



SOUTH ANNUAL CONFERENCE

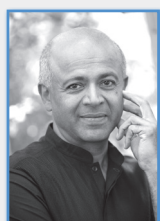
February 5–7, 2016 • Featuring Primary Care Updates on February 4
Greater Ft. Lauderdale/Broward County Convention Center

4 DAYS OF CLINICAL EDUCATION

13 SPECIALTY AREAS

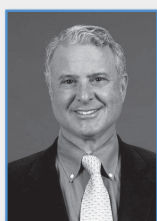
50 NEW CLINICAL SESSIONS

EARN UP TO **24.75** AMA PRA CATEGORY 1 CREDITS™



**Abraham Verghese, MD,
MACP**

Saturday, February 6
*The Care in Caring:
High-Touch in a
Hi-Tech Age*



**Louis J. Aronne, MD,
FACP**

Friday, February 5
*Primary Care
Strategies to
Manage Obesity*



**Caroline Apovian, MD,
FACP, FACN**

Saturday, February 6
Pediatric Obesity

**ENGAGE WITH LEADING FACULTY AND PARTICIPATE
IN EVIDENCE-BASED INTERACTIVE SESSIONS.**





TABLE OF CONTENTS

2016 FEATURES	PAGE 1
PRIMARY CARE UPDATES.....	PAGE 2-3
ANNUAL CONFERENCE.....	PAGE 4-11
KEYNOTE SPEAKERS & FACULTY.....	PAGE 12-13

Pri-Med, in partnership with leading faculty from the University of Miami Miller School of Medicine, the American College of Physicians, and other prestigious academic institutions, has developed **50 new evidence-based sessions** as part of the 2016 Pri-Med South Program.

Designed specifically for primary care providers, the Pri-Med South program represents an opportunity to earn up to **24.75 AMA PRA Category 1 Credits™** or **24.75 AANP** contact hours of continuing education.

Please turn the page to learn more about Pri-Med South and our world-class education.

If you register for the Annual Conference by Wednesday, February 3, you will receive the discounted price of \$55.

- Please call 844-300-6339 or
- Visit www.pri-med.com/south/r16 and use discount code Download55

If for some reason you cannot attend, you can engage in over 200 complimentary online CME activities focused on 25 different clinical areas of interest at www.pri-med.com/tryonline.

PRI-MED SOUTH ALSO OFFERS:



STATE MANDATED CME

On Friday, February 5, attend Domestic Violence: Update for Primary Care Providers from 4–5pm and receive your state-mandated CME credit—pmiCME designates this session for 1.0 credit of Domestic Violence.



EDUCATIONAL SYMPOSIA

Attend accredited CME sessions to expand your learning during breaks from the core curriculum.



PRESENTATION THEATERS

Live discussions led by prominent medical thought leaders. Get an in-depth look at the latest tools and treatment options.



EXHIBIT HALL

The Pri-Med Exhibit Hall is your chance to learn about and compare hundreds of the health care, industry's latest products, treatments, and technologies, all in one place.



THURSDAY, FEBRUARY 4 • PRIMARY CARE UPDATES

6:45–7:35am	REGISTRATION & BREAKFAST	
7:35–7:45am	OPENING REMARKS	
7:45–9:00am	Using NOACs Safely for Stroke Prevention in Atrial Fibrillation In this session, learn how to appropriately evaluate and treat patients with atrial fibrillation at increased risk for stroke according to the latest available evidence and clinical guidelines. Expert faculty will discuss scoring systems for assessing thromboembolic and bleeding risk; initiation, bridging, and discontinuation of anticoagulants; and weighing the benefits versus risks of warfarin and novel oral anticoagulants (NOACs) in order to select the most appropriate therapy.	Adult Vaccination Update 2016 How current on their vaccinations are your adult patients? This important session will bring you up-to-date on the latest CDC vaccination recommendations and schedules for adult patients and give you tools to overcome vaccine resistance, enhance communication, and ensure your patients are protected.
9:00–9:15am	BREAK	
9:15–10:30am	Latest Clinical Insights into the Management of Hypertriglyceridemia This session reviews the role of high triglycerides in the development of cardiovascular disease and how to manage triglycerides to reduce cardiovascular risk. Topics covered include screening and risk stratification, an overview of current guidelines and evidence-based treatment, and new developments and emerging strategies for addressing different types of dyslipidemia.	Session Information to Come
10:30–11:45am	Improving Outcomes in Episodic Migraines Migraine is a leading cause of morbidity, missed work, and loss of productivity in the US. Improve your skills in the diagnosis of episodic migraine, differentiation from other headache disorders, and formulating effective treatment strategies to control symptoms, reduce headache frequency, and improve patients' quality of life.	A Sense of Urgency: Diagnosing and Treating Irritable Bowel Syndrome in Primary Care Symptoms of Irritable bowel syndrome (IBS) can range from unpleasant to debilitating. This session covers the nuts and bolts of IBS management—from screening and diagnosis through comprehensive management plans that incorporate diet, pharmacologic therapy, and psychosocial interventions that will improve your patients, functioning and quality of life.

**REGISTER FOR THE ANNUAL CONFERENCE BY WEDNESDAY, FEBRUARY 3,
FOR ONLY \$55.**

REFER TO PAGE 13 FOR FULL CONFERENCE PRICING.



12:30–1:45pm	Noninsulin Approaches to Managing Type 2 Diabetes: Best Practices in Combination Therapy Clinicians who treat patients with type 2 diabetes have more treatment options to choose from than ever. This session will help you make sense of the different antihyperglycemic therapy agents and classes, including how to set A1c targets, select initial therapy, and intensify treatment with multi-drug regimens to help get patients to their A1c goals.	Session Information to Come
1:45–2:00pm	BREAK	
2:00–3:15pm	Session Information to Come	Tipping the Scales against Obesity: Tools and Approaches for Managing the Obese Patient in Primary Care Obesity and its related complications is one of the most common causes of morbidity and mortality in the US. New therapies, including pharmacologic and surgical options, offer clinicians more options than ever for combating this epidemic. Hear from experts as they explain the latest developments in obesity management and how they can be integrated into a comprehensive weight loss program for your patients.



ACCME Accreditation Statement pmiCME is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Designation Statement pmiCME designates this live activity for the maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Association of Nurse Practitioners Designation Statement pmiCME is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 040308. This program is approved for 6.25 contact hours of continuing education. AANP pharmacology credit will be awarded based on the pharmacology content of the sessions you attend.

To date, Primary Care Updates is supported in part by educational grants from Amarin Pharma, Inc.; AstraZeneca; Daiichi Sankyo, Inc.; and Teva Pharmaceuticals.

Session schedule subject to change.

**TO REGISTER VISIT WWW.PRI-MED.COM/SOUTH/R16
AND USE DISCOUNT CODE: **DOWNLOAD55****



FRIDAY, FEBRUARY 5 • ANNUAL CONFERENCE

Dr. Panagiota V. Caralis, from the University of Miami Miller School of Medicine, oversees the development of the curriculum with pmcME's Advisory Board. She is teamed with expert faculty from across the country, so each session provides best-in-class, clinically relevant education.

7:30–7:45am	WELCOME AND OPENING REMARKS		
7:45–8:45am	KEYNOTE Primary Care Strategies to Manage Obesity Acquire skills in the multidisciplinary approach for management of obesity and its related complications. Review the available interventions for combating obesity from lifestyle changes, medications and surgery. LOUIS J. ARONNE, MD, FACP		
8:45–9:45am	BREAK		
9:45–10:45am	CARDIOLOGY MODULE The Era of Anticoagulation - Selecting the Best Approach to Treatment With a wide range of anticoagulants available, it is important to know the right agent to use for your patient. Learn to select the right anticoagulation therapy for your patients based on their history and comorbid conditions by understanding the pros and cons of different drugs available today. GREG PIAZZA, MD	ORTHOPEDIC MODULE Common Hand and Wrist-Related Complaints Review the initial management of wrist and hand complaints by primary care physicians. With the help of case studies, the faculty will review the assessment, diagnosis, and management of hand injuries. Learn which conditions can be treated in ambulatory care and when to refer out to an orthopedic expert. CHARLES S. DAY, MD, MBA	GASTROENTEROLOGY MODULE How to Manage Your IBD Patient: Tips for Diagnosis and Care In this activity, Dr. Damas will review the phenotypic manifestations and extra-intestinal manifestations of inflammatory bowel diseases, including Crohn's and ulcerative colitis. She will explain what we currently know about disease pathogenesis, including the influence of genetics and the environment on the microbiome and finally, discuss some of the latest updates on treatment of IBD. ORIANA M. DAMAS, MD

REGISTER FOR THE ANNUAL CONFERENCE BY WEDNESDAY, FEBRUARY 3, FOR ONLY \$55.

REFER TO PAGE 13 FOR FULL CONFERENCE PRICING.



10:45–11:45am	CARDIOLOGY MODULE Stemming the Tide in Heart Failure: A Primary Care Approach Learn how to effectively recognize the symptoms of heart failure and how to successfully manage it in your practice by reviewing the latest treatment recommendations with expert faculty. SCOTT SOLOMON, MD	ORTHOPEDIC MODULE Orthopedic Demonstration; Assessing Shoulder Injuries Learn the best practices to assess shoulder pain in this demonstration workshop. Learn how to diagnose and manage shoulder injuries by reviewing best practices for a thorough physical exam and initial history. Conditions covered will include frozen shoulder, biceps tendonitis, and subdeltoid bursitis. ARUN J. RAMAPPA, MD	GASTROENTEROLOGY MODULE Colorectal Diseases Know more on the latest guideline recommendations for colorectal diseases. Get to know the pros and cons of the different tests, how to interpret the results, and when to refer out your patients.
11:45am–1:00pm	BREAK FOR LUNCH		
1:00–2:15pm	Session Information to Come	Session Information to Come	Session Information to Come
2:15–3:00pm	Case Based Discussion - Interpretation of LFTs This presentation will use case-based scenarios to illustrate different patterns of liver test abnormalities. The faculty will discuss the difference between cholestatic versus hepatitis versus infiltrative liver diseases and their characteristic liver test patterns. Will discuss subsequent work-up of liver test abnormalities with supplemental serological testing, imaging, and in some cases, liver biopsy. Will discuss the difference between true “liver function tests,” tests of cholestasis, tests of inflammation, and tests of infiltration.	Food Allergies and Food Intolerance: Update on Guidelines Get the latest updates on the new clinical practice guidelines for food allergies management by the NIAID. Learn about the definition of food allergy and how to differentiate between allergy and intolerance. The faculty will also discuss the management of acute and non-acute allergic reactions and review prevention strategies. MARIA I GARCIA LLORET, MD	Making Your EHR Work For You! Learn to better understand your EHR and discover techniques to optimize its performance and usability for your practice. Review Medication Adherence within the EHR and get an in-depth explanation of workflows and functionalities such as electronic prescribing and patient panels. MARIE BROWN, MD, FACP

TO REGISTER VISIT WWW.PRI-MED.COM/SOUTH/R16
AND USE DISCOUNT CODE: **DOWNLOAD55**



FRIDAY, FEBRUARY 5 • ANNUAL CONFERENCE

3:00–4:00pm	BREAK		
4:00–5:00pm	COMMON REALITIES OF THE PCP Wound Care for the PCP In this session, the presenting faculty will discuss the basic principles of wound management. Treatment best practices will be discussed including topical therapies and dressings. JENNIFER POWERS, MD	PEDIATRIC MODULE What's New in Pediatric Nutrition and Integrative Medicine In this lecture, the faculty will review recent articles on nutrition and integrative pediatrics including ones on dietary interventions, exercise programs, and meditation. Effective strategies to implement these into practice to reduce pediatric obesity will be discussed. GWEN WURM, MD, MPH	HOT TOPICS IN PRIMARY CARE Domestic Violence: Update for Primary Care Providers* Learn to assess the signs of physical, sexual, and psychological violence in your patients. The faculty will discuss the latest screening and counseling guidelines recommended by various agencies on ensuring the well-being of women in these situations. pmiCME designates this session for 1.0 credit of Domestic Violence. PANAGIOTA CARALIS, MD, JD, FACP
5:00–5:45pm	Evidence-based Complementary Alternative Medicine With complementary and alternative medicine gaining popularity in recent years, it is increasingly important for the primary care physician to be aware of the different options available to patients seeking alternate medical care. Review the latest evidence and scientific studies for practices in complementary medicine so as to provide the best care and advise to patients looking for alternative care. ALAN EHRLICH, MD	PCP's Guide to Autism Many families worry about autism, even when their child's development seems to be on track. Families also wonder about vaccine safety, and hesitate to follow the recommended guidelines for vaccine administration. This interactive large-group session is designed to help primary care providers understand whether there is an increase in autism, how to recognize autism in a primary care setting, and how to discuss vaccine safety with families. JEFFREY P. BROSCO, MD, PHD	Case Studies in Vaginitis Vaginitis is one of the most common gynecologic problems seen in ambulatory practice. Its differential diagnosis includes not only a vaginal infection but also cervicitis, a physiologic discharge, atrophic vaginitis, and iatrogenic vaginitis. A precise diagnosis can be achieved with a careful history, focused examination, and skilled use of the office laboratory. Once an accurate diagnosis is made, effective therapy can be prescribed. MARTIN A. QUAN, MD



REGISTER FOR THE ANNUAL CONFERENCE BY WEDNESDAY, FEBRUARY 3, FOR ONLY \$55.

REFER TO PAGE 13 FOR FULL CONFERENCE PRICING.



SATURDAY, FEBRUARY 6 • ANNUAL CONFERENCE

7:30–7:45am	WELCOME AND OPENING REMARKS		
7:45–8:45am	KEYNOTE The Care in Caring: High—Touch in a Hi-Tech Age In this age of immense technological and scientific advances, the time-honored patient-clinician relationship can at times feel under siege. In examining how changing practice patterns have altered the ritual, we learn that some aspects of the relationship are both timeless and critical to diagnosis, cost-effective care and patient satisfaction. ABRAHAM VERGHESE, MD, MACP		
8:45–9:45am	BREAK		
9:45–10:45am	LIFESTYLE AND WELLNESS MODULE The Benefits of Exercise Exercise and physical activity are an underappreciated modality in clinical medicine. Yet appropriately assessing our patient's physical activity levels and prescribing exercise can have profound effects for the prevention, treatment and reversal of common non-communicable diseases such as diabetes, heart disease, and certain cancers. This talk will report on the dramatic impact of adequate physical activity in lowering all-cause mortality, prevalence of non-communicable diseases and health care costs. Participants will learn to assess Physical Activity Vital Signs and to negotiate and write simple exercise prescriptions. The rapidly evolving literature on sedentary behavior will be addressed, and simple interventions to increase daily physical activity will be introduced.	CARDIOLOGY MODULE Transient Ischemic Attacks: Rapid Evaluation and Treatment This presentation will review the symptoms of a transient ischemic attack (TIA). The new definition of TIA will be reviewed. Diagnostic imaging options for patients with TIA will be covered. The role of antithrombotic therapy for stroke prevention will be discussed. The role and timing of carotid revascularization will be reviewed. Finally, use of statins and antihypertensives in this population will be discussed. SEEMANT CHATURVEDI, MD	WOMEN'S HEALTH Healthy Menopause: Considerations in Managing Peri- and Post-Menopausal Women Learn how to manage patients going through peri- and post-menopause so that they are better equipped to handle the physical and emotional changes during this period. Discuss the latest data on hormone replacement therapy and its pros and cons on women's health. JANE SILLMAN, MD

TO REGISTER VISIT WWW.PRI-MED.COM/SOUTH/R16
AND USE DISCOUNT CODE: **DOWNLOAD55**

SATURDAY, FEBRUARY 6 • ANNUAL CONFERENCE

10:45–11:45am	LIFESTYLE AND WELLNESS MODULE Pediatric Obesity Learn how to effectively address the issues concerning obesity in children. The faculty will discuss effective techniques and communication strategies to implement healthy behavioral changes in your patients. CAROLINE APOVIAN, MD, FACP, FACN	CARDIOLOGY MODULE How to Handle Hypertension Emergencies Learn how to handle acute hypertensive episodes in this session. Review the best course of treatment and care to be given in such cases and discuss strategies to prevent hypertensive emergencies in the at-risk population. KAROL WATSON, MD, PHD, FACC	WOMEN'S HEALTH MODULE Beyond the Pill: Long-Acting Contraceptives and IUDs Long-acting reversible contraception (LARC) provides patients with an excellent way to prevent pregnancy. There are many benefits to these methods, including limited patient responsibility for adherence, high efficacy at pregnancy prevention and long duration of action. In addition, there are many non-contraceptive indications for the use of LARC that can help manage conditions seen by primary care physicians. Increasingly, national organizations are recommending LARC as first line contraception for adolescents and adults. Identification of candidates for LARC, appropriate counseling and timely referrals can help patients obtain contraception and decrease unintended pregnancies. CHRISTINE CURRY, MD, PHD
11:45am–1:00pm	BREAK FOR LUNCH		
1:00–1:45pm	GI/GU MODULE NAFL to NASH: Triggers for Disease Progression Learn about the epidemiology, pathogenesis and treatment of NAFLD. The faculty will review key advances in the research in this area highlighting the triggers of disease progression from NAFL to NASH, and how to best manage these risk factors in a patient. SANJIV CHOPRA, MD, MACP	PAIN MODULE Best Approaches to Treating Chronic Pain Chronic pain is a condition that is encountered commonly in the primary care clinic. Become familiar with the latest guidelines for managing severe chronic pain in different patient populations, such as the elderly and cancer patients.	GERIATRICS MODULE Tackling Behavioral Issues in Elderly Patients Depression and behavioral disorders are important issues in the elderly population. Learn how to assess older patients for mental health issues and review approaches on how to best advise patients and their families. CHARLES NEMEROFF, MD

REGISTER FOR THE ANNUAL CONFERENCE BY WEDNESDAY, FEBRUARY 3, FOR ONLY \$55.

REFER TO PAGE 13 FOR FULL CONFERENCE PRICING.

1:45–2:30pm	GI/GU MODULE Tackling Common GU Issues in Men Learn about the latest guidelines from the AUA on managing common urological complaints. With the help of case studies, the faculty will discuss issues on hypogonadism, overactive bladder, BPH, and prostate cancer screening. MOHIT KHERA, MD, MBA, MPH	PAIN MODULE Osteoarthritis: Improving Outcomes for Joint Pain This activity will review the epidemiology and pathology of the osteoarthritic joint and easily recognize the clinical and radiographic features of OA with the help of a patient example. Management of OA will be discussed and potential future treatments will be reviewed. ELAINE C. TOZMAN, MD	GERIATRICS MODULE Assessing Cognitive Impairment in the Elderly Refresh your knowledge on workups on the elderly for assessing cognitive impairment. Learn about which screening tests to employ to assess for dementia, memory loss, and driving competence, and how to counsel patients going through this phase.
2:30–3:15pm	Genitourinary Issues in Women: Pelvic Pain to Sexual Dysfunction The expert faculty will discuss a range of GU issues commonly seen in the clinic. Topics discussed will include diagnosis and treatment of pelvic pain, endometriosis management, dyspareunia, and sexual dysfunction issues. LISA GUSSAK, MD	Combating Pharmacological Abuse in Your Practice Discuss best practices to tackle opioid abuse and other pharmacological abuse in your practice. Learn about the latest guidelines and recommendations on screening, responsible prescription, and disposal of opioids. CHARLES ARGOFF, MD, FABPM	Detecting Elder Abuse: Awareness and Intervention It is estimated that one out of 10 older adults experiences some form of abuse or neglect by a caregiver each year. Learn about screening tests and evaluations that a physician can use to detect elder abuse and neglect, and acquire skills to outline plans for an intervention. PANAGIOTA CARALIS, MD, JD, FACP
3:15–4:15pm	BREAK		
4:15–5:00pm	INFECTIOUS DISEASE MODULE Fever from Around the World: Travel-Associated Infections The ease of international travel, climate change, and emerging infections increase the risk that patients present with febrile illnesses acquired abroad. This talk will discuss appropriate infection prevention counseling, as well as the appropriate early detection, evaluation, and management of the febrile traveler. The faculty will use interactive clinical vignettes to highlight the most important differential diagnosis. GIO J. BARACCO, MD	PATIENT ASSESSMENT & COUNSELING MODULE The Value of Transitional Care Review how to best use available services to handle passage of patients between levels of healthcare and across care settings. Identify the gaps during critical transitions and learn strategies to enhance communication and education of patients and their family members to ensure continuity of care.	NEUROLOGY/PSYCH MODULE Clinical Reviews: Neurology Pearls for the Primary Care Setting Keep abreast of the latest news in neurology. Using case studies often encountered by the primary care physician, the faculty will illustrate key issues in neurology. PATRICIA E. GREENSTEIN, MB, BCH
5:00–5:45pm	Challenging Cases in Infectious Disease This interactive talk will review common challenges in Infectious Diseases encountered in the outpatient setting. They will include clinical encounters that encompass preventive strategies, interpretation of diagnostic tests, and the optimal evaluation of both undifferentiated fever and fever in the returning traveler. PAUL E. SAX, MD	Motivational Interviewing for the Busy Clinician Learn how to identify and coax your patient's desire to adopt healthy behavior and make meaningful changes in their daily lives. Discuss the best methods to motivate, challenge, and set health goals for your patients.	Peripheral Neuropathy: Evaluation and Management Get updated information on how to recognize and manage various types of peripheral neuropathies in your patients. Learn about the symptoms of nerve damage and the underlying causes. Finally, review the management options with expert faculty.



SUNDAY, FEBRUARY 7 • ANNUAL CONFERENCE

7:30–7:45am	WELCOME AND OPENING REMARKS	
7:45–8:45am	Closing Keynote: Coming Soon!	
8:45–9:45am	BREAK	
9:45–10:45am	WHAT'S NEW IN PRIMARY CARE MODULE Clinical Review: Best Practices in Out-Patient ID Management Learn how to handle challenges in outpatient clinics. The faculty will highlight hot topics in infectious disease and present evidence-based consensus on dealing with commonly seen cases. KALPANA GUPTA, MD, MPH	HEMATOLOGY/ONCOLOGY MODULE Controversies in Blood Clotting: What To Do Dr. Goodman will discuss clinical concerns regarding common thrombotic issues. He will review the causes and the utility of hypercoagulable states. He will discuss the limits of diagnostic testing for idiopathic thrombosis and talk about the treatment options for this condition. MARK GOODMAN, MD
10:45–11:30am	Medical Literature Updates Discuss the most recent and significant peer-reviewed articles in medicine related to your practice with the expert faculty. FRANK J. DOMINO, MD	Surviving Breast Cancer: The PCP's Role in Monitoring the Cancer Survivor Primary care physicians form the core of the follow-up care for breast cancer survivors. In this activity, the expert faculty will discuss the recommended surveillance for late recurrence and secondary primary malignancies. Also learn how to manage patient anxiety and other psychosocial issues in this patient population.
11:30am–12:45pm	BREAK FOR LUNCH	

REGISTER FOR THE ANNUAL CONFERENCE BY WEDNESDAY, FEBRUARY 3,
FOR ONLY \$55.

REFER TO PAGE 13 FOR FULL CONFERENCE PRICING.

12:45–1:30pm	COMMON PROBLEMS IN PRIMARY CARE MODULE COPD: Improving Outcomes Learn how to effectively diagnose and treat COPD in your practice. Review the latest guidelines for treatment and management along with the available and upcoming drug therapies.	PCP POTPOURRI MODULE Orthopedic Knee Exam FRANK J. DOMINO, MD
1:30–2:15pm	Puzzling Thyroid Tests Diagnosis of thyroid disease is primarily a laboratory diagnosis. When the TSH is elevated and thyroid hormone levels low; or when TSH is suppressed and the thyroid hormone levels are high, it is trivial to diagnose hypo- and hyperthyroidism, respectively. In such cases, the treatment is relatively straightforward as well. However when the tests are not straightforward, one is unable to initiate treatment until the diagnosis is certain. Two major conundrums faced by physicians caring for thyroid patients are when 1) the levels of TSH and thyroid hormone are not complimentary or 2) when the thyroid hormone levels don't match the clinical symptoms. This presentation will unravel the seeming contradictions between clinical presentation and laboratory analysis of such thyroid tests. ROY E. WEISS, MD, PHD	Preoperative Cardiac Workup - Assessment and Preparation Describe how clinical conditions and exercise capacity affect the risk for cardiac complications during surgery. Explain the role of stress testing in the pre-operative evaluation, and when to refer for further testing such as coronary angiography. Review the practice guidelines for pre-operative evaluation. Explain which medications have been shown to reduce cardiac complications and how to manage antiplatelet therapy and anticoagulation during the peri-operative period. SIMON C. CHAKKO, MD
2:15–3:00pm	Managing Arrhythmias in Primary Care This activity will review the diagnostic and therapeutic approach in patients with atrial arrhythmias. The pathophysiology of supraventricular tachycardia, atrial flutter and atrial fibrillation will be also be discussed. Based on pathophysiologic mechanisms, Dr. Mitrani will discuss the basis for acute and long-term treatment. The basis, safety, and efficacy of catheter ablation will be demonstrated and compared with pharmacologic therapy. The faculty will show recent data on how risk factor modification (hypertension, obesity, exercise, sleep apnea, alcohol) can be used as a means to reduce the recurrence rate for atrial fibrillation. RAUL MITRANI, MD, FACC, FHRS	Challenging and Common Diagnostic Dilemmas for the PCP In this session, the faculty will discuss some challenging diagnostic cases faced in their practice. Cases will feature interpretation of abnormal labs and screening reports, in addition to encounters with rare diseases and conditions. STEPHEN SYMES, MD, FACP



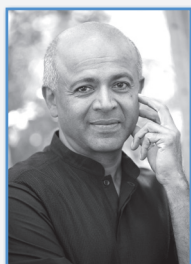
ACCME Accreditation Statement pmiCME is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA PRA Designation Statement pmiCME designates this live activity for the maximum of 18.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Association of Nurse Practitioners Designation Statement pmiCME is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 040308. This program is approved for 18.5 contact hours of continuing education. AANP pharmacology credit will be awarded based on the pharmacology content of the sessions you attend.

Session schedule subject to change.

MEET OUR FEATURED SPEAKERS AND FACULTY:



Abraham Verghese, MD, MACP

Saturday, February 6

Keynote Address: *The Care in Caring: High-Touch in a Hi-Tech Age*

Abraham Verghese is a nationally bestselling author and a prominent voice in medicine with a uniquely humanistic view of the future of healthcare. Abraham sees a future for health care that marries technological innovation with the traditional doctor-patient relationship. In addition to being a deep thinker about the future of healthcare, Dr. Verghese is a phenomenally successful author with tremendous popular appeal. His most recent novel, *Cutting for Stone*, was a runaway hit, topping the *New York Times* bestseller list for over two years and earning a movie deal. His other books include *My Own Country*, a National Book Critics Circle Award-winner for 1994, and *The Tennis Partner*, a *New York Times* notable book and a national bestseller. His highly anticipated upcoming novel, *The Maramon Convention*, will come out in 2015. Dr. Verghese has served on the faculty of many universities. He has served on the Board of Directors of the American Board of Internal Medicine. He is a Master of the American College of Physicians, and was elected to the Association of American Physicians as well as the Institute of Medicine of the National Academy of Sciences.



Louis J. Aronne, MD, FACP

Friday, February 5

Keynote Address: *Primary Care Strategies to Manage Obesity*

Louis J. Aronne, MD, FACP is a leading authority on obesity and its treatment. He is the Sanford I. Weill Professor of Metabolic Research at Weill-Cornell Medical College where he directs the Comprehensive Weight Control Center. He has an adjunct Associate Professor of Clinical Medicine appointment at Columbia University. Dr. Aronne is Founder and CEO of BMIQ, a cloud-based weight management system that is delivered by health care providers to their patients during office visits. Dr. Aronne graduated Phi Beta Kappa from Trinity College with a BS in biochemistry and from Johns Hopkins University School of Medicine. He completed his internship and residency at Albert Einstein College of Medicine, followed by a Kaiser Foundation Fellowship at Weill-Cornell. He is a member of the AOA Medical Honor Society. Dr. Aronne's program, BMIQ (BMIQ.com) is a unique online weight control program delivered by health care providers. This web and phone-based program provides evidence-based programs that integrate medical care with healthy lifestyle in an efficient, inexpensive and accessible manner and provides a network of superior support resources for treating patients and educating health care providers.



Caroline Apovian, MD, FACP, FACN

Featured Faculty

Caroline Apovian is Professor of Medicine and Pediatrics, in the Section of Endocrinology, Diabetes, and Nutrition at Boston University School of Medicine, USA. She is also Director of the Center for Nutrition and Weight Management at Boston Medical Center, USA. Dr. Apovian is a nationally and internationally recognized authority on nutrition and has been in the field of obesity and nutrition since 1990. Her current research interests are in weight loss and its effects on endothelial cell function, adipose cell metabolism and inflammation, the bariatric surgery population and novel pharmacotherapeutic antiobesity agents. She is also an expert in the technique for subcutaneous adipose tissue biopsies, and has been performing these biopsies on research subjects for over 10 years. She was on the expert panel for updating the 2013 AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society which were published in *Circulation*, *Obesity* and the *Journal of the American College of Cardiology*. She was also the Chair of the recently published Endocrine Society guidelines on the Pharmacologic Management of Obesity.

She has recently published a new book entitled the *The Age-Defying Diet* and has also written the popular books *The Overnight Diet* and *The ALLI Diet Plan*.



Panagiota Caralis, MD, JD, FACP
Pri-Med South Course Director

A triple graduate of the University of Miami, receiving her BS, MD and JD degrees from there. She is a Professor of Medicine at the University of Miami Miller School of Medicine and is the Chief of the General Medicine Section of the Miami Veterans Affairs Medical Center. She is also the Integrated Ethics Program officer for the Miami VAMC and the former chair of the Bioethics committees of both the MVAMC and Jackson Memorial Hospital, the major affiliate of the University of Miami Miller School of Medicine. She has taught courses at both the medical and law schools in ethics and health law and has published research that spans both disciplines. She currently oversees a medical legal clinic which provides services to veterans and jointly educates medical residents and law students. She received the Department of Veterans Affairs Award for Academic Excellence in recognition of outstanding contributions and achievement in the education of health care professionals.

TAKE ADVANTAGE OF YOUR DISCOUNTED REGISTRATION RATE BY WEDNESDAY, FEBRUARY 3, 2016:

- **\$55:** Annual Conference, February 5–7
or
- **\$80:** Annual Conference, February 5–7, and Primary Care Updates on February 4 to earn up to 6.25 additional CME credits.
(\$150 Total Value)

USE DISCOUNT CODE: DOWNLOAD55



VISIT WWW.PRI-MED.COM/SOUTH/R16



CALL 844-300-6339
(MON-FRI 9AM-8PM ET)

**DON'T MISS OUT ON ADDITIONAL OPPORTUNITIES
PROVIDED BY PRI-MED:**

pri med[™]
EHR Solutions

Did you know that Pri-Med now offers two EHR solutions, both designed to meet the needs of primary care providers in physician-owned practices? Amazing Charts, an office-based EHR, is rated #1 for usability in multiple studies. Pri-Med InLight EHR is a new cloud-based solution featuring a revolutionary problem-oriented clinical documentation system. Plus, if you choose an EHR solution from Pri-Med, you'll have access to live and online CME at no cost!

www.pri-med.com/EHR



ONLINE CME

If for some reason you cannot attend, you can engage in over 200 complimentary online CME activities, focused in 25 different clinical areas of interest, at www.pri-med.com/tryonline.