

Falls Prevention and Management in Older People

Reducing Falls and Harm from Falls

Implementing the New NICE Quality Standard

Wednesday 2 December 2015

Manchester Conference Centre, Manchester

10% card payments discount*
15% group booking discount**



Chair and Speakers Include:

Paul Jebb

*Patient Experience Professional Lead
NHS England*

Professor John Young

*National Clinical Director for
Integration and Frail & Elderly Care
NHS England*

Falls Prevention and Management in Older People

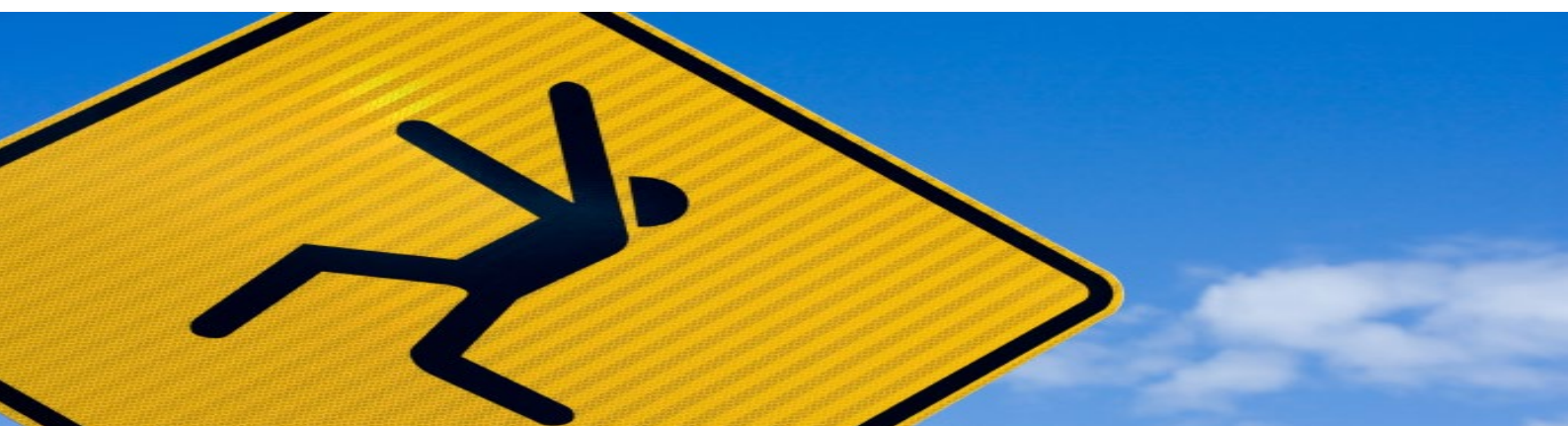
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The new quality standard for assessing older people after a fall and preventing further falls was released at the end of March 2015. The standard aims to support hospitals and community services to help improve the quality of life of older people and reduce the number of fall-related injuries occurring in people aged 65 and older. The implementation of the quality standard will be discussed at the conference

“The falls standard, meanwhile, brings together gold standard practice in how to manage older people following falls and, by giving it the NICE seal of approval, ensures that it will be delivered in hospital and community settings around the country.” Adam Gordon, Honorary Secretary of the British Geriatrics Society and a consultant geriatrician in Nottingham

This conference will update delegates on the New Quality Standard for Falls and implementation in practice at a local level. Sessions will focus on key elements of the quality standard including developing post fall protocols for every patient and secondary prevention. The conference will also discuss key elements in the reduction of falls in your organisation including underlying health issues, falls and mental health, medicines management, comorbidity and managing falls in the over 85s. There will be a focus session on reducing inpatient falls and undertaking effective root cause analysis. Through expert sessions and case studies delegates will take back essential learning outcomes to change practice in their services.

Follow the Conference on Twitter #NHSFalls

10.00 Chairman's introduction: Falls Prevention in Older People NHS England Update

Paul Jebb *Patient Experience Professional Lead NHS England*

10.10 Changing care systems for people with frailty

Prof John Young

*National Clinical Director for Integration and Frail & Elderly Care
NHS England*

- improving care and services for older people
- ensuring all clinicians acquire the knowledge and skills appropriate for safe and competent care of older people with comorbidities and frailty
- improving integration and joined up working

10.40 Falls and Fragility Audit Programme: Update Session

Prof Finbarr Martin

*Consultant Physician
Guys and St Thomas' NHS Foundation Trust*

- learning from the national audit of inpatient falls
- an update from the falls and fragility audit programme
- current developments

11.10 Question and answers, followed by coffee and exhibition at 11.20

11.45 QI Methodology in falls services including monitoring the implementation of the 2015 Quality Standard for falls in older people

Michelle Nolan

*Falls Prevention Nurse
Aintree University Hospital
NHS Foundation Trust*

- Using QI methodology in falls services
- Improving quality in falls services and developing measurable quality indicators and -metrics
- Our experience of using QI methodology in the reduction of falls in Aintree

12.10 Teaching falls prevention and post fall care

Jo Jennings

*Falls Prevention Co-ordinator
Northampton General Hospital*

- Establishing what to teach
- Using the simulation suite to educate staff
- Learning from incidents using 'spot the errors' video

12.35 The role of the Falls Therapy Link Worker

Caoimhe O'Reilly

*Falls Therapy Link Worker
Central London Community Healthcare NHS Trust*

- Developing links between acute and community falls services
- Improving the access of patients to specialist falls assessments
- Case finding roles in A&E and fracture clinics.

12.55 Question and answers, followed by lunch and exhibition at 13.10

Focus: Reducing inpatient falls and secondary prevention to reduce repeat falls

14.00 Focus: Reducing inpatient falls and falls with harm

Heidi Jensen

Head of Nursing

with **Kelly Fisher**

Trust Falls Practitioner

Guy's and St Thomas' NHS Foundation Trust

- developing a multifaceted approach to reducing inpatient falls
- Improving Falls assessment and management across the Trust
- the development of falls prevention teams and falls champions across the trust
- improving the dissemination of learning from falls root cause analysis
- our experience and the impact on falls and harm from falls

14.25 Delivering individual post fall protocols to care for any older person who has fallen during their stay

Dr Seema Srivastava

*Lead Consultant for Falls
Southmead Hospital Bristol*

- implementing an individual post fall protocol in practice as outlined in the NICE Quality Standard
- checks for signs or symptoms of severe injury and safe manual handling
- how can we learn from falls incidents?

14.50 Broomfield Dignified Throne Toolkit: preventing falls in hospital toilets and bathrooms

Carrie Tyler

Falls Practitioner

Angela Wade

*Professional Development Lead Nurse / Dignity Lead
Corporate Nursing Directorate
Broomfield Hospital, Mid Essex Hospital Trust*

- collaboration of existing work streams, falls, infection control and dignity
- promotion of patient safety and reduction of patient harm
- achieving the 10 point dignity challenge
- innovation and infection control to achieve patient hygiene and dignity
- presentation of the Dignified Throne audit
- how this was achieved and the practical application of the toolkit

15.30 Question and answers, followed by coffee and exhibition at 15.40

16.00 Falls and Mental Health: reducing falls in older people with dementia

Prof Tony Elliott

*Clinical Director
South Staffordshire and Shropshire Mental Health Trust*

- why are people with dementia at higher risk of falls
- falls and medications management
- assessing and managing falls risk
- reducing falls in dementia

16.30 Looking to the future: Gamification technology (exergames) in falls prevention

Mr Bibhas Roy

*Consultant Orthopaedic Surgeon & Virtual Orthopaedic Clinic Lead
Central Manchester University Hospitals NHS Foundation Trust*

& Dr Emma Stanmore

*Lecturer in Nursing
University of Manchester*

- can falls be prevented by implementing gamification technology in balance and motor control therapy programmes?
- are computer games suitable for the elderly?
- motivation and compliance with exercise programmes
- remote monitoring and feedback to enhance physiotherapy programmes with exergames

17.00 Question and answers, followed by close 17.10

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Venue

Manchester Conference Centre, Weston Building, Sackville Street, Manchester, M1 3BB. A map of the venue will be sent with confirmation of your booking.

Date Wednesday 2 December 2015

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
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