

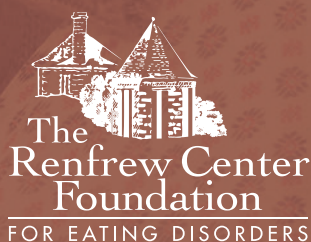
Christian-Based Treatment of Eating Disorders:

Reconciling Self, Life and God

FRIDAY, SEPTEMBER 29, 2017
ATLANTA, GA

FRIDAY, DECEMBER 1, 2017
ORLANDO, FL

4 CE CREDITS



WWW.RENFREWCENTER.COM
1-877-367-3383



Christian-Based Treatment of Eating Disorders: Reconciling Self, Life and God

The Renfrew Center Foundation is pleased to present a half-day seminar for health and behavioral health professionals addressing eating disorders within the Christian community and providing innovative treatment strategies.

Offering 4 CEs

FRIDAY, SEPTEMBER 29, 2017
ATLANTA, GA

FRIDAY, DECEMBER 1, 2017
ORLANDO, FL

8:15 AM – 12:30 PM

SEMINAR GOALS

- Explore the general characteristics of eating disorders and the social/cultural influences that impact the development and maintenance of eating disorders.
- Develop strategies for effectively using scripture, prayer and meditation in the treatment of eating disorders.
- Integrate experiential exercises into clinical practice.
- Examine the value of finding true worth and letting go of cultural expectations.
- Learn methods for instilling hope in Christian individuals with eating disorders.

AGENDA

7:30 AM – 8:15 AM **REGISTRATION & BREAKFAST**

8:15 AM – 9:15 AM *Eating Disorders and Their Influences*

In this overview, attendees will be provided with information on how to identify the hallmark characteristics of the most common eating disorders – anorexia nervosa, bulimia nervosa and binge eating disorder – and to understand the distinctions between them. Cultural risk factors that may increase the likelihood of an individual developing an eating disorder and contributing to its maintenance will be explored. In keeping with the theme of this workshop, participants will learn how to utilize appropriate scriptures to highlight the need for reconciliation of cultural and Christian values.

9:15 AM – 10:15 AM *Renewing the Mind*

The introduction of reappraisals into work with eating disorder clients as a means of “renewing the mind” and increasing cognitive flexibility will be explored. Demonstrations and practice of emotion awareness skills to help clients identify the connection between thoughts and disordered eating patterns will provide both lecture and experiential formats for effective learning. An examination of current best practices for promoting a positive self-image and body image will allow for a comparison of available treatment modalities.

10:15 AM – 11:15 AM *True Worth and Letting Go*

Concepts of “worthiness” in Christian teachings will be presented and compared to the current cultural climate in which clients live their everyday lives. A focus on the importance of “letting go” of the rigidly held beliefs that fuel the eating disorder will be discussed as an essential step leading to recovery. Through engagement in experiential exercises participants will learn strategies to help clients explore their own true worth.

11:15 AM – 12:15 PM

Instilling Hope

In this powerful closing session, participants will be introduced to the three basic components of hope-focused treatment and the efficacy of this approach, particularly for eating disorder clients. Strategies for the implementation of scripture, meditation and media to explore Christian values and principles as effective interventions in eating disorder recovery will be presented. Attendees will take part in experiential faith-based exercises that can be seamlessly integrated into their own ongoing treatment style with both individuals and families.

12:15 PM – 12:30 PM

QUESTION & ANSWER SESSION

ABOUT THE PRESENTERS



Laurie Cooper, PsyD, is the Assistant Vice President of the Central Region of The Renfrew Centers and Site Director for The Renfrew Center of Nashville. Dr. Cooper received her Doctorate of Psychology from Baylor University and completed her Postdoctoral Fellowship at the University of Arkansas for Medical Sciences. An Adjunct Assistant Professor of Psychology at Vanderbilt University, her clinical and administrative experience includes 25 years of care in outpatient and intensive-care settings treating eating disorders, women's issues and child and adolescent assessment/intervention. Dr. Cooper is a frequent lecturer on the topics of best practices in the treatment of eating disorders and helping mothers and daughters be authentic and resilient. She is a member of the Academy of Eating Disorders, National Eating Disorders Association, Eating Disorders Coalition of Tennessee, The Nashville Psychotherapy Institute, RenewED, and the National Academy of Professional Women.



Edith A. Majors, MS, LPC Intern, is a Primary Therapist at The Renfrew Center of Dallas. Under the supervision of Kiersten Rapstine, LPC-S, Clinical Supervisor, Ms. Majors provides care to adolescent girls and women who present with an eating disorder diagnosis and other behavioral health issues. She received her Master's degree in Counseling from Southern Methodist University and a second Master's degree in Brain and Behavioral Sciences from the University of Texas at Dallas. Certified as a Belief Therapist through the Therapon Institute, she is a counselor of Christian faith. Ms. Majors also works with the Family Court System as a court-appointed child custody evaluator and assists churches and other organizations to train lay counselors and build biblically-based counseling programs to meet the ever growing demand for Christian counseling.

SEMINAR VENUE INFORMATION

Friday, September 29, 2017

The Westin Atlanta Perimeter North
7 Concourse Parkway NE
Atlanta, GA 30328
770-395-3900

Friday, December 1, 2017

Renaissance Orlando at SeaWorld
6677 Sea Harbor Drive
Orlando, FL 32821
407-351-5555



ABOUT THE RENFREW CENTERS

The Renfrew Center has been the pioneer in the treatment of eating disorders since 1985. As the nation's first residential eating disorder facility, now with 18 locations throughout the country, Renfrew has helped more than 75,000 adolescent girls and women with eating disorders move towards recovery. Renfrew provides women suffering from anorexia nervosa, bulimia nervosa, binge eating disorder, and related mental health problems with the tools they need to succeed in recovery and in life.

Renfrew's extensive range of services includes residential, day treatment, intensive outpatient, and outpatient programs. Each treatment level is built upon The Renfrew Center Unified Treatment Model for Eating Disorders™, an evidence-based, emotion-focused therapy that addresses eating disorders and co-morbid symptoms. Within this model, individual and group therapy are enhanced with a diverse array of services to meet patients' needs. Renfrew accepts most major insurances and is a preferred provider for all levels of treatment.

Please call 1-800-RENFREW (736-3739) or visit www.renfrewcenter.com for more information about The Renfrew Centers.

CONTINUING EDUCATION

The Renfrew Center Foundation is approved by the American Psychological Association to sponsor continuing education for psychologists. The Renfrew Center Foundation maintains responsibility for this program and its content.

Continuing Education Credits for social workers have been applied for and are pending approval by the National Association of Social Workers for four Continuing Education Credits.

The Renfrew Center Foundation has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5852. Programs that do not qualify for NBCC credit are clearly identified. The Renfrew Center Foundation is solely responsible for all aspects of the programs.

Continuing Education Credits for registered dietitians are offered pending approval by the Commission on Dietetic Registration.

This activity has been submitted to PSNA for approval to award contact hours. PSNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

REGISTRATION INFORMATION

You may register online at www.renfrewcenter.com or fill out and fax the form below.
Please register early as space is limited.

Seminar Cost: \$55 • Student Rate: \$40*

Continental breakfast included.

Christian-Based Treatment of Eating Disorders:
Reconciling Self, Life and God

○ FRIDAY, SEPTEMBER 29, 2017 - ATLANTA, GA

○ FRIDAY, DECEMBER 1, 2017 - ORLANDO, FL

Seminar Registration Form

Please print clearly

Name: Credentials:

Organization:

Preferred Mailing Address (Work or Home):

City, State, Zip:

Work Phone: Home Phone:

Fax: Email:

How did you hear about the seminar?

○ Renfrew mail, email, website ○ Other, explain:

To register, mail check
or money order to:

ATTN: Melissa Falzarano
The Renfrew Center Foundation
475 Spring Lane • Philadelphia, PA 19128

Or fax registration with
credit card information to:

ATTN: Melissa Falzarano
at 215-482-2695

Please call to confirm receipt of fax. No phone registrations are accepted.

The Renfrew Center Foundation will administer a full refund for cancellations within three weeks of the seminar date. Cancellations less than three weeks of the seminar date will be issued a transferable credit toward a future seminar.

*Photocopy of Student ID must accompany registration form.

Enclosed is a check or money order in the amount of \$

Please make payable to: The Renfrew Center Foundation

Below is my credit card information authorizing payment to be charged to my account.
(Only those cards listed below are accepted.)

Credit Card #:

Exp. Date: Sec. Code:

Credit Card Used: ○ AMEX ○ DISCOVER ○ MASTERCARD ○ VISA

Amount to be Charged: \$

Signature: Date:

FOR MORE INFORMATION, PLEASE CONTACT MELISSA FALZARANO
AT 1-877-367-3383 OR MFALZARANO@RENFREWCENTER.COM.



475 Spring Lane
Philadelphia, PA 19128

NON-PROFIT ORG.
U.S. POSTAGE
PAID
MIAMI, FL
PERMIT NO. 3203

Christian-Based Treatment of Eating Disorders: Reconciling Self, Life and God