

Beth Israel Lahey Health 
Beth Israel Deaconess Hospital
Needham

A Core Curriculum in Adult Primary Care Medicine

September 2019 – May 2020



COURSE DIRECTOR

Mary E. Manning, MD, MPH

Beth Israel Deaconess Hospital–Needham

Lecturer on Medicine, Harvard Medical School

Adjunct Assistant Professor of Medicine, Boston University School of Medicine

FACULTY

All faculty have been selected for proven teaching ability, are affiliated with major teaching hospitals, and hold appointments at one of the following medical schools: Harvard University, Boston University, Tufts University or University of Massachusetts.

**General Internal
Medicine**
September 14, 2019

**Pain Management –
End of Life Care**
October 12, 2019

**Cardiovascular
Medicine**
November 9, 2019

Preventive Medicine
December 14, 2019

**Neurology –
Psychiatry**
January 11, 2020

Infectious Disease
February 8, 2020
Endocrinology
March 14, 2020

**Hematology –
Oncology**
April 18, 2020

**Pulmonary
Medicine – Allergy**
May 9, 2020

OPTION A Live Series + Podcast Series

Dates: Saturdays, September 2019 – May 2020

Time: 8:30 am to 12:30 pm

Place: Dedham Holiday Inn

55 Ariadne Road, Dedham, MA

• Attendance at all 9 live sessions:

36 AMA PRA Category 1 Credits™

36 ABIM MOC Points (live series only)

• Unlimited access for 1 calendar year to all
2019-2020 podcasts

• Bonus: Unlimited access for 1 calendar year
to all 10 of our 2018-2019 podcasts for an
additional 40 AMA PRA Category 1 Credits™

OPTION B Podcast Series Only

• Unlimited access for 1 calendar year to all
2019-2020 podcasts

36 AMA PRA Category 1 Credits™

• Bonus: Unlimited access for 1 calendar year
to all 10 of our 2018-2019 podcasts for an
additional 40 AMA PRA Category 1 Credits™



*Now offering ABIM MOC!
(live series only)*

Funded in part by

Beth Israel Lahey Health 
Beth Israel Deaconess
HealthCare

Here's What Your Colleagues Are Saying About Core!

"Great course. Excellent speakers on relevant topics for the average clinical practice with convenient location, scheduling AND a chance to meet up with colleagues, a triple threat!"

"Incredibly excellent, clinically helpful lectures."

"Absolutely outstanding presentations. Very useful."

"Love this CME series!"

"Thanks for consistently excellent, relevant and interesting presentations."

*"This is my first time attending, I will definitely recommend
the program to others and return myself."*

"Excellent! Up-to-date, evidence-based and pertinent to our practice."

"EXCELLENT! One of the better programs I have attended."

*"I really like this format (1/2 day, once a month).
And quality of speakers and content never disappoint."*

"Had an opportunity to try the podcasts. Accessible and well presented, thanks!"



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A Core Curriculum in Adult Primary Care Medicine

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Andover, MA 01810

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How Would You Like To Learn?



OPTION A: LIVE SERIES + PODCAST SERIES

Live Series Dates: Saturdays, September 2019 – May 2020

Time: 8:30 am to 12:30 pm

Place: Dedham Holiday Inn

55 Ariadne Road, Dedham, MA (Exit 15A off of Rt. 128)

Tuition: \$1095.00 (Register prior to August 17th and pay only \$995)

- ◆ Attendance at all 9 live sessions
- ◆ 36 AMA PRA Category 1 Credits™
- ◆ Access to our faculty for all your questions
- ◆ Unlimited access for 1 calendar year to all 2019–2020 podcasts.
- ◆ If you miss a live session for any reason just log on the very next week and listen from home, take the quiz and claim your CME credit. It's that easy!
- ◆ Bonus: Unlimited access for 1 calendar year to all 10 of our 2018–2019 podcasts for an additional 40 AMA PRA Category 1 Credits™



OPTION B: PODCAST SERIES ONLY

Tuition: \$795.00

- ◆ Unlimited access for 1 calendar year to all 2019-2020 podcasts
- ◆ 40 AMA PRA Category 1 Credits™ Just log on, listen, take the quiz and claim your CME credit. It's that easy!
- ◆ Bonus: Unlimited access for 1 calendar year to all 10 of our 2018-2019 podcasts for an additional 40 AMA PRA Category 1 Credits™

Go to www.playbackcore.com for more details.

“Consistently outstanding presenters and very practical subjects.”

Roger Ashley, MD

“Appreciate the quality of lectures, audience participation and low key, friendly environment.”

Neal Friedman, MD

“This program consistently delivers the highest caliber of content experts who are passionate and well grounding applicable evidence based practice and current trends. I am deeply appreciative of the knowledge, collegiality and commitment to supporting our best versions of ourselves and our professions in primary care.”

Beth Terhune, NP

See our website for more information: www.bidneedham.org/core

Faculty

Yousef Abou-Allaban, MD, MBA

Director, Neuro Behavioral Center

Martin Abrahamson, MD

Staff, Endocrine Division, BIDMC

Co-Director, Division of CME, Department of Medicine, BIDMC
Associate Professor of Medicine at Harvard Medical School

Janelle Baptiste, MD

Staff, Department of Pulmonary, Critical Care & Sleep Medicine, BIDMC; Instructor in Medicine, Harvard Medical School

Mark Benson, MD

Staff, CardioVascular Institute, BIDMC

Brett Carroll, MD

Director, Lymphatic Medicine; Director, Vascular Medicine; Medical Director, Aortic Center, BIDMC
Instructor in Medicine, Harvard Medical School

Robin Colgrove, MD

Staff, BID-Needham; Mt. Auburn Hospital
Assistant Professor of Medicine, Harvard Medical School

Kelly Bodio Downey, MD

Medical Director, Lank Cancer Center, BID-Needham
Instructor in Medicine, Harvard Medical School

George Eliopoulos, MD

Staff, Division of Infectious Disease, BIDMC
Professor of Medicine, Harvard Medical School

Christopher Fanta, MD

Director, Partners Asthma Center, Brigham and Women's Hospital
Professor of Medicine, Harvard Medical School

Alex Gonzalez, MD, MPH

Medical Director, Fenway Health
Instructor of Medicine, Harvard Medical School

Lauren Harshman, MD

Staff, Dana Farber Cancer Institute
Assistant Professor of Medicine, Harvard Medical School
Assistant Professor, Medical Oncology, Dana-Farber Cancer Institute

James Heffernan, MD, MPH

Primary Care Section Chief, Division of General Medicine & Primary Care, BIDMC
Associate Professor of Medicine, Harvard Medical School

Howard M. Heller, MD, MPH

MIT Medical, Massachusetts General Hospital

Laura Kehoe, MD, MPH

Medical Director, MGH Substance Use Disorder Bridge Clinic, Massachusetts General Hospital
Assistant Professor of Medicine, Harvard Medical School

Lisa LaChance, LICSW

Director, Center for Violence Prevention and Recovery, BIDMC

Howard Libman, MD

Staff, Department of Internal Medicine; Primary Care, BIDMC
Director, HIV Program, Healthcare Associates, BIDMC
Professor of Medicine, Emeritus, Harvard Medical School

Ian C. McCormick, MD

Staff, CardioVascular Institute, BID-Needham

Malgorzata McMasters, MD

Staff, Division of Hematology/Oncology, BIDMC
Instructor in Medicine, Harvard Medical School

Michael F. Murray, MD, FACMG, FACP

Director of Clinical Operations, Yale Center for Genomic Health
Professor of Genetics, Yale School of Medicine

Walter O'Donnell, MD

Director Emeritus of Triage and Transfer, Department of Medicine
Pulmonary/Critical Care Division, Massachusetts General Hospital;
Assistant Professor of Medicine, Harvard Medical School

Edward Phillips, MD

Chief, Physical Medicine & Rehabilitation Service, Boston VA Healthcare System; Assistant Professor of Physical Medicine and Rehabilitation, Harvard Medical School

Nancy Rigotti, MD

Associate Chief, General Medicine Division, Massachusetts General Hospital; Director, Tobacco Research and Treatment Center, Massachusetts General Hospital
Professor of Medicine, Harvard Medical School

Rev. Kathleen Pakos Rimer, M.Div, Ed.D, BCC

Director, Spiritual Care and Education, BIDMC

Clifford Rosen, MD

Senior Scientist, Maine Medical Center Research Institute
Director, Center for Clinical & Translational Research
Professor, Department of Medicine, Tufts University School of Medicine

Douglas Ross, MD

Co-Director, Thyroid Associates, Massachusetts General Hospital
Professor of Medicine, Harvard Medical School

Daniel Sands, MD, MPH

Staff, Division of Internal Medicine, BIDMC
Assistant Clinical Professor of Medicine, Harvard Medical School

Jane Sillman, MD

Attending in Medicine, Brigham and Women's Hospital
Assistant Professor of Medicine, Harvard Medical School
Director Emerita, Brigham and Women's Hospital Primary Care Residency; Co-founder and Director Emerita, Brigham and Women's Hospital Women's Health Center

Renee Sorrentino, MD

Medical Director, The Institute for Sexual Wellness
Staff, Department of Psychiatry, Massachusetts General Hospital
Assistant Professor of Psychiatry, Harvard Medical School

Gerald Smetana, MD

Staff, Division of General Medicine, BIDMC
Professor of Medicine, Harvard Medical School

Ajith Thomas, MD

Co-Director Brain Aneurysm Institute, BIDMC
Associate Professor, Harvard Medical School

Thomas Treadwell, MD

Program Director Internal Medicine; Director Infectious Disease Clinic, Metrowest Medical Center; Associate Clinical Professor, Boston University School of Medicine; Assistant Dean Academic Affairs, Boston University School of Medicine

Alexander Walley, MD, MSc

Director, Addiction Medicine Fellowship Clinical Addiction Research and Education Unit, Boston Medical Center
Boston University School of Medicine; Associate Professor of Medicine, Boston University School of Medicine

Lisa Zakhary, MD, PhD

Co-Director of Psychopharmacology, Massachusetts General Hospital OCD and Related Disorders Program
Director of Psychopharmacology, Massachusetts General Hospital Excoriation Clinic and Research Unit
Staff, Massachusetts General Hospital Primary Care Psychiatry
Instructor in Psychiatry, Harvard Medical School

Joseph Zibrak, MD

Director, Interstitial Lung Disease Center, BIDMC
Assistant Professor of Medicine, Harvard Medical School

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Programs

GENERAL INTERNAL MEDICINE SEPTEMBER 14, 2019

Healthcare is Not a Car Wash: Improving Trust, Outcomes, and Experience through Participatory Care - Daniel Sands, MD, MPH*
Top Articles in Primary Care - Jane Sillman, MD
Domestic and Sexual Violence: Recognition and Effective Management - Lisa LaChance, LICSW*
Immunization Update - Howard M. Heller, MD MPH

PAIN MANAGEMENT - END OF LIFE CARE OCTOBER 12, 2019

2nd Annual Michael K. Rees Lecture
What Primary Care Providers Need to Know About Buprenorphine - Laura Kehoe, MD, MPH*
Opioid Use Disorder, Overdose Prevention, and Integrating Addiction and Medical Care - Alexander Walley, MD MSc*
Impact of Spiritual Resiliency in Palliative Care and Hospice Patients - Rev. Kathleen Pakos Rimer, M.Div, Ed.D, BCC*
Evaluation and Treatment of Neck Pain - James Heffernan, MD, MPH

CARDIOVASCULAR MEDICINE NOVEMBER 9, 2019

Update on the Management of Patients with Heart Failure - Lisa Fleming, MD MPH
EKG Tutorial for the PCP: Case Studies - Ian C. McCormick, MD
Cardiovascular Disease in Women - Loryn Feinberg, MD*
Perioperative Cardiac Risk Assessment - Gerald Smetana, MD*

PREVENTIVE MEDICINE DECEMBER 14, 2019

Update on Tobacco Cessation and Electronic Cigarettes - Nancy Rigotti, MD*
Lifestyle Medicine: What We Need to Know to Improve Our Patient's Health - Edward Phillips, MD
Genomics, Screening, and Disease Prevention - Michael F. Murray, MD, FACMG, FACP*
Primary Prevention of CAD: Who Should Start Statins and Where Do We Stand with Aspirin? - Mark Benson, MD

NEUROLOGY-PSYCHIATRY JANUARY 11, 2020

Treating OCD and Related Disorders in the Primary Care Setting - Lisa Zakhary, MD, PhD
Intracerebral Aneurysms: When to Screen and Treatment Options - Ajith Thomas, MD
Assessing Suicide Risk and Violence Prevention - Renee Sorrentino, MD*
The Role of Transmagnetic Stimulation in Management of Depression - Yousef Abou-Allaban, MD, MBA

INFECTIOUS DISEASE FEBRUARY 8, 2020

Prevention of Disease Before Biologics - George Eliopoulos, MD*
Hepatitis C: Diagnosis, Treatment and Follow Up - Robin Colgrove, MD
Emerging Infectious Diseases - Thomas Treadwell, MD
HIV Update: What Does the PCP Need to Know? - Howard Libman, MD

ENDOCRINOLOGY MARCH 14, 2020

Osteoporosis - Beyond the Guidelines: Case Studies - Clifford Rosen, MD
Management of Common Thyroid Disorders - Douglas Ross, MD
Treatment of Type 2 Diabetes: Getting to Goal Safely - Martin Abrahamson, MD
Transgender Health - Alex Gonzalez, MD, MPH

HEMATOLOGY-ONCOLOGY APRIL 18, 2020

Renal Cell Cancer: Treatment Overview - Lauren Harshman, MD
Management of Anticoagulation Before and After Procedures - Brett Carroll, MD*
Thrombocytopenia and Leukopenia - Kelly Bodio Downey, MD
Leukemia and Lymphoma: Case Studies - Malgorzata McMasters, MD

PULMONARY MEDICINE - ALLERGY MAY 9, 2020

COPD: Case Studies - Walter O'Donnell, MD
Overview of Interstitial Lung Disease - Joseph Zibrak, MD
Chronic Cough: Differential Diagnosis and Management - Christopher Fanta, MD
Evaluation and Follow up of Pulmonary Nodules: Case Studies - Janelle Baptiste, MD*

Accreditation

TARGET AUDIENCE

This program is uniquely designed for primary care practitioners: Primary Care Physicians, Internists, Family Practice Physicians, Nurse Practitioners, Nurses and Physician Assistants.

EDUCATIONAL OBJECTIVE

At the conclusion of each of our monthly meetings, the participants will be able to articulate current knowledge in each of the subspecialty areas. Eighteen areas of study have been identified as basic to primary care adult medicine:

- | | | |
|-----------------------------|------------------------------------|--------------------------------|
| ◆ Cardiovascular Medicine | ◆ Hematology-Oncology | ◆ Preventive Medicine Genomics |
| ◆ Dermatology | ◆ Infectious Diseases | ◆ Pulmonary Medicine-Allergy |
| ◆ Endocrinology | ◆ Nephrology | ◆ Rheumatology-Orthopedics |
| ◆ Gastroenterology | ◆ Neurology-Psychiatry | ◆ Risk Management |
| ◆ General Internal Medicine | ◆ Ophthalmology-Otolaryngology | ◆ Urology |
| ◆ Geriatrics | ◆ Pain Management-End of Life Care | ◆ Women's Health-Gynecology |

PROFESSIONAL PRACTICE GAPS AND EDUCATIONAL NEEDS ADDRESSED

In these days of fast-paced clinical changes it is crucial for primary care practitioners to continuously update their knowledge and skills in the area of evidence based medicine, specifically – current best practices, diagnostic skills, risk factor identification and current treatment options.

This series aims to improve the competence of the learner through didactic lecture with a case-based format as well as extensive question and answer time with our faculty.

ACCREDITATION

Beth Israel Deaconess Hospital-Needham is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Beth Israel Deaconess Hospital-Needham designates this live activity for a maximum of 36 AMA PRA Category 1 Credit (s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ABIM MOC RECOGNITION STATEMENT

Successful completion of this live CME activity, which includes participation in the evaluation component, enables the participant to earn up to 36 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. (Note: MOC points are for live sessions only)

AMERICAN ACADEMY OF FAMILY PHYSICIANS

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. (Note: AAFP credit is for live series only)

NURSE PRACTITIONERS AND REGISTERED NURSES

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept AMA PRA Category 1 Credit[™] issued by organizations accredited by state medical associations (Massachusetts Medical Society). We would also suggest that learners check with their state licensing board to ensure they accept reciprocity with AMA PRA Category 1 Credit[™] for re-licensure.

AMERICAN ACADEMY OF PHYSICIANS ASSISTANTS

AAPA (American Academy of Physician Assistants) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit (s)[™] from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 36 hours of Category 1 credit for completing this program.

* Indicates content that qualifies as Risk Management

RISK MANAGEMENT STUDY*

This activity meets the criteria for the Massachusetts Board of Registration in Medicine for risk management study. This series has a total of 13.00 risk management credits, which includes 2.00 credits of Opioid Education and Pain Management.

Please check your individual state licensing board requirements before claiming these credits.

CORE COMPETENCIES

This activity has been developed with consideration given to the American Board of Medical Specialties Six Core Competencies. This activity will increase your competency in the areas of Patient Care, Medical Knowledge, and Professionalism.

DISCLOSURE POLICY

Beth Israel Deaconess Hospital–Needham asks all individuals involved in the development and presentation of Continuing Medical Education/Continuing Education (CME/CE) activities to disclose any relevant relationships with commercial interests. This information is disclosed to activity participants. Beth Israel Deaconess Hospital–Needham has procedures to resolve apparent conflicts of interest. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed. Complete disclosure information is available on printed course materials.

The ACCME defines a commercial interest as any entity producing, marketing, reselling or distributing health care goods or services consumed by, or used on, patients. Relevant financial relationships are financial relationships in any amount, which occurred in the twelve-month period preceding the time that the individual was asked to assume a role controlling content of the CME activity, and which relate to the content of the educational activity.

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as independent contractor (including contracted research), consulting, promotional speaking and teaching, membership on advisory committees or review panels, board membership, and other activities for which remuneration is received or expected. The MMS/ACCME considers relationships of the person involved in the CME activity to also include financial relationships of a spouse or partner.

THE CORE CURRICULUM MEMBERSHIP

The Core Curriculum in Adult Primary Care Medicine membership is comprised of primary care providers practicing throughout New England. Our membership is dedicated to providing practical information that furthers professional and economic well-being. The Core Curriculum series provides Category 1 credits at a low cost, convenient location and with two options for learning. Because more than 90% of the cost of an educational program relates to income lost from time away from practice, we offer two formats for learning: Saturday morning live sessions and the online podcast version. We pride ourselves on our tried and true format of delivering just four hours once a month with the option to learn more when it's convenient to you.

"I attend Core to keep up to date with the latest medical knowledge, based on clinical research. It has improved my approach to providing the best medical care possible to my patients."

Catherine Finnerty, NP



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HOW TO REGISTER ONLINE

1. Go to bidneedham.org/core
2. Select the "Tuition and Online Payments" on the left hand side
3. Select "Pay Here"
4. Select "Make a Payment"
5. Follow the directions and pay by credit card. An email confirmation will be sent to you.
6. If you wish to pay by check or mail in your credit card information use the attached form below.

QUESTIONS?

Please contact our office at 978-470-0018 or email us at core@bidneedham.org

MAIL IN FORM

Name _____

Email _____

Daytime Phone _____

Address _____

City, State, Zip _____

- ☐ **Yes! Sign me up for OPTION A** - \$1095.00
(Register prior to August 17th and pay only \$995)
Live Series + Podcast Series (access to 9 live sessions and 19 podcasts for 1 year)
- ☐ **Yes! Sign me up for OPTION B** - \$795.00
Podcast Series Only (access to 19 podcasts for 1 year)
Instant Access: www.playbackcore.com/podcasts
- ☐ **Individual Session:** \$195.00

Please indicate session(s) _____

PAYMENT INFORMATION

- ☐ Make checks payable to: BID–Needham
- ☐ Charge my Credit Card: MasterCard/Visa/Discover/Amex

Credit Card # _____ Security Code _____ Expiration Date _____

Signature _____ Zip Code affiliated with card _____

MAIL THIS FORM TO:

A Core Curriculum in Adult Primary Care Medicine
52 Rattlesnake Hill Road, Andover, MA 01810
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Website: www.bidneedham.org/core