

The Future of Professional Hypnosis: Practice, Process & Outcomes

2013 Intermediate Workshop Schedule

Wednesday, October 2nd

6-6:15 PM	Welcome, Introductions, Outline, Goals for Certification
6:15-7:15	Back to Basics: What is Hypnosis? And How and When is it Used as a Therapeutic Tool?
7:15-8:15	Review and Learn New Induction Techniques
8:15-8:30	Break
8:30-9:15	How Do You Know If Your Patient Experienced Hypnosis? A brief introduction to the role of measurement, how it informs your patient, the diagnosis, a direction in identifying a treatment strategy and a brief introduction to the measurement scales.
9:15-10	Demonstrations and Practice of Individual Inductions, Group Inductions

Thursday, October 3rd

8-9 AM	Ideomotor Signals: How to Get Good Ones and How to Interpret Them
9-10	An Introduction to Using Hypnosis for Pain Without PET Scans or Neuroanatomy
10-10:15	Break
10:15-12:15	Mastering Anxiety
12:15-1PM	Lunch Break
1-2:30	Ethical Issues and Hypnosis
2:30-2:45	Obtaining Patient Consent for Hypnosis: Per Se and Your Practice
3:45-5:45	Rotating Practice Groups

Friday, October 4th

8-9AM	Refining Inductions and Deepening Techniques
9-10	Clinical Applications: Treating Habits and Insomnia
10-10:15	Break
10:15-12:15	Using Hypnosis for Pain Control
12:15-1PM	Lunch Break
1-2:30	Clinical Applications: Preparation for Tests and Surgical Procedures
2:30-2:45	Break
2:45-4:15	Emergencies and Hypnosis: From ER to Office
4:15-5:15	Rotating Practice Groups (Inductions, habit control, insomnia, chronic and acute pain, and more)
5:15-5:45	Wrap-Up and Q&A