



UNM

and



SM

BETH ISRAEL DEACONESS
MEDICAL CENTER

A major teaching affiliate of
HARVARD MEDICAL SCHOOL

The Departments of Medicine of
SCHOOL of MEDICINE

Present:

The 17th Annual Update and Review of Internal Medicine 2013

Course Directors:

University of New Mexico
Health Sciences Center
School of Medicine
Sanjeev Arora, MD
Pope L. Moseley, MD

Beth Israel Deaconess
Medical Center
Harvard Medical School

Sanjiv Chopra, MD
Martin J. Abrahamson, MD
Mark L. Zeidel, MD

KEYNOTE LECTURES:

- Vitamin D - Myth or Miracle?
- Viral Hepatitis
- Preventing Cardiovascular Disease: Cardiology vs. Endocrinology
- Motivational Interviewing for Weight Loss

October 20 - 25, 2013

La Fonda on the Plaza
Santa Fe, New Mexico



*Combine Education with
the Flavor of Southwestern
Hospitality in Santa Fe
"The City Different" ...*

Course Description

Who Should Attend?

- Practicing internists and family practitioners interested in refreshing their knowledge of internal medicine.
- Physicians preparing for the Recertification Examination or the Internal Medicine Boards.

This course will provide you with:

- An understanding of the clinically important advances that have been made in common diseases.
- An awareness of areas of strength and weakness by participating in interactive computer-based sessions.
- Recommendations for optimal management of many common diseases.
- A complete syllabus that will allow you to review material at home.

Objectives

The major objective of this course is to provide a comprehensive review of the most important advances that have recently been made in internal medicine. **Although board review is not the primary purpose of the course, question-based sessions are included and are likely to be useful to candidates taking the Internal Medicine Boards or the Recertification Examination.**

The course is directed at the level of the internist and family practitioner in practice and will also be useful for residents. The emphasis will be placed on progress that has been made in pathophysiology and clinical management in the most common disorders seen by the internist and family practitioner. Each of the major subspecialties will be covered including cardiology, endocrinology, gastroenterology, hematology, infectious disease, nephrology, neurology, oncology, pulmonary disease, and rheumatology.

Much of the material will be presented in lecture format by the best teachers and clinicians from two major medical centers. In addition, each specialty will have a case-based session using an interactive computer-based system that will be present on your desk. This system will allow you (anonymously) to test your knowledge in the different areas of medicine.

Course Directors

University of New Mexico
Health Sciences Center
School of Medicine

Sanjeev Arora, MD

Professor of Medicine

Pope L. Moseley, MD

Regents' Professor and Chair

Beth Israel Deaconess
Medical Center

Harvard Medical School

Sanjiv Chopra, MD

Professor of Medicine

Martin J. Abrahamson, MD

Associate Professor of Medicine

Mark L. Zeidel, MD

Chair, Department of Medicine



Comments from Past Attendees...

- "Excellent review and update. Now armed with excellent database for reference and referral."
- "This is a great meeting and I enjoyed it very much."
- "Excellent and comprehensive. It was stimulating to learn more. Will be back again!"
- "The expertise of the speakers was superb!"
- "Wonderful, relevant review – a learning vacation!"
- "Overall, the best review course I have attended. I would recommend it highly."

Faculty

Beth Israel Deaconess Medical Center Harvard Medical School Guest Faculty

Martin J. Abrahamson, MD

Chief Medical Officer
Joslin Diabetes Center
Associate Professor of Medicine
Harvard Medical School

Douglas M. Beach, MD, MPH

Instructor in Medicine
Harvard Medical School
Division of Pulmonary, Critical Care
and Sleep Medicine
Beth Israel Deaconess Medical Center

Robert S. Brown, MD

Associate Professor of Medicine
Harvard Medical School
Clinical Chief, Nephrology Division
Beth Israel Deaconess Medical Center

Sanjiv Chopra, MD

Faculty Dean for Continuing Education
Professor of Medicine
Harvard Medical School

Steven E. Come, MD

Associate Professor of Medicine
Harvard Medical School
Director, Breast Medical Oncology
Program
Beth Israel Deaconess Medical Center

Frank J. Domino, MD

Professor
Editor in Chief, 5 Minute Clinical Consult
Department of Family Medicine and
Community Health
University of Massachusetts Medical
School

Reed Drews, MD

Associate Professor of Medicine
Harvard Medical School
Hematology/Oncology Division
Beth Israel Deaconess Medical Center

Kenneth Kaushansky, MD

Senior Vice President for the Health
Sciences
Dean, School of Medicine
Stony Brook University

Lowell E. Schnipper, MD

Theodore W. and Evelyn G. Berenson
Professor of Medicine
Harvard Medical School
Chief, Hematology/Oncology Division
Beth Israel Deaconess Medical Center

Robert H. Shmerling, MD

Associate Professor of Medicine
Harvard Medical School
Stephen H. Robinson Firm Chief
Department of Medicine
Beth Israel Deaconess Medical Center

Gerald W. Smetana, MD

Associate Professor of Medicine
Harvard Medical School
Division of General Medicine and
Primary Care
Beth Israel Deaconess Medical Center

Mark L. Zeidel, MD

Herrman L. Blumgart Professor of Medicine
Harvard Medical School
Chair, Department of Medicine
Beth Israel Deaconess Medical Center

The University of New Mexico Health Sciences Center School of Medicine Local and Guest Faculty

John C. Adair, MD

Professor
Department of Neurology

Bina Ahmed, MD

Assistant Professor
Department of Internal Medicine

Sanjeev Arora, MD

Professor of Medicine
Department of Internal Medicine
Director, Project ECHO

Arthur Bankhurst, MD

Chief, Rheumatology Division
Professor
Department of Internal Medicine

Lee Brown, MD

Professor
Department of Internal Medicine

H. Katrina Busby, MD

Fellowship Program Director
Division of Pulmonary
Department of Internal Medicine

Bart Cox, MD, FACC

Associate Professor of Medicine
Director, Advanced Heart Failure
Program
Division of Cardiology
Department of Internal Medicine

Robert DuBroff, MD

Assistant Professor
Division of Cardiology
Department of Internal Medicine

Kenneth D. Friedman, MD

Associate Professor
Department of Medicine
Medical College of Wisconsin
Director, Hemostasis Reference
Laboratory
Blood Center of Southeastern WI
Milwaukee, WI

Brant Hager, MD

Assistant Professor
Department of Psychiatry

Michelle Harkins, MD

Associate Professor
Department of Internal Medicine

Shmuel Inbar, MD

Associate Professor
Department of Internal Medicine

Michelle Iandiorio, MD

Associate Professor
Department of Internal Medicine

Joanna Katzman, MD

Assistant Professor
Department of Neurology

Susan M. Kellie, MD

Associate Professor
Division of Infectious Diseases
Department of Internal Medicine

Martin Kistin, MD

Professor
Department of Internal Medicine

Miriam Komaromy, MD

Associate Director
Project ECHO

Henry Lin, MD

Professor
Department of Internal Medicine
Chief, Gastroenterology
New Mexico VA Health Care System

Elizabeth McGuire, MD

Associate Professor
Department of Internal Medicine

Pope L. Moseley, MD, MS

Regents' Professor and Chair
Department of Internal Medicine

David S. Schade, MD, FACP, FACE

Professor of Medicine
Chief, Division of Endocrinology and
Metabolism
Department of Internal Medicine

Mark L. Schluter, MD

Clinician Ed – Associate Professor
Department of Surgery

Phillip Strange, MD

Assistant Professor
Department of Dermatology

Elaine Thomas, MD

Professor
Department of Internal Medicine

Kirsten Tolstrup, MD

Associate Professor, Division of
Cardiology
Department of Internal Medicine

Course Schedule

Sunday, October 20, 2013

7:00 AM - 7:30 AM Registration and
Continental Breakfast

Welcome and Introduction

7:30 AM - 7:40 AM Martin J. Abrahamson, MD
Sanjeev Arora, MD; Sanjiv Chopra, MD
Pope L. Moseley, MD, MS; Mark L. Zeidel, MD

SPECIAL SYMPOSIUM: Viral Hepatitis

Chronic Hepatitis C: The Silent Epidemic

7:40 AM - 8:40 AM Sanjeev Arora, MD

Hepatitis B: An Update

8:40 AM - 9:30 AM Sanjiv Chopra, MD

Answering Your Questions

9:30 AM - 9:45 AM Sanjeev Arora, MD and
Sanjiv Chopra, MD

9:45 AM - 10:05 AM Break

Gastroenterology

IBD – Reaching for Remission

10:05 AM - 10:55 AM Henry Lin, MD

Laboratory Tests and Diagnostic Procedures in Liver Disease: Adventures in Liver Land

10:55 AM - 11:45 AM Sanjiv Chopra, MD

Microbes, Man & Medicine

11:45 AM - 12:25 PM Henry Lin, MD

12:25 PM - 1:30 PM Lunch Break

Celiac Sprue: Protean Manifestations

1:30 PM - 2:20 PM Martin Kistin, MD

Gastroenterology Q & A

2:20 PM - 2:35 PM Sanjeev Arora, MD and
Sanjiv Chopra, MD

Gastroenterology: Challenging Cases with Your Participation

2:35 PM - 3:20 PM Sanjiv Chopra, MD

3:20 PM - 3:30 PM Rejuvenation Exercise

Rheumatology

Diagnostic Tests in Rheumatic Diseases:

What's Old, What's New & What's Useful

3:30 PM - 4:10 PM Robert H. Shmerling, MD

Advances in Osteoarthritis

4:10 PM - 4:50 PM Arthur Bankhurst, MD

4:50 - 5:05 PM Break

Advances in Rheumatoid Arthritis

5:05 PM - 5:45 PM Arthur Bankhurst, MD

Rheumatology Q & A

5:45 PM - 6:00 PM Arthur Bankhurst, MD

Rheumatology: Challenging Cases with Your Participation*

6:00 PM - 6:45 PM Robert H. Shmerling, MD

Monday, October 21, 2013

7:00 AM - 7:30 AM Continental Breakfast

SPECIAL SYMPOSIUM: 7:30 – 9:45 am Preventing Cardiovascular Disease – Cardiology vs Endocrinology

Viewpoints from Cardiology

7:30 AM - 8:20 AM Robert DuBroff, MD

Viewpoints from Endocrinology

8:20 AM - 9:10 AM... David S. Schade, MD, FACP, FACE

Rebuttal, Cases and Questions from Audience

9:10 AM - 9:45 AM Robert DuBroff, MD

9:45 AM - 10:05 AM Break

Miscellaneous Topics

New Drugs for the PCP 2013: What You Need to Know

10:05 AM - 10:55 AM Gerald W. Smetana, MD

Non-Alcoholic Steatohepatitis: The Burgeoning Epidemic

10:55 AM - 11:45 PM Sanjiv Chopra, MD

What Do We Know About Cannabis?

11:45 AM - 12:30 PM Miriam Komaromy, MD

12:30 PM - 1:35 PM Lunch Break

Endocrinology

Hypertension 2013: Recent Evidence that Will Change Your Practice

1:35 PM - 2:20 PM Gerald W. Smetana, MD

Treatment of Type 2 Diabetes 2013: Update

2:20 PM - 3:15 PM Martin J. Abrahamson, MD

Rejuvenation Exercise

3:15 PM - 3:25 PM

Panel Discussion

3:25 PM - 3:45 PM Gerald W. Smetana, MD and
Martin J. Abrahamson, MD

A Practical Approach to the Diagnosis and Management of Thyroid Disease

3:45 PM - 4:35 PM Martin J. Abrahamson, MD

4:35 PM - 4:55 PM Break

Endocrinology Q & A

4:55 PM - 5:10 PM Martin J. Abrahamson, MD

Endocrinology: Challenging Cases with Your Participation

5:10 PM - 5:55 PM Martin J. Abrahamson, MD

Tuesday, October 22, 2013

6:30 AM - 7:00 AM Continental Breakfast

SPECIAL LECTURE

Vitamin D – Myth or Miracle?

7:00 AM - 7:50 AM Frank J. Domino, MD

Oncology

Update on Lung and Colorectal Cancers

7:50 AM - 8:35 AM Steven E. Come, MD

Prostate Cancer: Current Management and Continuing Controversies

8:35 AM - 9:20 AM Steven E. Come, MD

9:20 AM - 9:40 AM Break

Cancer: From the Bench to the Bedside

9:40 AM - 10:25 AM Lowell E. Schnipper, MD

How We Think About and Manage Breast Cancer in 2013

10:25 AM - 11:15 AM Steven E. Come, MD

Oncology Q & A

11:15 AM - 11:30 AM Lowell E. Schnipper, MD

Oncology: Challenging Cases with Your Participation*

11:30 AM - 12:15 PM Lowell E. Schnipper, MD

12:15 PM - 1:25 PM Lunch Break

SPECIAL LECTURE

Motivational Interviewing for Weight Loss

1:25 PM - 2:15 PM Frank J. Domino, MD

Nephrology

Managing Electrolyte Disorders: Is it just Salt and Water?

2:15 PM - 3:05 PM Mark L. Zeidel, MD

Rejuvenation Exercise

3:05 PM - 3:15 PM

How to Evaluate Urinary and Blood Tests of Kidney Function: What's Important and What's Not

3:15 PM - 4:00 PM Robert S. Brown, MD

End Stage Renal Disease: A Model for the Medical Home

4:00 PM - 4:50 PM Mark L. Zeidel, MD

4:50 PM - 5:10 PM Break

Chronic Kidney Disease Management: It's Not Just for Nephrologists

5:10 PM - 6:00 PM Robert S. Brown, MD

Nephrology Q & A

6:00 PM - 6:15 PM Robert S. Brown, MD

Nephrology: Challenging Cases with Your Participation

6:15 PM - 7:00 PM Robert S. Brown, MD

Wednesday, October 23, 2013

6:30 AM - 7:00 AM Continental Breakfast

SPECIAL LECTURE

Wolf in Sheep's Clothing: Ocular

Emergencies That can Fool You

7:00 AM - 7:50 AM Mark L. Schluter, MD

Hematology

The Many Faces of Thrombocytopenia

7:50 AM - 8:50 AM Kenneth Kaushansky, MD

Selected Clinical Challenges in Hematology

8:50 AM - 9:40 AM Reed Drews, MD

The Hypercoagulable State: Developments In Thrombosis and Anticoagulation

9:40 AM - 10:20 AM Kenneth D. Friedman, MD

10:20 AM - 10:40 AM Break

Anemia: Not-to-miss Diagnoses

10:40 AM - 11:20 AM Reed Drews, MD

Leukemia & Lymphoma

11:20 AM - 12:00 PM Elizabeth McGuire, MD

Hematology Q & A

12:00 PM - 12:15 PM Kenneth D. Friedman, MD

Hematology: Challenging Cases with Your Participation

12:15 PM - 1:00 PM Reed Drews, MD

Afternoon free for leisure activities.



**Combine Education with the
Flavor of Southwestern Hospitality
in the "City Different"**

Santa Fe is truly one of the most remarkable cities in the world. It is blessed with spectacular mountains, blue skies, clean air, vivid sunsets and a mild changing of the seasons. There are many activities available in Santa Fe on a daily or nightly basis for you and your family. Santa Fe is the third largest art market in the country. Browse through an astonishing array of shops, boutiques, galleries and fine museums. Excellent restaurants, featuring every type of cuisine, are numerous.

Airline/Transportation - Santa Fe is served by all major airlines through the Albuquerque International Airport, which is just an hour's drive via Interstate 25. The Sandia Shuttle Express operates between the Albuquerque International Airport and downtown Santa Fe at convenient intervals throughout the day. Reservations are recommended. Please call toll free (888) 775-5696 for reservations, or visit their website at www.sandiashuttle.com.

Climate - low humidity and skies free of smoke and fog make the climate in Santa Fe one of the healthiest in the United States. The sun shines an average of 300 days a year, and the city's 7,000 foot elevation makes for warm, sunny days (high in 60's, 70's) and cool nights (lows in 40's).

Thursday, October 24, 2013

6:30 AM - 7:00 AM Continental Breakfast

Pulmonary Disease

Approach to the Patient with Cough and Dyspnea

7:00 AM - 7:50 AM . Douglas M. Beach, MD, MPH

Pulmonary Hypertension

7:50 AM - 8:40 AMH. Katrina Busby, MD

8:40 AM - 9:00 AM Break

Sleep Apnea

9:00 AM - 9:50 AM Lee Brown, MD

Asthma: Obtaining Optimal Control for your Patient

9:50 AM - 10:40 AMMichelle Harkins, MD

Pulmonary Q & A

10:40 AM - 11:00 AM Michelle Harkins, MD;
Douglas M. Beach, MD, MPH;
H. Katrina Busby, MD;
Lee Brown, MD

Pulmonary: Challenging Cases with Your Participation

11:00 AM - 11:45 AM. . .Douglas M. Beach, MD, MPH

11:45 AM - 12:55 PM Lunch Break

Miscellaneous Topic

When is Memory Loss Alzheimer's Disease?

12:55 PM - 1:40 PM John C. Adair, MD

Cardiology

Valvular Heart Disease

1:40 PM - 2:30 PM Kirsten Tolstrup, MD

Rejuvenation Exercise

2:30 PM - 2:40 PM

Congestive Heart Failure

2:40 PM - 3:30 PM Bart Cox, MD, FACC

Acute Coronary Syndrome

3:30 PM - 4:20 PM Bina Ahmed, MD

Atrial Fibrillation: Current Approaches to Management

4:20 PM - 5:00 PM Shmuel Inbar, MD

5:00 PM - 5:15 PM Break

Cardiology Q & A

5:15 PM - 5:35 PM Bart Cox, MD, FACC

Cardiology: Challenging Cases with Your Participation

5:35 PM - 6:20 PM Bart Cox, MD, FACC

Friday, October 25, 2013

7:00 AM - 7:30 AM Continental Breakfast

Infectious Disease

Diagnosis and Treatment of STD's

7:30 AM - 8:20 AM Elaine Thomas, MD

Staphylococcus Aureus – Resistance and Severe Infection in 2013

8:20 AM - 9:10 AM Susan M. Kellie, MD

9:10 AM - 9:30 AM Break

Parting Shot- Getting Adult Immunization Right

9:30 AM - 10:15 AM Susan M. Kellie, MD

HIV Infection: What Does the PCP need to Know?

10:15 AM - 11:05 AM Michelle landiorio, MD

The New C. Difficile-Epidemiology, Treatment and Prevention

11:05 AM - 11:45 AM Susan M. Kellie, MD

11:45 AM - 12:55 PM Lunch Break

Infectious Disease Q & A

12:55 PM - 1:15 PM Michelle landiorio, MD

Infectious Disease: Challenging Cases With Your Participation

1:15 PM - 2:00 PM Michelle landiorio, MD

Rejuvenation Exercise

2:00 PM - 2:10 PM

Miscellaneous Topics

Chronic Pain Patients: How to Take Care of Them Painlessly

2:10 PM - 2:55 PM Joanna Katzman, MD

Depression and Anxiety

2:55 PM - 3:45 PM Brant Hager, MD

3:45 PM - 4:05 PM Break

Diagnostic Dilemmas in Dermatology

4:05 PM - 5:00 PM Phillip Strange, MD

Current Concepts in the Diagnosis and Treatment of Osteoporosis

5:00 PM - 5:40 PM Arthur Bankhurst, MD

**Computer-based interactive sessions*

**Final Program subject to change.*

Avis Rent A Car is offering special rates to attendees of the Update and Review of Internal Medicine. Reservations can be made by calling 1-800-331-1600 or online at www.avis.com. Refer to Code J099242 when placing your reservation.

Individuals requiring special accommodations should contact the Office of Continuing Medical Education at (505) 272-3942 as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

General Information

Accreditation

AMA: The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of *50.0 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AOA: Application for 2A accreditation has been filed with the American Osteopathic Association.

Contact Information

This conference is presented by the University of New Mexico, School of Medicine, Office of Continuing Medical Education. For additional information contact:

UNM Office of CME
MSC09 5370
1 University of New Mexico
Albuquerque, NM 87131-0001
(505) 272-3942
FAX (505) 272-8604

Visit our website at:
<http://som.unm.edu/cme>

Accommodations

La Fonda on the Plaza Hotel
(505) 982-5511
100 East San Francisco
Santa Fe, NM 87501

All of the landmark property's guest rooms, with the exception of the Terrace suites, will receive upgrades by mid-August via the hotel's most extensive renovation since the 1920s. Looking to "modernize" the historic property without compromising its authenticity and unique character, the renovation consists of aesthetic and infrastructure enhancements, bringing the guest rooms up to modern luxury standards. The updated rooms and corridors will have improved sound insulation, new temperature controls, updated communication systems, more efficient electrical wiring and plumbing. In addition, new lighting, floor coverings and handcrafted furnishings, will be among other updates.

The conference will be held at the La Fonda on the Plaza Hotel. A block of rooms has been reserved for participants of this course at the La Fonda for the nights of October 18-25, 2013 on a first-come, first-served basis. Conference rates are \$189.00. Suites are also available. Please identify yourself as a participant of the **Update and Review of Internal Medicine Conference**.

Cancellation

If you cannot attend, the Office of Continuing Medical Education will refund tuition, less a \$100.00 administrative fee, provided it is received in writing prior to October 11, 2013. No refunds will be issued after this date or for non-attendance.

Tuition Remission

All eligible UNM Faculty and Staff may enroll using a tuition remission (waiver) to cover tuition costs listed. Properly completed remissions must accompany the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

Registration Fees

"EARLY BIRD" REGISTRATION (Postmarked on or before October 4, 2013)

MD, DO	\$1,345.00
House Officer	\$1,195.00

REGULAR REGISTRATION (Postmarked after October 4, 2013)

MD, DO	\$1,445.00
House Officer	\$1,295.00

Your registration fee includes the academic sessions, daily continental breakfast, refreshment breaks, and a course syllabus. Your pre-registration will be confirmed.

Telephone (505) 272-3942 and FAX (505) 272-8604 registrations will be accepted only with VISA/Mastercard. Advance registration is encouraged.

Please confirm your registration prior to making travel arrangements. Minimum and maximum numbers have been established for this conference.

REGISTRATION FORM – UPDATE AND REVIEW OF INTERNAL MEDICINE 2013

NAME: _____ DEGREE & SPECIALTY: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAYTIME PHONE: (____) _____ FAX: (____) _____ EMAIL: _____

☐ Check here if you would like to have your name, address and phone number included on the list of attendees provided at the meeting.

"EARLY BIRD" REGISTRATION

(Postmarked on or before 10/4/13)

MD, DO	\$1,345.00
House Officer.....	\$1,195.00*

"REGULAR" REGISTRATION

(Postmarked after 10/4/13)

MD, DO	\$1,445.00
House Officer	\$1,295.00*

(* A letter of verification from Department Chairman must accompany registration for a reduced fee.)

Register On-line at:

<http://som.unm.edu/cme>

PLEASE INDICATE METHOD OF PAYMENT:

☐ CHECK ☐ MASTERCARD ☐ VISA (include last 3 numbers of code on back of card _____)

ACCOUNT #: _____ EXPIRATION DATE: _____

SIGNATURE: _____ AMOUNT: \$ _____

Make check payable to UNM Office of Continuing Medical Education and mail it along with this form to: UNM Office of CME, MSC09 5370, 1 University of New Mexico, Albuquerque, NM 87131-0001.

Telephone registrations (505) 272-3942 and FAX registrations (505) 272-8604 will be accepted with VISA and Mastercard. Your registration will be confirmed by email.

