

Organized by



RSSDI - GUJARAT CHAPTER

Annual Conference of RSSDI Gujarat Chapter

DIABETICA 2020

11th & 12th April, 2020
Regency Lagoon Resort,
Rajkot

Final Announcement



Hosted by
Association of Physicians of Rajkot

Welcome Message

Dear Friends,

Greetings from RSSDI- Gujarat Chapter.

We are very happy to extend you a warm invitation to attend Annual meeting of Gujarat State chapter of RSSDI, 2020, **“DIABETICA 2020”** to be held in association with Association of Physicians of Rajkot on 11th & 12th April at Regency Lagoon Resort, Rajkot.

There will be plenary sessions, symposia, orations, debates & panel discussions by key opinion leaders & researchers from all across country who will share their expertise & experience about various facets of diabetes management. We are also planning workshops on GDM as well for Diabetes Educators. Quiz with prizes will be an additional interactive feature of this academic event.

We welcome all of you to attend and participate in this scientific feast to interact with renowned faculties as well as your colleagues and to improve your knowledge & clinical skills in the field of diabetes.

Rangilu Rajkot is famous for Kathiyawadi hospitality & cuisine and is also surrounded by scenic tourist spots like Somath Temple and Sasan Gir which you can visit during your leisure time. Local organizing committee is working hard to make your stay comfortable & memorable.

Let us all share our knowledge, wisdom and work together to improve care & management of people living with diabetes.

Looking forward to meet you at Rajkot

With best wishes

Organizing Committee
Diabetica 2020

RSSDI GUJARAT CHAPTER

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Dr. Gaurang Buch
Dr. Jagdish Kakadiya
Dr. Paresh Amethia
Dr. Joy Sanaria

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Dr. Harsh Durgia
Dr. Rahul Gambhir
Dr. Meghavi Bhupal
Dr. Deepmala Budhrani

Workshop Committee

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Dr. Rahul Koyani
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Dr. Punit Thoria

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Dr. Bhavesh Virani
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Ladies & Spouse Committee

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Dr. Lalitha Buch
Dr. Pooja Khirsariya
Dr. Riddhi Mehta
Dr. Ankita Rawal

Regional Coordinators

Dr. M. G. Patel (*Gandhidham*)
Dr. Pradip Joshi (*Bhavnagar*)

Dr. Anil Kulsheshta (*Ahmedabad*)
Dr. Parag Rana (*Vadodara*)
Dr. Dhiren Patel (*Surat*)

Dr. C. D. Chapadiya (*Junagadh*)
Dr. Manish Mehta (*Jamnagar*)

08:30AM - 09:30AM	Registration	
09:30AM - 10:45AM	RSSDI Guidelines	
09:30AM - 09:50AM	RSSDI Therapeutic Wheel: Clinical Applications	Dr. Urman Dhruv (Ahmedabad)
09:50AM - 10:10AM	RSSDI Guidelines for Blood Glucose Monitoring	Dr. L. Sreenivasa Murthy (Bengaluru)
10:10AM - 10:30AM	RSSDI Guidelines for Management of Inhospital Hyperglycemia	Dr. Dhruvi Hasnani (Ahmedabad)
10:30AM - 10:45AM	Discussion	
10:45AM - 12:00PM	Oral Therapies	
10:45AM - 11:05AM	SGLT2i: What we know, What we don't and the Future	Dr. TKM Easwar (Rajkot)
11:05AM - 11:25AM	Are AGI just good to have or must to have for Indian patients	Dr. Banshi Saboo (Ahmedabad)
11:25AM - 11:45AM	The Evolved Gliptin: Evogliptin	Dr. Narayan Deogaonkar (Nashik)
11:45AM - 12:00PM	Discussion	
12:00PM - 12:30PM	State Chairman's Address	
12:00PM - 12:30PM	Reversal of Diabetes: A dream or A reality?	Dr. Shailesh Trivedi (Vadodara)
12:30PM - 01:00PM	Inauguration	
01:00PM - 02:00PM	Lunch	
02:00PM - 02:30PM	Debate: First Line Therapy in T2DM Management	
02:00PM - 02:30PM	Metformin V/s SGLT2 Inhibitors	Dr. Sanjay Reddy (Bengaluru) Dr. Piyush Desai (Surat)

Hall A

Day 1: 11th April, 2020
(Saturday)

02:30PM - 03:20PM

Newer Concepts

02:30PM - 02:50PM

Precision Medicine in DM Management: Are we ready for it?

Dr. N. K. Singh (*Dhanbad*)

02:50PM - 03:10PM

Early Combination Therapy: Is it really Verified?

Dr. Vijay Panikar (*Mumbai*)

03:10PM - 03:20PM

Discussion

03:20PM - 03:50PM

Dr. R. M. Shah Oration

03:20PM - 03:50PM

We need to prevent Complications of Diabetes in India

Dr. Vijay Vishwanathan (*Chennai*)

03:50PM - 04:20PM

National President's Address

03:50PM - 04:20PM

Time in Range: New Parameter in Diabetes Management

Dr. Banshi Saboo (*Ahmedabad*)

04:20PM - 05:45PM

Diabetes & Kidney Disease

04:20PM - 04:40PM

Markers of Diabetic Kidney Disease (DKD)

Dr. Narsingh Verma (*Lucknow*)

04:40PM - 05:00PM

Evidence based means to halt Progression of DKD

Dr. Sanjay Agarwal (*Pune*)

05:00PM - 05:20PM

Non-Albuminuric Renal Disease in DM

Dr. Anuj Maheshwari (*Lucknow*)

05:20PM - 05:30PM

Discussion

05:30PM - 06:45PM

Injectable Diabetes Therapies

05:30PM - 05:50PM

Once Weekly GLP-1 Receptor Agonists in Indian Context

Dr. Mohan Magdum (*Pune*)

05:50PM - 06:10PM

Dissecting Evidence of Prandial Insulins in light of Clinical Relevance

Dr. Sanjeev Phatak (*Ahmedabad*)

06:10PM - 06:30PM

Basal early Strategies for Initiation & Intensification in T2DM

Dr. Pratap Jethwani (*Rajkot*)

06:30PM - 06:45PM

Discussion

06:45PM - 07:30PM

Annual GBM

08:00PM - 11:00PM

Gala Dinner

Hall B

Day 1: 11th April, 2020
(Saturday)

08:30AM - 09:30AM	Registration	
09:30AM - 10:45AM	Basics of Diabetes	
09:30AM - 09:50AM	Circadian Regulation & Cardiometabolic Disorders	Dr. V. K. Abichandani (Ahmedabad)
09:50AM - 10:10AM	Ominous Octet to Dirty Dozen to Sweet Sixteen	Dr. Sanjeev Phatak (Ahmedabad)
10:10AM - 10:30AM	Beta Cell Dysfunction in DM: Recent Concepts	Dr. J. K. Sharma (New Delhi)
10:30AM - 10:45AM	Discussion	
10:45AM - 12:00PM	Diabetic Foot Workshop	
10:45AM - 11:00AM	60 Second Examination to Identify Foot at Risk	Dr. Sushil Patel (Vadodara)
11:00AM - 11:15AM	Charcot Arthropathy: Physician's Perspective	Dr. Vibhakar Vachhrajani (Rajkot)
11:15AM - 11:30AM	Diabetic Foot Infection: Protocols for Management	Dr. Vijay Vishwanathan (Chennai)
11:30AM - 11:45AM	Management of DFU: Physician's Perspective	Dr. Yash Patel (Ahmedabad)
11:45AM - 12:00PM	Discussion	
12:00PM - 12:30PM	State Chairman's Address in Hall A	
12:30PM - 01:00PM	Inauguration in Hall A	
01:00PM - 02:00PM	Lunch	
02:00PM - 03:20PM	Diabetes Therapies	
02:00PM - 02:15PM	Do we need Pioglitazone anymore?	Dr. Sandeep Desai (Valsad)
02:15PM - 02:30PM	Is Glycemic Variability really Important? - Focus on AGI	Dr. Parikshit Goswami (Himmatnagar)
02:30PM - 02:45PM	DM & Inflammation - Role of Hydroxychloroquine	Dr. Narendra Patel (Mehsana)
02:45PM - 03:05PM	SU in Current Era of CVOTs	Dr. Tejas Shah (Mumbai)
03:05PM - 03:20PM	Discussion	

03:20PM - 03:50PM

Dr. R. M. Shah Oration in Hall A

03:50PM - 04:20PM

National President's Address in Hall A

04:20PM - 04:50PM

Debate: Hypoglycemia is linked to CV Mortality

04:20PM - 04:50PM

It is a Fact V/s
It is a Big Myth

Dr. Pradeep Joshi (Bhavnagar)

Dr. Vidyut Shah (Rajkot)

04:50PM - 05:50PM

Technology Symposium

04:50PM - 05:05PM

**Continuous Glucose Monitoring: Available Devices
& Futuristic Trends**

Dr. Nilesh Detroja (Rajkot)

05:05PM - 05:20PM

Future of Insulin Therapy

Dr. Sachin Chittawar (Bhopal)

05:20PM - 05:35PM

Technology - A Boon for DM Retinopathy Screening

Dr. Sanjay Reddy (Bengaluru)

05:35PM - 05:50PM

Discussion

05:50PM - 06:45PM

DM & CVD

05:50PM - 06:05PM

Asymptomatic CVD in DM: How to Diagnose & Manage?

Dr. Sanjay Agarwal (Pune)

06:05PM - 06:20PM

**Hypertension Management in DM: Focus on
Calcium Channel Blockers**

Dr. Anuj Maheshwari (Lucknow)

06:20PM - 06:35PM

**Pharmacotherapy for DM Prevention: Which,
When & Why**

Dr. J. Aravinda (Bengaluru)

06:35PM - 06:45PM

Discussion

06:45PM - 07:30PM

Annual GBM

08:00PM - 11:00PM

Gala Dinner

09:30AM - 10:45AM

Newer Therapies

09:30AM - 09:50AM

**Verdict of Newer Generation Basal Insulin:
Ushering BRIGHTer Approach****Dr. Banshi Saboo** (Ahmedabad)

09:50AM - 10:10AM

**Indian Realities of Managing T2DM: Role of Newer
Insulin Co-Formulation****Dr. Rajeev Chawla** (New Delhi)

10:10AM - 10:30AM

**Exploring Clinical Benefits & Positioning of GLP-1 RAs
& Exenatide in current clinical practices****Dr. Rajiv Kovil** (Mumbai)

10:30AM - 10:45AM

Discussion

10:45AM - 12:00PM

Diabetes in Young

10:45AM - 11:05AM

**Current Status of Type 1 DM in India: Challenges
& Solutions****Dr. Ch. Vasanth Kumar** (Hyderabad)

11:05AM - 11:25AM

**Type 1 Diabetes: Recent Advances in Diagnosis &
Management****Dr. Navneet Shah** (Ahmedabad)

11:25AM - 11:45AM

Diabetes in Young: Not all of them are Type 1**Dr. Rakesh Sahay** (Hyderabad)

11:45AM - 12:00PM

Discussion

12:00PM - 01:10PM

Mixed Bag

12:00PM - 12:20PM

Pharmacotherapy of Obesity: Current Options**Dr. B. M. Makkar** (New Delhi)

12:20PM - 12:40PM

Heart Failure in Diabetes: What is the Solution?**Dr. Dharmesh Solanki** (Rajkot)

12:40PM - 01:00PM

Paradigm Shift in Management of DM: Impact of CVOTs**Dr. Sunil Gupta** (Nagpur)

01:00PM - 01:10PM

Discussion

01:10PM - 02:05PM

Hot Topics

01:10PM - 01:25PM

Bariatric Surgery v/s Metabolic Surgery**Dr. Mahendra Narwaria** (Ahmedabad)

01:25PM - 01:40PM

Youth Onset Type 2 DM**Dr. Shalini Jaggi** (New Delhi)

01:40PM - 01:55PM

Infections in DM: What one should keep in mind?**Dr. Dharmendra Panchal** (Ahmedabad)

01:55PM - 02:05PM

Discussion

02:05PM - 02:15PM

Valedictory Function

02:15PM - 03:00PM

Lunch

09:30AM - 10:45AM

Complications & Comorbidities

09:30AM - 09:45AM

DM & NALFD: A Simple Companion or a deadly Partner?**Dr. Harsh Durgiya** (*Rajkot*)

09:45AM - 10:00AM

Painful Diabetic Neuropathy: What is new in the Management?**Dr. Jimit Vadgama** (*Surat*)

10:00AM - 10:15AM

Erectile Dysfunction in DM: Diagnosis & Management**Dr. Chintan Vyas** (*Anand*)

10:15AM - 10:30AM

Diabetes Distress: Is it different from depression?**Dr. Akash Singh** (*Vadodara*)

10:30AM - 10:45AM

Discussion

10:45AM - 11:15AM

Debate: Statin Should be given to all Patients with Diabetes

10:45AM - 11:15AM

**Yes V/s
No****Dr. J. Aravinda** (*Bengaluru*)**Dr. Rajiv Kovil** (*Mumbai*)

11:15AM - 12:30PM

Nutrition Workshop

11:15AM - 11:30AM

Carbohydrates in DM: What is more Important - Quality or Quantity?**Dr. Rima Rao** (*Rajkot*)

11:30AM - 11:45AM

Meal Replacement Formulas: Clinical Applications**Dt. Smita Shah** (*Ahmedabad*)

11:45AM - 12:00PM

Intermittent Fasting: Sab Marz ki Ek Dava**Dt. Amita Tambekar** (*Surat*)

12:00PM - 12:30PM

Panel Discussion: Common Myths about Diet in DM & Obesity by Dr. Vidyut Shah**All**

12:30PM - 01:45PM

Different Shades of Diabetes

12:30PM - 12:45PM

DM & Thyroid Disorders**Dr. Pankaj Patel** (*Rajkot*)

12:45PM - 01:00PM

Latent Autoimmune Diabetes in Adult (LADA)**Dr. Rakesh Sahay** (*Hyderabad*)

01:00PM - 01:15PM

Glucocorticoid Induced Diabetes**Dr. Om Lakhani** (*Ahmedabad*)

01:15PM - 01:30PM

Type 3C Diabetes / FCPD**Dr. Rutul Gokalani** (*Ahmedabad*)

01:30PM - 01:45PM

Discussion

02:05PM - 02:15PM

Valedictory Function

02:15PM - 03:00PM

Lunch

09:30AM - 10:45AM	Diabetes Educator's Workshop	
09:30AM - 09:42AM	Diabetes: Basic Understanding	Dr. Suhasini Eashwar (Rajkot)
09:42AM - 09:54AM	Hypoglycemia: Causes, Risk Factors & Management	Dr. Nihar Gedia (Surendranagar)
09:54AM - 10:06AM	Self Monitoring of Blood Glucose	Dr. Dipak Chudasama (Junagadh)
10:06AM - 10:18AM	Insulin Injection Techniques	Dr. Bhavesh Patel (Modasa)
10:18AM - 10:30AM	Tips for Foot Care in DM	Dr. Rohan Patel (Bharuch)
10:30AM - 10:45AM	Discussion	
10:45AM - 12:30PM	GDM	
10:45AM - 11:00AM	GDM : Current Status and Pathophysiology	Dr. Shalini Jaggi (New Delhi)
11:00AM - 11:15AM	Diagnosis of GDM: Indian Perspective	Dr. Rajeev Chawla (New Delhi)
11:15AM - 11:30AM	Management of GDM: Role of MNT & Oral Drugs	Dr. Shailesh Trivedi (Vadodara)
11:30AM - 11:45AM	Importance of Early Post Meal Glucose Control in HIP- Role of Newer Insulin	Dr. Sunil Gupta (Nagpur)
11:45AM - 12:00PM	Blood glucose monitoring in GDM	Dr. TKM Easwar (Rajkot)
12:00PM - 12:15PM	GDM: Obstetrician Perspective	Dr. Ami Mehta (Rajkot)
12:15PM - 12:30PM	Case Based Panel Discussion By Dr. Pratap Jethwani	



Please send your Abstracts for paper/poster presentations before **25th March, 2020** to **diabetica2020@gmail.com**

RSSDI - Gujarat Chapter
Secretariat
Jethwani Hospital
5 - Junction Plot, Rajkot, Gujarat 360001
Ph.: +91-9824285957
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Conference Secretariat
Dr. Mayank Thakkar
150 ft Ring Road,
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Amin Marg Cross Road,
Rajkot, Gujarat 360005
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Registration Form

(Please use Capital Letters)

Name _____ Degree: MD ☐ DM ☐ DNB ☐ Other _____

Designation _____

Name of institution/ College _____

Address _____

City _____ State _____ Pin Code _____

Mobile No. _____ Email _____

Accompanying Person Details (Please indicate your preferences by ticking the box)

			Male	Female
1. Name _____	Mobile No. _____	Age _____	☐	☐
2. Name _____	Mobile No. _____	Age _____	☐	☐

REGISTRATION FEES

Category	Up to 5 th April, 2020	Spot
RSSDI & APR Member	₹ 3,000	₹ 4,000
Non-Member	₹ 4,000	₹ 5,000
Students ¹	₹ 1,500	₹ 2,000
Health Care Professional ²	₹ 1,500	₹ 2,000
Accompanying Person	₹ 4,000	₹ 5,000

1. Students need to submit valid ID Proof along with Registration Form
2. Nutritionist, Educators & Allied Specialties

PAYMENT DETAILS

Bank Details for NEFT TRANSFERS - RSSDI GUJARAT CHAPTER

Bank Name	HDFC Bank Ltd.
Branch Address	K K Nagar Road, Ghatlodiya, Ahmedabad
Account Name	RSSDI GUJARAT CHAPTER
Account No	13371450000010
IFSC Code	HDFC0001337

I am Enclosing here with the registration fee of Rs. _____

by cheque / Demand Draft No. _____

Date _____ in cheque in favor of "RSSDI – Gujarat Chapter"

For Registration Inquiry - Dharmesh Vyas (9879791514)

RSSDI - Gujarat Chapter
Secretariat
Jethwani Hospital
5 - Junction Plot, Rajkot, Gujarat 360001
Ph.: +91-9824285957
Email: pratapjethwani@gmail.com

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