

Child Psychiatry in Primary Care

May 31, 2013

HAMPTON INN
COLCHESTER, VT



The University of Vermont
COLLEGE OF MEDICINE



COURSE DESCRIPTION

This is the seventh meeting of this highly acclaimed conference for which previous attendees have praised for its quality and usefulness. This year's conference will feature lectures on a broad variety of topics from a clinical and public health perspective.

AUDIENCE

Pediatricians, Family Medicine Physicians, Other Primary Care Providers, Mental Health Professionals, Educators, and Social Workers.

OBJECTIVES

The objective of this conference is to equip primary care clinicians and other professionals with practical and updated strategies for the diagnosis and treatment of many of the most common childhood psychiatric conditions and problems. Specific topics to be addressed at this conference include DSM5, autism, and psychopharmacology.

Emphasis will focus on incorporating strategies within the practical confines of a busy outpatient setting. Treatment options, both pharmacological and nonpharmacological, will be presented. A practical handout, designed to be used as a reference in the office, will be distributed. There will also be opportunities for small group discussion of your specific clinical questions.

At the end of the conference, participants should be able to:

1. Incorporate recent changes in the DSM5 into their diagnostic decision making.
2. Use new evidence-based strategies in the pharmacologic treatment of child psychopathology.
3. Offer improved recommendations regarding the treatment of autism for their adolescent patients.

REGISTRATION & CANCELLATION

All course materials, continental breakfasts and coffee breaks are included. Refunds, less a \$75 administrative fee, are available if cancellation is made prior to May 15, 2013. No refunds are possible after that date.

COURSE DIRECTOR

David C. Rettew, MD

Associate Professor of Psychiatry and Pediatrics
Program Director, Child & Adolescent Psychiatry Fellowship
Director, Pediatric Psychiatry Clinic
University of Vermont College of Medicine

FACULTY

Robert R. Althoff, MD, PhD

Assistant Professor of Psychiatry,
Psychology and Pediatrics
Director of Division of
Behavioral Genetics
University of Vermont
College of Medicine

Jeremiah E. Dickerson, MD

Assistant Professor of Psychiatry
Director, VCCYF Autism
Assessment Center
University of Vermont
College of Medicine

Allison Y. Hall, MD

Assistant Professor of Psychiatry
Director of Vermont Program for
Evidence in Practice
University of Vermont
College of Medicine

Valerie S. Harder, MHS, PhD

Assistant Professor of Psychiatry
and Psychology
University of Vermont
College of Medicine

James J. Hudziak, MD

Professor of Psychiatry, Medicine
and Pediatrics
Thomas M. Achenbach Chair in
Developmental Psychopathology
Director, Vermont Center for
Children, Youth & Families
University of Vermont
College of Medicine

John G. Koutras, MD

Assistant Professor of Psychiatry
and Pediatrics
University of Vermont
College of Medicine

Jill S. Rinehart, MD, FAAP

Clinical Associate Professor
of Pediatrics
University of Vermont
College of Medicine
Pediatrician in Private Practice
Hagan, Rinehart and Connolly
Pediatricians, PLLC

James M. Tallmadge, PhD

Clinical Assistant Professor
of Psychiatry
University of Vermont
College of Medicine

Win C. Turner, PhD, LADC

Evidence Based Solutions, LLC
Consultant, Center for
Substance Abuse Treatment

PROGRAM

7:30am	Registration and Continental Breakfast
8:15	Opening Comments David Rettew, MD
8:30	What's Hot in Child Psychiatry James Hudziak, MD
9:15	Evidence-Based Therapy Allison Hall, MD
10:00	BREAK
10:15	Mental Health Care in the Office: A Primary Care Perspective Jill Rinehart, MD, FAAP
11:00	Practical Psychopharmacology Update: Cases to Improve Your Practice John Koutras, MD
11:45	Lunch (on own)
1:00pm	Pathways to Antipsychotic Use in Youth David Rettew, MD
1:30	DSM5 is Here: What's Changed? Robert Althoff, MD, PhD
2:00	Autism and Adolescence: A Brief Review of Issues and Challenges Jeremiah Dickerson, MD
2:30	Panel Discussion of Clinical Questions
3:00	Break

SCHEDULE

3:15

Breakout Session A

- A. **Diagnosis in the Internet Age: Reducing Confirmation Bias in Mental Health Assessments**
James Tallmadge, PhD
- B. **Using Motivational Interviewing Techniques During Substance Use Conversations**
Win Turner, PhD, LADC
- C. **Statistics: A "Refresher"**
Valerie Harder, MHS, PhD
- D. **Four Agents To Have in Your Bag: Guanfacine, NAC, Omega-3s, Metformin**
David Rettew, MD

4:00

Breakout Session B

- A. **Diagnosis in the Internet Age: Reducing Confirmation Bias in Mental Health Assessments**
James Tallmadge, PhD
- B. **Using Motivational Interviewing Techniques During Substance Use Conversations**
Win Turner, PhD, LADC
- C. **Statistics: A "Refresher"**
Valerie Harder, MHS, PhD
- D. **Four Agents To Have in Your Bag: Guanfacine, NAC, Omega-3s, Metformin**
David Rettew, MD

4:45

Conference Adjourns

ACCREDITATION

The University of Vermont is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of **6.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

A credit application for Social Work Credit is pending approval.

This program has been reviewed and is acceptable for up to 6.5 Nursing Contact Hours. (Expiration: 5/31/15)

**The University of Vermont Office of Continuing Medical Education is an approved provider of continuing nursing education by the Vermont State Nurses' Association, Inc., an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

CONFERENCE LOCATION

The conference will be held at the Hampton Inn in Colchester. Take Exit 16 from I89 and turn north on Route 7. Turn right onto Lower Mountain View Drive.

A limited number of rooms with reduced rates have been reserved for conference registrants at the Hampton Inn. Please make your hotel reservations directly with the hotel (802-655-6177) and indicate your participation in this UVM conference to receive special rates based on availability (\$99 single - quad occupancy per room, per night).



Raj Chawla

FLASH DRIVE VS. SYLLABUS

Please indicate on the registration panel if you wish to receive a Flash Drive with pdf versions of the presentations, or if you wish to receive a traditional syllabus binder with printed handouts. (If you choose flash drive, then you will be required to bring your laptop. Extra books will not be available.) You may opt to receive both a syllabus as well as a flash drive, however a \$15 charge will apply.

Course #13-801-57

REGISTRATION FORM - Child Psychiatry

Or Register on-line: www.uvm.edu/medicine/cme

Name: _____
(As it will appear on Nametag and Certificate)

Degree: ☐ MD ☐ DO ☐ PA ☐ NP ☐ RN ☐ Other _____

Address: _____

City: _____ State: ____ Zip: _____

Phone: () _____

Email: _____

Specialty: _____

Initials _____ Last 4 digits of your SSN# _____
_____ - _____ (for CME Tracking Purposes Only)

Registration Fee Summary:

- ☐ \$250 Physicians
☐ \$180 PA, Nurse, etc.

There will be opportunity to attend two workshops. Please rank order your preferences from 1 (most) to 4 (least desirable). There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. WORKSHOP ASSIGNMENTS WILL BE MADE IN ORDER OF REGISTRATION RECEIPT.

- ____ Diagnosis in the Internet Age
____ Motivational Interviewing during Substance Use Conversations
____ Statistics Refresher
____ Four Agents to Have in Your Bag

Flash Drive vs. Syllabus (Choose only one)

- ☐ I wish to receive a Flash Drive and will bring my laptop.
☐ I wish to receive a Syllabus binder with printed handouts.
☐ Optional (\$15): Receive both a syllabus *and* a flash drive.

☐ **Late Fee:** After April 1, 2013 - Add: \$50

\$ _____ **TOTAL DUE**

Payment Method

- ☐ To pay by credit card, please register on-line by visiting our website at www.uvm.edu/medicine/cme and select the "Child Psychiatry Conference."
- ☐ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:

Mail to: UVM Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, VT 05401
Phone: (802) 656-2292 **Fax:** (802) 656-1925