



ICJR

CME

"ONE OF THE STRONG POINTS OF THIS COURSE IS THE LARGE  
NUMBER OF PANEL DISCUSSIONS WHICH ALLOW DIFFERENT EXPERTS  
TO EXPRESS THEIR SOLUTIONS TO COMPLEX PROBLEMS"

— 2019 ATTENDEE

# 12TH ANNUAL WINTER HIP & KNEE COURSE

VAIL MARRIOTT | VAIL, CO  
JANUARY 16–19, 2020

[www.icjr.net/2020winter](http://www.icjr.net/2020winter)



Founded in 2007, ICJR is a 501(c)(3) non-profit organization that provides quality educational experiences and content for the global orthopaedic surgery community. This is accomplished through live CME meetings and a website featuring surgical videos, articles, and news on joint replacement of the hip, knee, and shoulder.

JOINTLY PROVIDED BY:





ICJR

CME

12TH ANNUAL

## WINTER HIP &amp; KNEE COURSE

VAIL MARRIOTT | VAIL, CO | JANUARY 16 – 19, 2020



## COURSE CHAIRS



RAYMOND H. KIM, MD  
The Steadman Clinic  
Vail, CO



MARK W. PAGNANO, MD  
Mayo Clinic  
Rochester, MN



BRYAN D. SPRINGER, MD  
OrthoCarolina  
Hip & Knee Center  
Charlotte, NC

## JOIN US IN VAIL!

Dear Colleague,

Make plans to join us for the 12th Annual Winter Hip & Knee Course, the premier Winter meeting focused on hip and knee arthroplasty, taking place January 16-19, 2020, at the Vail Marriott Hotel in Vail, Colorado.

During this four-day meeting, our esteemed faculty will provide insightful commentary on a variety of topics in primary and revision total hip and total knee replacement, as well as critical issues in practice management, through case-based panel discussions, didactic presentations, and video vignettes. There will be a strong emphasis on sharing the lessons learned from years of surgical experience in sessions such as:

- Urban Legends in Total Joint Arthroplasty
- Use of Robotics in Total Joints
- TKA Bag of Tricks: Learning from the Masters
- Complex Issues in Primary and Revision THA
- Enhanced Recovery & Outpatient Arthroplasty

Our faculty will also take a close look at the evidence behind some of the latest technologies intended to help improve patient outcomes, explore the role of enhanced recovery protocols in outpatient and short-stay arthroplasty, and address the management of complications leading to revision procedures.

We introduced sessions geared toward the physician assistant's role in hip and knee replacement at the 2018 and 2019 meetings, and they were so popular that we're including them again this year. Some of the topics for physician assistants will include:

- Patient optimization
- Wound closure
- DVT prophylaxis

We look forward to seeing you in Vail! Register now to secure your place at this always-popular meeting!

Raymond H. Kim, MD  
Course Co-Chair

Mark W. Pagnano, MD  
Course Co-Chair

Bryan D. Springer, MD  
Course Co-Chair

*P.S. Attend the entire 12th Annual Winter Hip & Knee Course and you can earn more than 21 CME credit hours!*

## COURSE FACULTY\*

MATTHEW P. ABDEL, MD  
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Vail, CO

\*Subject to change

REGISTER TODAY! [www.icjr.net/2020winter](http://www.icjr.net/2020winter) | [info@icjr.net](mailto:info@icjr.net) | +1-760-942-7859



AGENDA

THURSDAY, JANUARY 16, 2020 | THE KNEE

|                   |                                                |
|-------------------|------------------------------------------------|
| 6:00 AM           | Registration and Breakfast                     |
| 7:00 AM           | Welcome & Introductions                        |
| 7:05 AM           | Panel Discussion: Recipes from My TKA Cookbook |
| 8:05 AM           | Surgical Broadcast**                           |
| 9:05 AM           | Break                                          |
| 9:35 AM           | Case Review: Challenging Primary TKA           |
| 4:00 PM           | Why My TKA Failed                              |
| 5:05 PM           | Revision TKA                                   |
| 6:15 PM           | Break                                          |
| 6:30 PM           | Urban Legends in Total Joint Arthroplasty      |
| 7:40 PM – 8:40 PM | Opening Reception                              |

FRIDAY, JANUARY 17, 2020 | THE KNEE *continued*

|          |                                               |
|----------|-----------------------------------------------|
| 6:00 AM  | Breakfast Symposium**                         |
| 7:00 AM  | Battle Bots                                   |
| 7:40 AM  | Gizmos & Gadgets                              |
| 8:55 AM  | Surgical Broadcast**                          |
| 10:00 AM | Break                                         |
| 10:30 AM | TKA Bag of Tricks: Learning from the Masters  |
| 4:00 PM  | Revision TKA: Case Discussion                 |
| 5:00 PM  | Economics of Total Joint Arthroplasty in 2020 |
| 6:00 PM  | Break                                         |
| 6:30 PM  | Knee, Hip, and Shoulder Preservation          |

SATURDAY, JANUARY 18, 2020 | THE HIP

|          |                                                        |
|----------|--------------------------------------------------------|
| 6:00 AM  | Breakfast Symposium**                                  |
| 7:00 AM  | Latest News and Updates from the Societies             |
| 7:45 AM  | Hip Preservation                                       |
| 8:30 AM  | Panel Discussion: Recipes from My THA Cookbook         |
| 9:20 AM  | Surgical Broadcast**                                   |
| 10:20 AM | Break                                                  |
| 10:50 AM | Approaches in THA                                      |
| 11:35 AM | Mini Symposium**                                       |
| 4:00 PM  | The Scary Hip: How to Handle the Difficult Primary THA |
| 4:55 PM  | Revision THA: Case-Based Presentations                 |
| 6:05 PM  | Break                                                  |
| 6:35 PM  | Complex Issues in Primary and Revision THA             |

SUNDAY, JANUARY 19, 2020 | RECOVERY AND INFECTION

|          |                                             |
|----------|---------------------------------------------|
| 6:00 AM  | Breakfast                                   |
| 7:00 AM  | Enhanced Recovery & Outpatient Arthroplasty |
| 8:10 AM  | Break                                       |
| 8:40 AM  | Infection in Total Joint Arthroplasty       |
| 10:00 AM | Case Reviews: Infection                     |
| 11:00 AM | Course Adjourn                              |

\*Subject to change    \*\*Not eligible for CME

PA SESSIONS

SESSIONS FOR PHYSICIAN ASSISTANTS!

DEDICATED  
SESSIONS

Join us in Vail for sessions designed for physician assistants, with lectures and workshops that provide in-depth knowledge and updates on a broad range of orthopaedic topics. The PA sessions will offer opportunities to network with colleagues, gain new insights into the latest orthopaedic trends, and hands-on training in a dedicated PA Bioskills Lab.

- Perioperative Management of the Joint Replacement Patient: Overview
- Live Templating for a Total Hip Replacement: How the Experts Perform It
- The Economics of Being a Physician Assistant
- Case-based interactive discussions
- Bioskills Lab: Perform the Procedure (THA and TKA)

Learn the step-by-step procedures and perform multiple approaches, positioning, incision, retractor placement, releases, intra-operative c-arm imaging and interpretation, peri-articular injections, wound closure, and more.

"LOVED THE PA BREAKOUT SESSIONS.  
THEY SHOULD BE INCORPORATED INTO EVERY MEETING.  
VERY HELPFUL AND RELEVANT!"

— 2018 MEETING ATTENDEE



# 12TH ANNUAL WINTER HIP & KNEE COURSE

VAIL MARRIOTT | VAIL, CO | JANUARY 16 – 19, 2020

"GREAT OVERALL BALANCED COURSE WITH GREAT COVERAGE  
OF ALL TOPICS FROM PRE-SURGERY, SURGERY, AND POST OP!"

— 2019 MEETING ATTENDEE



## ACCREDITATION

### LEARNING OBJECTIVES

- Compare and evaluate implant choices for the total knee arthroplasty (TKA) patient based on patient type, design qualities, and reported patient outcomes
- Assess and evaluate different implant fixation choices for TKA
- Discuss and compare different TKA surgical techniques
- Consider expert assessment of current TKA strategies
- Evaluate patient selection criteria for knee revision surgery
- Understand and compare revision surgical techniques and failure mechanisms
- Identify patients who could benefit from hip resurfacing
- Consider expert assessment of bearing surfaces and related controversies
- Compare the surgical options for the difficult total hip arthroplasty (THA)
- Assess and evaluate perioperative issues and potential complications associated with THA
- Evaluate the painful failed THA
- Identify different THA surgical techniques
- Identify the options for blood VTE risk management in the orthopaedic patient
- Evaluate and compare the various options for wound closure and infection management
- Review and discuss current options for pain management and other supportive care strategies
- Identify and manage common hip- and knee-related call problems after hours

### ACCREDITATION STATEMENT



**fore**  
FOUNDATION FOR ORTHOPAEDIC  
RESEARCH AND EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Foundation for Orthopaedic Research & Education (FORE) and the International Congress for Joint Reconstruction (ICJR). FORE is accredited by the ACCME to provide continuing medical education for physicians. FORE designates this live activity for a maximum of 21.75 hours *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### PLANNING COMMITTEE

Michelle Paradise  
CME, FORE

Jason Heath  
ICJR

Susan Padien  
ICJR

## REGISTRATION

|                                                        | ICJR SUSTAINING MEMBER                            | ICJR BASIC MEMBER & NON-MEMBER |
|--------------------------------------------------------|---------------------------------------------------|--------------------------------|
| PHYSICIAN                                              | \$745                                             | \$845                          |
| ALLIED HEALTH<br>NP, Nurse, PT, Surg Asst/Tech, PharmD | \$300                                             | \$400                          |
| PHYSICIAN ASSISTANT                                    | \$300                                             | \$400                          |
|                                                        | Optional PA Bioskills Lab: \$300 (ADDITIONAL FEE) |                                |
| FELLOWS & RESIDENTS                                    | FREE                                              |                                |

### MEETING LOCATION & ACCOMMODATIONS

**Vail Marriott**  
715 W. Lionshead Circle  
Vail, Colorado 81657  
+1 970-476-7444  
www.marriott.com

**HOTEL RESERVATIONS**  
<https://book.passkey.com/go/2020ICJR>  
Reference "ICJR 2020 Winter Course"  
Reserve rooms early as the hotel fills quickly!

### IMPORTANT DATE!

**HOUSING CLOSES**  
**Tuesday, December 10, 2019**

Attendees are responsible for their own travel and accommodation arrangements. A limited number of rooms are blocked at the guaranteed group rate of \$430, plus applicable taxes, until December 10, 2019, or while availability lasts.

### SERVICES FOR THE DISABLED

If special arrangements are required for an individual with a disability to attend this meeting, please contact ICJR at [info@icjr.net](mailto:info@icjr.net) or +1-760-942-7859 by December 10, 2019.

### BECOME AN ICJR MEMBER & SAVE!

Please visit [www.icjr.net/2020winter](http://www.icjr.net/2020winter) for information regarding membership, travel, registration, fees, payment methods, and cancellation policy.

### JOIN ICJR MAILING LIST

Scan this QR code to sign up for news and updates from ICJR, delivered right to your inbox!



## 2020 ICJR LIVE MEETINGS

| MEETING                                                                                  | DATES           | LOCATION           | CHAIRS & DIRECTORS                                                                                                              |
|------------------------------------------------------------------------------------------|-----------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------|
| 12th Annual Winter Hip & Knee Course                                                     | Jan 16–19       | Vail, CO           | Raymond H. Kim, MD<br>Mark W. Pagnano, MD<br>Bryan D. Springer, MD                                                              |
| 2nd Annual European Direct Anterior Approach Hip Course                                  | Jan 30–Feb 1    | Innsbruck, Austria | Michael Nogler, MD, MA<br>Martin Thaler, MD, MSC                                                                                |
| 8th Annual South Hip & Knee Course                                                       | Apr 16–18       | Key Largo, FL      | Walter B. Beaver Jr, MD<br>Thomas L. Bradbury, MD<br>James A. Brown, MD                                                         |
| MAOA-ICJR Pre-Course: Avoiding Problems and Addressing Early Failures in Primary THA/TKA | Apr 22          | Bonita Springs, FL | Craig R. Mahoney, MD<br>Nicolas O. Noiseux, MD, MS, FRCSC                                                                       |
| 2nd Annual Emerging Technologies in Joint Replacement                                    | May 28–30       | Nashville, TN      | Cory Calendine, MD<br>Arthur L. Malkani, MD                                                                                     |
| 8th Annual Revision Hip & Knee Course                                                    | Jun 18–20       | Rochester, MN      | Arlen D. Hanssen, MD<br>Matthew P. Abdel, MD<br>R. Michael Meneghini, MD<br>Thomas L. Bernasek, MD<br>George J. Haidukewych, MD |
| 9th Annual Direct Anterior Approach Hip Course                                           | Oct 8–10        | Houston, TX        | Stefan W. Kreuzer, MD<br>Joseph T. Moskal, MD, FACS                                                                             |
| 9th Annual Shoulder Course                                                               | Oct 15–17       | Las Vegas, NV      | Raffy Mirzayan, MD<br>Joseph A. Abboud, MD                                                                                      |
| 28th Annual Perspectives in Total Joint Arthroplasty                                     | Oct 23–24       | Fall River, KS     | J. Christopher Banwart, MD<br>Kenneth A. Greene, MD                                                                             |
| World Arthroplasty Congress                                                              | May 13–15, 2021 | Munich, Germany    | TBD                                                                                                                             |

Go to [www.icjr.net](http://www.icjr.net) for detailed information about upcoming meetings.