

Registration Options:

Online: www.righthandtherapy.com

Phone: 603-821-0544

Mail Sign Up Form:

Name: _____

Credentials: _____

Email: _____

Phone: _____

Address: _____

Course Registration:

☐ \$100 Management of the Painful Thumb

Form of payment (circle one): check credit card

Please make checks payable to **“Right Hand Therapy”**

Credit Card #: _____

CW: _____

Expiration

Date: _____

Zip code: _____

Please charge my credit card: \$ _____

Signature: _____

Please mail form and payment to:



Right Hand Therapy
P.O. Box 1114
Merrimack, NH 03054

Additional Information:



For additional course information please contact:

Lisa Owen, MS, OTR/L, CLT, CHT
Owner of Right Hand Therapy, LLC
Instructor

lisa@righthandtherapy.com

Phone: (603) 821-0544

Right Hand Therapy
P.O. Box 1114
Merrimack, NH 03054

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Cancellation Policy:

Right Hand Therapy reserves the right to cancel a live workshop with fewer than 6 participants and will return all payments. Participants must also notify Right Hand Therapy regarding cancellation of registration no less than 45 days prior to the live course for a partial refund (less \$15.00 for administrative fees.)



presents:



Management of the Painful Thumb

Saturday, October 19, 2019
8:30am – 11:30am

Coppola Physical Therapy
6 Tsienneto Road Suite #201
Derry, NH 03038

Management of the Painful Thumb

October 19, 2019 | Derry, NH

Cost: \$100 per participant

CEUs: 3

Instructor: Lisa Owen, MS, OTR/L, CLT, CHT

Target Audience: OTs, OTAs, PTs, PTAs, and CHTs

This half-day course aims to educate clinicians working in any setting how to safely and effectively manage thumb pain associated with thumb CMC arthritis. While the underlying pathology cannot be changed, this course provides participants with exceptional hands-on learning about the CMC joint and how effective pain management techniques CAN diminish pain and support your patients' return to function in as few as 1-4 visits. Participants will have ample opportunities to practice manual techniques, see orthotic fabrication demos, and perform taping techniques. Participants will leave this course with the ability to implement an effective therapy program the very next day.



Course Schedule:

8:30am – 9:15am	Anatomy, biomechanics, and pathophysiology
9:15am – 9:45am	Evaluation of typical thumb deformities/maladaptive pinch patterns
9:45am – 11:15am	Treatment/Lab
11:15am – 11:30am	Questions and wrap-up



Learning Objectives:

Upon completion of this course, participants will be able to:

- ✓ Identify the major anatomical structures of the thumb.
- ✓ Differentiate between the various thumb instability patterns that impact functional use of the hand.
- ✓ Create individualized treatment plans for patients utilizing functional and evidenced-based interventions specific to thumb rehabilitation.

Presenter:

Lisa Owen, OTR/L, CLT, CHT



Lisa earned her master of science in Occupational Therapy from Tufts University in 2009 and has been specializing in upper extremity management ever since. She earned her Certification in Lymphedema Therapy (CLT) in 2009 from Klose

Training and Consulting, and has spent a significant amount of time treating patients recovering from breast cancer surgery and treatment. Lisa earned her Certification in Hand Therapy (CHT) in 2015 and currently practices at a hospital-based outpatient clinic in southern New Hampshire. She has presented for the American Society of Hand Therapists (ASHT), the New Hampshire Occupational Therapy Association (NHOTA), and is an adjunct faculty member in the Occupational Therapy Department at the University of New Hampshire. In her spare time Lisa enjoys a regular yoga practice, and spending lots of quality time with her husband and two children.

