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→ 19 CME/CE Credits Available
including Opioid REMS Course & Workshop

PROVIDED BY
**American
Pain
Society**



Global Academy for
Medical Education

IN COLLABORATION WITH
THE JOURNAL OF

**FAMILY
PRACTICE**

PAINCARE FOR PRIMARYCARE

Join us for this educational live meeting for primary care physicians dedicated to improving care for patients presenting with pain and pain-related symptoms.



NOVEMBER 16-17, 2018

**Wyndham San Diego Bayside
San Diego, California**

**Optional Pre-conference
Addiction Workshop**

November 15

Directed by Edwin Salsitz, MD

NEW!

Limited Space Available. First Come First Served.

Meeting Chair

Paul J. Christo, MD, MBA

Associate Professor, Department of Pain Medicine
The Johns Hopkins University School of Medicine

Topics include:

- Low Back Pain
 - Headaches & Migraines
 - Opioid Prescribing
 - Interventional Approaches
 - Urine Drug Testing
 - Osteoarthritis
 - Fibromyalgia
 - Medical Cannabis
 - Rheumatic Diseases
 - Neuropathic Pain
 - CAM Approaches
- and more!*



Can't Attend The Live Conference?

PCPC Self-Study Course Available!

With the PCPC convenient self-study version, you can earn CME on your own schedule from the comfort of home.

PCPC-selfstudy.com

For more information and to register go to: PCPC-cme.com

ACCREDITATION

Why You Should Attend

As a primary care physician, you treat patients in pain every day. The information presented at this meeting will provide you with an opportunity to enhance your clinical care and acquire additional skills in treating patients who present with pain and pain-related symptoms. This meeting is intended to meet the clinical and educational needs of clinicians in the primary care setting and selected specialties, such as non-pain specialists who recognize the importance and challenges associated with treating patients in pain.

Who Should Attend

The Pain Care for Primary Care meeting is intended for physicians in family practice, internal medicine, neurology, and rheumatology, as well as advanced practice nurses and physician assistants working in pain or primary care.

Educational Objectives

Upon completion of this meeting, participants will be able to:

1. Recognize the competencies and skill sets required to provide quality pain care.
2. Develop strategies for handling common and complex pain care situations.
3. Integrate best practices grounded on evidence-based guidelines and recommendations.
4. Assess changes in the care and outcomes of your patients with pain-related conditions.

Continuing Education

The Pain Care for Primary Care course will offer continuing education (CME/CE) credit for physicians and nurses. Credit will be awarded for those sessions attended and evaluated. Successful completion requires that participants register for the meeting, attend and participate, and complete an online evaluation. Participants will receive their certificates immediately after they submit their evaluations online.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. Family physicians may receive a maximum of 12 *AMA PRA CME Category 1 credits*[™] for completing this program, 3 *AMA PRA CME Category 1 credits*[™] for completing REMS, and 4 *AMA PRA CME Category 1 credits*[™] for completing the pre-conference workshop. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Pain Society and Global Academy for Medical Education. The American Pain Society is accredited by the ACCME to provide continuing medical education for physicians.

The American Pain Society designates this live activity for a maximum of 15 contact hours for completing this program and (1) 4-hour pre-conference workshop at 4.0 *AMA PRA CME Category 1 credits*[™].

Physician Assistants

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits*[™] from organizations accredited by ACCME or a recognized state medical society.

Nurses

This activity has been submitted to the American Association of Neuroscience Nurses for approval to award contact hours. The American Association of Neuroscience Nurses is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses may receive a maximum of 12 Contact Hours for completing this program, 3 Contact Hours for completing REMS, and 4 Contact Hours for completing the pre-conference workshop.

There are no prerequisites required of this activity.

Opioid REMS Course

The American Pain Society and CO*RE will present a 3-hour session (3.00 additional CME/CNE credits) incorporated into the regular PCPC course agenda on Risk Evaluation and Mitigation Strategies (REMS) for Pain Management and Opioids: Balancing Risks and Benefits.



Topics to be discussed during the session include the following:

- Accurately assess patients with pain for consideration of an opioid trial.
- Establish realistic goals for pain management and restoration of function.
- Initiate opioid treatment (IR and ER/LA) safely and judiciously, maximizing efficacy while minimizing risks
- Monitor and re-evaluate treatment continuously; discontinue safely when appropriate.
- Counsel patients and caregivers about use, misuse, abuse, diversion, and overdose.
- Educate patients about safe storage and ability to access general and specific information about opioids, especially those used in your practice.

Continuing Education Credit for the REMS course will be offered separately from the PCPC course. For complete REMS course objectives, accreditation statements and information regarding CE credit for the REMS course, please visit pcpc-cme.com

FACULTY/PLANNING COMMITTEE

(Subject to change. Please see website for updates)

CHAIR



Paul J. Christo, MD, MBA†

Associate Professor
Department of Pain Medicine
The Johns Hopkins University School of Medicine
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FACULTY



David E. J. Bazzo, MD†

Clinical Professor of Family Medicine
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Mount Sinai Beth Israel
Assistant Professor of Medicine
Mount Sinai Icahn School of Medicine
New York, New York



Wendy Wright, MS, RN, APRN, FNP, FAANP†

Owner and Family Nurse Practitioner
Wright & Associates Family Healthcare, PLLC
New Bedford, New Hampshire

*invited †Indicates Planning Committee Member



PAINCARE FOR PRIMARYCARE



AGENDA (Agenda and faculty subject to change. Please check website for updates.)

Thursday, November 15, 2018

Optional Pre-Conference Addiction Workshop Edwin Salsitz, MD Timothy Furnish, MD*

- 2:00 pm The Neurobiology of Addiction: Understanding Addiction
- 2:45 pm Psychiatric Co-morbidities and Treatment in the Addicted Population
- 3:30 pm Break
- 3:45 pm Pharmacotherapy of Addictive Disorders for the Primary Care Provider
- 4:45 pm Special Populations: Pregnancy, Adolescents, and Elderly Addicted Populations
- 5:10 pm Psychosocial Treatments for Addictive Disorders
- 5:50 pm Case presentations/Q & A
- 6:15 pm Adjournment

Friday, November 16, 2018

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:10 am Program Overview
Paul Christo, MD*
- 8:15 am The Patient's Journey: New Advances in the Treatment of Pain
Louis Kuritsky, MD*
- 9:00 am Chronic Daily Headaches and Migraines
David E.J. Bazzo, MD*
- 9:45 am Q&A/Panel Session
- 10:00 am Break/Exhibits
- 10:30 am Medical Cannabis to Reduce Opioid Prescribing
Timothy Furnish, MD*

- 11:15 am Fibromyalgia: New Treatment Options
David E.J. Bazzo, MD*
- 12:00 pm Q&A/Panel Discussion
- 12:15 pm Lunch Symposium
- 1:15 pm Dessert Break/Exhibits
- 1:30 pm Pathways in Pain Management: Osteoarthritis and Chronic Low Back Pain
Wendy L. Wright, MS, RN, APRN, FNP, FAANP*
- Sponsored by the Nurse Practitioner Healthcare Foundation
This program is supported by an independent education grant funded by Pfizer Inc., in partnership with Lilly USA, LLC.*
- 3:00 pm Break
- 3:15 pm Interventional Approaches: Nerve Blocks, Injections, and Neuromodulation for Pain
Paul Christo, MD*
- 4:00 pm The Future: Nanomedicine and Pain
Krishnan Chakravarthy, MD, PhD*
- 4:45 pm A Deeper Dive into the Pain Psychology Treatment Toolbox
Mark Lumley, PhD
- 5:30 pm Q&A/Panel Discussion
- 6:00 pm Adjourn for Evening

Saturday, November 17, 2018

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:10 am: Welcome Back
- 8:15 am: Pain Management and Opioids: Balancing Risks and Benefits (Collaboration for REMS Education): Part 1

- David E.J. Bazzo, MD*
- Wendy L. Wright, MS, RN, APRN, FNP, FAANP*
- 10:15 am Break/Exhibits
- 11:15 am Pain Management and Opioids: Balancing Risks and Benefits (Collaboration for REMS Education): Part 2
David E.J. Bazzo, MD*
- Wendy L. Wright, MS, RN, APRN, FNP, FAANP*
- 12:15 pm Unexpected Urine Drug Test Results: What to Do?
Ed Salsitz, MD
- 12:45 pm Lunch Symposium
- 1:45 pm Dessert Break/Exhibits
- 2:00 pm Assessment and Management of Neuropathic Pain: Advances, Challenges, and Opportunities
Srinivasa N Raja, MD
- 2:45 pm Debate: Should We Be Prescribing Opioids for Pain Management?
Moderator: David E.J. Bazzo, MD*
- Panel: Paul J. Christo, MD*; Edwin Salsitz, MD and Louis Kuritsky, MD*
- 3:30 pm Break
- 3:45 pm CAM Approaches to Treating Chronic Pain
Robert Bonakdar, MD*
- 4:30 pm Managing Chronic Pain in Rheumatic Diseases
Kim Dupree Jones, RNC, PhD, FNP, FAAN
- 5:15 pm The Patient's Journey: What's Next?
Louis Kuritsky, MD*
- 5:45 pm Q&A/Panel Session
- 6:00 pm Conference Adjournment

*invited

*indicates planning committee member

Pain Management and Opioids: Balancing Risk and Benefits

The misuse of extended-release and long-acting (ER/LA) opioids is a major public health problem. Centers for Disease Control and Prevention reported the following:

- From 2000 to 2015, more than half a million people died from drug overdoses.
- 91 Americans die every day from an opioid overdose.

The Pain Management and Opioids: Balancing Risks and Benefits Course addresses this public health crisis. This comprehensive course was developed by renowned experts from Collaborative for REMS Education (CO*RE) and incorporates all six units outlined in the FDA blueprint for safe opioid prescribing by discussing biopsychosocial aspects of pain, the newest clinical guidelines on the treatment of chronic pain, and state policies about prescribing opioids.

**This course is not intended to advocate for the use of ER/LA opioids, but to ensure proper education about safe prescribing practices should a medical provider determine that ER/LA opioids are the best course of treatment.*



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PAINCARE FOR PRIMARYCARE

REGISTER NOW



What Your
Colleagues
say About
Pain Care for
Primary Care

HOTEL

November 16-17, 2018
Wyndham San Diego Bayside
San Diego, California



The 2018 Pain Care for Primary Care (PCPC) will take place at the Wyndham San Diego Bayside, in San Diego, California, where we have arranged discount rates of **just \$159 a night for PCPC participants.**

The Wyndham San Diego Bayside is located along San Diego's waterfront — close to the most popular attractions the city has to offer. Free shuttle service available to many local attractions, such as the Gaslamp Quarter and Seaport Village.

To make your reservation call 1 (800) 996-3426 and identify yourself as a Pain Care for Primary Care (PCPC) attendee to receive the PCPC special room rate. Discount room rates expire Wednesday, October 24, but we urge you to make your arrangements as soon as possible as our room block will sell out.



"Have been to other pain conferences in the past. In comparison, I found the amount of information more digestible and I appreciate the more intimate venue."

- APRN FNP-BC Kansas City, KS

"As a first-time attendee, I was extremely pleased with this CME activity and will be back. Thrilled with the program, and I think the most useful sentence for me was, 'fire the drug, not the patient.'"

- MD, Crescent Springs, KY

"This was an excellent presentation (Opioid REMS Course) with practical information – very helpful in my practice as a family physician/hospice physician."

- MD, Columbia, SC

"The information provided will be very helpful for my future utilization."

- MD, Lakewood Ranch, FL

Attend with
a Colleague
and Save!
See Website
for Details

Register for Pain Care for Primary Care

PRICING				
	Until July 30	July 31 - August 27	August 28 - October 22	After October 22
MD / DO / PhD	\$375	\$395	\$495	\$595
NP / PA / RN / Allied Health	\$275	\$295	\$395	\$495
Resident / Fellows	\$195	\$195	\$195	\$195
Workshop	\$75	\$85	\$95	\$105

Online: www.PCPC-CME.com

By Email: PCPC@globalacademycme.com

A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to October 16, 2018. After October 16 at 11:59 PM no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee (plus additional \$20 administration fee for workshop) to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.