

9th Annual Midwestern Hospital Medicine Conference

October 3-5, 2013

**Northwestern Memorial Hospital
Chicago, Illinois**

**Pre-Course - October 2, 2013
4th Annual Critical Care for the Hospitalist**

Sponsored by

**Division of Hospital Medicine
Northwestern University Feinberg School of Medicine
and the Office of Continuing Medical Education**

NORTHWESTERN UNIVERSITY



**FEINBERG
SCHOOL OF MEDICINE**

GENERAL INFORMATION

Learning Objectives

At the conclusion of this activity, participants will be able to:

1. Discuss selected quality improvement, geriatric and palliative care concepts of the hospitalized patient in the setting of developing hospitalist practices in their area.
2. Explain the challenges for hospital-based healthcare providers in the Midwest.
3. Formulate higher quality evidence-based approaches to managing patients in the peri-operative period.
4. Identify nosocomial infections and how to prevent, diagnose and treat them.
5. Describe oncologic emergencies among hospitalized patients and identify best treatment.
6. Analyze inpatient guidelines for treatment of conditions such as COPD and Pneumonia.

Target Audience

This CME program is designed to meet the educational needs of Hospitalists, Physician Assistants, Nurse Practitioners, Residents, and Nurses.

Conference Location

The program will be held in the conference center, on the third floor of Northwestern Memorial Hospital's (NMH) Feinberg Pavilion, located at 251 E. Huron St., Chicago Illinois. For directions and parking information, please visit <http://www.nmh.org/nm/locations-directions-parking>.

Parking

Parking rates at NMH are \$10 for less than 7 hours, \$24 for 7 to 24 hours. Parking information is located at: <http://www.nmh.org/nm/hospital-guide-parking>

Hotel Accommodations

Special group rates are available at the Hyatt Chicago Magnificent Mile, 633 N. St. Clair Street, Chicago Illinois 60611 for \$199 a night plus tax (single or double occupancy). Reservations can be made by calling 312-787-1234. You must mention the Hospital Medicine Conference – Northwestern University to receive the discounted rate. **Reservations must be made before Wednesday, September 4, 2013 to ensure availability and group rates.**

Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 20 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure

Northwestern University Feinberg School of Medicine (NUFSM) requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by NUFSM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations. The faculty disclosures and the discussion off-label usage will be indicated in the course syllabus

Cancellation Policy

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration fee, minus \$50 administrative charge, will be refunded if cancellation is received by Monday, September 9, 2013.

Special Needs

NUFSM fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME by September 3, 2013.

Additional Information

Contact the Office of Continuing Medical Education, Northwestern University Feinberg School of Medicine at phone: 312-503-8533, email: nums-cme@northwestern.edu, or visit our website at: www.cme.northwestern.edu.

4th Annual Midwestern Hospital Medicine Critical Care Precourse

Program Description

Seventy-five percent of hospitalists now care for patients in the Intensive Care Unit, indicating an increased need for competency-based education targeted at the management of critical care. This course intends to focus on various topics that pertain to critical care medicine and provide hospitalists with essential information to manage this patient population. Our course will incorporate a mechanical ventilator workshop, which includes a real time demonstration of modes and waveforms using an artificial lung and simulated patient. In addition, our speakers will provide updates on some of the most pertinent areas of critical illness frequently faced by hospitalists.

Learning Objectives

At the conclusion of this activity, participants will be able to:

1. Describe best practices in management of sepsis.
2. Describe best practices in preventing and treating acute kidney injury in critically ill patients.
3. Describe current approach to infectious disease issues in the hospitalized patient.
4. Identify and describe best practices for resuscitation from acute bleeding.
5. Recognize the etiology of acid-base disturbances in the ICU.
6. Identify key principles of managing pain, sedation, and delirium in acutely ill hospitalized patients.
7. Explain a standardized approach to ventilating patients in the ICU and weaning them from the ventilator.

Conference Location

The program will be held at the 3rd floor Conference Center located in the Feinberg Pavilion of Northwestern Memorial Hospital, 251 E. Huron Street, Chicago, Illinois. Parking is available at the Huron/ St. Clair parking garage, 222 East Huron Street. Please contact the hospital at 312-926-2000 for directions and parking information or visit: <http://www.nmh.org/nm/hospital-guide-parking>.

Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Program

7:30 a.m.	Registration	12:00 p.m.	Lunch (on your own)
8:00 a.m.	Welcome	1:15 p.m.	Acid Base Disturbances in the ICU
8:10 a.m.	Review of Sepsis and Current Issues	2:15 p.m.	Sedation, Pain and Delirium
9:10 a.m.	Acute Kidney Injury in the ICU	3:00 p.m.	Break
10:15 a.m.	Break	3:15 p.m.	Mechanical Ventilation Seminar
10:30 a.m.	Update on Infectious Disease	5:00 p.m.	ICU Cases and Wrap-Up
11:00 a.m.	Update on Transfusion Medicine	5:30 p.m.	Adjourn

Faculty

Jeffrey Dichter, MD, SFHM, FACP

Co-Course Director
Medical Director, Unity Hospital ICU
Allina Health
Minneapolis, Minnesota

Tom Corbridge, MD, FCCP

Co-Course Director
Professor of Medicine
Professor of Physical Medicine and Rehabilitation
Division of Pulmonary and Critical Care Medicine
Northwestern University Feinberg School of Medicine

Sandeep T. Gupta, MD

Nephrologist
Kidney Specialists of Minnesota
Fridley, Minnesota

Jesse Hall, MD

Professor of Medicine and Anesthesia & Critical Care
Section Chief, Pulmonary and Critical Care Medicine
The University of Chicago Medical Center

John P. Kress, MD

Associate Professor of Medicine
Director, Medical Intensive Care Unit
University of Chicago

Naomi P. O'Grady, MD

Staff Clinician
Medical Director, Procedures, Vascular Access and Conscious Sedation Services
Critical Care Medicine Department
NIH Clinical Center

Thursday, October 3, 2013

7:30 a.m.	Registration	10:00 a.m.	Break
8:00 a.m.	Welcome	Clinical	
	Hospital Medicine	10:15 a.m.	Update in Peri-Op Medicine
8:10 a.m.	The Future of Hospital Medicine	11:00 a.m.	Update in Pneumonia
9:00 a.m.	Update on Acute Decompensated Heart Failure - New Guidelines	12:00 p.m.	Lunch

BREAKOUT SESSIONS – CONCURRENT		
Clinical Breakout Session	Peri-Operative Medicine Breakout	Rapid Fire Clinical Carrots Breakout
1:15 – 2:00 p.m. Hospitalized Patient with Cirrhosis	1:15 – 2:45 p.m. Interesting Cases from a Peri-Op Medicine Consult	1:15 – 3:30 p.m. Cardiovascular Update
2:00 – 2:45 p.m. Update in Psychiatric Medications Hospitalists May Use	2:30 – 3:30 p.m. Postoperative Fever: When is a Work-Up Appropriate	
2:45 – 3:30 p.m. Clinical Pearls		
Break	Break	Break
3:45 – 4:30 p.m. Update on Kidney Disease Management in the Hospital: Acute and Chronic	3:45 – 4:15 p.m. Perioperative Stroke: What Hospitalists Can Do	3:45 – 4:30 p.m. Hematology Update
4:30 – 5:15 p.m. Nosocomial Infections	4:15 – 4:45 p.m. Postoperative Anesthesia Complications: Did you Know?	4:30 – 6:00 p.m. New Medications You Should Know
5:15 – 6:00 p.m. Tuberculosis: What Hospitalists Need to Know	4:45 – 6:00 p.m. Why Should Your Hospital Program Run a Preoperative Clinic?	



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Friday, October 4, 2013

8:30 a.m. Continental Breakfast

9:45 a.m. **Update on COPD Management**

9:00 a.m. **Update in Infectious Diseases**

10:30 a.m. Break

BREAKOUT SESSIONS – CONCURRENT

10:45 – 11:30 a.m. Update in Infectious Disease 2	10:45 – 11:30 a.m. Anti-Coag Update
11:30 – 12:15 p.m. Hyponatremia: Pearls and Pitfalls	11:30 – 12:15 p.m. Update in Transfusion Practices

12:15 p.m. **Lunch**

Clinical Breakout Session	Peri-Operative Medicine Course	Rapid Fire Clinical Carrots Breakout
1:30 – 2:15 p.m. Diagnosing, Treating and Preventing Delirium	1:30 – 2:30 p.m. Current Standards in Cardiac Risk Assessment and Management	1:30 – 2:15 p.m. Palliative Medicine Update
2:15 – 3:00 p.m. Severe Sepsis in the non-ICU Patient	2:30 – 3:30 p.m. Perioperative Medication Recommendations with Advice on Hyperglycemia Management	2:15 – 3:00 p.m. Neurology
	3:00 – 3:30 p.m. The New Anticoagulants: Recommendations from a Hematologist	3:00 – 3:30 p.m. Endocrinology
Break	Break	Break
3:15 – 4:00 p.m. Observation Medicine: Evidence, Operations, Future Trends	3:45 – 4:15 p.m. The Hospitalist and Hip Fractures: Beyond the Medical Clearance	3:45 – 4:15 p.m. Oncology
4:00 – 5:30 p.m. Hospital Medicine Cases – Unknowns with Panel End of the Day Pearls	4:15 – 4:45 p.m. Cirrhosis and Surgery: Statistics that Will Surprise You	4:15 – 4:45 p.m. Pulmonary
	4:45 – 5:30 p.m. To Transfuse or Not to Transfuse	4:45 – 5:30 p.m. Rheumatology

Conference

Saturday, October 5, 2013

7:30 a.m. Continental Breakfast

8:00 a.m. **Success with Teamwork**

8:45 a.m. **Educating Hospitalists with Simulation**

9:30 a.m. Break

New Evidence that Changes Practice

9:45 a.m. **Review of Hospital Medicine Literature I**

Review of Hospital Medicine Literature II

11:45 a.m. **Wrap-Up & Pearls of Review**

12:30 p.m. Adjourn

FACULTY

Course Directors Northwestern University Feinberg School of Medicine

Jeffrey H. Barsuk, MD, MS, SFHM

Associate Professor of Medicine
Division of Hospital Medicine

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Assistant Professor of Medicine
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Associate Chair for Quality, Department
of Medicine

Eric Schaefer, MD

Assistant Professor of Medicine
Unit Medical Director
Division of Hospital Medicine

Mark V. Williams, MD, MHM

Past President, SHM
Founding Editor, JHM
Professor & Chief
Division of Hospital Medicine

Featured Northwestern Speakers

John Flaherty, MD

Professor of Medicine, Infectious
Disease

Richard Green, MD

Professor of Medicine
Gastroenterology and Hepatology

Brandon J. McMahon, MD

Division of Hematology/Oncology

James J. Paparello, MD

Associate Professor of Medicine,
Nephrology

Clyde W. Yancy, MD, MSc, FACC, FAHA, MACP

Magerstadt Professor of Medicine
Chief, Division of Cardiology
Associate Director,
Bluhm Cardiovascular Institute

Guest Speakers

Catherine Curley, MD

Medical Director
Cuyahoga County Tuberculosis Program
Director, Division of Hospital Medicine
MetroHealth Medical Center
Associate Professor of Medicine
CWRU School of Medicine Cleveland,
OH

Scott A. Flanders, MD, MHM

Professor & Chief, Section of Hospital
Medicine
University of Michigan
Past President, Society of Hospital
Medicine

Paul Grant, MD, SFHM, FACP

Assistant Professor of Medicine
Director, Perioperative and Consultative
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Division of General Medicine
University of Michigan Medical School

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Associate Professor of Medicine
Johns Hopkins University

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Health Sciences
University of Illinois Hospital & Health
Sciences System

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Chief Medical Officer and Senior Vice
President
Co-Director Jefferson Vascular Center
Jefferson Medical College
Thomas Jefferson University Hospitals

James Pile, MD, FACP, SFHM

Depts. of Hospital Medicine and
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Vice Chair, Dept. of Hospital Medicine
Associate Professor of Medicine,
Cleveland Clinic Lerner College of
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Leopoldo Pozuelo, MD

Section Head, Consultation Liaison
Psychiatry
Cleveland Clinic

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Clinical Assistant Professor, Internal
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Bobbie Jean Sweitzer, MD

Professor of Anesthesia & Critical Care
and of Medicine
Director, Anesthesia Perioperative
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Peter Watson, MD, FACP, FHM

Division Head of Hospital Medicine
Henry Ford Medical Group
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Chairman, Department of Hospital
Medicine
Clinical Assistant Professor of
Medicine
Cleveland Clinic Lerner College of
Medicine

Thomas Yacovella, MD

Hospitalist, HealthPartners Medical
Group
Assistant Professor of Medicine,
University of MN

REGISTRATION

9th Annual Midwestern Hospital Medicine Conference:

SHM Member Early Registration (on or prior to August 16, 2013)	\$ 495
Non SHM Member Early Registration (on or prior to August 16, 2013)	\$ 595
SHM Member Late Registration (on or after August 17, 2013)	\$ 595
Non SHM Member Late Registration (on or after to August 17, 2013)	\$ 695
Physician Assistants, Nurses and Nurse Practitioners	\$ 295
Residents and Fellows	\$ 200
<i>(Residents and Fellows must enclose letters from their Chiefs of Service)</i>	

Critical Care for the Hospitalist:

Physician Early Registration (on or prior to August 16, 2013)	\$345
Physician Late Registration (on or after August 17, 2013)	\$425
Nurses, Techs, and Industry Professionals	\$195
Residents and Fellows	\$150

HOW TO REGISTER: You may register on-line at: **www.cme.northwestern.edu/conferences**.

Registrations can also be mailed to Northwestern University, Office of Continuing Medical Education, 420 E. Superior, Suite 680, Chicago, IL 60611.

Please make checks payable to Northwestern University

PLEASE TYPE OR PRINT

☐ M.D.
☐ D.O.
☐ R.N.
☐ _____

Last Name _____

First Name _____

Are you a member of the Society of Hospital Medicine? ☐ Yes ☐ No

Address _____

City _____ State _____ Zip Code _____

Daytime Phone _____ Fax _____

E-Mail _____

(your registration confirmation will be emailed)

Specialty _____



Please indicate any special needs _____

Please indicate any special dietary needs _____

☐ Check here if you would like additional information about the Society of Hospital Medicine

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Office of Continuing Medical Education
420 East Superior
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