



ON POINT

Sharpening Your Vision for the Future

2013 AWS Fall Conference

October 6 – October 8 · Washington, DC



Fall Conference Agenda

Sunday, October 6
Renaissance DC Downtown Hotel
999 9th St NW, Washington DC

Welcome

The Association of Women Surgeons warmly invites you to our 2013 Fall Conference as we take you *On Point! Sharpening your Vision for the Future*. Join us for a motivational day of personal and professional development – by women and for women. An enthusiastic panel of surgeons have come together to re-energize, inspire, and challenge you to be a better, happier woman in surgery. Come make connections with peers and mentors that could last a lifetime. This conference is about YOU, your career, and the impact you make on others.

AWS would like to thank the 2013 Conference Planning Committee:

Danielle Walsh, MD, FACS
East Carolina University (Chair)

Marie Crandall, MD, MPH, FACS
Northwestern University

Christina Grassi, AB
Harvard Medical School

Celeste Hollands, MD, FACS
St. John's Children's Hospital, Albany Medical Center, University of South Alabama

Lisa McElroy, MD
*Northwestern University
Feinberg School of Medicine*

Carla Pugh, MD, PhD, FACS
University of Wisconsin – Madison

Norma Smalls, MD, FACS
Howard University Hospital

Jane Wey, MD, FACS
Cleveland Clinic

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Harvard Medical School

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Maya Babu, MD, MBA
Mayo Clinic

Christina Grassi, AB
Harvard Medical School

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7:00AM – 7:45AM

Sunrise Scientific Session – New For 2013!

We are pleased to announce a new scientific session to allow our academicians to present their work at the AWS Conference. Authors who have submitted original manuscripts for the new **annual issue of the American Journal of Surgery devoted to papers from our members** were given the option of having their paper presented at our conference as well. The top submissions of those accepting the offer will be presented. In addition, the Ethicon Endo-Surgery, Inc. Fellowship Award winner from the previous year will present their scientific work in acknowledgement of their support from the grant.

Moderator: Celeste Hollands, MD, FACS *St. John's Children's Hospital, Albany Medical Center, University of South Alabama*

Co-Moderators: Marie Crandall, MD, MPH, FACS *Northwestern University*
Amalia Cochran, MD, FACS, FCCM, *University of Utah*

- Oral abstract presentations from *American Journal of Surgery (AJS)* submissions
- Ethicon Endo-Surgery, Inc. Fellowship Presentation - Erin W. Gilbert, MD, *Oregon Health and Science University*, Optical Fiber Spectroscopy (OFS) and its Applications in Minimally Invasive Esophagectomy

7:45AM – 8:30AM

Continental Breakfast with Corporate Partners

- View the outstanding poster presentations entered in the **Starr Poster Competition for AWS Medical Students and Residents**
- Take home ideas on sustainability after reviewing the entries in the **AWS Green Solutions for the Operating Room Contest**

8:30AM

Welcome and
Introduction

Danielle Walsh, MD, FACS
East Carolina University
Susan Pories, MD, FACS
Harvard Medical School

8:35AM – 10:35AM

Session One: Personal and Professional Skills for Success

Moderator: Danielle Walsh, MD, FACS, *East Carolina University*

Women surgeons confront unique challenges in the workplace. Personal development through improved communication, professional networking, collaboration, and leadership training can improve success and satisfaction. Participants in this session will be able to: (1) discuss successful strategies for career planning using a management model; (2) recognize risk factors for physician burnout; (3) identify techniques for maintaining physician wellness; and (4) describe various leadership styles and their efficacy.

- Building Your Professional Persona – Applying Management Principles to Career Planning
Mary Hooks, MD, MBA, FACS, *Vanderbilt University Medical Center*
- Physician Wellness and Avoiding Burnout – A Practical Plan For a Better You
Mary Brandt, MD, FACS, *Baylor College of Medicine*
- Planning for Family: Making it Work
Gretchen Purcell Jackson, MD, PhD, FACS, *Children's Hospital at Vanderbilt*
- Leading in your Setting
Hilary Sanfey, MB, BCh, MHPE, FACS, *SIU School of Medicine*

Sunday, October 6
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10:35AM – 11:00AM
Networking Break with
Corporate Partners

11:00AM – 1:00PM

Session Two: Association of Academic Surgery (AAS)/AWS Joint Business of Medicine Professional Development Session – Panel Presentation

Moderator: Carla Pugh MD, PhD, FACS, *University of Wisconsin – Madison*

Women surgeons are well trained in the surgical care of patients, but may need additional skills in business and professional development to reach their full potential for success. Participants in this session will be able to describe different practice types, identify mentors and networks of mentors in various fields, describe the basics of tenure and academic promotion, and list the basics of contract negotiation. This session will use a question and answer format to discuss:

- Career Transitions: Choosing and Changing Your Practice Type – solo/group/employed/academic/research
- How to Mentor and Be Mentored
- Powerful Negotiation Skills – Better Outcomes in Jobs, Contracts, and Everyday Situations
- Hiring and Firing – The Surgeon as a Supervisor

PANELISTS

Andrea Hayes-Jordan, MD, FACS, *University of Texas Health Science Center at Houston, The University of Texas MD Anderson Cancer Center*

Sandra Wong, MD, MS, *University of Michigan*

Julie Ann Sosa, MD, MA, FACS, *Duke University Medical Center*

Rebecca Sippel, MD, FACS, *University of Wisconsin – Madison*

Wei Zhou, MD, FACS, *Stanford University*

Fall Conference Agenda

Sunday, October 6
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1:00PM – 2:00PM
AWS Luncheon &
Annual Business Meeting

2:00PM – 3:00PM

Directed Networking – Woman to Woman

Moderator: Jane S. Wey MD, FACS, *Cleveland Clinic*

Back by popular demand! This session will allow AWS members to meet informally and discuss the topics foremost in their lives with other women surgeons. Bring your greatest challenges, your best advice, and your life experience to the table as we build networks, friendships, and mentors. Please select the 2 topics of greatest interest to you and indicate your selection on the registration form, though changes are permitted. Each topic will run for about 30 minutes.

Work-life balance | Finding a position | Changing jobs | Negotiating a contract | Career advancement | How to get more involved in organizations | Apps/tools for organization and time management | Retirement planning



American College of Surgeons Division of Education

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Surgeons and the Association of Women Surgeons. The American College of Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credits™

The American College of Surgeons designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Of the AMA PRA Category 1 Credits™ listed above, a maximum of 4 credits meet the requirements for Self-Assessment.

Fall Conference Agenda

Monday, October 7
Renaissance DC Downtown Hotel
999 9th St NW, Washington DC

AWS Awards Dinner



6:00PM – 7:30PM

Women in Surgery Reception

The American College of Surgeons' Women in Surgery Committee is sponsoring a reception for women surgeons attending the Clinical Congress and their guests. All AWS members are encouraged to come, network, and enjoy this opportunity. AWS members wishing to attend the reception, but unable to stay for the AWS banquet, are asked to designate attendance on the reservation panel to assist with planning.

7:30PM – 10:00PM

AWS Awards Banquet

Please join us for the 2013 AWS Awards Banquet as we celebrate another year of progress and success for women in surgery. AWS President, Susan Pories, MD, FACS, will lead the recognition of individuals nominated by their peers and teachers for outstanding effort. Recipients of the Nina Starr Braunwald Award, the Olga Jonasson Distinguished Member Award, the AWS Past Presidents' Honorary Member Award, the AWS Hilary Sanfey Outstanding Resident Award and the Patricia Numann Medical Student Award will all be recognized and honored for their efforts and contributions to surgery. Attire is semi-formal.

Dinner – \$150 per person

Sponsor a RESERVED Table of 10 – \$3,000

The funds raised from table sponsorships go to support the mission, programs and services of the Association of Women Surgeons.

Fall Conference Agenda

Tuesday, October 8
Renaissance DC Downtown Hotel
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8:00AM – 10:00AM

AWS Networking Breakfast

Members and non-members are invited to a complimentary breakfast on Tuesday morning. Take this opportunity to meet and network with peers and mentors. Register for this event by checking the box on the Registration Form.

GENERAL INFORMATION

Hotel Information

Reserve your hotel room using the ACS Clinical Congress materials. The ACS Website at www.FACS.org contains all the information you need to reserve your hotel room.

Cancellation Policy

All cancellations must be received in writing by September 13, 2013 and will be refunded less a 20% processing fee (of total amount paid). Refunds will not be issued after this date.

Attire

Attire for the AWS Conference and Networking Breakfast is business casual. Attire for the AWS Awards Dinner is semi-formal.

LOOK FOR US

AWS is a proud sponsor of the ACS Clinical Congress HELP AND INFORMATION KIOSKS located in the convention center.

JOIN THE CONVERSATION

Find us on Facebook, Twitter, Blogger and LinkedIn.



facebook.com/womensurgeons

twitter.com/womensurgeons

womensurgeons.blogspot.com

linkedin.com/groups/Association-Women-Surgeons-4544625



The Association of Women Surgeons, in partnership with Practice Greenhealth, Invites Entries for the 2013 Competition:
Green Solutions for the Operating Room

This contest is designed to facilitate discourse between students, residents and perioperative faculty and staff about ideas that demonstrate environmental responsibility in the operating room through reduction of energy use, preservation of natural resources and/or effective waste management.

Deadline is August 4th, 2013.

Contest Description: To enroll in this contest, please submit an innovative solution that has been or can be implemented in the operating room to protect, restore, and/or preserve the environment. Your idea can incorporate one or more of the following: energy efficiency, pollution prevention, preservation of natural resources and/or waste management. This idea can be in the form of a proposal (has not yet been implemented) or a summary of a project that has already been initiated. Entries will be judged on originality, feasibility and potential impact.

Prizes: Recognition, two \$200 monetary prizes and a complimentary registration to the 2013 AWS Conference will be awarded to the top two submissions. The first place submission will also receive free admission to the Greening the OR® workshop at the 2014 Practice Greenhealth CleanMed Conference (www.cleanmed.org). Winning submissions will also be posted on the AWS Website if the submission is free of copyright restrictions.

Inspiration: Check out Practice Greenhealth's Greening the OR® Initiative Website to jumpstart your ideas! (<https://practicegreenhealth.org/initiatives/greening-operating-room>)



Who can participate: The contest is open to all students, residents, physicians, nurses, and allied health professionals involved in the care of patients in the perioperative setting.

How to Enter: Gather your best ideas, prepare a document, and submit!

Please include the following sections in your submission:

- Title and Author(s) (including affiliations)
- Description of targeted problem
- Proposed solution: (include information about general budget, personnel required, need for training if applicable, etc.)
- Anticipated outcome and method for measuring the outcome
- Figures and photos optional
- Please specify if the submission is free of copyright restrictions.

Submission Guidelines:

- Limit the entire submission to 500 words or less (excluding the title and authors).
- The file name should be your last name followed by your first name (i.e. "SmithJohn").
- Save the file as a WORD document
- Send the document as an attachment by e-mail to the AWS Greener OR Contest address AWSgreenerORcontest@gmail.com. Receipt of your submission will be confirmed by e-mail.
- Submissions must be received no later than 5:00 PM EDT Sunday, August 4, 2013.

Notification: Contest winners will be notified by September 1, 2013. All entries will be compiled and shared during the 2013 Association of Women's Surgeons Annual Fall Conference in Washington, DC on Sunday, October 6, 2013 (held prior to the American College of Surgeons Clinical Congress).

Questions? Please do not hesitate to contact us at AWSgreenerORcontest@gmail.com.

2013 AWS Starr Poster Competition

The Association of Women Surgeons is proud to present the 7th Annual Starr Poster Contest for Medical Students and Residents. The Starr Poster Contest, named for Dr. Nina Starr Braunwald, is designed to facilitate interaction and idea exchange between students interested in surgery, surgical residents, and faculty members of various institutions. We invite medical students and residents to select their best work for presentation at the AWS Fall Conference on Sunday, October 6, 2013.

Eligibility: The contest is open to medical students and residents who are members of the Association of Women Surgeons. (You may apply to become a member during the submission period, but your application must be complete with dues paid prior to the submission deadline to be eligible.) If your abstract is accepted, you must register for the AWS Fall Conference and present your work during the Sunrise Scientific Session at the conference. (Please note that this session does not conflict with the medical student or resident activities at the ACS Clinical Congress.)

Prizes: The top medical student and resident abstracts are selected to display and present their research posters at the AWS Conference during the Sunrise Scientific Session. Recognition and a monetary prize will be awarded for the top 3 medical student posters and top 3 resident posters. The top student and resident poster winner will also receive a complimentary ticket to the AWS Awards Dinner on Monday, October 7, 2013.

Submission Process: Written abstracts will be used to select the poster presentations at the meeting. Please limit the abstract submission to 400 words or less (excluding the title and authors) and format your abstract submission as a Word Document. Abstract topics eligible for submission are suggested to be surgical in nature, and include Basic Science, Clinical Outcomes, Epidemiology, and Health Policy. Case reports will NOT be accepted for this competition. Work previously submitted to other conferences can be submitted.

Include the following sections in your abstract:

- Title
- Author(s), to include degree and affiliation
- Introduction
- Methods
- Results
- Conclusion
- Please specify if the abstract is free of copyright restrictions and can be posted on the AWS Website if chosen.

Figures cannot be accepted for the abstract, but are welcome in the poster presentations.

Deadlines: Abstracts must be submitted to awspostercompetition@gmail.com no later than 5:00 PM EDT Thursday, August 1, 2013. Receipt of your abstract will be confirmed. Selected participants will be announced by Monday, August 26, 2013. If selected, please submit a PDF of your poster by Sunday September 15, 2013.