



Relax
in the Berkshires



TUITION & REGISTRATION

• **ADVANCE REGISTRATION:** NESA Members: \$295.00 ~ Non-Members: \$375.00 ~ Interns/Residents: \$75.00 (with letter from director of training program)

• **FIRST TIME REGISTRANTS:** attending within four years of completion of training are eligible for a one time reduced registration fee of \$175.00.

• **TUITION PAYMENT:** By check in advance. Credit card registration in advance/on site at registration. No late fees if registering in advance and paying on site with credit card.

LATE REGISTRATION: After September 12, 2013, tuition will be stated fee plus \$50.

CANCELLATION POLICY: Full refund if request is received by August 19, 2013. Fifty percent (50%) tuition refund if received after August 19, and before September 12, 2013. No refund if request is received after September 12, 2013.

QUESTIONS? Please contact NESA if you have any questions (781-890-9165) or NESABOX1@verizon.net.

DOWNLOADS: To download flyer and registration form: www.nesa.net



*New England Society
of Anesthesiologists*

www.nesa.net

Cranwell Resort • Spa • Golf Club
55 Lee Road, Route 20
Lenox, MA 01240

See inserted registration form.

Join us in New England 56th ANNUAL NESA FALL CONFERENCE



*New England Society
of Anesthesiologists*

Jointly Sponsored by
The Massachusetts Society of Anesthesiologists, Inc. and
The New England Society of Anesthesiologists, Inc.

SEPTEMBER 19–22, 2013

CRANWELL
RESORT ♦ SPA ♦ GOLF CLUB

"In the heart of the Berkshires"

55 Lee Road, Route 20, Lenox, MA 01240

www.cranwell.com

**ENHANCE PATIENT CARE by CLOSING
KNOWLEDGE GAPS, USING BEST
SYSTEMS-BASED PRACTICES
and becoming VALUE ADDED
PHYSICIANS to the SURGICAL HOME**

Salvatore J. Basta, M.D., Academic Chair, NESA
Assistant Professor of Anaesthesia, Harvard Medical School @ MGH
Chief of Anesthesiology and Medical Director of Day Surgery
MG/NS Center for Outpatient Care, Danvers, MA



Learn and
Join us



Goals

The overall objectives are to present the state of current knowledge as the basis for good patient care and to enhance competency (Drs. Culley, Gular, McCann, Silver, Warren), to highlight gaps in knowledge and broach the advances that are being uncovered and advanced today (Drs. Culley, Gular, McCann and Silver), to promote system based practices (Drs. Warren, Silver and Gular), and to enhance our professionalism in the surgical home environment (Drs. Culley, Silver and McCann).

ACCREDITATION

The Massachusetts Society of Anesthesiologists, Inc. (MSA) designates this live activity for a maximum of (7.0) AMA PRA Category 1 Credit(s) TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Massachusetts Medical Society for Continuing Medical Education through the Joint Sponsorship of the Massachusetts Society of Anesthesiologists (MSA) and the New England Society of Anesthesiologists (NESA).

The (MSA) is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

** (7.0) credits meet the criteria of the Massachusetts Board of Registration in Medicine for risk management study.

FACULTY

- Deborah J. Culley, M.D.

Associate Professor of Anaesthesia,
Harvard Medical School
Department of Anesthesiology, Perioperative and Pain Medicine
Brigham & Women’s Hospital, Boston, MA
- Padma Gular, M.D.

Assistant Professor of Anaesthesia,
Harvard Medical School
Director, Inpatient Pain Services
Dept. of Anesthesia, Critical Care & Pain Medicine
Massachusetts General Hospital, Boston, MA

- Mary Ellen McCann, M.D., MPH

Associate Professor of Anaesthesia,
Harvard Medical School
Senior Associate In Anesthesia
Boston Children’s Hospital, Boston, MA
- David A. Silver, M.D.

Assistant Professor of Anaesthesia,
Harvard Medical School
Department of Anesthesiology, Perioperative and Pain Medicine
Brigham & Women’s Hospital, Boston, MA
- Lisa Warren, M.D.

Assistant Professor of Anaesthesia, Harvard Medical School
Director, Ambulatory Anesthesia
Director, Regional Anesthesia
Department of Anesthesia, Critical Care and Pain Management
Massachusetts General Hospital, Boston, MA
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- ASA Guest Speaker

Jane C.K. Fitch, M.D.
ASA President Elect
University of Oklahoma

AGENDA

- Thursday, September 19, 2013

3:00 pm

Registration – *Olmsted Lobby*

6:00 pm

Cocktail Reception – *Ballroom*

7:00 pm

Buffet Dinner – *Ballroom*

ASA Update – Jane C.K. Fitch, M.D.,
ASA President Elect

9:15 pm

NESA Annual Meeting – *Berkshire Room*

Friday, September 20, 2013

7:30 am

Coffee – *Wyndhurst Room*

8:00 am

Welcome – *Ballroom*
Margaret A. Gargarian, M.D.
NESA President, Moderator

8:10 am

Strategizing for Success in the MOCA Process
Deborah Culley, M.D.
At the end of Dr. Culley’s lecture, participants will be able to describe the components of MOCA and recognize the benefits of participating in MOCA.

8:40 am

Local Anesthetic Toxicity: Mechanisms, Relative Risks, Treatment, and Controversies
Lisa Warren, M.D.
At the end of Dr. Warren’s lecture, participants will be able to describe the mechanisms, incidence, consequences and management of Local Anesthetic Systemic Toxicity associated with regional anesthesia.
- | AGENDA | | | www.nesa.net |
|---------------------|--|----------|---|
| 9:10 am | TRAUMA: Triage and Treatment 2013
David A. Silver, M.D.
At the end of Dr. Silver’s lecture, the participant will be able to describe and apply triage strategies in management of a mass casualty incident (MCI) and understand and apply the latest strategies in massive transfusion in treatment of the major trauma patient. | 8:30 am | Regional and Neuraxial Blocks and Anticoagulation: The Use of ASRA Guidelines to Improve Patient Safety and Clinical Practice
Lisa Warren, M.D.
At the end of Dr. Warren’s lecture, the participant will be able to describe the current ASRA guidelines for regional anesthesia in anti-coagulated patients, and apply to common clinical scenarios. |
| 9:40 am | Visit the Exhibits, Coffee Break
<i>Wyndhurst Room</i> | 9:00 am | Extracorporeal Membrane Oxygenation (ECMO) in Adults: What Every Anesthesiologist Should Know About Specialized Life Support
David A. Silver, M.D.
At the end of Dr. Silver’s lecture, the participant will be able to describe the uses and application of venovenous and venoarterial ECMO in the adult patient, including CPR and consider some of the ethical challenges surrounding the use of advanced life support technologies such as ECMO. |
| 10:20 am | The Spectrum from Acute to Chronic Pain: Modifiable by Perioperative Practice?
Padma Gular, M.D.
At the end of Dr. Gular’s lecture, participants will be able to begin an understanding of the continuum of acute to chronic and persistent pain, explore the risk factors involved and delineate the imperfect strategies available to help patients now. | | |
| 10:50 am | David M. Little, M.D. Memorial Lecture Anesthesia Neurotoxicity in Young Children: Interpreting Evolving Science, Exploring Preventative Strategies, Safe Practices Now and Talking with Parents
Mary Ellen McCann, M.D.
As a result of participating in Dr. McCann’s lecture, participants will be able to understand the mechanisms of anesthetic neurotoxicity, possible treatments and applications to humans and learn current practices in pediatric anesthesia to minimize anesthetic neurotoxicity. | 9:30 am | Acute Perioperative Pain Management in the Opioid Tolerant and Suboxone Treated Patient
Padma Gular, M.D.
At the end of Dr. Gular’s lecture, participants will be able to identify the opioid tolerant patient, assess and treat acute pain in the opioid tolerant patient, IV drug abuser, Methadone maintenance patient and Suboxone maintenance patient. |
| 11:50 am | Meeting Adjourns-Visit Exhibits, Wyndhurst Rm.
Free time –
Golf tournament, walk race, tennis, sightseeing, shopping, etc. | 10:00 am | Visit the Exhibits – Coffee Break
<i>Wyndhurst Room</i> |
| | Dinner – On Own – Enjoy the Local Cuisine | 10:45 am | Risk Stratification, Prevention and Treatment of Post-Operative Delirium
Deborah Culley, M.D.
At the end of Dr. Culley’s lecture, the participant will be able to describe the diagnostic criteria, precipitating factors and preventative measures for the development of postoperative delirium. |
| 8:30 pm to 10:10 pm | Cracker Barrel Session - Berkshire Room
To provide an interactive session between speakers and meeting participants whereby vigorous questions and answers will follow up on presentations or other subjects of attendees choosing that the experts can address.
Salvatore J. Basta, M.D., Moderator
Questions/Answers – Speaker Panel
Refreshments | 11:15 am | Post-Lecture Panel |
| | | Noon | Meeting Conclusion, Visit the Exhibits
<i>Wyndhurst Room</i>
Rest and Relaxation
(golf, tennis, walking, sightseeing) |
| | | 6:00 pm | Reception – <i>Rose Terrace/Music Room</i> |
| | | 7:00 pm | Annual Banquet – <i>Ballroom</i>
Awarding of Prizes - Installation of Officers |



*New England Society
of Anesthesiologists*

CRANWELL RESORT INFORMATION / REGISTRATION FORM – September 19-22, 2013

The staff and management of Cranwell Resort • Spa • Golf Club look forward to having you with us this year. To be assured of accommodations, please contact Cranwell Resort, 800-CRANWELL or (413) 637-1364, Reservations Department **by August 5, 2013**. Be sure to **reference the New England Society of Anesthesiologists (NESA)** to receive the group rate.

Room Rates: Resort Rooms @ \$299.00 per room, per night (double occupancy)

Resort Room w/Breakfast @ \$320.00 per room, per night (single occupancy) or \$340.00 (double occupancy)

Mansion Rooms @ \$449.00 per room, per night (double occupancy)

Rates do not include Mass Lodging tax which is currently 5.7% or the 6% Lenox Hospitality Tax. Check-in time may not be guaranteed until after 3:30 pm and checkout time is 11:00 am.

• **In response to post-meeting surveys and cost concerns, NESA is offering dining options again this year. NESA has arranged for the Thursday evening reception and buffet dinner in the Mansion Ballroom and Saturday evening plated dinner in the Ballroom, reception on the Rose Terrace.** These dinners can be purchased separately on the form below. For other meals, attendees can dine in the resort's Sloan Tavern or Spa Café, or take advantage of the many restaurants in the Lenox area. Those who would like to have Friday's dinner outside of the resort may want to make reservations in advance.

• **Thursday evening's Berkshire Buffet is priced at \$51 per person** (this price includes tax and gratuity)

Dr. Jane Fitch, President-Elect of the ASA will present the "ASA Update". The NESA Annual Meeting will be held after dinner on Thursday evening at 9:15 PM in the Berkshire Room.

• **Friday evening, NESA has not scheduled a group dinner.** You will have the freedom to experience area cuisine on your own. **Don't forget the Cracker Barrel Session will begin promptly at 8:30 pm in the Berkshire Room.**

• **NESA 5K Fun Run** – will take place on Saturday at 6:15 AM. Bring your gear!

• **Saturday's 4-Course Banquet Dinner is \$69 per person** (beef tenderloin/artic char). this price includes all taxes and gratuities.

Coffee, tea, juice will be available during the meeting for registrants. Cranwell Resort serves breakfast daily in the Mansion restaurant.

Be sure to go to the Cranwell Resort • Spa • Golf Club website www.cranwell.com to see the many amenities the resort has to offer.

Check out onsite World Class Spa at Cranwell for rejuvenation and relaxation, indoor heated pool, state of the art fitness center, spectacular 18-hole historic golf course.

(Tear here and return the bottom form to NESA to register for the meeting and to reserve your meals for Thursday/Saturday)

Meeting Registration: Mail this form to: **NESA, Inc., 56th Annual Fall Conference**, PO Box 904, South Carver, MA 02366

Questions? Call 781-890-9165, Fax 781-890-9173 or Email: NESABOX1@verizon.net

(Please Print)

Person Attending Conference: _____ Hospital Affiliation: _____

Name of guest (s) _____

Street Address: _____ City/State/Zip: _____

Email Address: _____ Phone: _____

Staying at Resort? ____ Yes ____ No

Interested in playing in the **Golf Tournament** on Friday at the Cranwell Golf Course? ____ how many: ____

Tournament Fee: \$35.00

A Green Fee of \$65.00 (which includes a cart) may be charged to your room

Reserve here for your dinner buffets

Thursday Berkshire Dinner Buffet ____ number \$51.00 per person (all taxes/gratuities included in price)

Saturday 4-Course Banquet Dinner ____ number \$69.00 per person (all taxes/gratuities included in price)

NESA member? ____ Yes ____ No

Interested in Membership? ____ Yes ____ No

Yearly dues \$50

(If not a NESA member, join now and save on your registration fee this year)

• *See brochure to compute correct amount for registration fee*

Meeting Amount ____ Membership ____ Buffet Dinner(s) Thurs ____ Banquet Dinner(s) Sat. ____ Golf ____

Check enclosed: \$ ____ or, Credit Card No. ____

Credit Card Amount: \$ ____ MC ____ VISA ____ Exp. Date: ____ (date must be later than Oct. 1, 2013)

Signature: _____ Date: _____

Office Use: CC Confirmation Number _____ Amount _____ Check Number _____