

CME Conference
Outpatient Medicine

Join us for our CME Conference on Outpatient Medicine on an Antarctica Cruise on January 7-18, 2028

Price: $995

- Accommodations are not included in the conference fee.

Offering Highlights

- Up to 16 accredited CME/CPE credits (ACCME, ANCC, ACPE, AAFP, AOA, ABIM).
- Taught by practicing physicians.
- Include access to online version with up to 16 additional credits.
- Live streaming
- 50% discount on 8-hour Opioid course for DEA for license renewal.

Conference Cancelation Policy

Within 7 days of the purchase date your choice of the following:

- Full credit towards another conference or
- Refund minus 5% processing fee

After 7 days from the purchase date, your choice of the following:

- Full credit towards another conference or
- You can utilize the online content
- Cancellations and conference schedule modifications must be requested via email, please email info@cmevacations.com

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Dr. Steve Burgess, MD, MBA, Founder



Özlem Carlson, MBA, COO

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Great CME Found Here

Why You Should Choose CME Vacations

Our conferences often evoke the sentiment,

'It's Too Good to be True.'

We're accustomed to hearing this reaction, as many attendees are pleasantly surprised by our unique blend of cutting-edge medical content and a fabulous vacation.

The genesis of our company stems from Dr. Steve Burgess's dissatisfaction with the quality and timeliness of available CME offerings. Disheartened by attending a conference where a renowned pneumonia expert failed to address recent guidelines, opting instead to recycle outdated material, Dr. Burgess recognized a need for improvement. Moreover, the full-day lecture schedule left him fogged and unable to absorb information effectively.

Always looking to innovate and improve, Dr. Burgess crafted a program tailored to his own preferences. He based this program on three fundamental tenets:

> **Relevant, Up-to-Date Content:** Prioritize the latest medical information to ensure attendees receive the most current insights.
>
> **Half-Day Lectures:** Condensed, focused sessions to improve comprehension and retention.
>
> **Scenic Locations:** Our conferences take place in picturesque settings, allowing attendees to unwind and to network—two factors important in growing and maintaining a career.

Dr. Burgess' dedication to staying abreast of medical advancements is exemplary. He goes above and beyond to incorporate new findings into our lectures. This commitment has earned recognition, with his presentations aligning with the latest official guidelines.

As the business grew, Dr. Burgess enlisted the expertise of his longtime friend Özlem to manage business operations. Together, we strive to create an exceptional CME experience. We value feedback from our clients and continuously refine our offerings based on your suggestions, such as introducing networking events and providing helpful resources like reference sheets.

When you attend our conferences, you'll have the opportunity to meet at least one member of our team, if not more. We eagerly anticipate welcoming you to the CME Vacations family.

-- Steve and Özlem



Hotel

Outpatient Medicine Update

Visit Us at CMEvacations.com

Outpatient Medicine Update CME Event on an Antarctica Cruise on January 7-18, 2028

Accommodations:

Seabourn Cruise Line: Seabourn Venture

Price: $21,298+ (+ taxes and fees)

- Accommodations are not included in the conference fee.
- Book your cabin through CME Custom Travel from this link

Cruise Highlights

- Excellent location
- Dining, Bars, and Lounges
- The Club
- Spa, Fitness Facilities, & Pool

Contact a CME Custom Travel Representative at:

- (469) 314-6959 or Dan@CMEcustomtravel.com



Agenda

Outpatient Medicine Update

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Pre-Event
Biostatistics

Session 1: Pulmonology Update: Asthma, COPD, Pneumonia
Session 2: Endocrinology Update: Diabetes
Session 3: Cardiovascular Update: Heart Failure & New Evidence
for Common Conditions
Session 4: Neurology Update: Stroke, Dementia
Session 5: Cardiovascular Update: Atrial Fibrillation, CAD, Lipids
Session 6: Gastroenterology Update: MASLD, Colorectal Cancer
Screening
Session 7: Pharmacy Update
Session 8: Rapid Fire Research

Bonus Topic:
Navigating Difficult Conversations in Medicine

- Breaks are provided.
- Conference is Live Streamed, and recordings are available to attendees for one month afterwards.

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Content

Outpatient Medicine Update

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CME Credits

- Up to 16 hours of accredited CME (ACCME, ANCC, ACPE, AAFP, AOA, ABIM).
- Accredited CME focused on the latest developments in adult outpatient medicine.

Topics

- **Biostatistics Review:** Brief overview including definitions of medical applications of statistics
- **Cardiovascular Update - Atrial Fibrillation, CAD, Lipids:** Guidelines and relevant research on atrial fibrillation, CAD, and lipids.
- **Cardiovascular Update - Heart Failure:** Guidelines and relevant research on heart failure
- **Endocrinology Update - Diabetes:** Guidelines and relevant research on diabetes.
- **Gastroenterology Update - MASLD, Colorectal Cancer:** Guidelines and relevant research on MASLD and colorectal cancer.
- **Navigating Difficult Conversations in Medicine**: Discuss patient-centered communication skills and techniques to connect with patients
- **Neurology Update:** Dementia, Stroke: Guidelines and relevant research on dementia and stroke.
- **New Evidence for Common Conditions:** Latest research applicable to common conditions treated by primary care healthcare professionals
- **Pharmacy Update:** Information on new pharmaceuticals as well as updates on relevant existing medications
- **Rapid Fire Research:** Relevant research for hospital and primary care released within the last 12 months
- **Pulmonology Update - Asthma, COPD, Pneumonia:** Guidelines and relevant research on asthma, COPD, and pneumonia.

Educational Objectives

- Discuss updates and new evidence in the medical literature
- List recent guideline updates and recommendations
- Identify best practices for interprofessional care when managing common issues in outpatient medicine
- Review expert opinions for areas lacking data and evidence
- Recognize new pharmaceuticals as well as updates on existing medications

- We constantly evaluate new studies and guidelines and adjust our course content accordingly. Our goal is to always present the latest information that will help you improve how you care for patients.

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Accreditation Details, Part I

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (Partners) and CME Vacations, LLC. Partners is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Education

Partners designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine Maintenance of Certification

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

To receive CME credit and/or MOC points, you MUST pass the posttest and complete the evaluation. For ABIM MOC points, your information will be shared with the ABIM through Partners' Joint Accreditation Program and Activity Reporting System (JAPARS). Please allow 6-8 weeks for your MOC points to appear on your ABIM records. By sharing your Diplomate Board ID # and DOB, you are giving Partners permission to use this information/data to report your participation to these Boards JA-PARS.

The AAFP has reviewed the LIVE series activity Outpatient Medicine Update and deemed it acceptable for AAFP credit. This activity is approved for 16 AAFP Prescribed credits.

The AAFP has reviewed the LIVE series activity Hospital Medicine Update and deemed it acceptable for AAFP credit. This activity is approved for 16 AAFP Prescribed credits.

Term of approval is from 12/31/2025 to 12/31/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Accreditation Details, Part II

Nursing Continuing Professional Development
The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 16.0 contact hours.
Designated for 8.0 contact hours of pharmacotherapy credit for Advance Practice Registered Nurses.

American Osteopathic Association (AOA)
These courses are designated as 16 hours of AOA Category 2A Activities.

Pharmacy Continuing Education
Partners designates this continuing education activity for 16.0 contact hour(s) (1.6 CEUs) of the Accreditation Council for Pharmacy Education.
Type of Activity: Application

IPCE CREDIT™

Interprofessional Continuing Education
This activity was planned by and for the healthcare team, and learners will receive 16.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Disclosure of Unlabeled Use
This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications. The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

Disclaimer
Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed or suggested in this activity should not be used by clinicians without evaluation of their patient's conditions and possible contraindications and/or dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Partners Contact Information
For additional information about the accreditation of this activity, please visit https://partnersed.com.

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Disclosures

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Disclosures

Partners for Advancing Clinical Education requires every individual in a position to control educational content to disclose all financial relationships with ineligible companies that have occurred within the past 24 months. Ineligible companies are organizations whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All relevant financial relationships for anyone with the ability to control the content of this educational activity are listed below and have been mitigated according to Partners policies. Others involved in the planning of this activity have no relevant financial relationships.

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- Eric MacLaughlin, PharmD - BaxHTN Advisory Board with AstraZeneca
- Kenna Payne, Pharm.D., has no relevant financial relationships
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