

Online: MYTH BUSTERS – Things We Do for No Good Reason

Speakers: Syed Ali, MD; Elizabeth Donner, MD; Gift Kopsombut, MD; and Magdalena Struk, MD

Target Audience: Physicians and all health care professionals.

Activity Description: Syed Arshad Ali, MD; Elizabeth Donner, MD; Gift Kopsombut, MD; and Magdalena Struk, MD from the Division of Hospitalist Medicine at Nemours Children's Hospital, Florida discuss value-based care in the inpatient setting and bust treatment myths involving common problems and diagnoses. As a result of this activity, participants will be able to encourage conversations between physicians and patients about the appropriate use of medical tests and procedures, with the goal of promoting wise choices by clinicians to improve health outcomes. In addition, participants will be able to provide patient-centered care that avoids unnecessary, repetitive, and even harmful interventions. This program was captured at Nemours Children's Hospital, Florida Pediatric Grand Rounds on April 5, 2023.

Learning Objectives: Upon completion of this activity participants will be able to:

- Recognize the importance of evidence-based medicine and avoid anecdotal practices.
- Identify the importance of high-value care.

Coordinator: Tinessa Callinan, Office of CME

Important Dates: Date Released: 4/5/2023 | Valid Until: 01/11/2026

Estimated Time to Complete: 1.0 hours

Accreditation: Nemours is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Nemours designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

A certificate of participation will be provided to other health care professionals requesting credits. Participants should ensure in advance that their credentialing or licensing organization accepts *AMA PRA Category 1 Credits™*.

Financial Disclosures: As a provider accredited by the ACCME, Nemours must ensure balance, independence, objectivity and scientific rigor in its educational activities. In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial SupportSM, all planners, teachers, and authors involved in the development of CME content are required to disclose their relevant financial relationships that might be germane to the content of the activity. An individual has a relevant financial relationship if he or she (or spouse/partner) has a financial relationship in any amount occurring in the last 24 months with a commercial interest whose products or services are discussed in the CME activity content over which the individual has control. Nemours has policies/processes in place to resolve potential financial conflicts of interest.

- No faculty or members of the planning committee have any relevant financial relationships to disclose.

Instructions and Requirements for Obtaining CME:

- Review the information and complete the entire activity.
- Complete the CME Post-test and CME Evaluation Survey at the end of the activity.
- You must receive a score of 80% or higher on the post-test to receive a certificate.
- Once you complete the entire online activity, a certificate will be automatically generated.

To complete this activity, you will need a high-speed connection to the Internet and recommended browsers included Chrome, Firefox, Safari and IE 10 or higher. It will take approximately 1.15 hours.

To view the online lecture, please click on the "Begin Activity" button. Do not maximize the screen as it will invalidate the ability to take the post test. When you have completed viewing the entire online lecture, proceed to "Begin post-test" in the lower left hand of your window screen.

Contact Information for Questions

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Next, click the "Continue" button to proceed with satisfactorily completing a quiz and evaluation. Upon meeting these requirements, you will be able to print out a CME Certificate of Completion. This certificate cannot be altered.

Power Point Presentation: Available on request

Bibliographic Sources:

The purpose of this document is to provide the participant electronic access to appropriate bibliographic sources to allow for further study. The presentation cited the following studies:

- Douglas K. Owens, Amir Qaseem, Roger Chou, et al; for the Clinical Guidelines Committee of the American College of Physicians . [High-Value, Cost-Conscious Health Care: Concepts for Clinicians to Evaluate the Benefits, Harms, and Costs of Medical Interventions](#). Ann Intern Med.2011;154:174-180. [Epub 1 February 2011]. doi:[10.7326/0003-4819-154-3-201102010-00007](#)
- Barlow, B., Barlow, A., & Breu, A.C. (2021, May). Things We Do for No Reason™: Universal Venous Thromboembolism Chemoprophylaxis in Low-Risk Hospitalized Medical Patients. *Journal of Hospital Medicine*, 16(5), 301-303. <https://doi.org/10.12788/jhm.3502>
- American Academy of Pediatrics, Steering Committee on Quality Improvement and Management, Subcommittee on Febrile Seizures. Febrile seizures: clinical practice guidelines for the long-term management of the child with simple febrile seizures. *Pediatrics*. 2008;121(6):1281–1286
- Sullivan JE, Farrar HC, et al; Section on Clinical Pharmacology and Therapeutics. Fever and Antipyretic Use in Children. *Pediatrics*. 2011;127(3):e20103852
- Sadleir LG, Scheffer IE. Febrile seizures. *BMJ*. 2007;334(7588):307–311
- Dang R, Patel AI, Marlow J, et al. Frequency and Consequences of Routine Temperature Measurement at Well-Child Visits. *Pediatrics*. 2022;149(1):e2021053412

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