

Program objectives:

1. To enhance written communication skills of health care providers
2. To enhance “reflectiveness” among health care providers, as a means to better understand their patients’ experiences and better communicate with their patients about these experiences

The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this educational activity for a maximum of 20 *AMA PRA Category 1 Credit(s)*.TM Physicians should claim credit commensurate with the extent of their participation in the activity.



Individuals requiring special accommodations should contact the Office of Continuing Medical Education at (505) 272-3942 at the time you register. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.



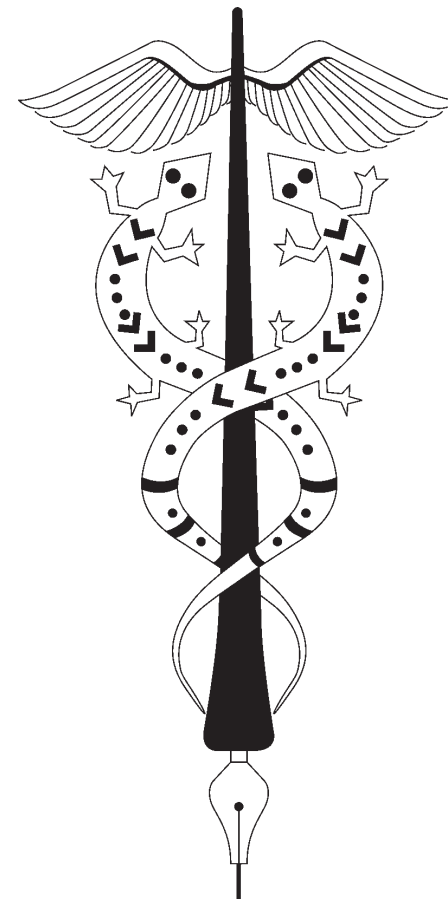
SCHOOL of MEDICINE

Office of Continuing Medical Education
MSC 09 5370

1 University of New Mexico
Albuquerque, NM 87131-0001

The University of New Mexico
Health Sciences Center,
Office of Continuing Medical Education and
The Permanente Journal, Kaiser Permanente
present:

THE FOURTEENTH ANNUAL Taos Writing & Wellness Retreat



August 4-10, 2013

At the historic
Mabel Dodge Luhan House
in Taos, New Mexico

Doctors, nurses, psychologists, physician assistants, ethicists, medical students, other health professionals...

Pursue your writing in an environment that provides maximum space for personal exploration and growth. Bring along work-in-progress (scholarly and/or creative). Experiment with new ways of writing – screenplays, novels, short stories, poems, personal accounts of difficult medical passages, ethical dilemmas, significant encounters with patients. Or simply bring a desire to write.

New in 2013 we will be integrating wellness activities into the programming with morning meditation and several afternoon or evening sessions.

Mornings from nine to noon, participants will meet in the graceful Luhan House classroom to write and to discuss various aspects of writing. Afternoons

will be free for scheduled writing consultations with faculty members, for optional small group meetings, and for solitary writing, reflection, and communion with the beauty of Taos. Evening gatherings include readings, videos, and wellness/mindfulness sessions.

Too often in hospitals and clinics, in busy professional lives, there is no time for reflection. But here, left-out stories are told, shared, written. The writers are relaxed and energized. A synergy occurs, a mix of fellow writers, gorgeous surroundings, fabulous food, spontaneous encounters that add up to more than the sum of the parts.

CME credits (20 hours) available for physicians, physician assistants, and nurse practitioners. **Pieces written at the 2013 retreat will be published in a special Taos issue of the Permanente 'leaflet' in early 2014.**



Photo by Roland Tchong, MD (2011 Taos Writing Retreat for Health Professionals participant.)

2013 Faculty:

Daniel Becker, practices and teaches internal medicine at the University of Virginia School of Medicine, where he also directs the Center for Biomedical Ethics and Humanities, edits the on-line literary journal *Hospital Drive*, and encourages colleagues and students to recognize and nurture their muse. He is the author of a chapbook of poems, *Chance*, has placed poems in various literary and clinical journals (semi-finalist for Pablo Neruda prize in *Nimrod*; semifinalist for Nagatuck River Review narrative poetry prize), and is currently working on a collection of stories, *Doctored*.

Jeanne Bereiter, MD is a child and adolescent psychiatrist and fellowship Training Director at the University of New Mexico School of Medicine where she also teaches writing for medical students, residents, and faculty. She has a background in family medicine and in creative writing. She is interested in the use of narrative to deepen understanding and has published personal and medical narratives in medical and literary journals.

Claudia Finkelstein, MD is a general internist and Clinical Associate Professor at the University of Washington where she teaches medical students and cares for elderly patients. She is working on bringing a culture of wellness to providers of care in order to improve the quality of care that they deliver.

Cost: \$2,350 per participant. Includes six nights lodging (attractive private room with bath), three gourmet meals per day, and all workshop, individual, and evening programming and materials. A spouse or adult companion is welcome to share the room, at an extra cost of \$90/ day for meals and \$75 to participate in wellness programming (morning meditation and 3 afternoon/evening sessions.) Payment by check, credit card or PO. **Space is limited to 16 participants.** Reserve early. A non-refundable deposit of \$750 will secure your reservation. Late registration (after June 14, 2013) is \$2,450. A UNM tuition waiver may be used for \$870.00 toward the tuition for UNM faculty and staff.

For more information about registration, call Lois Montoya at (505) 272-3942 or e-mail lemontoya@salud.unm.edu. **For more information about the content of the retreat**, e-mail Jeanne Bereiter, jbereiter@salud.unm.edu.

To register, fill out registration form on reverse and mail or fax to UNM Office of Continuing Medical Education. Phone registrations are available with Visa or Mastercard.

For a description of the Mable Dodge Luhan House and the Taos area, see www.mabledodgeluhan.com. Visit the Retreat web page at www.taoswritingretreat.com.



**“Magical and very helpful...
one of the best weeks of my life.”**

— Rich Rubin, MD

**“Since the workshop my professional
writing has really taken off.”**

— Deborah Helitzer, ScD