

A Practical Guide to Effective Nurse Prescribing in End of Life Care

For Current and Aspiring Nurse Prescribers

Wednesday 5th December 2018 The Studio Conference Centre Manchester

10% card payments discount*
15% group booking discount**



Chair & Speakers Include:

Anita Hayes

Programme Lead Building on the best and ECIP End of Life Care Hospice UK

Catherine Malia

*Nurse Consultant
St Gemma's Hospice*

Deborah Robertson

*Senior Lecturer & Programme Leader
Non-medical Prescribing, University of Chester*

Supporting Organisations



A Practical Guide to Effective Nurse Prescribing in End of Life Care

For Current and Aspiring Non Medical Prescribers

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"The Department of Health and Social Care has recently reiterated its commitment to improvement in the quality of end-of-life care and emphasised the importance of all patients having rapid access to medication."

Community palliative care clinical nurse specialists as independent prescribers: part 1 Kathy Latham, Brian Nyatanga 2018

This important national conference provides an essential update for current and aspiring nurse prescribers on prescribing at the end of life. It is widely recognized that pain and symptom control at the end of life is not always optimal, the development of nurse prescribing has a key role in improving pain and symptom control for patients at the end of life. The conference, which includes national updates, extended in depth sessions and case studies will focus on developing your skills and competence as a nurse prescriber in end of life care.

"There are unacceptable variations in aspects of palliative and end of life care such as access to pain control, related to different care settings"
Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020

"People have watched their loved ones dying in pain or in an agitated state because their symptoms have been ineffectively or poorly managed... These cases show how pain, agitation and other distressing symptoms were not adequately controlled as people neared the end of their lives. This caused additional unnecessary suffering for the person who was dying, and also for their loved ones, who were by their bedside in their final days and hours. In many cases, this distress could have been avoided."

The Parliamentary and Health Service Ombudsman

"NMP in a palliative care context may be one mechanism through which people can be supported to remain at home with well controlled symptoms at the end of life. For example, patients with cancer typically spend 65-80% of their last 6 months of life at home and adequate pain control is often hindered by poor access to effective timely analgesia. These patients often have multiple, rapidly changing symptoms requiring highly specialist management" Non-Medical Prescribing in Palliative Care: A Regional Survey, Dr Lucy Ziegler University of Leeds

The conference will also update nurse prescribers in the issues around prescribing controlled drugs. In their July 2018 Annual Report the Care Quality Commission stated that *"the volume of prescribing of controlled drugs by pharmacists in 2017 almost doubled from 259,394 to 487,036 items. The increase in nurse prescribing was around 6%".*

This conference will enable you to:

- Network with colleagues who are working to improving nurse prescribing in end of life care
- Learn from outstanding practice in end of life care prescribing
- Understand how to effectively develop, demonstrate and maintain continued competence in prescribing for patients at the end of life
- Reflect on lessons from experts in non medical prescribing for specific case study areas with in depth interactive sessions focusing on Non Medical Prescribing for Pain
- Nurse Prescribing in community settings and at home
- Controlled drugs and use of drugs beyond the product licence
- The use of Syringe Drivers and Syringe Driver combinations
- Best practice in prescribing for symptom control at the end of life
- Non medical prescribing within a hospice setting
- Anticipatory prescribing
- Identify key strategies for improving nurse prescribing practice at the end of life
- Develop your role and confidence as a nurse prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice

100% of delegates at our previous conference on this subject would recommend it to a colleagues

Follow the conference on Twitter #NMPEndofLife

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10.00 Chair's Welcome

Anita Hayes *Programme Lead Building on the best and ECIP End of Life Care Hospice UK*

10.10 Nurse Medical Prescribing: National Update

Marion Russell
*Medicines Management Advisor
& Board Member Association for Prescribers*

- national developments in non medical prescribing
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of non medical prescribing in end of life care

10.40 Nurse Medical Prescribing in end of life care

Catherine Malia
*Nurse Consultant
St Gemma's Hospice*

- current issues for non medical prescribers in end of life care
- why are nurses who are trained to prescribe in end of life care not prescribing?
- difficult issues in end of life care prescribing
- what medication errors do we see in this area?

11.10 *Question and answers, followed by tea & coffee at 11.20*

11.45 EXTENDED SESSION: Nurse Prescribing for Pain at the End of Life

Inge Bateman
*Lead Clinical Nurse Specialist In-patient Pain Service
Western Sussex Hospitals NHS Foundation Trust*

- developing, demonstrating and maintaining continued competence in non medical prescribing for pain
- key principles in the assessment of pain
- clinical experience leading to improved service
- working collaborative with the palliative care team – examples of improved care

12.45 Best practice in prescribing for symptom control in End of Life Care

Susan Dargan
*Lead Nurse, Palliative and End of Life Care & Nurse Prescriber
Ashford & St Peters Hospitals NHS Foundation Trust*

- prescribing for symptom control: current issues
- best practice in prescribing for symptom control at the end of life
- improving confidence in prescribing practice
- improving non medical prescribing practice
- supporting non medical prescribers: infrastructure needed to support the safe and effective development and implementation of Non Medical Prescribing

13.15 *Question and answers, followed by lunch at 13.25*

14.00 EXTENDED SESSION Ensuring competence and confidence in prescribing practice

Deborah Robertson
*Senior Lecturer & Programme Leader
Non-medical Prescribing, University of Chester*

- improving non medical prescribing practice
- implementing the new national competency framework
- ensuring you have the history-taking, clinical assessment and diagnosis skills to prescribe appropriately and effectively
- keeping your prescribing knowledge up-to-date: accessing education, training and resources
- difficult issues: pharmacology & prescribing decision making for cancer and non cancer palliative care, understanding co-morbidity issues and drug interactions

15.00 Nurse Prescribing in the patients home

Speaker to be announced

- the role of non medical/nurse prescribing in enabling people to remain at home
- developing the prescribing role in community nursing
- our experience and case histories
- facilitating anticipatory prescribing

15.30 *Question and answers, followed by tea & coffee at 15.40*

15.50 Controlled drugs and the use of drugs beyond product licence

Speaker to be announced

- “the volume of prescribing of controlled drugs by pharmacists in 2017 almost doubled from 259,394 to 487,036 items. The increase in nurse prescribing was around 6%” CQC July 2018
- controlled drugs and non medical/nurse prescribing
 - what are the issues
 - the use of drugs beyond the product licence
 - non medical prescribing and the use of Syringe Drivers and Syringe Driver combinations
 - our experience

16.20 Nurse prescribing in a nurse led hospice

Sheila Dawson
*Member National Nurse Consultant in Palliative Care Group
& Nurse Consultant in Palliative Care
St Theresa's Hospice*

- nurse prescribing in a hospice setting: issues and benefits
- overcoming issues such as training required, engagement and support of primary care, expectations of the role, not wanting to de-skill doctors and difficulties in accessing prescription pads
- the benefits we have seen from non medical prescribing

16.50 *Question and answers, followed by close*

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Download

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Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

The Hive, 51 Lever Street, Manchester, M1 1FN.
A map of the venue will be sent with confirmation of your booking.

Date Wednesday 5th December 2018

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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