

BREAST SURGERY & BODY CONTOURING SYMPOSIUM

Innovators Leading the Way
to Patient Well-Being.



Chair: Al Aly, MD Co-Chair: Maurice Nahabedian, MD

FREE
INSTRUCTIONAL
COURSES!

August 22-24, 2013
SANTA FE CONVENTION CENTER
SANTA FE, NM

Earn up to **23.25 AMA PRA Category 1 Credits™** | **5** Patient Safety credits

PlasticSurgery.org/BreastandBody



AMERICAN SOCIETY OF
PLASTIC SURGEONS®



THE AMERICAN SOCIETY FOR
AESTHETIC PLASTIC SURGERY, INC.

Sponsored by the American Society of Plastic Surgeons in conjunction with the
American Society for Aesthetic Plastic Surgery



For 28 years, the ASPS/ASAPS Breast Surgery and Body Contouring Symposium has remained the premier meeting for aesthetic and reconstructive surgeons interested in expanding their knowledge while networking with other top surgeons. This co-sponsored symposium features a focused, comprehensive educational program with free instructional courses—giving you access to industry-leading faculty whose experience and research will help improve your understanding of the complex and evolving landscape of breast surgery and body contouring.

This year's educational program is smartly segmented into easily digestible sessions over a relaxing three day event with plenty of time to interact with faculty and colleagues. Content includes useful information such as procedural techniques applied in body contouring, surgical device selection, pre-operative planning and tips on how to manage problems and complications in your practice.

Downtown Santa Fe offers more than just great weather and legendary history. Art galleries, fine dining, historical architecture, colorful markets and luxurious amenities make it a great end-of-summer vacation.

Experience this world-class meeting and see why it continues to set the bar for plastic surgery education.

Symposium Highlights

- FREE instructional courses
- Increased instructional course offerings
- World Class Faculty
- Unparalleled education by noted experts

Corporate support for this activity provided by:



DISCLOSURE POLICY

The American Society of Plastic Surgeons (ASPS) requires all instructors, planners, reviewers, managers, and other individuals in a position to control or influence the content of an activity to disclose all relevant financial relationships or affiliations. All identified conflicts of interest must be resolved and the educational content thoroughly vetted by ASPS for fair balance, scientific objectivity, and appropriateness of patient care recommendations. ASPS also requires faculty/authors to disclose when off-label/unapproved uses of product are discussed in a CME activity or included in related materials.

RENOWNED FACULTY



Al Aly, MD

Symposium Program Chair

Professor and Director of Aesthetics University of California Irvine | Attending at Long Beach VA | Editor-in-Chief Plastic Surgery Education Network

Orange, CA



Maurice Nahabedian, MD

Symposium Program Co-Chair

Professor and Vice Chairman
Department of Plastic Surgery
Georgetown University

Washington, DC

Gary J. Alter, MD	Beverly Hills, CA
Joseph F. Capella, MD	Ramsey, NJ
Gregory R. D. Evans, MD <i>ASPS President</i>	Orange, CA
Jack Fisher, MD <i>2013-14 ASPS President</i>	Nashville, TN
James C. Grotting, MD	Birmingham, AL
Dennis C. Hammond, MD	Grand Rapids, MI
Alfredo Hoyos, MD	Bogota, Columbia
Jeffrey M. Kenkel, MD	Dallas, TX
G. Patrick Maxwell, MD	Nashville, TN
Constantino Mendieta, MD	Miami, FL
James D. Namnoum, MD	Atlanta, GA
J. Peter Rubin, MD	Pittsburgh, PA
Renato Saltz, MD	Salt Lake City, UT
Kenneth C. Shestak, MD	Pittsburgh, PA
Scott L. Spear, MD	Washington, DC
W. Grant Stevens, MD	Marina del Rey, CA
Steven A. Teitelbaum, MD	Santa Monica, CA
Charles N. Verheyden, MD <i>PSF President</i>	Temple, TX
Simeon H. Wall, Jr., MD	Shreveport, LA

Faculty subject to change

This activity is intended for plastic surgeons.

SYMPOSIUM AND INSTRUCTIONAL COURSE LEARNING OBJECTIVES

Upon completion of this activity, participants will be able to:

- Explain and implement techniques to minimize and manage complications
- Translate expanded knowledge into practice for the improvement of patient outcomes and satisfaction
- Critically assess the strategies for aesthetic and reconstructive breast procedures
- Describe advanced technologies and techniques in body contouring
- Practice with an improved awareness of, and response to, related patient safety issues and concerns

THIS MEETING WILL ADDRESS THE FOLLOWING ACGME/ABMS COMPETENCIES:

- Professionalism
- Patient care and procedural skills
- Medical knowledge
- Interpersonal and communication skills

ACCREDITATION

The American Society of Plastic Surgeons® (ASPS®) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DESIGNATION

The American Society of Plastic Surgeons (ASPS) designates this live activity for a maximum of **23.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

 Five of the 23.25 credits have been identified as applicable to Patient Safety.

TOTAL AMA PRA CATEGORY 1 CREDITS™ AVAILABLE

Symposium Sessions	20.25
Instructional Courses	
Courses 201-205	.75
Courses 301-306	.75
Courses 351-355	.75
Courses 401-406	.75
Total Credits Available	23.25

PROGRAM

We are pleased to offer an array of instructional course activities **free of charge**. Please refer to the program for exact times. Instructional courses are highlighted in **BLUE**.

Wednesday, August 21

3:00 – 5:00 p.m. Registration

Thursday, August 22

**6:00 a.m. Registration/Exhibits
Continental Breakfast**

7:00 – 7:45 a.m. INSTRUCTIONAL COURSES

#201 Revising the Unsatisfactory Breast Augmentation

Jack Fisher, MD

#202 Augmentation Mastopexy: Advanced Concepts and Principles

W. Grant Stevens, MD

**#203 Use of Acellular Dermal Matrices in Primary and Secondary
Prosthetic Breast Reconstruction**

Kenneth C. Shestak, MD

#204 Revising the Unsatisfactory Breast Reconstruction

Scott L. Spear, MD

**#205 Combining Scaffolds, Cells and Implants in Primary and Secondary
Breast Surgery**

G. Patrick Maxwell, MD

8:00 a.m. Welcome and Program Overview

Al Aly, MD and Maurice Nahabedian, MD

8:10 a.m. ASPS/PSF Update

Charles N. Verheyden, MD

8:15 a.m. ASAPS Update

Jack Fisher, MD

BREAST AUGMENTATION

Moderator: Jack Fisher, MD

8:20 a.m. Update on Current Devices for Breast Augmentation

G. Patrick Maxwell, MD

**8:35 a.m. Round vs. Shaped 5th Generation Silicone Gel Breast Implants for
Primary Breast Augmentation: A Ten Year Experience**

W. Grant Stevens, MD

**8:50 a.m. Understanding Dual Plane Breast Augmentation and When it's
Indicated**

Steven A. Teitelbaum, MD

9:05 a.m. Adjusting the Inframammary Fold: When, Why, and How?

Dennis C. Hammond, MD

- 9:20 a.m. **The Aging Prosthetic Breast Implant: Revise or Replace?**
James C. Grotting, MD
- 9:35 a.m. **Managing Complex Primary and Secondary Revision Augmentation Challenges**
Scott L. Spear, MD
- 9:50 a.m. **Q&A**
- 10:00 a.m. **Break/Exhibits**
- AUGMENTATION MASTOPEXY**
Moderator: Dennis C. Hammond, MD
- 10:30 a.m. **Patient Selection: The Line Between Augmentation and Augmentation Mastopexy**
Jack Fisher, MD
- 10:40 a.m. **One vs. 2-Stage Augmentation Mastopexy Using Implants**
W. Grant Stevens, MD
- 10:55 a.m. **Mastopexy Without Implants**
James C. Grotting, MD
- 11:05 a.m. **Avoidance and Management of Complications Following Augmentation and Mastopexy**
James D. Namnour, MD
- 11:15 a.m. **Why Do Patients Seek Revision Aesthetic Breast Surgery?**
Jack Fisher, MD
- 11:30 a.m. **Secondary Augmentation Mastopexy**
G. Patrick Maxwell, MD
- 11:45 a.m. **Q&A**
- NOON **Lunch/Exhibits**
- DO SHAPED IMPLANTS PROVIDE BETTER CONTROL OVER THE SHAPE OF AN AUGMENTED BREAST?**
Moderator: Scott L. Spear, MD
- 1:00 p.m. **Selecting the Right Patient**
Steven A. Teitelbaum, MD
- 1:15 p.m. **Planning and Positioning the Right Implant**
G. Patrick Maxwell, MD
- 1:30 p.m. **Technical Pearls to Optimize Outcomes**
Dennis C. Hammond, MD
- 1:45 p.m. **Q&A**
- BREAST RECONSTRUCTION – PROSTHETIC DEVICES**
Moderator: Dennis C. Hammond, MD
- 2:00 p.m. **Evolution of Personal Technique for Immediate Prosthetic Breast Reconstruction**
Scott L. Spear, MD

2:15 p.m.	25 Year Experience with Shaped Implants in Breast Reconstruction: What and Why I do Today <i>G. Patrick Maxwell, MD</i>
2:30 p.m.	Management of Common and Uncommon Problems Following Prosthetic Reconstruction <i>Kenneth C. Shestak, MD</i>
2:40 p.m.	Capsular Contracture: Is an Ounce of Prevention Worth a Pound of Cure? <i>James D. Namnoum, MD</i>
2:50 p.m.	Q&A
3:00 p.m.	Break/Exhibits
	BREAST REDUCTION - IMPLANTS/FLAPS <i>Moderator: James D. Namnoum, MD</i>
3:30 p.m.	Antibiotics and Prosthetic Breast Reconstruction: Current Evidence and Recommendations <i>Maurice Nahabedian, MD</i>
3:45 p.m.	The Latissimus Dorsi Flap for Immediate Breast Reconstruction: A 20 Year Experience <i>Dennis C. Hammond, MD</i>
4:00 p.m.	Reconstructive Options in the Setting of Radiation Therapy <i>Gregory R. D. Evans, MD</i>
4:15 p.m.	Fat Grafting for Correction of Radiated Delayed Reconstructions With and Without Pre-Expansion <i>James D. Namnoum, MD</i>
4:30 p.m.	Nipple Reconstruction: Tips and Traps <i>Kenneth C. Shestak, MD</i>
4:45 p.m.	The Role of Fluorescent Angiography in Breast Reconstruction <i>Maurice Nahabedian, MD</i>
5:00 p.m.	Q&A
5:30 p.m.	Adjourn
5:30 p.m.	Networking Reception

Friday, August 23

6:30 a.m.	Registration Continental Breakfast/Exhibits
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7:00 - 7:45 a.m. INSTRUCTIONAL COURSES

#301 Breast Reconstruction in High Risk Patients

Maurice Nahabedian, MD

#302 Optimizing Outcomes With the TRAM and Latissimus Dorsi Flaps

Dennis C. Hammond, MD

#303 The Vertical Sculpted Pillar Technique of Breast Reduction

James C. Grotting, MD

#304 Using Shaped Devices in Breast Reconstruction With and Without Flaps

James D. Namnour, MD

#305 Preoperative vs. Intraoperative Decision Making in Aesthetic Breast Surgery: Science vs. Art

Steven A. Teitelbaum, MD

#306 Round Table on Breast Topics

Bring your Questions; Bring your Cases; Meet Faculty

Al Aly, MD

8:00 – 8:45 a.m.

INSTRUCTIONAL COURSES

#351 Mastopexy in the Massive Weight Loss Patient

J. Peter Rubin, MD

#352 Liposculpture

Alfredo Hoyos, MD

#353 Marriage Abdominoplasty

Kenneth C. Shestak, MD

#354 New Technology in Body Contouring

Jeffrey M. Kenkel, MD

#355 Pearls in Body Contouring Surgery (bring your cases)

Al Aly, MD

BREAST REDUCTION/ONCOPLASTIC

Moderator: Maurice Nahabedian, MD

9:00 a.m.

Breast Reduction Techniques for Women with Mild to Moderate Hypertrophy

W. Grant Stevens, MD

9:15 a.m.

Breast Reduction Techniques for Women with Severe Hypertrophy

Dennis C. Hammond, MD

9:30 a.m.

Oncoplastic Breast Surgery: When and How?

Gregory R. D. Evans, MD

9:45 a.m.

Timing of Oncoplastic Surgery

Maurice Nahabedian, MD

10:00 a.m.

Making Gynecomastia Surgery Predictable

James D. Namnour, MD

10:15 a.m.

Q&A

10:30 a.m.

Break/Exhibits

FAT GRAFTING AND BREAST SURGERY

Moderator: J. Peter Rubin, MD

11:00 a.m.

What Makes Fat Survive? Update on the Safety and Efficacy of Fat Grafting to the Breast

J. Peter Rubin, MD

11:15 a.m.

Update on Controlled Prospective Breast Lipoaugmentation Study

Scott L. Spear, MD

11:30 a.m. **Improving Outcomes with Fat Grafting Following Breast Reconstruction**
Dennis C. Hammond, MD

11:45 a.m. **Lipofilling in Aesthetic Breast Surgery**
James C. Grotting, MD

NOON **Avoiding Complications with Fat Grafting**
Kenneth C. Shestak, MD

12:15 p.m. **Q&A**

12:30 p.m. **Lunch/Exhibits**

ABDOMINOPLASTY

Moderator: Al Aly, MD

1:30 p.m. **Quilting in Abdominoplasty**
Al Aly, MD

1:45 p.m. **Lipoabdominoplasty**
Renato Saltz, MD

2:00 p.m. **Subscarpal Fat Excision and Circumferential Lipo**
Simeon H. Wall, Jr., MD

2:15 p.m. **Extended Abdominoplasty**
Kenneth C. Shestak, MD

2:30 p.m. **Combining Body Contouring Procedures – Is it Safe?**
Renato Saltz, MD

2:45 p.m. **Where Do You Fit In With Your Peers? (Abdominoplasty)**
Al Aly, MD

3:15 p.m. **Q&A**

3:30 p.m. **Break/Exhibits**

LIPOSUCTION

Moderator: Simeon H. Wall, Jr., MD

4:00 p.m. **My Evolution in Liposuction: What Do I Do Today**
Jeffrey M. Kenkel, MD

4:15 p.m. **Non-Surgical Options for Body Contouring**
Renato Saltz, MD

4:30 p.m. **Safe Liposuction – Primary and Secondary**
Simeon H. Wall, Jr., MD

5:00 p.m. **Liposculpture of the Arms and Abdomen**
Alfredo Hoyos, MD

5:30 p.m. **Where Do You Fit In With Your Peers? (Liposuction)**
Al Aly, MD

6:00 p.m. **Adjourn**

Saturday, August 24

6:30 a.m. **Registration**
Continental Breakfast/Exhibits

7:00 – 7:45 a.m. **INSTRUCTIONAL COURSES**

#401 Endoscopic Forehead Lifting – My Life Experience
Renato Saltz, MD

#402 Hidden Penis Surgery and Scrotal Reduction
Gary J. Alter, MD

#403 Abdominal Contour Units: How They Help You Contour the Abdomen
Constantino Mendieta, MD

#404 Circumferential Body Lifting
Jeffrey M. Kenkel, MD

#405 Brachioplasty
Joseph F. Capella, MD

#406 Round Table on Body Contouring Topics
Bring your Questions; Bring your Cases; Meet Faculty
Al Aly, MD

CIRCUMFERENTIAL LOWER TRUNCAL CONTOURING

Moderator: Joseph F. Capella, MD

8:00 a.m. **The Intrinsic Physiology & Workup of MWLP**
J. Peter Rubin, MD

8:30 a.m. **My Evolution and Current Technique in Performing a Lower Body Lift**
Joeseeph F. Capella, MD

8:45 a.m. **What I Have Changed in the Past 10 Years Regarding Care for the MWL Patient**
Jeffrey M. Kenkel, MD

9:00 a.m. **T Abdominoplasty: Indications and Technique**
J. Peter Rubin, MD

9:15 a.m. **Complications in Lower Body Lifting**
Joeseeph F. Capella, MD

9:30 a.m. **Where Do You Fit In With Your Peers? (Circumferential Belt Lipectomy)**
Al Aly, MD

10:00 a.m. **Break/Exhibits**

GENITALIA AND BUTTOCKS

Moderator: J. Peter Rubin, MD

10:30 a.m. **Labia Minora and Labia Majora Reductions**
Gary J. Alter, MD

11:10 a.m. **Buttocks Aesthetics**
Constantino Mendieta, MD

11:25 a.m.	Buttocks Contouring: From Implants To Fat <i>Constantino Mendieta, MD</i>
11:50 a.m.	Q&A
NOON	Lunch/Exhibits
	BODY CONTOURING AND SAFETY <i>Moderator: J. Peter Rubin, MD</i>
1:00 p.m.	Brachioplasty – Dueling Markings <i>Drs. Aly vs. Capella</i>
1:30 p.m.	Brachioplasty Dueling Videos <i>Drs. Aly vs. Rubin</i>
2:00 p.m.	Thigh Reduction Dueling Videos <i>Drs. Rubin vs. Capella</i>
2:30 p.m.	Breast Surgery in MWL With and Without Implants <i>Jeffrey M. Kenkel, MD</i>
2:45 p.m.	Sequencing and Combinations in Body Contouring Surgery <i>Joseph F. Capella, MD</i>
3:00 p.m.	Q&A/Wrap Up <i>Al Aly, MD</i>
3:30 p.m.	Adjourn

Program subject to change.



HOTEL AND TRAVEL



GENERAL SESSION, IC'S, MEALS AND EXHIBITS

Santa Fe Convention Center
201 W. Marcy Street
Santa Fe, NM 87501



SLEEPING ROOMS

Eldorado Hotel & Spa
309 W. San Francisco
Santa Fe, NM 87501

- **Reservation Deadline:**
Thursday, July 25
- **Special Group Rate:**
\$252 plus tax (single/double occupancy)*
- **Reservations:**
(800) 955-4455
(505) 988-4455
Fax: (505) 995-4555

When making your reservations, please reference "Breast and Body ATTENDEES"

**Reservations made after the deadline, or after the room block fills, are subject to space and rate availability. Deposit and cancellation penalties apply. Please ask for these details when making your reservation.*

FLIGHTS



American Airlines Discount Code: 6183BE



United Airlines Offer Code: ZP3V594419

ASPS has partnered with American Airlines and United Airlines to provide discounted airfare to our attendees. Enter the appropriate discount codes when booking your flight through AA.com or United.com to receive 2-10% off qualifying flights. Standard change fees, baggage fees and some restrictions apply.

Please visit PlasticSurgery.org/BreastandBody for more information.

LOCAL TRANSPORTATION

The Eldorado Hotel is located 20 minutes from the Santa Fe Municipal Airport. The Albuquerque Airport is about 50 minutes from the hotel and has wider range of airlines serving the area. Information on ground transportation will be provided with meeting confirmation materials.

QUICK AND EASY REGISTRATION

The meeting registration fee includes course materials, admission to the session and instructional courses, exhibits and indicated meals. All registrants must pay the full registration fee; one-day registration is not available. Spouses and accompanying guests who wish to attend the session must register. Please see the registration form for registration fees and early discount information.



PlasticSurgery.org/BreastandBody



Credit cards only



Questions and inquiries to Registration@PlasticSurgery.org



ASPS Member Services Center

(847) 228-7099



Credit cards only



(800) 766-4955 or (847) 228-9900, ext. 471 (outside U.S.)



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ASPS, Attn: Finance Department

444 E. Algonquin Road

Arlington Heights, IL 60005-4664



Check or credit card



Make checks payable to ASPS

Allow 10 days for processing

U.S. funds only.



IMPORTANT DEADLINES

Tuesday, June 11

- Deadline for Early Registration Discount
- Deadline for 100% Cancellation Refund (less \$25 processing fee)

Thursday, July 25

- Deadline for Special Hotel Room Pricing

Thursday, August 8

- Deadline for Advance Registration
- Deadline for 50% Cancellation Refund (less \$25 processing fee)

All cancellations must be received in writing to be considered for refund.

Notice of cancellation should be sent to:

ASPS Member Services Center

444 E. Algonquin Road

Arlington Heights, IL 60005-4664

Fax: (847) 228-7099

Registration@PlasticSurgery.org

The meeting sponsors are not responsible for travel expenses or penalties under any circumstances. Deadlines will be strictly enforced.

Industry supported satellite symposia presented by Strathspey Crown

Physician Driven Innovation, Inspired by Patients

Thursday, August 22, 2013

7:30 pm

Program & Dinner

Satellite symposia are not endorsed by ASPS or ASAPS and are not part of the official symposium program.

Name	ASPS/ASAPS Member #
Address	
City	State
()	()
Telephone	Fax
Personal E-mail	

Second Registrant's Name

☐ Check here if new address above

☐ Check here if, under the American Disabilities Act, you require specific aids or devices to fully participate in this symposium ☐ Audio ☐ Visual

☐ Check here if you require a special meal: ☐ Vegetarian ☐ Fruit Plate ☐ Kosher* ☐ Other

☐ Does the second registrant? ☐ Vegetarian ☐ Fruit Plate ☐ Kosher* ☐ Other

* Additional fee may apply.

Symposium Registration	On or Before June 11, 2013	After June 11, 2013	Subtotal
ASPS Members♦/ASAPS Members ASPS Inactive Life Member	\$1,350	\$1,450	
Guest Physician	\$1,750	\$1,850	
ASPS Active Life Member/Resident* (with letter of verification)	\$800	\$900	
Allied Health Personnel/ Office personnel/Spouse	\$1,250	\$1,350	
Meals/Exhibits Access Only (Registration does NOT include access/ad- mission to Scientific Sessions, instructional courses and meeting materials)	\$375	\$375	
TOTAL			

Name for Badge

♦ Includes ASPS Active Members, Candidates for Membership, International Members, International Candidates for Membership and Life Inactive Members

Instructional Courses

Please indicate the Instructional Courses you plan to attend. Check only one course per time block. (No additional fee)

Thursday, August 22						
7 am	☐ 201	☐ 202	☐ 203	☐ 204	☐ 205	
Friday, August 23						
7 am	☐ 301	☐ 302	☐ 303	☐ 304	☐ 305	☐ 306
8 am	☐ 351	☐ 352	☐ 353	☐ 354	☐ 355	
Saturday, August 24						
7 am	☐ 401	☐ 402	☐ 403	☐ 404	☐ 405	☐ 406

Payment: ☐ A check made payable to ASPS is enclosed. ☐ Visa ☐ Mastercard ☐ American Express

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