richmond, MD, MPH

Emily Pluhar, PhD

Katrina Schroeder, RD, LDN

2T. Contraceptive Cases

Sarah Pitts, MD

Shannon McGinty, MD

3T. Psychopharmacology for the Depressed Teen

Michael Tsappis, MD

Joshua Borus, MD, MPH

4–5 p.m.

INTERACTIVE WORKSHOPS

4T. Primary Care Approach to Shoulder and Upper Extremity Injuries

Pierre d'Hemecourt, MD

5T. Cardiovascular Risks: When to Worry? When to Treat?

Holly Gooding, MD, MSc

6T. Vaginitis

Rebecca Flynn O'Brien, MD

Alyssa Bennett, MD

Schedule of events

Day 3 | Friday, May 13, 2016

8–8:45 a.m.

Meet the Professor Breakfast

Eating Disorder Treatment

Andrea Pettinato, MD

GLBTQ Care

Maurice W. Melchiono, RN, MS, C-FNP-BC, NE-BC

Accutane in Primary Care

Joshua Borus, MD, MPH

Mother/Daughter Communication

Estherann Grace, MD

Dysuria

Elizabeth R. Woods, MD, MPH

Obesity Treatment

Tracy Richmond, MD, MPH

Media

Michael O. Rich, MD, MPH

Sleep Issues

Judith Owens, MD, MPH

Medical Care of Incarcerated Teens

Cathryn Samples, MD, MPH

9–9:30 a.m.

Scoliosis

John B. Emans, MD

9:30–10:15 a.m.

Sleep Disorders

Judith Owens, MD, MPH

10:15–10:45 a.m.

BREAK

10:45–11:30 a.m.

Dermatologic Issues in Adolescents: Acne and More

Elaine Kaye, MD

11:30 a.m.–12:15 p.m.

ADHD

David K. Urion, MD

12:15–1 p.m.

**Sexually Transmitted Infections:
Implementing the New Guidelines**

Lydia A. Shrier, MD, MPH

1 p.m.

CLOSING REMARKS



Faculty

Dawn Beckman, MS, FNP-BC

Division of Adolescent/Young Adult Medicine, Boston Children's Hospital; Nurse Manager, DYS Health Services

Alyssa Bennett, MD

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John B. Emans, MD

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Carlos R. Estrada Jr., MD

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We have a seat saved for you:
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