

Division of Cardiology
Department of Medicine
School of Medicine
University of California, San Francisco



University of California
San Francisco

30th Annual Symposium

Cardiology

FOR THE PRACTITIONER

MONDAY – WEDNESDAY

October 21-23, 2013

Yosemite National Park
Yosemite, California

Special Reduced Hotel Rates:

- Yosemite Lodge
\$227/night
- Ahwahnee Hotel
\$434/night Weekday Rate
\$483/night Friday-Saturday

PROGRAM DIRECTOR

PRAKASH C. DEEDWANIA, MD, FACC

HOTEL REGISTRATION DEADLINE:

September 3, 2013

REGISTER EARLY • SPACE IS LIMITED

30th Annual Symposium

Cardiology

FOR THE PRACTITIONER

Yosemite National Park will be the site for the 30th annual course, "Cardiology for the Practitioner." This three-day symposium is an intensive course designed for internists, primary care physicians, family practitioners, cardiologists, and other health care providers who encounter patients with various heart diseases. Recent advances in pathophysiology, treatment, and clinical relevance of common cardiovascular disorders will be presented. Emphasis will be placed on the frequently encountered clinical problems in cardiac patients by primary care physicians.

There will be state-of-the-art and comprehensive reviews on coronary risk factors, hypertension, hyperlipidemia, coronary artery disease, acute and chronic ischemic syndromes, heart disease in women and pregnancy, syncope, atrial fibrillation, aortic valve disease, and heart failure. Special focus will be placed on review of traditional and emerging cardiac risk factors highlighting primary and secondary prevention strategies. In addition, we will discuss updates and critical review of newer diagnostic imaging modalities, use of newer therapeutic strategies based on recent clinical trials, and emerging interventional strategies. Lastly, topics will be discussed pertaining to reviews on recent clinical trials and practice guidelines in the management of hypertension, dyslipidemia, stable and unstable angina, atrial fibrillation, heart failure, and heart disease in pregnancy. This year's program will be devoted to topics of clinical relevance in practice and will include special emphasis on cost-effective, office-based evaluation of common symptoms as well as typical cardiac conditions. The topics and speakers will pay special attention to the clinical problems frequently encountered by the primary care physician in his/her practice. Special features of the program will include a workshop on ECG interpretation and cardiac auscultation. Throughout this course, efforts will be made to provide the clinician with practical knowledge required for the management of cardiac patients utilizing a selection of evidence-based, cost-effective therapies in the current climate of cost-containment in health care.

OBJECTIVES

Upon completion of this course, the attendees will be better able to:

- Identify the chest pain evaluation and need for pre-discharge stress or imaging studies;
- Recognize the latest advances in the management of patients with acute coronary syndromes;
- Understand the appropriateness of immediate coronary intervention in high risk CAD and diabetic patients;
- Identify new and emerging risk factors for CVD and the role of diet and nutrition;
- Apply the newer treatment modalities for patients with stable ischemic heart disease, left ventricular function, and the need for newer therapies;
- Manage treatment modalities including various imaging techniques for evaluation of CHD;
- Apply the newer treatment modalities for patients with chronic ischemic syndromes;
- Apply guideline based therapy for hypertension;
- Evaluate and manage patients with systolic and diastolic heart failure;
- Evaluate patients with tricuspid valvular heart disease;
- Apply cardiovascular risk reduction strategies in clinical practice;
- Apply management strategies for heart disease in women and pregnancy;
- Evaluate and manage patients with dizziness and syncope;
- Identify signs of stress cardiomyopathy and Takotsubo syndrome;
- Identify residual risk despite statin therapy in patients with CHD;
- Apply various treatment strategies with statins in asymptomatic patients;
- Better understand various cardiac sounds and murmurs and related disorders;
- Preoperatively evaluate cardiac patients for non-cardiac surgery;
- Communicate the emerging role of genetic evaluation in patients with heart disease;
- Appropriately administer diagnostic tests/ interventions in patients with CVD;
- Improve reading skills in electrocardiography and identify common EKG abnormalities.

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physicians: UCSF designates this live activity for a maximum of **17.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credits™** issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME, prescribed credit from AAFP, and **AMA Category 1 Credit™** for the PRA for organizations accredited by the ACCME.

GENERAL INFORMATION

Pre-registration is preferred. Registration fee includes course syllabus and continental breakfast. Additional meals and accommodations are **not** included.

REGISTRATION INFORMATION

Tuition: **\$500** Physicians
\$400 Allied Health Professionals

Payment may be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to:
(415) 502-1795 (be sure to include your credit card number)

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

There will be a **\$100.00** service charge for refunds requested for course registration before the deadline. No refunds will be provided after **September 20, 2013**. All refund requests made before the deadline must be submitted in writing and received in our office by **September 20, 2013**.

CONFERENCE LOCATION

The conference is located at Yosemite Lodge in Yosemite National Park, one of the most beautiful wilderness parks in the United States best known for its waterfalls. Within its nearly 1,200 square miles, you can find deep valleys, grand meadows, ancient giant sequoias, a vast wilderness area, and much more. There are four entrance options to Yosemite National Park: California 120 from Manteca, 140 from Merced; 41 from Fresno; and the Tioga Pass Trans Sierra Road connecting with Highway 395.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Ahwahnee Hotel and Yosemite Lodge. Cut off date for receipt of reservations is **September 3, 2013**. Early reservations are necessary as rooms sell out annually. Unreserved rooms will be released after September 3, 2013. You can book your reservations online at www.YosemitePark.com with the group booking code **13Y676** or by completing the group booking form below and returning it to the hotel via fax. Should you require assistance with your reservation, contact the Conference Reservations Department at **(801) 559-4932**. **No reservations are accepted by phone.**

general info

MONDAY, OCTOBER 21, 2013

7:00 am Registration - Yosemite Lodge (Cliff/Falls Room)

7:30 Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)

SESSION TITLE: Acute and Chronic Coronary Syndromes**Session Chair:** Prakash C. Deedwania, MD, FACC

8:00 Welcome and Introduction

Prakash C. Deedwania, MD, FACC

8:05 Acute Chest Pain Evaluation: Does Everybody
Need a Pre-Discharge Stress Test Imaging Study?

Ezra Amsterdam, MD, FACC

8:45 Questions and Answers

8:55 An Update on Acute Coronary Syndromes:
What's New in Treating STEMI/NSTEMI

Jeffrey Anderson, MD, FACC

9:40 Questions and Answers

9:50 Revascularization vs. Medical Therapy in
High Risk CAD and in Diabetic Patients

Michael Crawford, MD, FACC

10:30 Questions and Answers

10:40 Break/Meet the Faculty

SESSION TITLE: Chronic CHD: Risk Factors, Evaluation, and Management Strategies10:50 Newer and Emerging Risk Factors for CVD:
Diet, Nutrition, and Gut Flora

Jeffrey Anderson, MD, FACC

11:20 Question and Answers

11:30 Left Ventricular Function and Stable Ischemic
Heart Disease

Uri Elkayam, MD, FACC

12:15 pm Question and Answers

12:25 Appropriate Use of Stress Testing and Imaging
Modalities: Are We Overutilizing?

Ezra Amsterdam, MD, FACC

1:05 Question and Answers

1:15 pm Adjourn

MONDAY EVENING

6:00 - Meet the Experts These evening workshops will be held in the Yosemite Lodge –

7:30 pm Each participant may attend and switch between workshops in the two rooms.

**A) Cardiac Auscultation Workshop Using Commonly Encountered
Clinical Scenarios: What do I Hear and What does it Mean?**

Michael Crawford, MD, FACC

B) Special Interactive Session on ECG Interpretation (participants are encouraged to
read in advance the ECG examples given in their course handbook and bring digital
images of challenging ECGs)

Nora F. Goldschlager, MD, FACC

TUESDAY, OCTOBER 22, 2013

7:30 am Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)

SESSION TITLE: Heart Failure and Valvular Heart Disease**Session Chair:** Prakash C. Deedwania, MD, FACC

8:30 Heart Failure: Epidemiology and Risk Factors

Daniel Levy, MD, FACC

9:00 Questions and Answers

9:10 Diastolic vs. Systolic Heart Failure:
Evaluation and Management Strategies

Uri Elkayam, MD, FACC

9:50 Questions and Answers

10:00 Tricuspid Valve Disease: An Emerging Problem

Michael Crawford, MD, FACC

10:30 Questions and Answers

10:40 Break/Meet the Faculty

TUESDAY, OCTOBER 22, 2013 (CONT'D)

SESSION TITLE: Heart Disease in Special Populations

10:50	Heart Disease in Women: a Refreshing Perspective	Ezra Amsterdam, MD, FACC
11:20	Questions and Answers	
11:30	Heart Disease in Pregnancy and Peripartum Cardiomyopathy	Uri Elkayam, MD, FACC
12:05 pm	Questions and Answers	
12:15	Syncope and Dizziness: Evaluation and Management	Nora F. Goldschlager, MD, FACC
12:40	Question and Answers	
12:50	Newer and Old Oral Anticoagulants: When and How to Use?	Jeffrey Anderson, MD, FACC
1:20	Question and Answers	
1:30	<i>Adjourn</i>	

TUESDAY EVENING

6:00 - **Meet the Experts** These evening workshops will be held in the Yosemite Lodge –
7:30 pm *Each participant may attend and switch between workshops in the two rooms.*

A) Clinical Approach to Cardiovascular Risk Evaluation and Risk Reduction	Prakash C. Deedwania, MD, FACC Daniel Levy, MD, FACC Mary Malloy, MD
B) Appropriate Use of Diagnostic Modalities in Clinical Practice: Less is More	Nora F. Goldschlager, MD, FACC Rita Redberg, MD, FACC

WEDNESDAY, OCTOBER 23, 2013

7:30 am *Complimentary Continental Breakfast (Registrants Only-Mountain View Lounge)*

SESSION TITLE: Consensus and Controversies in Cardiology

Session Chair: Cyrus Buhari, DO

8:00	Hypertension 2013: Insights from Observational Studies and Clinical Trials that Formulate Treatment Guidelines	Daniel Levy, MD, FACC
8:40	Questions and Answers	
8:50	Preoperative Evaluation for Noncardiac Surgery: Is a Cardiology Consult Needed for Everyone?	Nora F. Goldschlager, MD, FACC
9:20	Question and Answers	
9:30	Residual Risk After Statin Therapy: Are There any Choices Left?	Mary Malloy, MD
10:00	Question and Answers	
10:10	<i>Break/Meet the Faculty</i>	
10:25	Broken Heart Syndrome: Is it for Real?	John Ambrose, MD, FACC
10:50	Questions and Answers	
11:00	An Update on Genetics of Cardiovascular Disease: Findings from the Framingham and GWAS	Daniel Levy, MD, FACC
11:40	Questions and Answers	
11:50	Debate: Are Statins Indicated for Everyone?	
11:55	Pro	John Kane, MD, Ph.D
12:10 pm	Con	Rita Redberg, MD, FACC
12:25	Rebuttal	John Kane, MD, PhD Rita Redberg, MD, FACC
12:35	Audience Judgment	
12:45 pm	<i>Adjourn</i>	

Please note that all sessions are held in the Cliff/Falls room at Yosemite Lodge. For emergency phone calls during the program, please use the following numbers: The Ahwahnee Hotel Front Desk (209) 372-1407, or the Yosemite Lodge Front Desk (209) 372-1274.

(DO NOT FORGET TO MAKE YOUR HOTEL RESERVATIONS BY SUBMITTING THIS RESERVATION REQUEST FORM TO YOSEMITE CONCESSION SERVICES **OR** BOOKING YOUR ROOM ONLINE. NO PHONE RESERVATIONS ARE PERMITTED)

HOTEL RESERVATION REQUEST FORM UCSF CARDIOLOGY CONFERENCE 2013

Arrival Date: OCTOBER 21, 2013 • Departure Date: OCTOBER 23, 2013

Please check preferred accommodation:

- ☐ **The Ahwahnee Hotel – \$482/nt per room Weekend** ☐ **Yosemite Lodge at the Falls Hotel – \$434/nt per room Weekdays** ☐ **Yosemite Lodge at the Falls Hotel – \$227/nt per room**

Rate Based On Single Or Double Occupancy. Additional Adult Rate \$16.00 at The Ahwahnee, \$10.00 at Yosemite Lodge. (Children 12 and under stay free in adult's room. If there is a 3rd child an additional rate will apply). **First night's room charges are required, including 10% tax and 1% tourism fee, secure your room reservation.**

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

First Name _____ M.I. _____ Last Name _____

Company Name (if applicable) _____

Mailing Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____

Email _____

Arrival Date _____ / _____ Departure Date _____ # Adults _____ # Children _____



Please indicate if you have any special needs:

Please charge my first night's deposit (room and taxes) to credit card (cardholder's name and billing address are required to process credit card charge):

☐ Visa ☐ MasterCard ☐ AmEx ☐ Discover for \$ _____

Card # _____ / _____ Expiration date _____

Name on Card (Please Print) _____ Authorized Signature _____

Billing Address _____

Reservation Deadline – **SEPTEMBER 3, 2013**

HOTEL RESERVATIONS – via fax (559) 456-0542 or online ONLY
ONLINE REGISTRATION AVAILABLE: WWW.YOSEMITEPARK.COM – BOOKING CODE: **13Y676**

The rooms being held for this group are limited. They are booked on first-come, first-served basis. Forms received after the specified deadline date or after rooms are filled will be reserved on a space and rate available basis.

Payments: We accept American Express, Visa, Discover, Master Card.

Rates: Rates are not guaranteed. Rates may change pending National Park Service Approvals. Quoted rates do not include 10% Room Tax nor the 1% Tourism Fee.

Cancel/Change Policy: Cancellations or changes must be received at least 7 days prior to arrival date in order to receive deposit refund. All early departures and no shows will be charged the contracted nightly rate for each night reserved.

For Assistance with Rooms: Conference Reservations Dept at (801) 559-4932, Monday-Friday, 8:30am-4:30pm.

Check-In & Check-Out Times: Registration begins at 12:00 p.m. and check in is guaranteed by 5:00 p.m. Check-out is 12:00 p.m. at the Ahwahnee Hotel and 11:00 a.m. for all other accommodations.

Ahwahnee Dining Room Seating: Individual dinner reservations are advised and may be made up to 30 days in advance by calling (209) 372-1489. **Dress Code:** Gentlemen are respectfully requested to wear sport coats or dress sweaters and long pants. Ladies are respectfully requested to wear skirts, dresses, pantsuits or pants that reach below the knee. Shorts and athletic wear may be worn at breakfast and lunch.

Road & Weather Info: Please call (209) 372-0209 for road and weather information prior to your arrival. The National Park Service requires chains be carried from Oct – Apr and may become mandatory on any park road at any time. There is a **\$20.00** entrance fee per vehicle collected by the National Park Service at park entrance stations.

Visit our web site at www.YosemitePark.com

_____ I have read the attached reservation request form policies and information provided. (please initial)

Upcoming CME Courses

Advances in Heart Disease
December 13-15, 2013
San Francisco, CA

**UCSF/Queen's Medical Center's
Innovative Procedures,
Devices, and State of the Art
Care for Arrhythmias, Heart
Failure and Structural
Cardiac Disease**
January 30-February 2, 2014
Honolulu, HI



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REGISTER NOW!
For more information
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visit our website at
www.cme.ucsf.edu.
You may also reach
us by calling the
Office of Continuing
Medical Education
at (415) 476-4251
or emailing
info@ocme.ucsf.edu.

PROGRAM CHAIRMAN

Prakash C. Deedwania, MD, FACC
Professor of Medicine, UCSF School
of Medicine, San Francisco, CA;
Clinical Professor of Medicine,
Stanford University, Palo Alto, CA;
Chief, Cardiology Section, VA
Medical Center, Fresno, CA

COURSE FACULTY

John Ambrose, MD, FACC
Professor of Medicine,
UCSF School of Medicine,
Chief, Cardiology Division
University of California, Fresno, CA

Ezra Amsterdam, MD, FACC
Professor of Medicine, University
of California, Davis, Director of
Coronary Care Unit, UC Davis
Medical Center, Davis, CA

Jeffrey Anderson, MD, FACC
Professor of Medicine, University of
Utah, Salt Lake City, Associated
Chief, Cardiology; Vice Chair of
Research, Intermountain Health
Center, Salt Lake City, UT

Cyrus Buhari, DO
Assistant Professor of Medicine,
UCSF School of Medicine,
San Francisco, CA; Attending Staff
VACCHCS and Staff Cardiologist,
Community Regional Medical Center,
Fresno, CA

COURSE FACULTY (CONT'D)

Michael Crawford, MD, FACC
Professor of Medicine and Chief of
Cardiology for Clinical Services,
UCSF School of Medicine,
San Francisco, CA

Uri Elkayam, MD, FACC
Professor of Medicine, University of
Southern California, Los Angeles,
CA; Attending Cardiologist, USC
Medical Center, Los Angeles, CA

Nora F. Goldschlager, MD, FACC
Professor of Medicine; UCSF School
of Medicine, San Francisco, CA;
Chief, Clinical Cardiology;
Director, CCU, ECG Lab and
Pacemaker Clinic
San Francisco General Hospital

John P. Kane, MD, PhD
Professor of Medicine, Biochemistry,
and Biophysics, UCSF School of
Medicine, San Francisco, CA;
Director, Adult and Pediatric Lipid
Clinics, Moffitt-Long Hospitals, San
Francisco, CA

Daniel Levy, MD, FACC
Professor of Medicine, Boston
University School of Medicine;
Associate Clinical Professor of
Medicine, Harvard Medical School;
Director, Framingham Heart Study;
Director, Center for Population
Studies, National Heart, Lung, and
Blood Institute, NIH, Bethesda, MD

COURSE FACULTY (CONT'D)

Mary Malloy, MD
Professor of Clinical Medicine
and Pediatrics, UCSF School
of Medicine; Co-Director,
Adult and Pediatric Lipid Clinics,
Moffitt-Long hospitals,
San Francisco, CA

Rita Redberg, MD, FACC
Professor of Clinical Medicine;
Director, Center for Excellence
for Heart Disease in Women,
UCSF School of Medicine,
San Francisco, CA

PLANNING COMMITTEE

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Prakash C. Deedwania, MD, FACC

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faculty

CARDIOLOGY FOR THE PRACTITIONER SYMPOSIUM

MFR14001

Yosemite National Park, CA • October 21-23, 2013

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name	First	M.I.
Degree		Specialty
Address		
City	State	Zip
Daytime Phone		Fax
Email		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

 Please indicate if you have any special needs: _____

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- ☐ **\$500** Physicians
☐ **\$400** Allied Health Professionals

Make checks payable to *UC Regents*

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ AmEx for \$ _____

Card #	Expiration date
Name on Card (Please Print)	Authorized Signature

Refund Policy: There will be a **\$100.00** service charge for refunds requested before the registration deadline. No refunds will be provided after **September 21, 2013**. All refund requests made before the deadline must be submitted in writing and received in our office by **September 21, 2013**.

Please check our website for up to date information on the course: www.cme.ucsf.edu

