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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
Name	Discipline	
Facility		
Home Mailing Address		
City	State	Zip
Daytime Phone	Fax	
E-mail Address for Confirmation (will not be shared or sold)		

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations CEU

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ASHA CE
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Intermediate Level
0.3 ASHA CEUs

WEBINAR

#7316-2 Why, What, and How to feed Picky Eaters, a professional approach.

Instructor:
Samantha Heidenreich OTD, OTR/L,
Myofunctional Therapist, Feeding
Specialist, Certified Holistic Nutritionist

Audience: Occupational Therapists, Assistants
and Speech Therapists

Delivery Options: Live Webinar or
Self-Study Options

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SUMMARY: The purpose of this course is to provide case study references and examples of intervention to support the knowledge learned in part 1 of this series. Case studies will be presented throughout lecture, pictures, and videos for different ages and populations impacted by picky eating and the presenter will discuss assessment and intervention while showing visuals of the actual treatment. Course instruction methods include lecture, demonstration, case studies, question/answers.

PRESENTER: Samantha Heidenreich earned her Doctorate and Masters degrees in Occupational Therapy from the University of St Augustine for Health Sciences in San Marcos, California. Her doctorate capstone focused on feeding and nutritional interventions for children with Autism Spectrum Disorder. Since graduating, she has spent all of her clinical time in the pediatric settings, with focus on various forms of assessment and intervention for children with feeding disorders and picky eating presentation. Samantha is certified in multiple specialized areas of practice related to feeding: Beckman Oral Motor Protocol, SOS Approach to Feeding, AEIOU Systematic Approach to Feeding, and has just completed the initial coursework to obtain her Certification in Orofacial Myology from the IAOM. She is a Certified Holistic Nutrition, and completed the AOTA certification in Nutrition, Chronic Disease, and Health Promotion. Samantha completed CST1 and CST2 through the Upledger Institute, as she works to earn her certification in CranioSacral Therapy. Samantha owns a pediatric outpatient therapy clinic in North Carolina, Integrative Wellness and Therapeutics. Financial - Received a teaching honorarium from Motivations, Inc. Nonfinancial - No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to

1. Identify and implement at least 3 specific interventions to support picky eating.
2. Name at least 3 tips to provide parent/caregiver education and training to support home program implementation of therapy strategies for picky eater.
3. Describe techniques to provide a more comprehensive approach to assessment and treatment of picky eaters in an outpatient pediatric therapy setting.

Format: This is 3-contact hours for 3 CEUs or 0.3 CEUs

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 06985. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Intermediate Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

SLP Credit: This course is offered for 0.2 CEUs (Intermediate level, Professional area).
Starting Oct 31, 2026: Live- 0.3 ASHA CEUs or Starting Jul 1, 2026 REC- 0.3 ASHA CEUs

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
0-5	Introduction	Lecture
20	Review of Part 1 topics: causes of picky eating, oral structures and function, sensory systems, gut brain connection, nutrition/diet	Lecture/PowerPoint/Interactive Discussion and Questions
35	Case Study 1: Neurotypical Picky Eaters (multiple ages represented) -assessment -intervention -home program	Lecture/PowerPoint/Interactive Discussion and Questions
25	Case Study 2: Picky Eater with Autism Spectrum Disorder - specifics of eating related to diagnosis and special considerations -assessment	Lecture/PowerPoint/Interactive Discussion and Questions

For course dates, times and registration, please visit: www.motivationsceu.com

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	-intervention -home program	
25	Case Study 3: Picky Eater with Down Syndrome -specifics of eating related to diagnosis and special considerations -assessment -intervention -home program	Lecture/PowerPoint/Interactive Discussion and Questions
15	Q and A, Summary	Lecture

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.