40TH ANNUAL

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NATIONAL INSTITUTE ON THE TEACHING OF PSYCHOLOGY

JANUARY 3–6, 2018

The TradeWinds Island Grand Resort
St. Pete Beach, Florida

NITOP 2018: LEARNING, NETWORKING, AND EXPLORING RESOURCES

For teachers of psychology who wish to explore new ideas that will enhance and broaden their teaching skills.

Cosponsors:
Association for Psychological Science
University of South Florida Department of Psychology

aps ASSOCIATION FOR PSYCHOLOGICAL SCIENCE

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40th Annual National Institute on the Teaching of Psychology • January 3–6, 2018

Cosponsored by: **Association for Psychological Science • University of South Florida Department of Psychology**

General Information

The National Institute on the Teaching of Psychology is an annual conference for teachers of psychology. The NITOP organizing committee (Bob Hendersen [Chair], Stephen Chew [Associate Chair], Bridgette Martin Hard, Erin Hardin, and Beth Morling) invites distinguished speakers for the program, based on nominations by past participants, expertise in topics related to the teaching of psychology, and demonstrated presentation skills. NITOP is an independent, nonprofit, educational organization.

Invited presentations include workshops, concurrent sessions, and general sessions on topics of interest to psychology teachers at all levels, from high school through university. To assist these teachers in improving their effectiveness and enhancing their students' learning, the Institute program offers content updates, new instructional techniques, and engaging activities.

NITOP encourages Institute participants to share their own research projects, course content ideas, innovative classroom techniques, and effective class activities with Institute faculty and other teachers at poster sessions, participant idea exchanges, the Teaching Slam and Demo Demo special sessions, as well as in informal discussions at meals and evening get-togethers.

The program for the 40th Institute begins on the morning of Wednesday, January 3, with registration, a continental breakfast, and five workshops. It ends on Saturday, January 6, at 12:15 pm, following the closing session and the announcement of awards.

Program Events

Workshops: Five 90-minute, hands-on sessions offering techniques, strategies, and practical tips for guiding psychology majors to meaningful careers, teaching technology that melds with the science of learning, networking for international collaborative exchange, embedding experimental research within your courses to improve student learning and performance, and integrating statistics and methods to teach what students really need to know.

General Sessions: Five lectures on topics of general interest to all psychology instructors, featuring talks by Michelle (Mikki) Hebl, Simine Vazire, Todd Heatherton, Denise Park, and Antonio Puente.

Concurrent Sessions: Six concurrent sessions, each including four one-hour presentations by distinguished psychology faculty addressing a wide range of content areas and teaching strategies.

Poster Sessions: Three Poster Sessions will showcase presentations by Institute participants on topics related to the teaching of psychology. Three NITOP poster awards will be announced at the closing session. The winners (the first author in the case of multiply-authored posters) will receive a certificate and one complimentary registration for a future NITOP.

- **The Frank Costin Memorial Award for Excellence** will be given for the poster judged to be the most outstanding in terms of contributing to excellence in teaching psychology.
- **The Doug Bernstein Award** will be given for the poster judged to be the most humorous, creative, or original, or as making the strongest contribution to the teaching of introductory psychology.
- **The Scholarship of Teaching and Learning Award** will be given for the poster judged to be the most outstanding in terms of (a) the importance of the research questions addressed, (b) the soundness of the research methodology employed, (c) the use of appropriate qualitative and/or statistical analyses, and (d) the clarity with which the implications of the research findings for teaching and learning are expressed.

Participant Idea Exchange Sessions (PIEs): Three PIEs will offer participants the opportunity to share teaching ideas in a roundtable format. Each of these sessions will include about 20 discussion topics, hosted by Institute participants whose proposals were submitted, reviewed, and accepted in advance. Hosts will lead informal, one-hour discussions of those topics at specifically-designated round tables. Following a short presentation by the host, participants at the table will be invited to discuss their own ideas on that topic. Participants often move among tables and are free to switch to a different discussion at any time.

Teaching Slam: The Teaching Slam is a fast-paced, dynamic session, in which multiple speakers share their best teaching tip, assessment idea, or class activity. You will get fresh ideas to use in your class right away! Consult **nitop.org** for instructions regarding how to submit a proposal for the Teaching Slam.

Demo Demo: In the Demo Demo, great instructors microteach their favorite class demonstrations—original, ready-to-use demos and new twists on old favorites. Get a ready-to-use new class demonstration or experience an old favorite in a new way. Consult **nitop.org** for instructions regarding how to submit a proposal for the Demo Demo.

Book and Software Displays: During the poster sessions and at other times throughout the Institute, exhibitors will be on hand to discuss their newest psychology textbooks and classroom tools. You are encouraged to explore the exhibits and discover fresh ways to use textbooks, technology, and instructional software to enhance your students' learning.

Further Information

Check nitop.org for program updates, speaker biographies and abstracts, and nearby sightseeing opportunities for families. Questions may be directed to Joanne Fetzner by phone (813-973-6969) or email (coordinator@nitop.org).

NITOP 2018



2018 General Session Speakers (left to right) Michelle (Mikki) Hebl, Simone Vazire, Todd Heatherton, Denise Park, Antonio Puente

Wednesday, January 3

7:30 am: Continental Breakfast

7:30 am–5:00 pm: Registration

8:30–10:00 am: Workshops
- The Care and Feeding of Psychology Majors: Learning Outcomes, Marketable Skills, and the Career Launch—*Eric Landrum*
- Teaching Technology That Melds with the Science of Learning—*Kevin Yee*
- **Annual Psi Chi Workshop:** Network for International Collaborative Exchange: Connecting Students and Faculty across the Globe to Study—*John Edlund*
- How to Have Your Cake and Eat It Too: Embedding Experimental Research within Your Courses to Improve Student Learning and Performance—*Sarah Grison*
- **Annual Society for the Teaching of Psychology Workshop:** Integrating Statistics and Research Methods: What Do Students Really Need to Know?—*Janie Wilson*

10:15–10:45 am:
- **Welcome Session for First-Time NITOP Participants**
- **Exhibit Viewing Time**

11:00 am–12:30 pm: Opening Session
- **11:00–11:30 am: Welcoming Remarks**—*Robert Hendersen, Sarah Brookhart, and Toru Shimizu*
- **11:30 am–12:30 pm: Opening Address** Mindbugs and Gorillas and White Bears, Oh My!—*Michelle (Mikki) Hebl*

12:45–1:30 pm: Box Lunch Pickup

1:30–3:00 pm: Poster Session I

3:15–4:15 pm: Participant Idea Exchange I

4:30–5:45 pm: Teaching Slam—*Bridgette Martin Hard, Moderator*

6:00–8:30 pm: Buffet Reception for Participants and Their Companions and Families—a wide selection of appetizers, salad and pasta bars, desserts, and wine and beer

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Thursday, January 4

7:00–8:00 am: Yoga on the South Lawn

7:30–8:45 am: Buffet Breakfast

9:00–10:00 am: Concurrent Sessions I
- Instructional Methods That Support Diversity and Inclusion—*Amy Marin*
- **Annual Society for Personality and Social Psychology Session:** Teaching Self-Affirmation and Social Psychological Interventions—*David Sherman*
- Look, Laugh, and Learn (and Do): Engaging Students in the Classroom—*Jeff Nevid*
- Teaching in the E-Book Era: Assessing Student Apprehension, Comprehension, and Engagement—*Lisa Shin and Samuel Sommers*

10:15–11:15 am: Participant Idea Exchange II

11:30 am–12:30 pm: General Session
- Teaching Psychology during the Replicability Crisis—*Simone Vazire*

12:30 pm: Buffet Lunch and "Laugh at Lunch"

2:00–3:00 pm: Concurrent Sessions II
- The Psychology of Police Interrogations and False Confessions—*Mark Costanzo*
- Teaching Diversity in Introductory Psychology: Students' Perspectives and Instructors' Strategies—*Andrew Pomerantz*
- **Annual Society for the Psychological Study of Social Issues Session:** From Buzzword to Critical Pedagogy: Teaching Intersectionality and Promoting Social Justice in Psychology—*Patrick Grzanska*
- Touch, Embodiment, and the Sense of Self: How the Brain Represents Our Bodies—*Jared Medina*

3:15–4:15 pm: General Session
- Is Multitasking Responsible for the Rise of Childhood Obesity (and ADHD and GAD)?—*Todd Heatherton*

4:30–6:00 pm: Poster Session II

7:00–8:00 pm: Software Demonstrations and Ad Hoc Meetings

8:00–10:00 pm: Social Hour

Friday, January 5

7:00–8:00 am: Yoga on the South Lawn

7:30–8:45 am: Buffet Breakfast

9:00–10:00 am: Concurrent Sessions III
- Using Developmental Psychology as a Way to Reach Underserved Students—*Makeba Wilbourn*
- What's the Big Idea? A Backward Approach to Effective Teaching—*Erin Hardin*
- Teaching in the E-Book Era: Assessing Student Apprehension, Comprehension, and Engagement—*Lisa Shin and Samuel Sommers*
- **Annual Society for the Psychological Study of Social Issues Session:** From Buzzword to Critical Pedagogy: Teaching Intersectionality and Promoting Social Justice in Psychology—*Patrick Grzanska*

10:15–11:15 am: Participant Idea Exchange III

11:30 am–12:30 pm: General Session
- **Annual Association for Psychological Science Session:** Fragile Minds: Predicting Who Will Age Well—*Denise Park*

12:30 pm: Buffet Lunch and NITOP NITOP (Nearly Impossible Trivia of Psychology)

2:00–3:15 pm: Demo Demo—*Stephen Chew, Moderator*

3:30–4:30 pm: Concurrent Sessions IV
- Teaching Diversity in Introductory Psychology: Students' Perspectives and Instructors' Strategies—*Andrew Pomerantz*
- Sticky Teaching: Gameful Design, Case Studies, and Pop Culture—*Wind Goodfriend and Tom Heinzen*
- Touch, Embodiment, and the Sense of Self: How the Brain Represents Our Bodies—*Jared Medina*
- **Annual Society for Industrial and Organizational Psychology Session:** People Skills Are Always in Demand: Teams, Virtual Teams, and Community Partnerships—*Victoria Pace*

4:45–6:15 pm: Poster Session III

8:00–10:00 pm: Karaoke Social Hour

Saturday, January 6

7:30–8:30 am: Buffet Breakfast

8:30–9:30 am: Concurrent Sessions V
- **Annual Society for Personality and Social Psychology Session:** Teaching Self-Affirmation and Social Psychological Interventions—*David Sherman*
- The Psychology of Police Interrogations and False Confessions—*Mark Costanzo*
- Look, Laugh, Learn (and Do): Engaging Students in the Classroom—*Jeff Nevid*
- Using Developmental Psychology as a Way to Reach Underserved Students—*Makeba Wilbourn*

9:45–10:45 am: Concurrent Sessions VI
- Instructional Methods That Support Diversity and Inclusion—*Amy Marin*
- **Annual Society for Industrial and Organizational Psychology Session:** People Skills Are Always in Demand: Teams, Virtual Teams, and Community Partnerships—*Victoria Pace*
- Sticky Teaching: Gameful Design, Case Studies, and Pop Culture—*Wind Goodfriend and Tom Heinzen*
- What's the Big Idea? A Backward Approach to Effective Teaching—*Erin Hardin*

11:00 am–12:15 pm: Closing Session
- **11:00 am–Noon: Closing Address:** 125 Years of Teaching of Psychology: Lessons, Challenges and Trajectories—*Antonio Puente*
- **Noon–12:15 pm: Closing Remarks and Announcement of Awards**—*Robert Hendersen*

Proposals

All participants in the Institute are invited to submit proposals for posters, Participant Idea Exchanges (PIEs), Teaching Slam presentations, and Demo Demo demonstrations. Submissions must be related to the teaching of psychology. The deadline for submitting a Teaching Slam or Demo Demo proposal is September 15, 2017. For Poster and Participant Idea Exchange proposals, the deadline is October 1, 2017. Later proposals will be considered if space remains available. Proposals should include an abstract that summarizes the presentation, and PIE proposals must also include the questions that will be posed to encourage discussion. Submissions are reviewed for quality and for relevance to improving the teaching of psychology. Detailed guidelines for preparing proposals, along with instructions for submitting them, are available at the NITOP website (**nitop.org**). To be placed on the program, all accepted presentations must have a registered presenter by November 15.

Air and Ground Transportation

The primary airport serving St. Pete Beach is Tampa International Airport. Ground transportation from the airport directly to the conference hotel is available for NITOP participants (at $25 one way per person) who make a reservation by email no later than December 11, 2017, following the instructions contained in NITOP's confirmation of receipt of your registration for the conference.

Avis will offer discounted rates for cars reserved between December 27, 2017 and January 13, 2018, if you make a reservation by either: (1) calling 800-331-1600 or visiting **www.avis.com** and providing the AWD number J097806, or (2) using the link on the NITOP website. Hertz, which has a location next to the conference hotel, will offer NITOP participants discounted rates. Please call the Hertz Toll Free number (800-654-3131) or go to **www.hertz.com** and provide the Discount/CDP/Club code 1985367.

Conference Hotel—The TradeWinds

The TradeWinds Island Grand is an 18-acre, family-friendly and environmentally-friendly beach resort, which offers an abundance of recreational activities both on and off the beach. The specially discounted rate for NITOP participants is $137 single or double (children free) if reservations are made **by November 15, 2017** by calling 800-808-9833 (mention NITOP) or online at **www.tradewindsresort.com/nitop**. For more information on the hotel and recreational activities for families, visit **www.tradewindsresort.com**.

Laugh at Lunch

Teachers love to swap amusing anecdotes and laugh at ourselves. NITOP participants are invited to share their best stories by submitting brief narratives of their most entertaining teaching experiences, including personal foibles, gaffes, and bloopers. Please keep stories within the bounds (or at least within sight of the bounds) of kindness and good taste. The NITOP committee will review the submissions in advance and select the most entertaining stories for presentation at "Laugh at Lunch" on Thursday. Submit your story on **nitop.org** by January 1, 2018.

NITOP NITOP

NITOP NITOP (Nearly Impossible Trivia of Psychology) returns! Test your knowledge of the details, the minutiae, the obscure, and the noteworthy particulars of psychology. In this collaborative event, each lunch table works together to answer 15 trivia questions from all areas of psychology. The winning table gets a prize, but fun and enlightenment will be had by all!

Registration

Register online at **nitop.org**. The registration fee for psychology teachers is $570 for registrations paid by November 15 ($620 after November 15) and includes:

- Admission to all conference events
- Registration materials:
  - Printed program that includes the titles and authors of all posters, participant idea exchange topics, and Teaching Slam and Demo Demo presentations
  - Online access during and after the conference to all speakers' handouts, with printed copies if requested in advance
- Meals and breaks:
  - Four breakfasts and three lunches
  - An evening buffet for participants and their companions and families
  - Refreshments at poster sessions, coffee breaks, and social hours

APS members: Regular members, $540 ($590 after November 15), student affiliates, $360 ($410 after November 15)
Retirees and students: $390 ($440 after November 15) (restrictions apply)
Guests of participants: Companions whose affiliation is unrelated to psychology and are age 16 or older, who will attend meals, breaks, and poster sessions, as well as all other events in the program: $355
Early career scholarships: $100 reduction in registration fee; see website for application details

With Supporting Grants From:

- APA Education Directorate
- Cengage Learning
- W. W. Norton & Company
- Pearson Education
- Psi Chi
- Sage Publishing
- Society for Industrial and Organizational Psychology
- Society for Personality and Social Psychology
- Society for the Psychological Study of Social Issues
- Society for the Teaching of Psychology
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FOR MORE INFORMATION AND TO REGISTER: NITOP.ORG