

ms Westerdam Defining the future of cruising, the ms Westerdam offers guests more of everything they desire on a cruise ship: more staterooms with private Verandahs, more dining choices from formal dinners to casual pool side dining, and the very best in cruise activities and cruise entertainment. The theme of the ms Westerdam's art collection is Dutch heritage in the New World. Artwork includes paintings of historic Dutch ships, such as Henry Hudson's Half Moon, as well as impressive sculptures and statues. Contemporary pieces include an original Andy Warhol portrait and signature sculptures by Sedona artist Susanna Holt.



Ship Features:

The Digital Workshop: Guests will be able to show and tell their vacation memories, learning how to share all their digital memories through email, blogging, and social networking so friends and family can see where they've been cruising even before they return home.

The Culinary Arts Center: State-of-the-art demonstration kitchen offering interactive gourmet cooking lessons taught by our own Master Chefs or culinary guests.

Greenhouse Spa & Salon: Features heavenly beauty and wellness rituals. Enjoy a facial, hot stone massage, steam in a thermal suite, and have your hair and nails done for a special evening.

Vista Dining Room: Features impeccable service and an extensive wine list. Five-course menus include continental cuisine, vegetarian, and low-carb options.

Pinnacle Grill: This intimate reservations-only venue offers an elegant, sophisticated dining experience. Featuring premium Double R Ranch Beef, inspired seafood dishes, and many select wines rated "Excellent" by Wine Spectator, as well as distinctive Bvlgari® china, Riedel® stemware and Frette® linens.



Canaletto Restaurant: Named for a famous 18th-century Venetian artist, Canaletto is your destination onboard for an intimate Italian dinner. The evening begins with the chef's selection of antipasti with a taste of the delicious fare and personal, polished service to follow.

Explorations Café, powered by The New York Times: A comfortable, coffee house environment where you can browse through an extensive library, surf the Internet, and check email, or simply read the morning paper.

Vista Show Lounge: Features talented vocalists, dancers, illusionists, comedians, and variety acts.

Crow's Nest: Offers sweeping 270° views during the day, and a hip, fashionable nightclub each evening.

Club HAL®: A dedicated youth facility with activities for kids ages 3 through 12; activities are supervised and age appropriate.

The Loft: Designed exclusively for teens 13 to 17 to have fun, socialize, and hang out with people their own age.

ACCOMMODATIONS

Superior Verandah Suites

2 lower beds convertible to 1 queen-size bed, bathroom with dual sink vanity, full-size whirlpool bath, shower, and shower stall, large sitting area, private Verandah, 1 sofa bed for 1 person, floor-to-ceiling windows.

Deluxe Verandah Oceanview Staterooms

2 lower beds convertible to 1 queen-size bed, bathtub and shower, sitting area, private Verandah, floor-to-ceiling windows.

Large Oceanview Staterooms

2 lower beds convertible to 1 queen-size bed, bathtub, shower.

Large or Standard Inside Staterooms

2 lower beds convertible to 1 queen-size bed, shower.

TRAVEL ARRANGEMENTS: To receive these discounted cruise fares you must book your cruise through NWAAS. We have all of the information regarding the cruise and seminar and can make your cruise reservations.

RESERVATIONS: Reservations will be secured and cabins assigned upon receipt of passenger deposit of \$1,200 per cabin. Final payment as instructed by our travel agent. Due to the number of details needed to complete cruise cabin booking accurately, **a cabin will not be booked for you until** you have spoken with one of our cruise agents via phone or direct email correspondence. Please contact our office at 1-800-222-6927 or 1-509-547-7065 to complete your cruise reservation.

DISCOUNTED FARES: We have been able to negotiate a **great discount** for you on this luxurious cruise. See reservation form for details. Various promotional fares may also be available. **Always call us before booking anywhere else.**

FOR YOUR AIRFARE NEEDS PLEASE CALL:

Universal Travel
Contact: Kellee Kilmer: (858) 456-7887
or email: kellee@universaltravel1.com.
Be sure to mention Northwest Anesthesia Seminars. Booking fee applies.

Register early to reserve your cabin on this cruise!

We have a block of cabins for seminar participants. Once this block is sold, cabins are on availability only and may be at a higher rate. Cruises sell out early.

10-Day East Asia Cruise: Hong Kong, Japan, Taiwan, and the Philippines December 10-20, 2018

Sail ports across Asia in style and comfort when you join us aboard Holland America's stylish ms Westerdam.



ITINERARY*				
Day	Date	Port	Arrive	Depart
Mon	Dec 10	Hong Kong, China		11:00 PM
Tue	Dec 11	At Sea		
Wed	Dec 12	At Sea		
Thu	Dec 13	Naha, Japan	8:00 AM	5:00 PM
Fri	Dec 14	Ishigaki Island, Japan	8:00 AM	5:00 PM
Sat	Dec 15	Keelung (Taipei), Taiwan	8:00 AM	6:00 PM
Sun	Dec 16	Kaohsiung, Taiwan	8:00 AM	6:00 PM
Mon	Dec 17	At Sea		
Tues	Dec 18	Manila, Philippines	8:00 AM	6:00 PM
Wed	Dec 19	At Sea		
Thu	Dec 20	Hong Kong, China	7:00 AM	

*Ports and times subject to change

COURSE DIRECTOR: Mark T. Murphy, MD, MSN Education, Austin, Texas, and Medical Director, Northwest Anesthesia Seminars, Pasco, Washington

TARGET AUDIENCE: This course is designed for physicians, certified registered nurse anesthetists, physician assistants, nurse practitioners, registered nurses and other medical care providers who must maintain state-of-the-art knowledge of the specialty or are impacted by it.

PROGRAM PURPOSE: The practitioner of anesthesiology must possess the scientific background for clinical practice; maintain state-of-the-art knowledge of not only the specialty, but also of all additional related disciplines which may impact it; maintain an up-to-the-minute armamentarium of knowledge and skills for the selection and use of complex equipment, pharmacological agents, and procedures necessary for the provision of quality patient care; manage self and colleagues to function toward common goals in the clinical setting, the clinical and educational institutions, and the community in which the practice resides; serve as an expert in matters involving health care delivery; serve as an informed manager of clinical and educational services provided, including the acquisition and distribution of resources necessary in meeting professional goals; and provide assistance with and support of other service providers, departments, institutions, and organizations dependent upon the professional expertise of the practitioner. Presentations are designed to facilitate the physician, nurse specialist, and other providers maintaining skills of the same kind to review and update knowledge and abilities in one or more of these areas vital to the practicing professional.

OBJECTIVES: At the conclusion of this activity, the participant will be able to:

Apply the pertinent physical and behavioral sciences—to include but not be limited to advanced anatomy and physiology, pathophysiology, chemistry, physics, psychology, and social sciences—as they impact and are affected by the planning, delivery, and monitoring of anesthesia and related services inherent in the anesthesia professions.

Explain the selection, dosing considerations with methods of administration, safe use, and contraindications and precautions of presented pharmacological agents through the understanding of their physicochemical properties, pharmacokinetics and pharmacodynamics, updated uses, and more recently developed additional, related, and similar drugs.

Outline comprehensive management plans for the group of patients discussed, whether related in age, physical status, cultural background, invasive procedure, anesthetic or analgesic requirements, clinical setting, adverse reactions, and/or goals of care.

Apply the principles of safety and asepsis in the performance of anesthetic procedures and administrations, equipment use, and other applications encountered during the provision of anesthesia and analgesia whether in the surgical unit, the labor and delivery suite, the pain management clinic, or other more remote location of anesthetizing services.

Incorporate the appropriate recommendations and/or requirements of pertinent external organizations, institutions, and professional groups—recognized as serving as the authority for and/or holding the responsibility to compile and approve such tenets—in the provision of anesthesia and related services, whether medical, legal, philosophical, ethical, or health care management standards.

Apply the new techniques in the clinical setting of the participant.

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health and Northwest Anesthesia Seminars. The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health is accredited by the ACCME to provide continuing medical education for physicians.

The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health designates this live activity for a maximum of 24 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Anesthesiology: CME credit will be sent directly to The American Board of Anesthesiology Program (MOCA®).

Canadian Physicians: This activity is eligible for Section 1 credits in the Royal College's Maintenance of Certification (MOC) Program. Participants must log into MAINPORT to claim this activity.

Certified Registered Nurse Anesthetists: This program is designed to meet requirements for Class A CE credit. Once approved by AANA, this will be indicated.

Nurse Practitioners: The American Academy of Nurse Practitioners Certification Program (AANPCP) and the American Nurses Credentialing Center (ANCC) accept CME from organizations accredited by the ACCME.

Osteopathic Physicians: This program is eligible for Category 2 credit with the American Osteopathic Association (AOA).

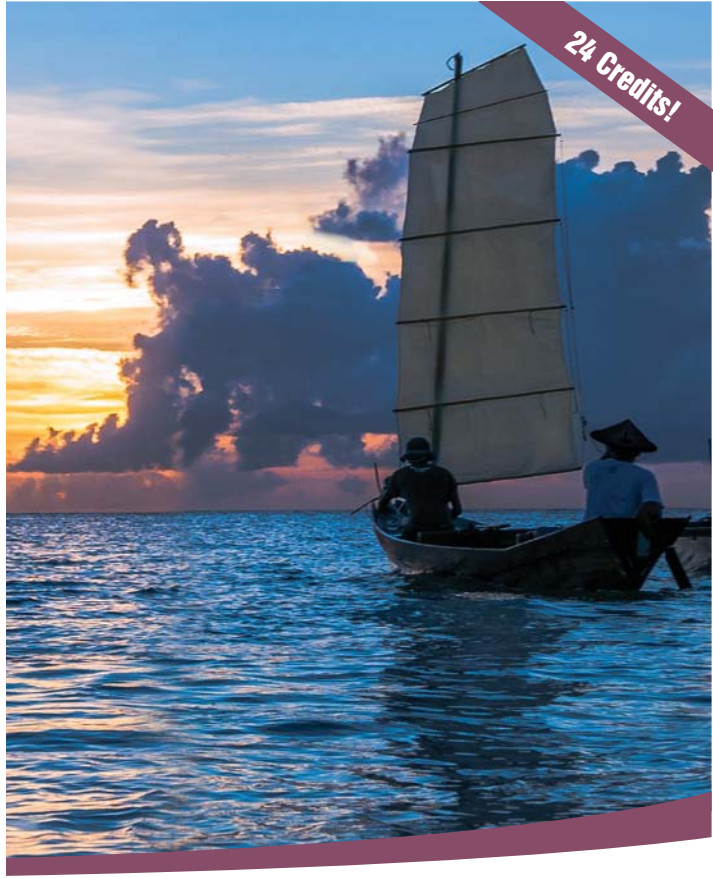
Physician Assistants: The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 24 hours of Category I credit for completing this program.

Registered Nurses: NWAAS is an approved provider for the following state nursing boards: California Board of Registered Nursing (Provider Number 4833), District of Columbia Board of Nursing (Provider Number 50-7480), Florida Board of Nursing (Provider Number 50-7480), Georgia Board of Nursing (Provider Number 50-7480), and the South Carolina Board of Nursing (Provider Number 50-7480). This program offers 24 contact hours.

†Pharmacology hours subject to change.

Rev. 7/28/17

www.nwas.com info@nwas.com
(800) 222-6927 (509) 547-7065



NWAS
Northwest Anesthesia Seminars
Continuing Education for the Anesthesia Professional

Topics in Anesthesia

10-Day East Asia Cruise:
Hong Kong, Japan, Taiwan, and the Philippines
December 10-20, 2018

BaylorScott&White
HEALTH
A. WEBB ROBERTS CENTER FOR
CONTINUING MEDICAL EDUCATION

December 10 – Hong Kong, China – Embark



Ride a ferry in Kowloon Bay or take a tram up to Victoria Peak to take in Hong Kong's shining skyline. Once home to community gatherings and civil examinations, the Man Mo Temple gives glimpses into life in Imperial China. Lovely specimens of bonsai and ornamental rocks can be found at the Nan Lian Garden, with peaceful Chi Lin Nunnery just next door. For the adventurous, the Sheung Wan Dried Food and Herbal Market offers authentic Chinese cooking and medicinal ingredients. Still looking for the perfect trip souvenir? Harbour City Shopping Mall is an enormous collection of high-end and

bargain retailers perfect for any budget. When it's time to dine, Causeway Bay is host to a multitude of great eateries, bustling markets, shops, and more.

December 11 – At Sea

December 12 – At Sea



Take advantage of many excellent onboard activities and dining options during your time at sea. Relax at the pool, take a spa day, lounge on deck with a good book.

December 13 – Naha, Japan – Day Open



The reconstructed Shurijo Castle is not to be missed during a visit to Naha, Japan. Attend a tea tasting with Chinsuko, the traditional Ryukyu royal dessert and take scenic in views from the battlements. History aficionados will enjoy the Okinawa Prefectural Museum and Art Museum which features an excellent overview of Okinawa history, natural history, and art. Naminoue-gu Shrine offers visitors a tranquil moment for reflection and insight into traditional prayer rituals.

December 14 – Ishigaki Island, Japan – Day Open



Take a glass-bottomed boat out on beautiful Kabira Bay Preserve or get a bird's-eye view from the viewpoint at Tamatorizaki Observatory. Swim and snorkel the coral reefs at Yonehara Beach. Traveling with children? Banna Park has you covered with a variety of fun play areas including giant slides and climbing toys. For an authentic Japanese cultural experience, tour Ishigaki Yaima Village and its collection of traditional homes, taiko drum ceremonies, and lively squirrel monkeys. Houses here are furnished with traditional furniture and represent the homes of fisherman, farmer, and merchant families.

December 15 – Keelung (Taipei), Taiwan – Day Open



pottery, historical war weaponry, and ceramic masterpieces.

December 16 – Kaohsiung, Taiwan – Day Open



Climb the steps to the top of Fo Guang Shan Buddha Museum where you can enjoy sprawling grounds with Buddhist art, architecture, and even Buddha's tooth! Catch a ferry to Cijin Island for great deals on local seafood. Rent bikes and ride along the coast or stop for souvenirs. Back on the mainland, monkeys freely roam through the canopies at Caishan Natural Park where you can arrange for a walking tour to meet these curious creatures. If you like shopping, you'll find retail heaven at Dream Mall, which is accessible via bus or light rail.

December 17 – At Sea

December 18 – Manila, Philippines – Day Open



Set on Manila Bay in the South China Sea, and bisected by the Pasig River, the capital of the Philippines is historic and modern. Visit Intramuros, the Spanish colonial capital, featuring dungeons and gunpowder rooms, art galleries, and theaters. Manila itself is filled with museums, shops, parks, and churches. Get a lesson in wartime occupation at Fort Santiago or find peaceful respite in the architecture, statues, and stained glass of Manila Cathedral. The Cultural Center of the Philippines is the place for cultural and musical theater performances, ballet, orchestra, and travelling acts.

December 19 – At Sea

December 20 – Hong Kong, China – Disembark

Depart or extend your stay to explore this exotic city.



Register with us today
and reserve your cabin:
www.nwas.com
(800) 222-6927

PASSPORT VALID
FOR SIX MONTHS
AFTER RETURN REQUIRED

Non-US Citizens check
with your consulate for
documentation requirements.

CRUISE RATES

See inside panels for cabin descriptions.

Signature Suite:

SS \$2,899

Verandah:

VA \$1,719

VB \$1,679

VD \$1,599

Outside Stateroom:

C \$1,299

D \$1,259

Inside Stateroom:

J \$1,039

K \$1,019

The above rates are per person fares, based on double occupancy. Single occupancy 150%-200% supplement. Cabin selection is limited based upon availability. Fares do not include tax or fuel surcharge.

3rd and 4th person prices may be available.
To inquire, please call (800) 222-6927

DEPOSIT: Cabins MUST be reserved with a deposit of \$1,200 per cabin to qualify for these low fares. Cabin selection is limited and the above listed categories may not be available. A single supplement is charged if there is only one person in a cabin. **Prices subject to change without notice.**

Children and non-registered guests are
not allowed to attend the lectures.

Always call us before booking your cruise!
Various promotional fares may be available!
(800) 222-6927

SCHEDULE

Monday, December 10 – Hong Kong, China – Embark

2300 Ship sails (subject to change)

Tuesday, December 11 – At Sea

0845 Registration – Mandatory Sign In
0900 The Truth About Preoperative Fasting L.Pelinka
1000 Sugammadex: My Favorite Doughnut L.Pelinka
1100 NOAC Reversal Agents: A Dream Come True? L.Pelinka
1200 Lunch Break
1300 Arrhythmias: The Tachycardias S.Lowson
1400 Arrhythmias: The Bradycardias and Others S.Lowson
1500 Steroids and Surgery S.Lowson
1600 Adjourn

Wednesday, December 12 – At Sea

0845 Registration – Mandatory Sign In
0900 How Do We Assess Volume in the Perioperative Period? S.Lowson
1000 Goal-Directed Perioperative Fluid Management S.Lowson
1100 Crystalloids and Colloids: The Ongoing Debate S.Lowson
1200 Lunch Break
1300 Traumatic Shock: The Anesthesia Provider's and the Intensivist's Point of View L.Pelinka
1400 Treating Traumatic Shock: What's New? L.Pelinka
1500 What Went Wrong? Trauma Cases to Think About L.Pelinka
1600 Adjourn

Thursday, December 13 – Naha, Japan – Day Open

Friday, December 14 – Ishigaki Island, Japan – Day Open

Saturday, December 15 – Keelung (Taipei), Taiwan – Day Open

Sunday, December 16 – Kaohsiung, Taiwan – Day Open

Monday, December 17 – At Sea

0845 Registration – Mandatory Sign In
0900 Blast Injuries: Are You Ready? L.Pelinka
1000 Is There a Medical Professional on Board This Aircraft? L.Pelinka
1100 Challenges at 35,000 ft: Case Discussions L.Pelinka
1200 Lunch Break
1300 The Darkside of Opiates for Perioperative Pain Control S.Lowson
1400 Multimodal Pain Therapy: Ofirmev and the NSAIDs S.Lowson
1500 Multimodal Pain Therapy: Ketamine, Lidocaine, and Others S.Lowson
1600 Adjourn

Tuesday, December 18 – Manila, Philippines – Day Open

Wednesday, December 19 – At Sea

0845 Registration – Mandatory Sign In
0900 Perioperative Glucose Control S.Lowson
1000 Electrolyte Emergencies S.Lowson
1100 Case Studies in Trauma S.Lowson
1200 Lunch Break
1300 Drug-Related Errors and How to Avoid Them L.Pelinka
1400 Forever Young: Anesthesia in the Elderly L.Pelinka
1500 Issues With the Elderly: Case Discussions L.Pelinka
1600 Adjourn

24 CME I / 24 CEC / Pharmacology Hours TBD†

Thursday, December 20 – Hong Kong, China – Disembark

Depart for home or stay over to enjoy this exotic city.

FACULTY

Stuart Lawson, MD, BSc, MBBs, MRCP, FRCA

Associate Professor of Anesthesiology
Department of Anesthesiology
Director, Surgical/Trauma ICU
University of Virginia Health System
Charlottesville, Virginia

Linda E. Pelinka, MD, PhD

Professor of Anesthesiology and
Critical Care Medicine
University of Vienna and
Ludwig Boltzmann Institute of
Experimental and Clinical Traumatology
Vienna, Austria, European Union

COURSE REGISTRATION

TUITION: In USD	MD/DO	CRNA/PA	18DAPC RN/Others
Early <i>(Paid by 9/11/18)</i>	\$1000	\$950	\$850
Regular <i>(Paid after 9/11/18)</i>	\$1050	\$1000	\$875

PAYMENT METHODS:

Payment methods accepted for tuition include Visa, Mastercard, American Express, Discover, check, or money order in US funds, payable to NWAAS.

SCHEDULE AND FACULTY CHANGES:

Factors beyond our control sometimes necessitate changes in the schedule and faculty. If time permits, we will inform all registrants of any changes prior to the program. Changes on site due to local conditions will be announced in class.

COURSE CANCELLATION BY PROVIDER:

Factors beyond our control sometimes necessitate changes in the schedule and faculty. If time permits, we will inform all registrants of any changes prior to the program. Changes on site due to local conditions will be announced in class.

COURSE CANCELLATION FEE:

\$100 between October 11, 2018 and November 10, 2018. No refund after November 10, 2018; however, 50% of tuition paid may be applied toward tuition for another NWAAS program within the next 12 months. **Cancellation must be made in writing.**

FAP (FREQUENT ATTENDEE POINTS):

FAP lets you accumulate points based on dollars spent with NWAAS including net hotel, cruise cabin, and tuition booked through NWAAS (but not air). Once you have enough points to cover a full tuition they can be redeemed for tuition (no cash value). A great program to reward you for supporting NWAAS.

ERRONEOUS PRICING NOTICE:

Northwest Anesthesia Seminars, Northwest Seminars, and Northwest World Wide Travel reserves the right not to honor any published prices or coupons that it determines were erroneous due to printing, electronic, or clerical error.

To register for this program,
and reserve your cabin,
please visit our website: www.nwas.com
or call (800) 222-6927.