



NURSE PRACTITIONER SPRING SYMPOSIUM

MARCH 17-20, 2024

OMNI GROVE PARK INN
ASHEVILLE, NC



OPENING KEYNOTE

**BIMBOLA F. AKINTADE
PHD, MBA, ACNP-BC,
NEA-BC, FAANP, FAAN**

Bimbola Akintade is a Professor and Dean of the East Carolina University College of Nursing. He

is a nursing workforce development leader with senior executive leadership experience in a variety of settings including universities and tertiary care hospitals. The impact of Dr. Akintade's work as a leader, an expert clinician, and educator is evident in his professional awards and acknowledgements.

Nursing Forward®

SYMPOSIUM SCHEDULE

SUNDAY MARCH 17

- 11:00.....**REGISTRATION OPENS**
- 12:30.....**NEW ATTENDEE ORIENTATION**
- 1:15.....**KEYNOTE — The Role of Nurse Practitioners in Transforming Healthcare in NC**; Bimbola F. Akintade, PhD, MBA, ACNP-BC, NEA-BC, FAANP, FAAN
- 2:15.....**Autism Spectrum Disorder, ADHD, Neurodiversity: Exploring Concepts to Create an Autism and ADHD Friendly Workplace in Healthcare**; Kimberly Bagley, DNP, AGPCNP-BC, AGACNP-BC, CCRN
- 3:15.....**REFRESHMENT BREAK**
- 3:30.....**NCBON Updates**; Kimberly Luisana, DNP, FNP-C
- 4:30.....**Legislative Update**; Alex Miller, NCNA Lobbyist
- 5:45.....**DNP Council Meeting**

MONDAY MARCH 18

- 7:00.....**REGISTRATION OPENS | BREAKFAST**
- 8:00.....**Benzodiazepine Use, Strategies to Assist in Treating, Educating, and Managing Difficult Cases**; Ann Marie Jones, DNP, PMHNP-BC; Leslie Sharpe, DNP, FNP-BC
- 9:00.....**Rapid Fire Panel**
1. **Practical Application of 2022 Heart Failure Guidelines: Case Scenario Discussions of Outpatient Medical Management of Heart Failure**; A. Melissa Harmon, DNP, MSN, RN, FNP-C
 2. **Evidence-Based Practice in Motion: Development of an Interdisciplinary Pathway for Enhanced Recovery After Surgery (ERAS) in Adult Cardiac Surgery**; Tracy Vernon-Platt, DNP, ANP-BC
 3. **Cardiac Transplant and Innovations Related to Surgical Interventions in Heart Failure**; Megan Daemmrch, PA-C

10:30.....**EXHIBIT HALL**

CONCURRENT SESSIONS BEGIN

TRACKS: A = Acute Care | B = Primary Care | C = Leadership

- 11:30.....**A. Predicting the Difficult Airway**; Dennis A. Taylor, DNP, PhD, ACNP-BC, FCCM
- B. Adolescent Sexual and Reproductive Health**; Ann Maria Bell, DNP, FNP-C; Torica Fuller, DNP, MSN, FNP-BC, FNP-C, WHNP-BC, CDP, CGRN, CPN, NRCME
- C. Tips and Tricks for Giving and Receiving Feedback**; Brandi Snow, MSN, AGACNP
- 12:30.....**BREAK**
- 12:45.....**LUNCH**
- 2:15.....**BREAK**
- 2:30.....**A. Burning Need to Know: Managing Burns of All Depths and Sizes**; Debbie Harrell, MSN, RN, NE-BC
- B. Need to Know of Ortho**; Jennifer Woody, MHA, MSN, FNP-C
- C. Beyond Burnout: Mindful Self-Care for the Nurse Practitioner to Alleviate Traumatic Stress**; Dr. Rebecca Witten Jones, PhD, MSN, ANP-C, CNL, PMHNP-BC
- 3:30.....**EXHIBIT HALL | REFRESHMENTS**
- 4:15.....**A. Oncology Care in the Acute Care Setting for the Non-Oncology NP/PA: Oncology Assessment & Common Conditions**; Kimberly Bagley, DNP, AGPCNP-BC, AGACNP-BC, CCRN
- B. 1. The Impact of Social Media on Today's Youth**; Ann Marie Jones, DNP, PMHNP-BC; **2. Health Disparities and Substance-Use Disorders: The Role of Primary Care and Integrative Services**; Jaclyn Bandell, DNP, APRN, FNP-C; Angela Trombley, DNP, APRN, PMHNP-BC, AMHNP-BC
- C. The Talent Wars Are Over and Talent Won: A New Leadership Model for Attracting, Hiring, and Retaining Top Talent in a Volatile and Uncertain Time**; John P. Dentico, Ed. D.
- 5:15.....**EXHIBIT HALL | NETWORKING**

TUESDAY MARCH 19

- 8:00.....**REGISTRATION OPENS | BREAKFAST | EXHIBIT HALL**
- 9:00.....**Reproductive Healthcare Landscape in North Carolina**; Michelle Taylor Skipper, DNP, FNP-BC, NHDP-BC, FAANP; Ann Maria Bell, DNP, FNP-C
- 10:00.....**Rapid Fire Panel**
1. **The Alarming Mental Health Crisis (Including Depression and Substance Abuse) Amongst Older Adults in Rural America**; Shari Isenberg-Cohen, DNP, APN
 2. **Care of Individuals with PTSD in Primary Care**; Jolene Tadzia Cannady, DNP, AGPCNP-C
 3. **EMDR - A Modality Used by PMHNPs to Treat Many Mental Health Symptoms**; Anka Roberto, DNP, MPH, PMHNP-BC, APRN
- 11:30.....**EXHIBIT HALL**
- 12:30.....**LUNCH | PRODUCT THEATER**
- 1:30.....**EXHIBIT HALL**

CONCURRENT SESSIONS BEGIN

TRACKS: A = Acute Care | B = Primary Care | C = Leadership

- 2:00.....**A. Hospital at Your Home**; Colleen Hole, BSN, MHA, FACHE
- B. HIV/AIDS: Let's Talk About PREVENTION!**; Torica Fuller, DNP, MSN, FNP-BC, FNP-C, WHNP-BC, CDP, CGRN, CPN, NRCME; Wendy Smith, DNP, MSN, APRN, FNP-BC
- C. NP Leadership in Building High Reliability Organizations**; Jennifer Woody, MHA, MSN, FNP-C
- 3:05.....**A. STOP THE BLEED®**; Gail Shue, DNP, RN; Dale Hill, MEP, Paramedic
- B. 1. Opioid Prescribing Updates: Safe, Effective, and Evidence-Based Prescribing for Pain Management and Opioid Use Disorder**; Margaret Dillon Spruill, DNP, MSN, RN, ANP-BC; **2. Evidence-Based Practice Constipation Guidelines in the Older Adult**; Dr. Georgiana C. Hogan, DNP, FNP
- C. In My Clinic, a Disabled Veteran Came. To Care for this Veteran, Am I Properly Trained?**; LaDonna Thomas, DNP, ANP-C, VHA-CM, FFMRCIS, FCN
- 4:05.....**REFRESHMENT BREAK**
- 4:15.....**Long Covid: The Struggle Is Real**; Lecia Reardon, DNP, FNP-BC, CNE

WEDNESDAY MARCH 20

- 7:45.....**REGISTRATION OPENS**
- 8:00.....**Plated Breakfast & Rapid Fire Panel**
1. **The Challenges and Changes of Obesity Treatment in the 21st Century**; Susan Catchings, DNP, FNP-C; Jill Ratanaphruks, MSN, FNP-BC, FOMA
 2. **Changing the Trajectory of Obesity Rates Among our Pediatric and Adolescent Patients**; Dr. Ivy M. Bagley, DNP, MSN, APRN, FNP-C, IBCLC, CDP, NHDP-BC, PMH-BC
 3. **Pediatric and Adolescent Fatty Liver Disease**; Presenter TBD
- 9:30.....**BREAK**
- 9:45.....**How Can We Improve Our Sexual Journey as We Age!**; B. Suzy Diggle-Fox, PhD, ANP, GNP, BC
- 10:45.....**BREAK**
- 11:00.....**CLOSING KEYNOTE — The Breath – Your Secret Weapon for Excellence!**; Cammie Moore Presler, DNP, CPNP-PC, CPON; Julee Briscoe Waldrop, DNP, FNP-BC, PNP-BC, CNE, FAANP, FAAN

**Earn up to 29.0 Contact Hours
with Content Capture**

(19.0 CHs for onsite) (up to 4.5 Pharm Hours)

*This schedule is subject to change.
Visit www.ncnurses.org > Events for updates.*

2024 NPSS Pre-Registration Form
March 17-20, 2024 in Asheville, NC

ONLINE REGISTRATION IS AVAILABLE AT NCNURSES.ORG
When using this form, please print/type/duplicate if needed.

Name				
	Last	First	MI	1 st Name to print on Name Tag
Address				
	Street, Box, etc.	City	State	ZIP
Phone				
		Email		County

	YES	NO
A. I will need a ticket for vegetarian meals:	☐	☐
B. I will need a ticket for gluten free meals:	☐	☐
C. First Time Attendee:	☐	☐
D. Current NP student ☞:	☐	☐
E. ☐ NCNA gives NPSS attendees and exhibitors names and contact information of all attendees for networking. Place a check in this box if you DO NOT want your contact info added to this list for distribution.		

♦ **EARLY BIRD RATES UNTIL January 18!**

♦ PRE-REGISTRATION ENDS MARCH 8: Please register by March 8 to guarantee your spot.
(Do note that mailed registrations with a postmark after March 8 will not be processed.)

♦ HOW TO COMPLETE:

- 1 FULL NPSS, check category, then check box for your correct fee, and add that \$ amount to column on the right.
- 2 DAILY, check category, then under day(s) you will attend, select correct fee amount, and add each daily \$ amount to column on the right.

Please select which best describes your area of practice: ☐ Primary Care ☐ Acute Care ☐ Leadership ☐ Other

1 FULL NPSS →	Early Bird Rate! until Jan 18	Regular Rate Jan 19 - Mar 8
☐ NCNA/SNA Member.....	☐ \$696	☐ \$874
☐ Guest (NCNA/ANA)*.....	☐ \$1,006	☐ \$1,184
☐ Guest (NCNA)**.....	☐ \$922	☐ \$1,100

KEY (for FULL Guests):
* This Guest fee includes a 1 year full NP membership in NCNA/ANA.
** This Guest fee includes a 1 year NP NCNA-Only membership.
☐ If you DO NOT want to take advantage of the free 1 year membership included in your Guest registration fee, please place a check mark in this box.

Below, enter \$ amounts selected and total.

Amount placed in TOTAL box will be charged to credit card or will be the payment you will enclose.

1 FULL Symposium

2 DAILY— Sunday

DAILY— Monday

DAILY— Tuesday

DAILY— Wednesday...

TOTAL \$

2 DAILY →	Sunday ☞ Early Bird : 1/19 – 3/8	Monday Early Bird : 1/19 – 3/8	Tuesday Early Bird : 1/19 – 3/8	Wednesday Early Bird : 1/19 – 3/8
☐ NCNA/SNA Member	☐ \$164 ☐ \$221	☐ \$377 ☐ \$432	☐ \$347 ☐ \$397	☐ \$186 ☐ \$241
☐ Guest	☐ \$247 ☐ \$334	☐ \$565 ☐ \$648	☐ \$521 ☐ \$593	☐ \$279 ☐ \$361

☞ NP Students may receive a 10% discount on Sunday participation with proof of enrollment.

PLEASE READ THE FOLLOWING NOTICES CAREFULLY:

ON-SITE REGISTRATION AFTER MARCH 8: Please register by March 8 to guarantee your spot. On-site registrations will be accepted as long as space is available. A \$25 on-site processing fee will be added to all on-site registrations.

SESSION SPACE AND COMFORT: All concurrent sessions will be filled on a first come/first served basis. As a reminder, concurrent sessions will also be available for viewing with content capture. Plan to wear layered clothing for your personal comfort.

CANCELLATION / REFUND POLICY: To request a refund, please submit the details in writing or by email. Requests received by February 1, 2024, will receive a full refund less a 25% administrative fee. Requests received by March 1, 2024, will receive a full refund less a 50% administrative fee. Refund requests received after March 1, 2024, are subject to full forfeiture.

RETURN FORM TO NCNA:

By Mail:
NCNA, 4350 Lassiter at
North Hills Avenue, Suite
250, Raleigh, NC 27609

By Fax:
919.829.5807
For credit card
payments only.

For updates and links or if you prefer to use the online registration go to: www.ncnurses.org.
Questions? Call 919.821.4250 or email RNs@ncnurses.org.

PAYMENT: CHECK

Please make checks payable to the:
North Carolina Nurses Association

Check is: ☐ Business ☐ Personal #

PAYMENT: CHARGE

☐ VISA ☐ MasterCard

CARD NUMBER:

EXP DATE:

BILLING ZIP CODE:

PRINT NAME AS IT APPEARS ON CARD:

CARDHOLDER'S SIGNATURE:



4350 Lassiter at North Hills Avenue
Suite 250
Raleigh, NC 27609

Nursing Forward®

Non-Profit Org.
U.S. POSTAGE
PAID
Pontiac IL
Permit No. 592

Nurse Practitioner Spring Symposium March 17-20, 2024 in Asheville, NC Omni Grove Park Inn



HOTEL INFORMATION

The Omni Grove Park Inn
290 Macon Avenue, Asheville, NC 28804

Online Reservation Link:
<https://bit.ly/NPSS2024>

Phone Reservations: 800-438-5800
(Reference NC Nurses)

Room Block Discount:
\$239 per night (plus taxes & fees)

Room Block Deadline:
February 15, 2024 (or when block is full)

Earn up to 29.0 Contact Hours with Content Capture (19.0 CHs for onsite) (up to 4.5 Pharm Hours)

The NPSS schedule is subject to change. Find updates here:
www.ncnurses.org > Events.

Content Capture: Attendees will receive a link to presentations with audio (for each day of paid registration) about a month after NPSS. You will have a few months following Symposium to review sessions attended and earn credit for those missed via the NPSS Content Capture Online Portal.

The North Carolina Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Hotel Details and Policies

Rooms held in NCNA room block are single or double occupancy, additional adults in the room will incur a \$40.00 extra adult fee.

One night's deposit at time of booking is required to confirm all reservations.

The Grove Park Inn's cancellation policy is 7 days prior to arrival date. Deposit will be forfeited if reservations are cancelled less than 7 days prior to arrival.

Accessible and Pet rooms have limited availability; please submit these requests as early as possible. There is an additional charge of \$250 for reserving a pet friendly room.

There is a One Night's Room & Tax Early Departure Fee for rooms checking out prior to the departure date.

Resort Charge of \$15.00 per night will apply. For more information, visit www.ncnurses.org.