

Advanced Techniques in

RECONSTRUCTIVE ELBOW SURGERY

August 9-10, 2013

Orthopaedic Learning Center
Rosemont, IL

Co-Chairs

Scott P. Steinmann, MD
Mark Baratz, MD





Advanced Techniques in

RECONSTRUCTIVE ELBOW SURGERY

AUDIENCE LEVEL: Advanced

OVERVIEW

This course will provide a state of the art update on open and arthroscopic techniques of elbow surgery. The program will include lectures, panel discussions and hands-on training in the cadaver laboratory. Specific techniques covered in detail will be elbow arthroscopy, elbow instability, elbow fractures, and arthroplasty. Course attendees will have the opportunity to perform all surgical procedures in the laboratory and are encouraged to bring problem cases for discussion with the faculty.

LEARNING OBJECTIVES

- Describe arthroscopic techniques for the elbow
- Demonstrate surgical approaches to the elbow
- Recognize pitfalls of elbow surgical techniques and how to avoid complications
- Contrast state of the art techniques for treatment of fractures of the distal humerus, radial head, coronoid, and olecranon
- Summarize new elbow arthroplasty techniques

ASSH CONTINUING MEDICAL EDUCATION CREDIT

The ASSH designates this educational activity for a maximum of 19.75 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ACCREDITATION

The American Society for Surgery of the Hand is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education to physicians.

FACULTY

Co-Chairs:

Scott P. Steinmann, MD

Mark Baratz, MD

Julie E. Adams, MD

Alton Barron, MD

Brian Bear, MD

Theodore Blaine, MD

Jeff Budoff, MD

Neal Chen, MD

Emilie Cheung, MD

Mark S. Cohen, MD

Scott Edwards, MD

Ken Faber, MD

Michael Hausman, MD

Rob Kaufman, MD

Donald Lee, MD

Luke Oh, MD

Kevin Plancher, MD

Matthew D. Putnam, MD

Marco Rizzo, MD

Glen Ross, MD

Joaquin Sanchez-Sotelo, MD

Chris Schmidt, MD

Robert Strauch, MD

FRIDAY, AUGUST 9

6:30 AM Registration (OLC)
Breakfast (Northeast Room)

6:50 AM Faculty Orientation

ELBOW ARTHROSCOPY LECTURES (Northeast Room)

7:00 AM **VIDEO DEMONSTRATION**
Elbow Arthroscopy – Portals, technique
Scott P. Steinmann, MD

7:15 AM **CADAVER SURGICAL DEMONSTRATION**
Elbow Arthroscopy, Set-up Portals
Mark Baratz, MD

HANDS ON SKILLS LAB (Lab Room)

7:30 AM **ESSENTIAL ARTHROSCOPIC SKILLS**

- Anterior portals
- Use of retractors
- Anterior capsulectomy and osteophyte debridement
- Loose Body Removal
- Posterior Portals
- Posterior capsulectomy and osteophyte removal

Lab Leader: Luke Oh, MD | Lab Instructors: All Faculty

5 minute review technique reminders – live cadaver (spaced every half hour)

- 1 getting in the joint medial and lateral
- 2 radial nerve dissection
- 3 tennis elbow release
- 4 OCD exposure
- 5 getting in the posterior joint
- 6 medial capsular release, ulnar nerve protection

Scott P. Steinmann, MD

10 Minute Lectures Within Lab Session

- Arthroscopy for Fracture

10 Minute Lectures Within Lab Session

- Tennis Elbow
- Osteochondritis Dissecans

11:30 AM **Lunch** (Northeast Room)
Cases for Discussion

LECTURES (Northeast Room)

12:30 PM **Elbow Arthroscopy for Arthritis**

12:45 PM **Essex-Lopresti**

1:00 PM **Post-Traumatic Stiffness and HO**

1:15 PM **Non-Arthroplasty Options for Young Patient with Arthritis**

1:30 PM **Distal Biceps Repair**

1:45 PM **Open Capsular Release Technique**

2:00 PM **Cubital Tunnel update**

2:15 PM **Break**

2:30 PM

CASE PRESENTATIONS

Moderator: Michael Hausman, MD

4:00 PM

DEBATABLE ISSUES

- In-Situ Nerve Decompression is Best
- Distal 1/3 Diaphyseal Humerus Fractures are Best Treated in a Brace
- Fascial Interposition Arthroplasty is the Best Treatment for Posttraumatic OA
- Elbow Fracture Dislocations: No Need to Repair the MCL
- Partial Distal Biceps Tear is a Misnomer
- CPM is Required After Elbow Release
- Non-operative Treatment of a Terrible Triad is a Terrible Idea
- All Coronoid Fractures Should Be Fixed
- A Hinged Fixator is Always Better Than a Static Fixator or Cross-pin
- An Elbow Replacement is the Best Option for a Comminuted Distal Humerus Fracture

Provocateur: Mark S. Cohen, MD

5:30 PM

Adjourn

5:45 – 7:45 PM

Chairmen's Reception (Hyatt Rosemont)

SATURDAY, AUGUST 10

6:45 AM

Breakfast

STIFFNESS, INSTABILITY, AND FRACTURES LECTURES

Moderator: Julie E. Adams, MD

7:00 AM

Capitellar/Trochea Fractures

7:15 AM

Pediatric Elbow Fractures

7:30 AM

Lateral Instability

7:45 AM

Medial Instability

8:00 AM

Coronoid Fractures

8:15 AM

Olecranon Fractures

8:30 AM

Radial Head Fractures

8:45 AM

Humeral Shaft Fractures

9:00 AM

Distal Humerus Fracture

9:15 AM

ELBOW FRACTURE CASE DISCUSSION

Moderator: Michael Hausman, MD

HANDS ON SKILLS LAB

10:15 AM

LCL, MCL Reconstruction, Coronoid Fracture, and Radial Head Fracture/Replacement

Lab Leader: Ken Faber, MD | Lab Instructors: All Faculty

12:35 PM

Lunch – Case Discussion

Elbow Disasters CASES

1:30 PM

Primary and Revision Total Elbow Arthroplasty, Indications and Operative Approach

HANDS ON SKILLS LAB

2:00 PM

Total Elbow Arthroplasty and Distal Humerus Fracture

Lab Leader: Brian Bear, MD | Lab Instructors: All Faculty

4:30 PM

Course Adjourns

REGISTRATION & TRAVEL INFORMATION

REGISTRATION DEADLINE: Friday, July 12, 2013

TUITION

ASSH Member	\$1,695
Residents and Fellows	\$995
Nonmember Physician	\$1,895

PARTICIPATION REQUIREMENT

Participants in ASSH surgical skills programs must have completed or be currently enrolled in a residency program accredited by either the Accreditation Council for Graduate Medical Education (ACGME) or the American Osteopathic Association (AOA). Surgeons from outside of the United States are required to have similar residency program credentials.

All registration fees include breakfasts, refreshments breaks, luncheons each day and an evening reception in addition to the Advanced Techniques in Reconstructive Elbow Surgery course syllabus. Course sessions and food functions are for the course registrants only—spouses and families are not permitted in these areas.

FOUR EASY WAYS TO REGISTER

Registration is limited and is available on a first-come, first-served basis. To ensure your enrollment, please e-mail, phone, fax or mail your registration information (check made payable in U.S. funds to ASSH, VISA, MasterCard, American Express or Discover) before Friday, July 12, 2013. Photocopies are acceptable. If you fax your registration form, it is not necessary to mail the original.

NOTE: Mailed registrations are first sent to the ASSH bank for clearance. After being held for 5-7 days, mailed registrations are then forwarded to the ASSH central office. Please allow additional time for receipt and confirmation if mailing in your registration.

REGISTRATION CONFIRMATION

All registrations are confirmed by e-mail. If you have not received a confirmation prior to your departure for this course, please contact the ASSH Registrar at (312) 880-1900.

REFUND POLICY/CANCELLATION FEE

All refunds must be requested in writing to the ASSH Central Office and faxed to (847) 384-1435.

If written notification is received on or before Friday, June 28, 2013, a full refund, less a \$150 processing fee, will be given. If written notification is received between Saturday, June 29, 2013 and Friday, July 12, 2013, a refund of 50% of the registration fee will be given. After Friday, July 12, 2013 there will be no refunds.

HOTEL INFORMATION/REGISTRATION

RESERVATION DEADLINE: Monday, July 15, 2013

Hyatt Rosemont

6350 N. River Road
Rosemont, IL 60018

- All course participants are responsible for making their own hotel room reservations
- Housing for this course will be at the Hyatt Rosemont in Rosemont, IL
- Room Rates: Single/Double Occupancy \$149 USD/night plus tax
- Please specify that you will be attending the ASSH Elbow course
- Do not contact the ASSH Office for Hotel Reservations
- Hotel Check-In time is: 3:00 pm
- Hotel Check-Out time is: 12:00 pm

Reserve your room online by visiting <https://resweb.passkey.com/go/ASSH1> or calling +1 (888) 421-1442 and ask for the special group rate setup for American Society for Surgery of the Hand. Please note that the group rate is based on availability. Any reservations made after July 15th may be subject to the hotel's prevailing room rates.

SPECIAL MEETING DISCOUNTS

United Airlines has been selected as the official carrier for the course. Reservations must be made and tickets must be purchased a minimum of seven days prior to departure to secure the discount. United will confirm reservations at the lowest rate available, provided normal qualifications are met. To take advantage of these special fares, book online at www.united.com and enter Offer Code ZN57517515 in the Offer Code box when searching for your flight or contact United Airlines at (800) 521-4041 and reference Agreement Code: 517515 and Z Code: ZN57. Outside of the United States, please call your local United Airlines Reservation Office.

GENERAL INFORMATION

Course Policies

To participate in surgical skills courses, you will be required to sign a waiver of liability prior to the course. ASSH policy mandates that every individual must wear protective wear provided during the lab session in order to participate in this course.

QUESTIONS?

Contact Kris R. Delas Armas, CMP, ASSH Meetings & Corporate Relations Manager, at 312-880-1913 or kdelasarmas@assh.org.



ASSH | American Society for
Surgery of the Hand
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Chicago, IL, 60607

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