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Obstructive Sleep Apnea: A Cleveland Clinic State-of-the-Art Review

Sleep Apnea and the Heart

Release date: February 28, 2019**Expiration date:** February 28, 2022**Estimated Time of Completion:** 1 hour

Description

Sleep Apnea and the Heart webcast, part of the [Obstructive Sleep Apnea: A Cleveland Clinic State-of-the-Art Review](#) online series, will review the physiology of sleep-heart interactions.

Learning Objectives

1. Discuss the physiology of sleep-heart interactions
2. Describe the association of obstructive sleep apnea (OSA) and cardiovascular health
3. Review central sleep apnea (CSA) implications and treatments including adaptive servoventilation and phrenic nerve stimulation

Target Audience

This educational activity is designed for family practice and internal medicine physicians, pediatricians, and allied health professionals, including nurse practitioners and physician assistants.

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Cleveland Clinic Foundation Center for Continuing Education designates this enduring material for a maximum of **1.0 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

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CME Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by The Cleveland Clinic Foundation. In no event will The Cleveland Clinic Foundation be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

Disclosures

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The following faculty have indicated they have no relationship which, in the context of their presentation(s), could be perceived as a potential conflict of interest:

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