

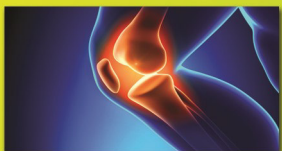


BORNEO

ARTHROSCOPY

SCIENTIFIC COURSE

18 – 20 NOVEMBER 2015



THE KNOWLEDGE RESTORATION OF JOINT STABILITY



EARLY BIRD

| BY 30/09/2015 |

SPECIALIST

- RM200

MEDICAL OFFICER

- RM150

PARAMEDIC

- RM50

LATE REGISTRATION

| AFTER 30/09/2015 |

SPECIALIST

- RM250

MEDICAL OFFICER

- RM200

PARAMEDIC

- RM100



CLOSING DATE: 02/11/2015

REGISTRATION FORM

Title/Name: Dato' / Datin / Dr. / Mr. / Ms. _____

Position: _____ Mobile: _____

Email: _____

Address: _____

Hospital: _____

PAYMENT

Payable to:

Persatuan Ortopedik Kota Kinabalu Sabah

Bank Islam Acc No : 10016010098693

Outstation cheque kindly include additional charge of RM 0.50

☐ Cash ☐ Cheque ☐ Bank In ☐ LPO Amount: RM _____

(Kindly Fax: 088 - 272 454 / 237 537 or email bank slip/LPO to ortopedik.hqe@moh.gov.my)

For more information contact:

- Dr. Tan (012-8278121)
- Dr. Jazlan (010-2216911)
- Dr. Asrul (017 - 2231414)

- Dr. Hj Samsul (0138657888)
- En. Andrew (019-8200801)
- Pn. Rina (088 - 324600 ext 2198)

WHO SHOULD ATTEND

- Health Professionals
- Universities
- Paramedics/Nurses/Physiotherapist/
Occupational Therapist

REGISTRATION FEES

Early Bird Registration by 30/09/2015

- Specialist: RM200
- Medical Officer: RM150
- Paramedics/Physiotherapist/OT: RM50

Late Registration

- Specialist: RM 250
- Medical Officer: RM 200
- Paramedics/Physiotherapist/OT: RM100

PAYMENT METHODS

- Payment can be made by cheque or bank transfer or by a Local Purchase Order (LPO)
- All cheques/LPOs should be made payable to "PersatuanOrtopedik K.K. Sabah"
- If you wish to bank in your payment, here are the details:

Bank Islam
Account Number: 10016070098693
(PersatuanOrtopedik KK)

- Please include a copy of your bank-in slip with your form.
- The organizing committee is not responsible for payments not sent as stated above.

REGISTRATION & ENQUIRIES



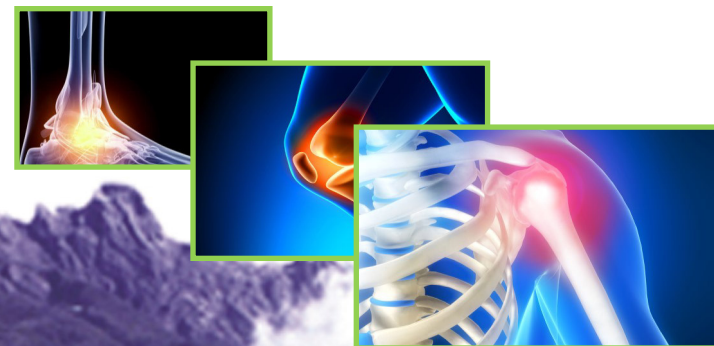
- ☑ Mr. Tan Chen Wee
- ☑ Mr. Mohd Jazlan B Adnan
- ☑ Dr. Asrul Syamin B Hisyam Yong
- ☑ Dr. Hj Shamsul Ag Tuah
- ☑ Mr. Andrew Suali
- ☑ Mrs. Rina M. Abdullah

Or email to:
ortopedik.hqe@moh.gov.my

NOTE

- ☑ Certificate of Attendance will be given to participants
- ☑ Continuing Professional Development (CPD) point or hours will be provided upon completion of the course

BORNEO ARTHROSCOPY SCIENTIFIC COURSE



18 – 20 NOVEMBER 2015

AUDITORIUM UMS

AUDITORIUM QEH 2

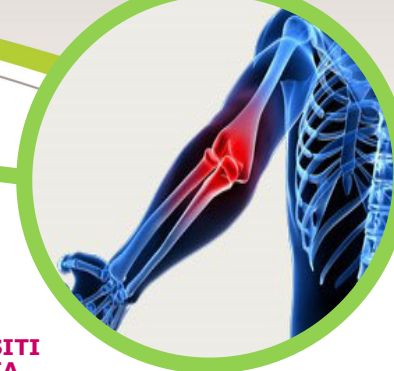
ORGANIZER



THE KNOWLEDGE RESTORATION OF JOINT STABILITY

THEME

THE KNOWLEDGE RESTORATION OF JOINT STABILITY



OBJECTIVES

- To plan and give necessary treatment for patient with unstable joint problems.
- To identify methods should be used in joint treatment.
- To improve connection and networking related to joint instability.

18TH NOV

LECTURES

**UNIVERSITI
MALAYSIA
SABAH**

07:45 – 08:15 Registration
08:15 – 08:45 Welcome
08:45 – 09:00 Group Photo
09:00 – 09:30 Tea Break

TOPIC

SPEAKER

09:30 – 10:00	ACL Anatomy and Biomechanics	Dr. Arif
10:00 – 10:30	Harvesting (BPTB and Hamstring)	Dr. Faris
10:30 – 11:00	Tunnels Drilling: AM Portal vs Transtibial	Dr. Siti
11:00 – 11:30	Choice of Grafts	Dr. Tan
11:30 – 12:00	Grafts fixation	Dr. Hisham
12:00 – 12:30	Shoulder Stability Biomechanics	Dr. Hamed
12:30 – 13:00	Position and Portal Placement	Dr. Siti
13:00 – 14:00	Lunch	
14:00 – 14:30	Shoulder Instability	Dr. Hisham
14:30 – 15:00	Open vs Arthroscopic Repair	Datuk Asri
15:00 – 15:30	Labrum Repair	Datuk Asri
15:30 – 16:00	Pre Operative Rehabilitation	Dr. Redzal
16:00 – 16:30	Post Operative Rehabilitation	Dr. Mariam
16:30 – 17:00	Q & A Tea Break	

19TH NOV

UNIVERSITI MALAYSIA SABAH

**LAB
SESSION**

WORKSHOP

08:15 – 10:15	Grafts Suturing ACL Recon	Knee Arthroscopy Knot Tying	Knee Rehab Shoulder Rehab
10:15 – 11:00	TEA BREAK		
11:00 – 13:00	Knee Rehab Shoulder Rehab	Grafts Suturing ACL Recon	Knee Arthroscopy Knot Tying
13:00 – 14:00	LUNCH		
14:00 – 16:00	Knee Arthroscopy Knot Tying	Knee Rehab Shoulder Rehab	Grafts Suturing ACL Recon

20TH NOV

HOSPITAL QUEEN ELIZABETH II

**LIVE
SURGERY**

ACL Reconstruction (AM Portal)	Hamstrings
Shoulder Instability	Bankart Repair