

Drugs for Medical Conditions: The Annual Practical Update for the Psychiatrist

A unique and popular Course for Consultant General Psychiatrists,
organised by Infomed Research and Training



on **Thursday 7 March 2019**, at the Park Plaza County Hall Hotel,
1 Addington Street, London SE1 7RY

~~Not at the ULL, 33 Finsbury Square, London EC2A 1AG as originally advertised~~

ABOUT THE COURSE

- **Suitable** for the Consultant working in General Psychiatry, Liaison Psychiatry, Old Age Psychiatry or Community Psychiatry
- An **update on medications used in the management of medical disorders** which are **highly relevant** to Psychiatric practice
- A clear focus on **newer medications** and those **medications** with which most Psychiatrists will be familiar but for which **new evidence** is available
- **Five lectures** by Physician specialists on: **neuropharmacology; cardiovascular pharmacology; endocrine pharmacology** and the **pharmacology of diabetes; gastrointestinal pharmacology** and **hepato-pharmacology**; and the **clinical pharmacology of HIV**
- Five **Discussion Forums**, based around the lecture topics
- Key for the revalidation process, **provides 6 CPD points** and Attendance Certificate

PAST DELEGATES' COMMENTS

- *Excellent speakers, good coverage, kept to time and well organised*
- *Good spread of relevant topics focused on what we psychiatrists need to know*
- *The discussion forums were excellent and provided a good opportunity to enhance the lectures in a practical way*
- *Speakers were really good, lectures and Q&A sessions very informative*
- *Good organisation, planning and content*
- *Impact? Lots! Big improvement. Excellent*
- *This course will have a significant impact on my day to day clinical work as well as in my prescription skills*
- *Much more up to date with names and application of newer drugs*
- *I will change my management of my department and patient care*
- *Positive impact – I will take issues to medicines management group*

6 CPD Points – Certificate of Attendance

THE LECTURES

- Have a clear focus on the newer medications and medications for which new evidence is available
- examine the pharmacology and psychopharmacology
- detail indications and management, including:
 - when they are used and how
 - side effects relevant to psychiatric practice
 - interactions with psychiatric medications
 - relevant NICE and other guidelines
- examine psychiatric medications that impact on the Physician's practice



THE PROGRAMME

08.30 – 09.10 **Registration**

09.10 – 09.20 **Welcome and introduction**

09.20 – 10.00

Neuropharmacology Update

Dr Giles Elrington,
Consultant Neurologist,
Oaks Hospital

- Headache and other non-nociceptive pains
- Epilepsy
- Depression and psychosis
- Antidepressants, antipsychotics
- Parkinson's
- Alzheimer's and other dementias
- MS
- Rarities



10.00 – 10.40

Clinical Pharmacology of HIV

Dr Lucy Garvey,
Consultant in HIV/GU Medicine,
St Mary's Hospital, London

- Update on ARVs and neuropsychiatric side effects: NRTI, NtRTI, NNRTI, Integrase I, PI, Entry I
- Neuroleptic medication in patients with HIV
- Interplay between psychotropic medication and ARVs
- Medication for HIV related neurocognitive impairment and psychotic symptoms

10.40 – 11.00

Tea and coffee break

11.00 – 12.20

TWO DISCUSSION FORUMS

Neuropharmacology

Facilitated by **Dr Giles Elington**

Clinical Pharmacology of HIV

Facilitated by **Dr Frankie Connell,**
Consultant HIV Liaison Psychiatrist, Royal London Hospital,
with **Dr Lucy Garvey**

12.20 – 13.00

Lunch

13.00 – 13.40

Cardiovascular Pharmacology Update

Dr Dan Bromage,
NIHR Clinical Lecturer and ST in Cardiology,
King's College London

General briefing:

Ischaemic heart disease

Update on the treatment of acute coronary syndromes including STEMI and NSTEMI Treatment of chronic stable angina (new NICE guidance) Antiplatelet therapy Treatment of HT (new NICE guidance) Treatment of hypercholesterolaemia

Anti-arrhythmic drugs

Especially those which interact with psychiatric therapies (donepezil, prolonged QT interval)

Atrial fibrillation and atrial flutter

Who should be anti-coagulated

New non-pharmacological treatments for AF/flutter

Heart failure

Conventional medical therapy (ACE-I, b-blockers, spironolactone/eplerenone, diuretics) Device therapy

13.40 – 14.20

Advances in Endocrine Pharmacology and the Pharmacology of Diabetes

Dr Alison Wren,
Consultant Endocrinologist,
Chelsea and Westminster Hospital, London

Diabetes and lipid disorders occur more commonly in people with chronic psychiatric conditions, especially schizophrenia, than the general population whilst autoimmune thyroid disease is commoner in people with affective disorders and vice versa.

This is a practical reminder for the psychiatrist of commonly used older agents and newer agents just available or shortly to be available which their patients with these conditions will be prescribed, including:

- Diabetes
 - Metformin, sulphonylureas and insulin
 - Glitazones
 - Newer agents, including potential for aiding adherence:
 - GLP-1 based therapies
 - GLP-1 analogues including weekly injectables and depot devices in development
 - DPP4 inhibitors
 - SGLT1 and 2 inhibitors
 - New longer acting and combination insulins
- Lipids
- Drugs used for dyslipidaemia, common side effects and tips for monitoring and safety
- Endocrinology
 - Mood effects of dopamine agonists for prolactinoma and interaction with antipsychotics
 - Drug treatment of thyrotoxicosis and common side effects
 - Strategies for non-adherence in thyroxine therapy

14.20 – 15.00

Drugs used in Gastrointestinal or Liver Disease that cause Psychiatric symptoms: Implications for the Psychiatrist

Prof Kevin Moore, Professor of Hepatology,
University College London and Royal Free Hospital, London

- The relevant drugs, including INFα and steroid-based drugs, as used for: Hepatitis, Cirrhosis, Other disorders
- Psychiatric medications that impact on gastro hepatology:
 - Anti depressants, antipsychotics, anxiolytics
 - Absorption and metabolism characteristics
 - Disruption of the metabolism and disruption of the gut
 - Drug-induced injury
- Interplay between gastroenterology and hepatology and psychiatric medications

15.00 – 15.20

Tea and coffee break

15.20 – 17.20

THREE DISCUSSION FORUMS

Cardiovascular Pharmacology

Facilitated by **Dr Dan Bromage**

Endocrine/Diabetes Pharmacology

Facilitated by **Dr Alison Wren**

Gastro/Hepato-pharmacology

Facilitated by **Prof Kevin Moore**

17.20

Close

and collection of Certificates of Attendance

ABOUT THE DISCUSSION FORUMS

For the Forums, delegates split into groups. Each group rotates through each Forums, so **each delegate attends every Forum.**

Each Forum lasts for 40 minutes and involves detailed, practical discussion of difficult cases relevant to Psychiatric practice involving new prescription medications and their indications for use, in the clinic or on the wards.

Booking

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COURSE FEE

£325 (inc. 20% VAT)

Special offer

if booking for this **and** the "Neurology Update
for the Psychiatrist" (Fri 8 Mar 2019), **£525**
for the two courses

The fee includes online access to lecture slides (pdf) in
advance of the course, lunch and refreshments. No printed
handouts will be provided at the course.

HOW TO REGISTER

Book and pay **ONLINE** at www.infomedltd.co.uk
or call us on **020 3236 0810**. Alternatively, complete
form below and post to: Infomed Research & Training
Ltd, 2nd Floor, Northside House, 69 Tweedy Road,
Bromley BR1 3WA. Confirmation and receipt will be
emailed to you. **Queries:** 020 3236 0810,
or e-mail: conferences@infomedltd.co.uk.

Confirmation and receipt will be sent to you **by email**.
General queries: tel. **020 3236 0810**, or
e-mail conferences@infomedltd.co.uk

DELEGATE DETAILS

Title First Name

Surname

Job Title

Hospital

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Please inform Infomed if you have any special needs

PAYMENT DETAILS

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TERMS AND CONDITIONS

1) The subscription fee includes online access to lecture slides (pdf), lunch and refreshments. 2) The completed booking form together with full payment must be sent to Infomed Research and Training Limited to secure a booking. Submission of this booking constitutes a legally binding agreement. 3) Payment must be received in full prior to the event. Course details will be issued subject to receipt of payment. We cannot be held responsible for the non-arrival of registration information. If you have not heard from us within 7 days prior to the Course, please contact us. 4) Bookings can be made by telephone but payment must be made in full by credit card at time of booking. 5) Written cancellations received 6 weeks prior to the Course will be accepted and refunded minus an administration charge of £70. We regret that no refunds can be made for cancellations received after that date, for whatever reason, although substitutions will be accepted if notified in writing 5 days or more prior to the event. 6) The Company reserves the right to alter the date, content and timing of the programme or the identity of the speakers due to reasons beyond its control. Under these circumstances, The Company will not refund delegates any expenditure made on pre-booked accommodation or travelling. 7) The Company does not accept responsibility for loss/damage delegates' property/personal effects whilst at the Course.

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