



Mellen Center Update in Multiple Sclerosis (MS)

Friday, June 16, 2017

InterContinental Hotel & Conference Center

An update in understanding and managing MS

www.ccfcmc.org/MS17

About The Symposium

Our keynote speaker is nationally known Dr. Michael Roizen from our Wellness Institute at the Cleveland Clinic. He will kick off our first theme of 'wellness' in this year's symposium. The second theme will be 'innovation'. Many of our talks or discussions will focus on one of both of these themes this year.

We will review wellness topics including rehabilitation approaches to maintaining sense of self and working on motor learning and plasticity. We also address wellness and sexuality for people with MS. Multidisciplinary approaches to MS at different states of life will be discussed. In terms of innovation we will review new diagnostic criteria, new MS treatments, technologies and guidelines affecting MS care. We will also add a 'Neuro Jeopardy' session this year.

We hope you find this year's symposium engaging, thoughtful, and worth your time and commitment.

Objectives

At the completion of this activity, the participant will be able to:

- Analyze emerging research on progressive MS pathology and technical advances in imaging and describe how this evidence affects clinical practice approaches to MS management strategies
- Highlight recent revisions in MS diagnostic criteria, the evidence base supporting the revisions, and their implications for clinical practice
- Identify the clinical practice implications of new pharmaceutical approaches
- Present in-depth analyses of strategies for assessment, diagnosis, and treatment of various MS cases
- Describe strategies for rehabilitation of motor skills, speech, and balance in patients with MS
- Summarize research on wellness strategies and other non-pharmacologic therapies to improve quality of life in patients with MS

Target Audience

This update is intended for physicians and other health care practitioners engaged in the care of patients with MS and related disorders. We will cover a broad range of topics of value to the health care professional and allow for interaction time with attendees. It will also be valuable for those involved in rehabilitation of patients with MS.

Faculty Disclosure Statement

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Register Online At: www.ccfcmc.org/MS17



Cleveland Clinic Faculty

Keynote Speaker

Michael F. Roizen, MD, FACP
Chief Wellness Officer

Symposium Director

Alex Rae-Grant, MD
Mellen Center for Multiple Sclerosis

Mellen Center for Multiple Sclerosis

Robert Bermel, MD
Janella Clarke, MS, CCC-SLP
Jeffrey Cohen, MD
Devon Conway, MD
Samantha Domingo, PsyD
Charlene Fink, CNS
Robert Fox, MD
Le Hua, MD
Randy Karim, PT, DPT, NCS, CBIS
Deborah Miller, PhD, LISW
Daniel Ontaneda, MD, MSc
Mary Rensel, MD
Matthew Sacco, PhD
Amy Sullivan, PsyD
Matt Sutliff, PT, DPT, MSCS
Andrew Wagner, DPT
Mary Alissa Willis, MD

Steering Committee

Jeffrey Cohen, MD
Shauna Gales, PA-C
Charlene Fink, CNS
Janet Perryman, MBA
Matt Sutliff, PT, DPT, MSCS

Agenda

Time for questions and answers are included in each presentation.

- 7:30 am **Registration/Continental Breakfast/Exhibits**
- 8:30 am **Welcome and Overview** – Alex Rae-Grant
- 8:40 am **Keynote Speaker: Innovative Wellness Strategies**
Michael Roizen
- 9:30 am **Progressive MS: What Do We Know About What Happens?**
Daniel Ontaneda
- 10:10 am **Refreshment Break/Exhibits**
- 10:30 am **Revised MS Diagnostic Criteria: Hot Off the Press**
Jeffrey Cohen
- 11:10 am **New Technology Enabling Clinical Care and Research**
Robert Bermel
- 11:40 am **AAN Guideline for MS Disease Management – A Glimpse**
Alex Rae-Grant
- 12:10 pm **Buffet Lunch**

BREAKOUT SESSION A: MS for Providers

Convener: *Alex Rae-Grant*

- 1:00 pm **MS Jeopardy** – Alex Rae-Grant
- 1:40 pm **MS Case Conversations** – Robert Fox and Le Hua
- 2:20 pm **Refreshment Break/Exhibits**
- 2:40 pm **CD20 Monoclonals for MS** – Devon Conway
- 3:20 pm **MS Mythbusters** – Mary Alissa Willis

BREAKOUT SESSION B: MS Rehabilitation

Convener: *Matt Sutliff*

- 1:00 pm **Spasticity Assessment and Treatment** – Matt Sutliff
- 1:40 pm **Vestibular Rehabilitation in MS** – Andrew Wagner
- 2:20 pm **Refreshment Break/Exhibits**
- 2:40 pm **Motor Learning and Neuroplasticity Principles in MS Rehabilitation** – Randy Karim
- 3:20 pm **Maintaining Sense of Self** – Janella Clarke

BREAKOUT SESSION C: Wellness and MS

Convener: *Amy Sullivan*

- 1:00 pm **MS and Midlife Issues: Multidisciplinary Approach**
Matthew Sacco and Deborah Miller
- 1:40 pm **Improving Multiple Sclerosis Care: Listening to the Voice of Patient Advisory Council**
Charlene Fink and VPAC members
- 2:20 pm **Refreshment Break/Exhibits**
- 2:40 pm **MS and Sexuality** – Samantha Domingo
- 3:20 pm **MS Wellness** – Mary Rensel
- 4:00 pm **Adjourn All Breakout Sessions**

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General Information



Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Ohio Psychological Association – OPA-MCE Provider – Approved for 6 credits.

Physical Therapy – Credit is being applied for with the Ohio Physical Therapy Association – Approval is pending.

Occupational Therapy – Credit is being applied for with the OT section of the Ohio OTPTAT Board – Approval is pending.

The Ohio Board of Nursing will accept at face value the number of contact hours awarded for an educational activity that has been approved for CE by a nationally accredited system of CE approval.

Nurses are able to obtain CE that has been approved or provided by a nationally recognized accreditation system of continuing education.

Examples include:

- The American Nurses Credentialing Center (ANCC)
- The Accreditation Council for Continuing Medical Education (ACCME)
- The International Association for Continuing Education and Training (IACET)

Location

InterContinental Hotel & Conference Center
9801 Carnegie Avenue
Cleveland, Ohio 44106
Phone: 216.707.4100 or 877.707.8999

Parking

Complimentary parking is available in the Visitor's Parking Garage #2 located off 100th and Carnegie. From the garage, take the 3rd floor skyway to the hotel. Please bring your parking ticket to the conference registration desk for validation. Valet parking is available at the hotel at your own cost of \$15.00 per car for meeting attendance. Visit www.clevelandclinic.org for maps and directions.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify Shana Spade at 216.444.9380 at least two weeks prior to the activity.

Information

For further information about this activity, contact Shana Spade at Local: 216.444.9380; Toll Free: 800.223.2273 x49380; Email: spades@ccf.org

Registration and Cancellation Information

Course#: 02010753

Register Online At: www.ccfcmec.org/MS17

Fee

The Registration Fee is \$50 and includes syllabus, continental breakfast, breaks and lunch buffet. Payment must be received prior to admittance to the course. Purchase orders are not accepted.

Register at www.ccfcmec.org/MS17. Registration deadline is **5:00 pm (EST), Wednesday, June 14, 2017**. A request for a refund must be received in writing by June 2, 2017. No refunds will be given after June 2, 2017. A \$25 cancellation fee will be deducted from the refund for all cancellations.

For questions about registration, please call 216.448.8710 or email cmeregistration@ccf.org.



The Cleveland Clinic Foundation
Neurological Institute, S100
9500 Euclid Avenue
Cleveland, OH 44195



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