

Nineteenth Annual

*Diabetes Fall
Symposium
for
Primary Health
Care Professionals*

September 19 - 20, 2013

Embassy Suites/North Charleston Convention Center, North Charleston, SC



Jointly sponsored by



The Medical University of South Carolina and
The Diabetes Initiative of South Carolina

South Carolina College of Pharmacy

Lowcountry AHEC

In cooperation with

DSC Midlands Site

SC Department of Health and Environmental Control -
Diabetes Prevention and Control Program (DPCP)

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Continuing Education - Accreditation



PHARMACISTS: The South Carolina College of Pharmacy (SCCP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program is accredited for a total of **10.25 contact hours. (Day One – 6.25; Day Two – 4.0)** Participants must sign-in at registration table each day and attend entire program. Instructions on how to complete evaluations and report credit to the CPE Monitor system will be provided. Evaluations must be completed within 30 days of program. A complete listing of all learning objectives and their ACPE numbers will be provided at the conference.

PHYSICIANS: Credit Statement: The Medical University of South Carolina designates this live activity for a maximum of **10.25 AMA PRA Category 1 Credit(s)TM**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Medical University of South Carolina, and the Diabetes Initiative of South Carolina. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians,

NURSES: This nursing continuing education activity awards a total of **10.25 contact hours. (Day One – 6.25; Day Two – 4.0).**

Lowcountry AHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

COUNSELORS & THERAPISTS: This program is approved for **10.25 hours of continuing education credit (Day One – 6.25 and Day Two – 4.0).** The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

REGISTERED DIETITIANS: This program provides a total of **10.25 contact hours (Day One – 6.25, Day Two – 4.0).**

SOCIAL WORKERS: This program is approved for a total of **10.25 non-social worker contact hours (Day One – 6.25 and Day Two – 4.0).** The South Carolina AHEC system is recognized as an approved provider of continuing education by the South Carolina Board of Social Work Examiners.

ALL PARTICIPANTS: This program is approved for **1.025 CE (10.25 clock hours: Day One - 6.25; Day Two - 4.0)** by Lowcountry AHEC and meets South Carolina AHEC Best Practice Standards.



Lowcountry AHEC is an equal opportunity employer and adheres to the requirements of the ADA statements.

Neither Lowcountry AHEC nor the American Nurses Credentialing Center endorses or approves any products that may be associated with this continuing education activity.

Participants must attend 90% of the program to receive a certificate. No partial credit will be given.

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Diabetes Initiative of South Carolina

This program is presented by a collaborative effort of the Medical University of South Carolina and the Diabetes Initiative of South Carolina, which was created by the SC State Legislature in July 1994, as Section 44-39-20 et.seq. of SC Code of Laws, 1976 as Amended. The Diabetes Initiative is a statewide program of education, surveillance, clinical research, and translation of diabetes treatment methods to serve the needs of South Carolina residents with diabetes, with oversight functions by the Diabetes Initiative of South Carolina Board.

Parking

A fee for parking may be charged, depending upon city activity. Participants will be responsible if there is a fee (usually \$4.00).

Disclosure Statement

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity is required to disclose any relevant financial relationships with commercial interests in the healthcare industry. The Medical University of South Carolina, College of Medicine will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices are required to disclose that information at the beginning of their presentation.

Climate and Conference Dress

During the month of September, temperatures in the Charleston area range in the upper 70's for highs, and lows are in the 60's range. **As the temperature in meeting rooms may vary, you should bring a sweater or jacket.** Conference dress is business casual.

Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any persons on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in the disabilities act in order to fully participate in this continuing medical education activity, please call the Diabetes Center at (843) 876-0968, by August 31st or attach a note to your registration form.

Contact Information

For information about the Diabetes Initiative of South Carolina and this continuing education program, please contact:

Julie Benke-Bennett
Program Coordinator

MUSC Diabetes Center

Diabetes Initiative of South Carolina

(843) 876-0968

(843) 876-0998 fax

benkej@musc.edu

OR

Lowcountry AHEC

(843) 782-5052

(843) 782-5053 fax



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19th Annual Diabetes Fall Symposium for Primary Health Care Professionals

This comprehensive update is specifically designed for Primary Care Physicians, Podiatrists, Endocrinologists, Pharmacists, PharmDs, NPs, APRNs, PAs, RDs, and CDEs. The information to be presented is equally relevant to RNs, LPNs, and Social Workers.

At the conclusion of the program, participants should be able to:

- Critique and implement the latest adult Guidelines for Diabetes Care.
- Critique and implement the latest pediatric Guidelines for Diabetes Care.
- Discuss the pathophysiology outcomes of obese DM patients undergoing bariatric surgery.
- Define the implementation of natural treatment options for diabetes care.
- Integrate evidence-based pharmacotherapy into the treatment plan for DM patients.
- Discuss principles of diabetes management in pregnancy.
- Analyze the evolving healthcare market relating to potential effects on diabetic care.
- Apply the pharmacological treatment of diabetes to case studies.
- Monitor quality indicators and measurements for diet/weight management in patients with diabetes.
- Identify telehealth implications in diabetes care.
- Discuss prevention and management of heart disease in diabetes mellitus.
- Describe outcomes to treatment options for chronic kidney disease in diabetes.
- Evaluate treatment options for bone disease in patients with diabetes.
- List the benefits of foot care in diabetes management.

CALL FOR ABSTRACTS

14th Annual Scientific Poster Session

We are currently accepting abstract submissions for student research and projects, clinical practices, community projects, DSME program strategies and professional research and projects. This is an excellent opportunity to showcase the numerous projects being conducted in South Carolina. (Submissions limited to diabetes related subject matter.)

One complimentary registration will be offered for each abstract/poster submitted by a full-time student, resident, intern or fellow. Submissions in the student, clinical, community and DSME programs categories will be reviewed by a panel of judges and compete for monetary prizes.

For application form and submission process, please go to <http://www.musc.edu/diabetes> or contact Julie Benke-Bennett at benkej@musc.edu or (843) 876-0968.

Deadline for submissions - September 6, 2013.

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Thursday, September 19, 2013

- 7:00 am Registration - C Foyer**
Continental Breakfast/ Visit Exhibits – Ballroom C4
- 7:40 am Welcome/Moderator – Ballroom C1/2/3**
John S. Bruch, MD, FACE
- 7:45 am Update on Guidelines for Care**
Kathie L. Hermayer, MD, MS, FACE
- 8:00 am Pediatrics Guidelines for Diabetes Care**
Katherine Lewis, MD
- 9:00 am Obesity/Bariatric Surgery: Outcomes on Pathophysiology in DM Patients**
John D. Scott, MD, FACS, FASMBS
- 10:00 am Break/Visit Exhibits – Ballroom C4**
- 10:30 am Nutraceuticals and Natural Treatments**
William T. Cefalu, MD
- 11:30 am 13th Annual Scientific Poster Session**
Winners Announced
Kathie L. Hermayer, MD, MS
- 11:45 am LUNCH ON YOUR OWN**
Visit Exhibits – Ballroom C4
- 1:15 pm Concurrent/Breakout Sessions**
Rooms TBA
- A. Pharmacology & Diabetes (Part I)**
Sharm Steadman, PharmD, BCPS, FASHP, CDE
Moderator – Elizabeth Todd Heckel, MSW, CDE
- B. Pregnancy and Diabetes**
Jill Mauldin, MD
Moderator – Sharon Schwarz, APRN, MSN, CDE
- C. Diabetes & the Evolving Market of Healthcare Delivery**
Jennifer O'Donnell, MHA
Moderator - Carolyn Jenkins, DrPH, APRN, BC-ADM, RD, CDE, FAAN

- 2:45 pm Break/Visit Exhibits – Ballroom C4**
- 3:00 pm Concurrent/Breakout Sessions**
Rooms TBA
- A. Pharmacology & Diabetes (Part II)**
Sharm Steadman, PharmD, BCPS, FASHP, CDE
Moderator – Elizabeth Todd Heckel, MSW, CDE
- B. Weight Management/Diet - Team Approach**
Patrick M. O'Neil, PhD
Moderator – Sharon Schwarz, APRN, MSN, CDE
- C. Telehealth**
Leonard Egede, MD
Moderator - Carolyn Jenkins, DrPH, APRN, BC-ADM, RD, CDE, FAAN
- 4:30 pm Adjournment**
COMPLETE EVALUATIONS

Friday, September 20, 2013

- 7:15 am Registration/Continental Breakfast/ Visit Exhibits - Ballroom C4**
- 7:50 am Opening Remarks/Moderator - Ballroom C1/2/3**
Kathie L. Hermayer, MD, MS, FACE
- 8:00 am Cardiovascular Disease and DM**
Valerian Fernandes, MD
- 9:00 am Diabetes and Chronic Kidney Disease**
David W. Ploth, MD
- 10:00 am BREAK/Visit Exhibits - Ballroom C4**
- 10:15 am Diabetes and Bone Disease**
Beatrice Hull, MD
- 11:15 am The Diabetic Foot**
William K. McKibbin, MD
- 12:15 pm Adjournment**
COMPLETE EVALUATIONS

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Conference Planning Committee

Pamela C. Arnold, MSN, APRN, BC-ADM, CDE • Julie Benke-Bennett • Yaw Boateng, MS, MPH, RD, LD, CDE • John Bruch, MD
Michael P. Dunphy, RPh, MS • Elizabeth Todd Heckel, MSW, CDE • Kathie L. Hermayer, MS, MD • Rhonda Hill, PhD, CHES
Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN • Usah Lilavivat, MD • Louis M. Luttrell, MD • Diane Mathews, MS, MT(ASCP)SH
Edi McNinch, RN, CDE • Michelle Moody, BA • Patsy Myers, DrPH, RD, MS • Odessa Ussery, MEd, CCMEP

Distinguished Faculty

John Bruch, MD

Associate Clinical Professor of Medicine
Greenville Hospital Systems
Greenville, SC

William T. Cefalu, MD

Executive Director
Pennington Biomedical Research Center
Louisiana State University System
Baton Rouge, LA

Leonard E. Egede, MD

Allen Johnson Endowed Chair for General Internal Medicine and Geriatrics
Professor, General Internal Medicine
Medical University of South Carolina
Charleston, SC

Valerian Fernandes, MD

Associate Professor of Medicine
Division of Cardiology
Medical University of South Carolina
Charleston, SC

Elizabeth Todd Heckel, MSW, CDE

Program Director, DSC Midlands Site
University of South Carolina
Columbia, SC

Kathie L. Hermayer, MD, MS, FACE

Chair, Diabetes Initiative of South Carolina
Professor of Medicine
Division of Endocrinology, Diabetes and Medical Genetics
Medical University of South Carolina
Charleston, SC

Beatrice Hull, MD

Assistant Professor of Medicine
Division of Endocrinology, Diabetes and Medical Genetics
Medical University of South Carolina
Charleston, SC

Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN

Professor, College of Nursing
Medical University of South Carolina
Charleston, SC

Katherine A. Lewis, MD

Assistant Professor of Medicine
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Division of Pediatric Endocrinology
Medical University of South Carolina
Charleston, SC

Jill Mauldin, MD

Associate Professor
Department of Obstetrics-Gynecology
Medical University of South Carolina
Charleston, SC

William K. McKibbin, MD

Assistant Professor of Medicine
Department of Orthopaedic Surgery
Medical University of South Carolina
Charleston, SC

Jennifer O'Donnell, MHA

Director of Quality Operations
Palmetto Physicians Resource Group
Charleston, SC

Patrick M. O'Neil, PhD

Professor of Medicine
Department of Psychiatry and Behavioral Sciences
Medical University of South Carolina
Charleston, SC

David W. Ploth, MD

Professor of Medicine
Division of Nephrology
Medical University of South Carolina
Charleston, SC

Sharon Schwarz, APRN, MSN, CDE

Diabetes Educator
Division of Pediatric Endocrinology
Medical University of South Carolina
Charleston, SC

John D. Scott, MD, FACS, FASMBS

Assistant Professor
Director of Simulation Education
USC School of Medicine - Greenville
Greenville Health System
Department of Surgery;
Division of Minimal Access and Bariatric Surgery
Greenville, SC

Sharm Steadman, PharmD, BCPS, FASHP, CDE

Professor of Pharmacology
Department of Family and Preventive Medicine
University of South Carolina
Columbia, SC

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Hotel Accommodations

A limited number of rooms have been reserved until 8/29/13 for this conference at the Embassy Suites Hotel/N. Charleston Convention Center, 5055 International Boulevard, N. Charleston, SC 29418. Reservations can be made by calling (843) 747-1882 or 1-800-EMBASSY (specify the MUSC Diabetes Center for special rates). The web address for the hotel is www.embassysuites.com (Airport/N. Charleston Convention Center).

Rates: \$149.00* Single or Double; \$159.00* Triple; and \$169.00* Quad

*Excludes applicable taxes

Refund Information

A refund will be made upon written request prior to September 9, 2013; however, \$25.00 will be retained for administrative costs. No refunds will be made after September 9, 2013. We reserve the right to cancel the program if necessary and full registration fees will be refunded. The Medical University of South Carolina cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.

Please keep top portion for your records.

Registration Form

You may also register and pay online at www.musc.edu/diabetes/online/registration.

Print your name as it should appear on your name badge and certificate of attendance (Please print clearly)

Last Name _____ First Name _____ Middle Initial _____ Last 4 digits of your Social Security Number _____
 Credentials: ☐ MD ☐ PharmD ☐ PhD ☐ MPH ☐ RPh ☐ PA ☐ AP ☐ NP ☐ RN ☐ LPN ☐ RD ☐ LD ☐ SW ☐ Student
☐ Other (please specify credentials and/or title) _____

Mailing Address _____

(_____) _____
Day Telephone

Address line 2 _____

(_____) _____
Evening Telephone

City _____

State _____ Zip _____

Agency Name _____

_____ @ _____
e-mail address (please PRINT clearly)

_____ County of Employment (i.e. Charleston, Spartanburg, etc.)

Thursday, September 19, 2013 & Friday, September 20, 2013:

(Registration fee includes Thursday & Friday continental breakfasts and breaks, and Thursday lunch)

Please check your tuition category:

MD's

Other Health Care Providers

*F/T Students, Interns, Residents and Fellows

TOTAL ENCLOSED \$ _____

Both Days

☐ \$200

☐ \$150

☐ \$ 50

Thurs. Only

☐ \$125

☐ \$100

☐ \$ 25

Friday Only

☐ \$ 75

☐ \$ 50

☐ \$ 25

Payment received

after 9/08/13 or onsite

☐ add \$50.00/day

☐ add \$50.00/day

*Registration fees will be waived for any full-time Student, Resident, Intern or Fellow who participates in the

14th Annual Scientific Poster Session, **HOWEVER, YOU MUST REGISTER!**

☐ Please check if this applies to you.

You must indicate which Concurrent Session(s) you plan to attend on Thursday, September 19, 2013

1:15 - 2:45 pm

A ☐ Pharmacology & Diabetes (Part I) - Sharm Steadman, PharmD, BCPS, FASHP, CDE

(check one only) B ☐ Pregnancy and Diabetes - Jill Mauldin, MD

C ☐ Diabetes & the Evolving Market of Healthcare Delivery - Jennifer O'Donnell, MHA

3:00 - 4:30 pm

A ☐ Pharmacology & Diabetes (Part II) - Sharm Steadman, PharmD, BCPS, FASHP, CDE

(check one only) B ☐ Weight Management/Diet: Team Approach - Patrick M. O'Neil, PhD

C ☐ Telehealth - Leonard Egede, MD

Please make your check payable to Medical University of SC and mail with the registration form to:

Diabetes Initiative of SC, Attn: Julie Benke-Bennett, 96 Jonathan Lucas Street, Suite 816, MSC624, Charleston, SC 29425-6240

or Fax to (843) 876-0998. • **For information, please contact Julie Benke-Bennett - (843) 876-0968 or benkej@musc.edu**

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