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PLASTIC SURGEONS®

**NEW
FOR 2018!**

Cadaver Prosection
Workshop:
Pre-Pectoral Breast
Reconstruction

Surround yourself with excellence.

JULY 19-21, 2018

Program Chair: John Y.S. Kim, MD

Program Co-Chair: Karol Gutowski, MD

33RD ANNUAL ASPS BREAST SURGERY & BODY CONTOURING SYMPOSIUM



Austin
TEXAS

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Earn up to **24.75 AMA PRA Category 1 Credits™**

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NEW
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15
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PREMIER CLINICAL PROGRAMMING WITH A FOCUS ON PRACTICALITY

Learn new ideas and practical techniques from experts of our specialty. Ask questions. Dig deeper. Share experiences and perspectives with your peers. Discover new products and services to improve your practice. It's all waiting for you at the 33rd annual ASPS Breast Surgery & Body Contouring Symposium.

This world-renowned meeting brings together a diverse faculty to present leading-edge techniques and procedures, along with small-group instructional courses that take a closer look at the specifics. Attendees come from around the globe to build their aesthetic and reconstructive plastic surgery skills.

Come to the Breast Surgery & Body Contouring Symposium to surround yourself with excellence. Leave re-energized and brimming with new techniques and ideas you can put to use to improve your practice right away.

NEW THIS YEAR!

Cadaver Prosection Workshop: Pre-Pectoral Breast Reconstruction

Friday, July 20 | 7:00-8:45AM

Fee: \$200

John Y.S. Kim, MD; Karol Gutowski, MD

Our unique combination lecture, cadaver demonstration and hands-on workshop will provide a comprehensive overview of the indications, technique, and outcomes of pre-pectoral reconstruction. Highlights will include hands-on demonstration of various ADM wrap techniques, cadaver-based pearls for direct-to-implant and expander approaches, and frank discussion of controversial points (radiation, economics, pre- vs. retropectoral decision making).



Program Chair

John Y.S. Kim, MD
Chicago, IL



Program Co-Chair

Karol Gutowski, MD
Chicago, IL

2018 INVITED FACULTY OF WORLD-CLASS PLASTIC SURGEONS

Al Aly, MD
Abu Dhabi, UAE

Hilton Becker, MD
Boca Raton, FL

Yoon Chun, MD
Boston, MA

Mark Clemens, MD
Houston, TX

Gregory Dumanian, MD
Chicago, IL

James Grotting, MD
Birmingham, AL

Jeffrey Gusenoff, MD
Pittsburgh, PA

Dennis Hurwitz, MD
Pittsburgh, PA

Brian Kinney, MD
Beverly Hills, CA

Patrick Mallucci, MD
London, England

G. Patrick Maxwell, MD
Nashville, TN

Patricia McGuire, MD
St. Louis, MO

Fabio Nahas, MD, PhD, MBA
São Paulo, Brazil

Linda Phillips, MD
Galveston, TX

Christopher Salgado, MD
Miami, FL

Jennifer Walden, MD
Austin, TX

Liza Wu, MD
Philadelphia, PA



Invest three days in yourself.

Austin
TEXAS

REJUVENATE YOUR MIND, PRACTICE AND SPIRIT



We are excited to present the 2018 Breast Surgery & Body Contouring Symposium in Austin, Texas, at the brand-new Fairmont Austin, a unique destination in the heart of downtown. Take a break from the day-to-day in the Live Music Capital of the World® with more live music venues per capita than anywhere else in the nation. As the state capital of Texas, Austin is a vibrant city, home to unique attractions, world-class museums and beautiful outdoor spaces. Learn more about all Austin has to offer you and your family at AustinTexas.org.

This Activity is Intended for Plastic Surgeons

ACCREDITATION

The American Society of Plastic Surgeons® (ASPS) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

DESIGNATION

The ASPS designates this live activity for a maximum of **24.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

10 of the 24.75 credits have been identified as programming applicable to patient safety.

CONTINUING MEDICAL EDUCATION CREDITS

- Symposium Sessions: 21.75
- Instructional Courses: 3.0
- Total Credits Available:
24.75 AMA PRA Category 1 Credits™

THIS MEETING WILL ADDRESS THE FOLLOWING ACGME/ABMS COMPETENCIES

- Professionalism
- Patient Care and Procedural Skills
- Medical Knowledge
- Interpersonal and Communication Skills

LEARNING OBJECTIVES

Upon completion of this activity, participants should be able to:

- Interpret current and emerging issues and advances affecting the diagnosis and delivery of treatment, and assess their potential practice applications.
- Critically assess the strategies for aesthetic and reconstructive breast procedures.
- Describe advanced technologies and techniques in body contouring.
- Translate expanded knowledge into practice for the improvement of patient outcomes and satisfaction.

DISCLOSURE POLICY

The American Society of Plastic Surgeons (ASPS) requires all instructors, planners, reviewers, managers, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASPS also requires faculty/authors to disclose when off-label/unapproved uses of product are discussed in a CME activity or included in related materials.

Thursday,
July 19



Come for our high-quality clinical education and leave with the enhanced skills you need to help drive better patient outcomes and attain a competitive edge.

8:00AM | **WELCOME AND PROGRAM OVERVIEW**
John Y.S. Kim, MD, and Karol Gutowski, MD

SESSION 1 – BREAST AUGMENTATION
MODERATOR: JOHN Y.S. KIM, MD

8:20AM | **How to Do a Cosmetic Revision Case without Breaking the Bank**
Patricia McGuire, MD

8:30AM | **Use of Mesh in Primary and Secondary Breast Augmentation**
Patrick Mallucci, MD

8:40AM | **Use of 3-Dimensional Imaging for Planning and Education in Cosmetic Breast Augmentation**
Patricia McGuire, MD

8:50AM | **Fat vs. Implants Alone and Together for Breast Augmentation and Augmentation/Mastopexy**
Jennifer Walden, MD

9:00AM | **Evolution of My Breast Augmentation Practice: Implants and BioEngineering**
G. Patrick Maxwell, MD

9:10AM | **Overview of Implant Choices in Breast Augmentation**
Brian Kinney, MD

9:20AM | **Happy and Unhappy Patients: Online Reviews of Breast Augmentation**
John Y.S. Kim, MD

9:30AM | **Q&A**

10:00AM | **BREAK AND EXHIBITS**

6:00AM | **REGISTRATION AND BREAKFAST WITH EXHIBITORS**

7:00AM | **INSTRUCTIONAL COURSES**

201 PAP and Double DIEP Flaps for Breast Reconstruction
Liza Wu, MD

202 Inferior Pedicle Reduction Mammoplasty: Principles and Refinement of a Traditional Technique
Yoon Chun, MD

203 Revisional Breast Surgery
Patrick Mallucci, MD

204 Safety Tips for Body Contouring After Massive Weight Loss
Linda Phillips, MD

205 Oblique Flankplasty for Aesthetic Reduction of the Flank
Dennis Hurwitz, MD

SESSION 2 – MASTOPEXY AND BREAST REDUCTION

MODERATOR: KAROL GUTOWSKI, MD

- 10:30AM | **Male Breast Reduction for Large Gynecomastia**
Al Aly, MD
- 10:40AM | **Breast Re-Shaping After Massive Weight Loss: Pitfalls and Solutions**
Jeffrey Gusenoff, MD
- 10:50AM | **The Role of Radiofrequency Lipolysis in the Correction of Gynecomastia and Breast Ptosis**
Dennis Hurwitz, MD
- 11:00AM | **Augmentation-Mastopexy Technical Tips**
Patrick Mallucci, MD
- 11:10AM | **Achieving Improved Aesthetic Outcomes with Amputation-Style Breast Reductions for Gigantomastia**
Linda Phillips, MD
- 11:20AM | **Staged Mastopexy: Are the Results Better?**
Patricia McGuire, MD
- 11:30AM | **Q&A**
- 12:00PM | **LUNCH AND EXHIBITS**

SESSION 3 – BREAST RECONSTRUCTION

MODERATOR: LIZA WU, MD

- 1:00PM | **Animation Deformity and Pre-Pectoral Breast Reconstruction**
John Y.S. Kim, MD
- 1:10PM | **Optimizing Aesthetics in Prosthetic Breast Reconstruction**
G. Patrick Maxwell, MD
- 1:20PM | **Implant Selection in Reconstructive Breast Surgery**
Yoon Chun, MD
- 1:30PM | **Tips for Efficiency and Aesthetic Refinement with Microsurgical Breast Reconstruction**
Liza Wu, MD
- 1:40PM | **Tissue Contraction Pre-Pectoral Breast Reconstruction**
Hilton Becker, MD

- 1:50PM | **Female-to-Male Top Surgery**
Christopher Salgado, MD

- 2:00PM | **Robotic Assisted Latissimus Dorsi Breast Reconstruction, Expanding a Surgeon's Abilities**
Mark Clemens, MD

- 2:10PM | **Q&A**

- 2:40PM | **BREAK AND EXHIBITS**

SESSION 4 – COMPLICATIONS AND CHALLENGES IN BREAST SURGERY

MODERATOR: JOHN Y.S. KIM, MD

- 3:10PM | **Handling Implant Malposition in Breast Augmentation**
Patricia McGuire, MD
- 3:20PM | **Seroma and Infections in Prosthetic Breast Surgery**
Yoon Chun, MD
- 3:30PM | **Avoiding and Managing Cosmetic Breast Complications**
Hilton Becker, MD
- 3:40PM | **Management of the Failing and Failed Flap**
Liza Wu, MD
- 3:50PM | **Breast Implant Associated ALCL: Critical Lessons After 500 Patients**
Mark Clemens, MD

4:00PM | CASE PRESENTATIONS PANEL: COSMETIC BREAST

Brian Kinney, MD
Patrick Mallucci, MD
G. Patrick Maxwell, MD
Patricia McGuire, MD
Jennifer Walden, MD

4:40PM | CASE PRESENTATIONS PANEL: RECONSTRUCTIVE BREAST

Hilton Becker, MD
Yoon Chun, MD
Mark Clemens, MD
Linda Phillips, MD
Liza Wu, MD

- 5:30PM | **ADJOURN AND WELCOME RECEPTION**

Friday,
July 20



Over the years the
Breast Surgery & Body Contouring
Symposium has come to
be synonymous with high-quality
clinical education that breaks
new ground.

6:15AM | **REGISTRATION AND BREAKFAST
WITH EXHIBITORS**

7:00AM | **INSTRUCTIONAL COURSES**

301 Breast Reduction Using the
Vertical Sculpted Pillar Technique
James Grotting, MD

302 Non-Surgical Aesthetic Refinement
of the Breast
Brian Kinney, MD

303 Fat, Implants, ADM:
Optimizing Cosmetic and
Reconstructive Breast Results
G. Patrick Maxwell, MD

304 Surgical and Non-Surgical
Vaginal Rejuvenation
Jennifer Walden, MD

7:00-8:45AM | **PRE-PECTORAL BREAST
RECONSTRUCTION CADAVER
PROSECTION WORKSHOP:
INDICATIONS, TECHNIQUE,
OUTCOMES (additional \$200 fee)**
John Y.S. Kim, MD; Karol Gutowski, MD

8:00AM | **INSTRUCTIONAL COURSES**

350 Gender Affirmation Bottom Surgery
Christopher Salgado, MD

351 Adjustable Breast Implants
Hilton Becker, MD

352 Cosmetic Breast Asymmetry:
Planning the Surgery and Patient
Education to Optimize Results
Patricia McGuire, MD

353 Predictors and Timing for
Successful Reconstruction of
the Radiated Breast, Prosthetic
and Autologous
Mark Clemens, MD

**SESSION 5 – VIDEO MARKINGS OF
BREAST SURGERY**

MODERATOR: JOHN Y.S. KIM, MD

9:00AM | *Patricia McGuire, MD*

9:10AM | *Brian Kinney, MD*

9:20AM | *Patrick Mallucci, MD*

9:30AM | *James Grotting, MD*

9:40AM | *G. Patrick Maxwell, MD*

9:50AM | *Jennifer Walden, MD*

10:00AM | **Q&A**

10:30AM | **BREAK AND EXHIBITS**

SESSION 6 – DUELING PERSPECTIVES

MODERATOR: JOHN Y.S. KIM, MD

11:00AM | **Textured Shaped vs. Smooth Round**

11:00AM | **Textured Shaped**
G. Patrick Maxwell, MD

11:05AM | **Smooth Round**
Hilton Becker, MD

11:10AM | **Q&A**

11:20AM | **Autologous vs. Prosthetic Reconstruction**

11:20AM | **Autologous**
Liza Wu, MD

11:25AM | **Prosthetic**
Yoon Chun, MD

11:30AM | **Q&A**

SESSION 7 – PEARLS FROM THE MASTERS

MODERATOR: BRIAN KINNEY, MD

11:40AM | *James Grotting, MD*

11:44AM | *Brian Kinney, MD*

11:48AM | *Yoon Chun, MD*

11:52AM | *Linda Phillips, MD*

11:56AM | *Hilton Becker, MD*

12:00PM | *Christopher Salgado, MD*

12:04PM | *Jennifer Walden, MD*

12:08PM | *G. Patrick Maxwell, MD*

12:12PM | *Mark Clemens, MD*

12:16PM | *Patrick Mallucci, MD*

12:20PM | *Liza Wu, MD*

12:25PM | **Q&A**

12:30PM | **LUNCH AND EXHIBITS**

SESSION 8 – THE PATIENT EXPERIENCE

MODERATOR: AL ALY, MD

1:30PM | **Non-Opioid Alternatives for Post-Operative Pain Management**
Linda Phillips, MD

1:45PM | **Nerve Blocks and Long Acting Analgesia**
Karol Gutowski, MD

2:00PM | **Compression Garments – Benefits and Risks**
Fabio Nahas, MD, PhD, MBA

2:15PM | **Update on Gluteal Fat Grafting Safety**
Karol Gutowski, MD

2:30PM | **Panel Q&A**

2:45PM | **BREAK AND EXHIBITS**

SESSION 9 – ARMS AND THIGHS: SHOW ME YOUR MARKINGS!

MODERATOR: KAROL GUTOWSKI, MD

3:15PM | **Modified L Brachioplasty with Extended and Limited Variations and the Role of Ultrasonic and Radiofrequency Lipoplasty**
Dennis Hurwitz, MD

3:30PM | **Brachioplasty Challenges**
Jeffrey Gusenoff, MD

3:45PM | **Posterior Scar-"aly" Brachioplasty: Avoiding Problems and Getting Best Results**
Al Aly, MD

4:00PM | **Managing the Heavy Thigh**
Jeffrey Gusenoff, MD

4:15PM | **Panel: Unknown Cases!**

4:45PM | **Q&A**

SESSION 10 – GENITAL ENHANCEMENT

MODERATOR: BRIAN KINNEY, MD

5:00PM | **Non-Invasive Vaginal Rejuvenation**
Jennifer Walden, MD

5:15PM | **Surgical Vaginal Rejuvenation**
Christopher Salgado, MD

5:30PM | **Surgical Vaginal Rejuvenation**
Jennifer Walden, MD

5:45PM | **Panel Q&A**

6:00PM | **ADJOURN**



**Saturday,
July 21**

Educational sessions are packed with the high-quality clinical information, and networking with your peers is a great way to wrap up each day.



6:30AM | **REGISTRATION AND BREAKFAST
WITH EXHIBITORS**

7:00AM | **INSTRUCTIONAL COURSES**

401 Thighplasty

Jeffrey Gusenoff, MD

**402 New Trends in the Treatment of the
Myoaponeurotic Layer of the Abdomen**

Fabio Nahas, MD, PhD, MBA

403 No-Drain Abdominoplasty

Karol Gutowski, MD

**404 External Laser, Ultrasonic
Lipoplasty, Radiofrequency Lipolysis,
Lower Body Lift and Oblique Flankplasty
for Shaping the Flanks**

Dennis Hurwitz, MD

**405 Body Contouring After Massive
Weight Loss: History and Current Status**

Al Aly, MD

SESSION 11 – MASSIVE WEIGHT LOSS

MODERATOR: KAROL GUTOWSKI, MD

8:00AM | **Oblique Flankplasty Alternative to Lower
Body Lift and Fleur-de-Lis Abdominoplasty**
Dennis Hurwitz, MD

8:15AM | **Maximizing Safety in Fleur-de-Lis
Abdominoplasty**
Linda Phillips, MD

8:30AM | **Strategies in Lower Body Lifting**
Jeffrey Gusenoff, MD

8:45AM | **Belt Lipectomy Technique and Pearls**
Al Aly, MD

9:00AM | **Body Contouring Complications**
Jeffrey Gusenoff, MD

9:15AM | **Panel: My MWL Disaster – What I Learned**

9:30AM | **Q&A**

9:45AM | **BREAK AND EXHIBITS**

SESSION 12 – ABDOMINOPLASTY

MODERATOR: JEFFREY GUSENOFF, MD

- 10:15AM | **Understanding and Preventing Seroma in Abdominoplasty**
Fabio Nahas, MD, PhD, MBA
- 10:30AM | **Abdominoplasty vs. Lipoabdominoplasty – What is the Best Technique?**
Fabio Nahas, MD, PhD, MBA
- 10:45AM | **Upper Abdominal Rolls: What They Are and How to Treat Them**
Al Aly, MD
- 11:00AM | **Secondary Atypical Abdominoplasties**
Fabio Nahas, MD, PhD, MBA
- 11:15AM | **Drains or No-Drains: Show Us the Data**
Karol Gutowski, MD
- 11:30AM | **Panel: Lipo, Mini-Tummy Tuck, or Full Tummy Tuck?**
- 11:45AM | **Q&A**
- 12:00PM | **LUNCH AND EXHIBITS**

SESSION 13 – NEW TECHNOLOGY

MODERATOR: JEFFREY GUSENOFF, MD

- 1:00PM | **Comparison of Radiofrequency, CO2, and Erbium-YAG Laser for Vaginal Rejuvenation**
Jennifer Walden, MD
- 1:15PM | **Radiofrequency Lipolysis for Correction of Gynecomastia and Breast Ptosis**
Dennis Hurwitz, MD
- 1:30PM | **Radiofrequency Skin Tightening**
Brian Kinney, MD
- 1:45PM | **Non- and Minimally-Invasive Skin Tightening and Fat Reduction of the Body**
Jennifer Walden, MD
- 2:00PM | **Radiofrequency Skin Tightening**
Brian Kinney, MD
- 2:15PM | **Melt the Fat and Build the Muscle at the Same Time?**
Brian Kinney, MD
- 2:25PM | **Panel Q&A**

SESSION 14 – PEARLS FROM THE MASTERS

MODERATOR: JOHN Y.S. KIM, MD

- 2:40PM | *Al Aly, MD*
- 2:44PM | *Jeffrey Gusenoff, MD*
- 2:48PM | *Karol Gutowski, MD*
- 2:52PM | *Dennis Hurwitz, MD*
- 2:56PM | *Brian Kinney, MD*
- 3:00PM | *Fabio Nahas, MD, PhD, MBA*
- 3:04PM | *Linda Phillips, MD*
- 3:08PM | *Christopher Salgado, MD*
- 3:12PM | *Jennifer Walden, MD*

SESSION 15 – ABDOMINAL WALL

MODERATOR: TBD

- 3:30PM | **Body Contouring After Massive Weight Loss: History and Current Status**
Al Aly, MD
- 4:00PM | **Repair of Complex Abdominal Wall Defects: The Plastic Surgeon's Perspective**
Gregory Dumanian, MD
- 4:20PM | **Repair of Complex Abdominal Wall Defects: The General Surgeon's Perspective**
TBD
- 4:40PM | **Panel Q&A**
- 4:45PM | **ADJOURN**



Hotel & Travel



HOTEL ACCOMMODATIONS

The much-anticipated Fairmont Austin 37-story luxury hotel is a destination within itself that offers exquisite dining, richly appointed guest rooms and a pampering spa complete with luxurious solariums featuring floor-to-ceiling views of Palm Park and the downtown Austin skyline. Located in the heart of downtown Austin, the Fairmont will energize you with nearby access to the city's famed music scene, celebrated cuisine and diverse artistic ambiance.

Meeting functions and sleeping rooms are located at:

Fairmont Austin Hotel
101 Red River Street
Austin, TX 78701

Special Group Rate: \$239* per night

Reservation Deadline: Friday, June 29, 2018

Reservations: Online or 512-600-2000 and mention ASPS

Cancellation: Four days prior to arrival or deposit is forfeited

**Rate is for single or double occupancy room. Taxes and additional fees may apply. Deposit and cancellation penalties may apply, so please ask for these details when making your reservations. Reservations made after the deadline, or after the room block fills, are subject to space and rate availability. This rate is also being offered up to two days prior to the meeting based on availability.*

FLIGHTS | United Airlines

ASPS is pleased to offer 2-10% off airfare when you make your flight reservation with United Airlines. When flying into Austin-Bergstrom International Airport (AUS), use promotion code **ZE9F910032** and save on airfare.

Book online at United.com with no fee, or by phone at (800) 468-7022 for a \$25 fee. If booking online, visit United.com, select "search all options" and enter code **ZE9F910032** in the "Offer Code" field. Complete the reservation as instructed. The travel window for discounted fares includes 3 days prior to and 3 days post the actual meeting dates. Please note: Codes are meeting/destination-specific. Standard change fees and baggage fees apply. Not valid in conjunction with any other discounted fare.

AIRPORT TRANSPORTATION

Fairmont Austin is located approximately 8 miles (20-minute drive) southeast of Austin-Bergstrom International Airport (AUS). The estimated taxi fare is \$33 one-way. Please note that the hotel does not provide airport shuttle service.

Registration

IMPORTANT DATES

FRIDAY, JUNE 1

Early Registration Deadline

FRIDAY, JUNE 29

Hotel Group Rate Deadline

MONDAY, JULY 9

Advance Registration Deadline

JULY 18-21

On-site Registration Available

The meeting registration fee includes course materials, admission to the session, instructional courses, exhibits and indicated meals. All registrants must pay the full registration fee; one-day registration is not available. Spouses and accompanying guests who wish to attend the session must register and pay the full registration fee. Registrations can be submitted online or by fax, phone or mail with payment.

Online: PlasticSurgery.org/BSBC

Fax: 847-228-7099 (credit cards only)

Phone: 800-766-4955 or 847-228-9900 (credit cards only)

Mail: American Society of Plastic Surgeons

Attn: Finance Department

444 E. Algonquin Road

Arlington Heights, IL 60005-4664

Check or credit cards only. Make checks payable to ASPS (U.S. funds only)

ANY QUESTIONS? Contact ASPS Member Services Center at 800-766-4955.

CANCELLATIONS

All cancellations must be received in writing to be considered for refund. Cancellations on or before June 1, 2018, will receive a 100% refund. Cancellations on or before July 9, 2018, will receive a 50% refund. All refunds are subject to a \$25 processing fee. No refunds after July 9, 2018.

ASPS is not responsible for travel expenses or penalties under any circumstances.

Notice of cancellation should be sent to:

ASPS Member Services Center

444 E. Algonquin Road

Arlington Heights, IL 60005-4664

Fax: 847-228-7099

Registration@PlasticSurgery.org

Reserve your spot today!

SAVE \$100!

Register by June 1, 2018



PLAN NOW TO JOIN US!

World-class faculty are gathering in the vibrant city of Austin, Texas, to present leading-edge clinical programming devoted to aesthetic and reconstructive breast and body procedures.

CORPORATE SUPPORTERS

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33RD ANNUAL ASPS BREAST SURGERY & BODY CONTOURING SYMPOSIUM

JULY 19-21, 2018 | AUSTIN, TX

Discounted hotel rates available at the brand-new Fairmont Austin Hotel when you reserve by June 29, 2018.

American Society of Plastic Surgeons
444 E. Algonquin Road
Arlington Heights, IL 60005

Learn more and register today at PlasticSurgery.org/BSBC or call 1-800-766-4955.