

5TH ANNUAL

DIABETES

A N D
T H E

HEART

*Prevention and Management of Diabetes and its
Cardiovascular Complications*

October 21 – 22, 2013

InterContinental Hotel and Bank of America Conference Center
Cleveland, Ohio



DIABETES AND THE HEART

Prevention and Management of Diabetes and its Cardiovascular Complications

Learn how to recognize the important relationship between diabetes and cardiovascular disease including understanding the current guidelines for hypertension and peripheral arterial disease management, the controversy over cardiovascular effects of weight loss drugs, and why focusing on the gut may help reduce cardiovascular disease.

Discover what's new in lipid management, along with state of the science discussions of current and future treatment approaches to help reduce complications of diabetes and prevent adverse cardiovascular events.

Topics include the impact of bariatric surgery in management of diabetes, best diet and exercise interventions, implications of clinical trials including ACCORD and Look AHEAD, and current recommendations for management of hospitalized patients with diabetes.

Who Should Attend?

This activity is designed for primary care physicians, endocrinologists, cardiologists, diabetes educators, nurses, nurse practitioners, physician assistants, dietitians, and other health care professionals who care for patients with diabetes.

Objectives That Keep You in the Know

- Recognize the surgical versus medical weight management options for patients.
- Discuss the impact of the diabetes-cardiometabolic syndrome on CVD.
- Compare and contrast the efficacy and side effects of current and investigational therapies for reducing CVD risk or controlling glycemia in patients with diabetes.
- Recognize and assess CV risk factors in patients with diabetes in order to initiate interventions to reduce morbidity and mortality.
- Critically review the ADA and AACE treatment recommendations and identify their application to individualized diabetes treatment plans.
- Identify CV risk factors in patients with diabetes and recognize

FACULTY

Coactivity Directors

Robert Zimmerman, MD, FACE

Director, Cleveland Clinic Diabetes Center
Vice Chairman
Department of Endocrinology, Diabetes
and Metabolism
Endocrinology and Metabolism Institute
Cleveland Clinic
Cleveland, OH

Richard Beaser, MD

Professor of Medicine
Harvard Medical School
Medical Executive Director of Professional Education
Joslin Diabetes Center
Boston, MA

Michael B. Rocco, MD, FACC

Medical Director, Cardiac Rehab and Stress Testing
Sections of Preventive and Regional Cardiology
Cleveland Clinic
Cleveland, OH

Faculty

George Bakris, MD

Professor of Medicine
University of Chicago
Director, Hypertensive Diseases Center
The University of Chicago Medical Center
Chicago, IL

Gordon Blackburn, PhD

Cardiovascular Medicine
Heart and Vascular Institute
Cleveland Clinic
Cleveland, OH

Leslie Cho, MD, FACC

Section Head, Preventive Cardiology
and Rehabilitation
Director

AGENDA

Monday, October 21, 2013

- 7:00 am Registration/Continental Breakfast/Exhibits**
- 8:00 am Introduction**
Robert Zimmerman, MD
Richard Beaser, MD
Michael B. Rocco, MD
- 8:15 am State of the Science Address I**
Implication of the Look AHEAD Trial: Is Weight Loss Beneficial for Patients with Diabetes?
Edward S. Horton, MD
- 9:00 am State of the Science Address II**
Diabetic Diet: Low Carb vs Low Fat? Was Joslin right?
Osama Hamdy, MD, PhD
- 9:45 am Break/Exhibits**
- 10:05 am State of the Science Address III**
Impact of Gastric Bypass on Diabetes
Philip R. Schauer, MD
- 10:50 am Panel Discussion: Surgery vs Medical Weight Loss**
Edward S. Horton, MD
Osama Hamdy, MD, PhD
Philip R. Schauer, MD
- 11:10 am Case Vignettes – Glycemic Management**
Robert Zimmerman, MD
Richard Beaser, MD
- 12:10 pm Lunch**
- 1:10 pm Exercise and Diabetes**
Gordon Blackburn, PhD
Betul Hatipoglu, MD
- 2:05 pm Hypoglycemia in Patients with DM and CAD: Implications of ACCORD**
Leann Olansky, MD
- 2:35 pm DPP IV Inhibitors and GLP-1 Agonists Cardiac Effects**
Robert Zimmerman, MD
- 3:05 pm Break/Exhibits**
- 3:25 pm Management of Diabetes in Card**

AGENDA

Tuesday, October 22, 2013

- 7:00 am** **Registration/Continental Breakfast/Exhibits**
- 8:00 am** **Opening Remarks**
Robert Zimmerman, MD
- 8:05 am** **State of Science Address IV**
Lipid Management: What's In and What's Out
Michael B. Rocco, MD
- 9:05 am** **State of Science Address V**
Targeting the Gut to Treat the Heart
Stanley Hazen, MD, PhD
- 10:05 am** **Break/Exhibits**
- 10:30 am** **State of Science Address VI**
**Cardiovascular Effects of Weight Loss Drugs:
The Good, the Bad, and the Ugly**
Steven E. Nissen, MD
- 11:30 am** **New Approaches to Acute and Chronic CAD Management in DM**
Leslie Cho, MD
- 12:25 pm** **Lunch**
- 1:25 pm** **Diabetes Historical Approach: Cleveland, Boston and Toronto**
James B. Young, MD
- 2:20 pm** **Break/Exhibits**
- 2:40 pm** **Diastology in Patients with Diabetes: What is New?**
Allan L. Klein, MD
- 3:35 pm** **Peripheral Arterial Disease in Diabetes Evaluation and Management**
Heather Gornik, MD
Mehdi Shishehbor, DO
- 4:30 pm** **Adjourn**

Other CME Courses You May Be Interested In

GENERAL INFORMATION

Location

InterContinental Hotel and Bank of America Conference Center

9801 Carnegie Avenue
Cleveland, OH 44106

Phone: 216.707.4100 or 877.707.8999

Hotel Accommodations

A block of rooms has been reserved at the InterContinental Hotel and at the InterContinental Suites Hotel until 5:00 PM September 20, 2013. The Suites Hotel is within walking distance to the InterContinental Hotel and Bank of America Conference Center.

To make your reservations, contact the Hotel Reservations Department. Please identify yourself as being with the *Cleveland Clinic Diabetes and the Heart* event for a special rate. The hotel and conference center is located on the campus of the Cleveland Clinic.

- **InterContinental Hotel and Bank of America Conference Center**

\$192 plus tax

9801 Carnegie Avenue, Cleveland, OH 44106

216.707.4000 or 877.707.8999

- **InterContinental Suites Hotel**

Registration Form

Activity 011989 | Office Use Only

Fee _____ Date _____

MOP _____ CXL/Fee _____

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InterContinental Hotel and Bank of America Conference Center, Cleveland, Ohio

Two Ways to Register



ONLINE

ccfcme.org/diabetesheart

Cleveland Clinic, Joslin Diabetes Center, and Cleveland Clinic Health System employee fees and registration are available online only.



BY MAIL

The Cleveland Clinic Educational Foundation
PO Box 931653, Cleveland, OH 44193-1082

Make check payable:



Joslin Diabetes Center



Cleveland Clinic

The Cleveland Clinic Foundation
9500 Euclid Avenue
Cleveland, OH 44195

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