

THE NINTH ANNUAL
**HEART FAILURE
HOLIDAY SYMPOSIUM**

**DECEMBER 6-7, 2013
NORTHWESTERN MEMORIAL HOSPITAL
CHICAGO, ILLINOIS**



COURSE DIRECTORS

Clyde W. Yancy, MD, MSc
Allen S. Anderson, MD
Robert Gordon, MD
Kathleen L. Grady, PhD, APN
Edwin C. McGee Jr., MD

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The Bluhm Cardiovascular Institute of
Northwestern Memorial Hospital
Northwestern University Feinberg School of Medicine
Office of Continuing Medical Education

ENDORSED BY



Officially endorsed by the Heart Failure Society of America.

The opinions presented in this educational activity do not necessarily reflect the opinions or recommendations of the HFSA.

Dear Colleague,

We are pleased to invite you and your trainees to our Ninth Annual Heart Failure Holiday Symposium December 6-7, 2013, at Northwestern Memorial Hospital's Conference Center in Chicago.

Now in its ninth year, this symposium has become one of the "must-attend" meetings in heart failure. Critical updates and thoughtful contemporary reviews delivered by national experts in the field have been the hallmark of this program. This year we will once again assemble leading cardiologists and cardiac surgeons with expertise in heart failure and cardiac surgery to provide updates on the very latest scientific and technological advances for managing patients with heart failure. New this year will be a moderated poster session for cardiology fellows to serve as a kick off for this 2 day symposium. Complimentary registration and travel expenses will be awarded to the fellows in training with the best posters.

Additionally, a special session addressing patient-centric outcomes in heart failure management, which will include multi-disciplinary experts from across the country, will take place on Saturday morning. This session will explore the psychosocial and cognitive challenges associated with heart failure, as well as address approaches to shared decision making along the continuum of heart failure.

Highlights of the 2013 Heart Failure Symposium will include:

- Health care reform and the public health problem of heart failure
- The increased awareness of the intersection of pulmonary hypertension and heart failure
- Appropriate use of surgical interventions for patients with advanced heart failure
- Updates on the management of specific cardiomyopathies
- Atrial fibrillation and heart failure
- Imaging technologies to diagnose and monitor heart failure
- Case based presentations
- Ample time for vigorous panel discussions and audience Q & A periods

We have again reserved The Signature Room at the 95th[®] located in the John Hancock building, with its beautiful view of the Chicago skyline, for a reception on Friday evening. There are few December venues more stunning than The Signature Room. This has become a favorite amongst participants and will provide the opportunity to network with conference faculty and participants.

Please do not hesitate to contact us if you would like additional information or go to our website at cme.northwestern.edu/conferences for online registration. We hope to see you in December.

Sincerely,



Clyde Yancy, MD, MSc



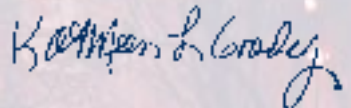
Allen Anderson, MD



Edwin McGee, MD



Robert Gordon, MD



Kathleen Grady, PhD, APN

GENERAL INFORMATION

LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

1. Discuss health care policy initiatives and how this may impact heart failure care.
2. Describe various types of pulmonary hypertension and how to evaluate and treat them
3. Define surgical and interventional therapies for patients with advanced heart failure
4. Examine the issues related to mechanical circulatory support from the patient and health care team perspectives
5. Describe how to work up patients and family members for various cardiomyopathies
6. Review acute heart failure therapies including the use of diuretics, ultrafiltration and vasodilators
7. Evaluate current treatment strategies for the heart failure patient with or at risk for arrhythmias
8. Evaluate the utility of various imaging strategies for heart failure patients through case studies
9. Develop a comprehensive plan of care addressing psychosocial issues, depression, support systems and decision making regarding treatment options
10. Demonstrate understanding of course content through participation in case discussions incorporating the latest medical and surgical options and accepted guidelines.

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of cardiologists, cardiac surgeons, internists, primary care practitioners, registered nurses, nurse practitioners, clinical specialists, physician assistants and other medical professionals involved in the diagnosis and management of heart failure.

CALL FOR ABSTRACTS!

The Heart Failure Symposium invites you to submit abstracts for consideration in the poster session during breakfast on Friday, December 6, 2013. Abstracts previously presented at other national or international meetings will be accepted. Accepted abstracts will be available via the online syllabus. The deadline for submission is Monday, October 7, 2013. Notifications for abstract acceptance will be announced October 21, 2013. Please visit <http://www.cme.northwestern.edu/conferences/> for more information.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT HOUR STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians and other participants should claim only the credit commensurate with the extent of their participation in the activity.

CONFERENCE LOCATION

The program will be held at Northwestern Memorial Hospital, Conference Room A on the third floor of the Feinberg Pavilion at 251 E. Huron Street, Chicago, Illinois.

FACULTY DISCLOSURE

Current guidelines state that participants in CME and CE activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

SPECIAL NEEDS

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodations please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

REFUNDS

\$50 shall be retained to cover administrative expenses should you cancel your registration for any reason. In order to refund the balance, we must receive WRITTEN notice of withdrawal by November 22, 2013. No refunds will be issued thereafter.

HOTEL ACCOMMODATIONS

Rooms have been reserved at the Hyatt Chicago Magnificent Mile, located at 633 North St. Clair Street. Please contact the hotel at 888-591-1234 to reserve your room. Identify yourself as a registrant of the Heart Failure Symposium to receive the reduced room rate of \$189 single/double, plus tax. Reservations made after Monday, November 4, 2013, or after the room block has filled, are subject to availability at regular hotel rates.

RECEPTION

Please join us Friday, December 6th from 6pm to 8pm for a cocktail reception at The Signature Room at the 95th.* Enjoy breathtaking views from 95 stories above the city while connecting with the conference faculty and participants. In order to secure your spot, please kindly respond at the time of registration.

FRIDAY, DECEMBER 6, 2013

7:30 a.m. Registration and Continental Breakfast

8:00 a.m. Poster Session

9:00 a.m. Welcome Remarks
Clyde Yancy, MD, MSc

Session I: The Big Objectives — Health Care Reform and Prevention

Moderators: *Clyde Yancy, MD, MSc and Steven Farmer, MD, PhD*

9:10 a.m. Updates on Health Care Reform: Game On; Are You Ready for 2014?
Clyde Yancy, MD, MSc

9:40 a.m. Why Is Heart Failure Still Such A Public Health Problem? Is Prevention the Answer?
Donald Lloyd-Jones, MD

10:10 a.m. Panel Discussion
*Donald Lloyd-Jones, MD
Clyde Yancy, MD, MSc
Steven Farmer, MD, PhD
Darwin LaBarthe, MD, MPH, PhD*

10:25 a.m. Refreshment Break and Exhibits

Session II: Importance of the Pulmonary Artery

Moderators: *Allen Anderson, MD and Michael Cuttica, MD*

10:40 a.m. Imaging the Pulmonary Artery—Best Practices
Benjamin Freed, MD

11:05 a.m. Pulmonary Hypertension and Heart Failure with Reduced Ejection Fraction -HFrEF
Jonathan Rich, MD

11:30 a.m. Pulmonary Arterial Hypertension
Vallerie McLaughlin, MD

11:55 a.m. Pulmonary Hypertension and Heart Failure with Preserved Ejection Fraction - HFpEF
Sanjiv Shah, MD

12:15 p.m. Panel Discussion
*Michael Cuttica, MD
Sanjiv Shah, MD
Jonathan Rich, MD
Vallerie McLaughlin, MD
Benjamin Freed, MD
Allen Anderson, MD*

12:30 p.m. Lunch

Session III: Surgical and Interventional Therapies for the Advanced Heart Failure Patient

Moderator: *Edwin C. McGee, MD and Robert Gordon, MD*

1:15 p.m. Keynote Lecture: The Treatment of Advanced Heart Failure- Inotropes, Mechanical Circulatory Support, Transplant, Cells or Palliative Care; Which Patient and When?
Emma J. Birks, MBBS, Ph.D., B.Sc.

1:45 p.m. Mechanical Assistance in 2014 — What's New
Edwin McGee, Jr., MD

2:15 p.m. The "Patient Panel" — A Patient Centered View
LVAD recipients, an LVAD coordinator, and a clinical psychologist
*Karen Meehan APN/ACNS-BC
Paul Goetz, PhD*

2:45 p.m. Refreshment Break and Exhibits

Session IV: Valves and Heart Failure

Moderators: *Edwin McGee, MD and Charles Davidson, MD*

3:00 p.m. Functional MR; Pathophysiology and Medical Treatment Considerations
Maurice Sarano, MD

3:30 p.m. Transcatheter Therapies for Aortic and Mitral Valve Disease
Chris Malaisrie, MD

4:00 p.m. Case Presentations and Panel Discussion
*Maurice Sarano, MD
Chris Malaisrie, MD
Edwin McGee, Jr., MD
Charles Davidson, MD*

5:00 p.m. Adjourn

6:00 p.m. Reception —
The Signature Room at the 95th®

SATURDAY, DECEMBER 7, 2013

7:30 a.m. Registration and Continental Breakfast

Session V: PARALLEL BREAK OUT SESSIONS

The Heart Failure “How To” Sessions

Moderators: Clyde Yancy, MD, MSc and Allen Anderson, MD

8:00 a.m. Cardiomyopathies — How Do You Work Them Up?

Allen Anderson, MD

8:25 a.m. Diuretics, Ultrafiltration and Vasodilators in Acute HF — How Do You Treat Acute HF?

Robert Gordon, MD

8:50 a.m. Biomarkers in Heart Failure; Are We Ready For Guided Therapy?

Keith Aaronson, MD

9:20 a.m. Panel Discussion and Q & A

9:45 a.m. Refreshment Break and Exhibits

10:00 a.m. AF in the Heart Failure Patient? How Do You Treat It?

Rod Passman, MD

10:30 a.m. ICD's; How Best to Use; What Are the Options?

Bradley Knight, MD

11:00 a.m. Imaging Strategies in Heart Failure- Which Test and When?

James Carr, MD

Daniel Lee, MD

Sanjiv Shah, MD

Heart Failure: A Focus on the Patient

Moderator: Kathleen Grady, PhD, APN

8:00 a.m. How and When to Have Conversations about Treatment Options with Patients Who Have Advanced Heart Failure

Larry Allen, MD

8:30 a.m. What to Do for the Advanced Heart Failure Patient without Surgical Options

Kathleen Grady, PhD, APN

9:00 a.m. What are the Psychosocial Factors Affecting Patients With Advanced HF?

Gail Osterman, PhD

9:30 a.m. Refreshment Break and Exhibits

9:45 a.m. Social Support and Caregiver Burden in Advanced HF: Challenges and Solutions

Connie White-Williams, PhD, FNP

10:15 a.m. The Mind Body Connection: How Depression Is Linked To Heart Failure

Kim Feingold, PhD

10:45 a.m. How and When To Assess Cognitive Changes in Patients with Advanced Heart Failure, MCS, and HT

Ralph Petrucci, EdD

11:15 a.m. Panel Discussion and Q & A

12:00 p.m. Lunch

Session VI: The New ACCF/AHA HF Guidelines are Here

12:45 p.m. The New HF Guidelines- A Critical Review

Clyde Yancy, MD, MSc

1:30 p.m. Panel Discussion and Q&A

Keith Aaronson, MD

Larry Allen, MD

Allen Anderson, MD

Robert Gordon, MD

1:45 p.m. Adjourn

FACULTY

Course Directors

Clyde W. Yancy, MD, MSC

Chief, Division of Cardiology
Associate Director Clinical Programs
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Magerstadt Professor of Medicine
Northwestern University Feinberg School of Medicine

Allen S. Anderson, MD

Medical Director
Heart Transplantation and Mechanical Assistance
Center for Heart Failure
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Professor of Medicine
Northwestern University Feinberg School of Medicine

Robert Gordon, MD

Associate Director, Heart Transplantation
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Medicine
Northwestern University Feinberg School of Medicine

Kathleen L. Grady, PhD, APN

Administrative Director
Center for Heart Failure
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Associate Professor of Surgery
Northwestern University Feinberg School of Medicine

Edwin C. McGee Jr., MD

Surgical Director
Heart Transplantation and Mechanical Assistance
Center for Heart Failure
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Associate Professor of Surgery
Northwestern University Feinberg School of Medicine

Northwestern Faculty

James Carr, MD

Director of Cardiovascular Imaging
Northwestern Memorial Hospital
Associate Professor of Radiology and Medicine
Northwestern University Feinberg School of Medicine

Michael Cuttica, MD, MS

Director, Northwestern Pulmonary Hypertension
Program
Pulmonary and Critical Care Medicine
Assistant Professor of Medicine
Northwestern University Feinberg School of Medicine

Charles Davidson, MD

Clinical Chief Cardiology
Medical Director
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Professor of Medicine
Northwestern University Feinberg School of Medicine

Steven Farmer, MD, PhD

Director, Quality & Policy
Assistant Professor of Medicine
Assistant Professor of Management & Strategy
Northwestern University Feinberg School of Medicine

Kim Feingold, PhD

Director, Cardiac Behavioral Medicine
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Surgery and Psychiatry
Northwestern University Feinberg School of Medicine

Benjamin Freed, MD

Cardiologist
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Medicine
Northwestern University Feinberg School of Medicine

Paul Goetz, PhD

Cardiac Behavioral Medicine
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Surgery and Psychiatry
Northwestern University Feinberg School of Medicine

Bradley Knight, MD

Medical Director, Center for Heart Rhythm Disorders
Director, Cardiac Electrophysiology
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Cooley Professor of Medicine
Northwestern University Feinberg School of Medicine

Darwin LaBarthe, MD, PhD, MPH

Professor in Preventive Medicine
Northwestern University Feinberg School of Medicine

Daniel Lee, MD

Co-Director, Cardiovascular Magnetic Resonance
Imaging
Director, CMR Core Laboratory
Feinberg Cardiovascular Research Institute
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Medicine and Radiology
Northwestern University Feinberg School of Medicine

Donald M. Lloyd Jones, MD, ScM

Senior Associate Dean for Clinical and Translational
Research
Chair, Department of Preventive Medicine
Director, Northwestern University Clinical and
Translational Sciences Institute
Professor in Preventive Medicine and Medicine-
Cardiology
Northwestern University Feinberg School of Medicine

Chris Malaisrie, MD

Surgical Director, Thoracic Aortic Surgery Program
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Associate Professor of Surgery
Northwestern University Feinberg School of Medicine

Karen Meehan, ACNS-BC, CVRN

Advanced Practice Nurse- Clinical Nurse Specialist
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital

Gail Osterman, PhD

Cardiac Behavioral Medicine
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Assistant Professor of Surgery and Psychiatry
Northwestern University Feinberg School of Medicine

Rod Passman, MD, MSCE

Medical Director, Program for Atrial Fibrillation
Associate Director, Cardiac Electrophysiology
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Professor of Medicine and Preventive Medicine
Northwestern University Feinberg School of Medicine

Jonathan Rich, MD

Associate Director, Mechanical Circulatory Support
Program
Blumh Cardiovascular Institute of Northwestern
Assistant Professor of Medicine
Northwestern Memorial Hospital

Maurice Sarano, MD

Director, Center for Heart Valve Disease
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Professor of Medicine
Northwestern University Feinberg School of Medicine

Sanjiv Shah, MD

Director, Heart Failure with Preserved Ejection Fraction
Program
Blumh Cardiovascular Institute of Northwestern
Memorial Hospital
Associate Professor of Medicine
Northwestern University Feinberg School of Medicine

Visiting Faculty

Keith Aaronson, MD

Medical Director, Heart Failure Program
Professor, Department of Internal Medicine
University of Michigan Health System

Larry Allen, MD, MHS

Assistant Professor of Medicine
University of Colorado Anschutz Medical Campus
Section of Advanced Heart Failure and
Transplantation

Emma J. Birks, MBBS, PhD

Director, Heart Failure, Transplant and Mechanical
Support Program
Professor of Medicine, Physiology and Biophysics
University of Louisville Health Care Outpatient Center

Vallerie McLaughlin, MD

Director, Pulmonary Hypertension Program
Professor, Department of Internal Medicine
University of Michigan Health System

Ralph Petrucci, Ed.D

Neuropsychologist Clinical Professor, Psychiatry and
Medicine
Drexel University College of Medicine

Connie White-Williams, PhD, RN

Director, Center for Nursing Excellence
University of Alabama Hospital
Assistant Professor
University of Alabama School of Nursing

REGISTRATION

Ninth Annual Heart Failure Holiday Symposium

December 6-7, 2013

Northwestern Memorial Hospital ■ Chicago, Illinois

Registration Category

- ☐ Physician\$450
- ☐ Industry Professional.....\$450
- ☐ Nurses/Other HCP\$325
- ☐ Fellows/ Residents\$200
- ☐ NMH Physician/Nurse/Other HCP.....\$200

How to Register: **ONLINE:** www.cme.northwestern.edu/conferences

or Mail with check to:

Northwestern University
Feinberg School of Medicine
Office of Continuing Medical Education
240 E. Huron, Ste. 1-200
Chicago, IL 60611
PHONE: 312-503-8533

Please make your check payable to Northwestern University

Please type or print

Last Name: _____

First Name: _____

☐ MD ☐ RN ☐ Physician Assistant ☐ Other (please specify): _____

Institution: _____

Address: _____

City: _____ State: _____ ZIP Code: _____

Daytime Phone: _____ Fax: _____

E-mail (Required): _____

Your registration confirmation will be e-mailed

Specialty: _____

(Please check all that apply):

FRIDAY: HOLIDAY Reception at Signature Room at the 95th®

Will you be attending? ☐ Yes ☐ No ☐ Yes, plus guest *(One guest per registration)*

Special Dietary Requirements: _____

(Advance notification required)

 Disability Accommodations: _____

(Please advise us of your needs)



Northwestern Medicine® is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence and scientific discovery.

Office of Continuing Medical Education
Northwestern University's Feinberg School of Medicine
240 E. Huron, Ste. 1-200
Chicago, IL 60611

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