

AAAM LEVEL 1 CERTIFICATE COURSE

May 3-5, 2013

The Westin Colonnade Hotel

Course Faculty: Tami Meraglia, MD (USA); Ayman El-Attar, MD (USA); Melvin Elson, MD (USA)

DAY 1: Friday, May 3, 2013. Faculty: Tami Meraglia, MD

SKIN CONDITIONING AND CHEMICAL PEELINGS

07:30 – 08:30 **Registration and Continental Breakfast**

08:30 – 08:45 **Introduction to the World of Aesthetic Medicine**

08:45 – 10:30 **Skin Conditioning + Skin Classification**

- Indications & contra-indications
- Side effects
- Results
- Skin regimen

10:30 – 11:00 **COFFEE BREAK**

11:00 – 12:30 **Chemical Peelings**

- Indications and patient selection
- Contra-indications
- Peeling agents: How to make the right selection?
 - ❖ Glycolic acid
 - ❖ Salicylic acid
 - ❖ TCA
 - Modified TCA (Easy Peel, Blue Peel)
 - Plain TCA
 - ❖ Combined peelings
 - Apothepeel
 - Jessner Peel

12:30 – 13:30 **LUNCH**

13:30 – 14:45	Management of Complications from Chemical Peelings
14:45 – 15:00	Daily Test on Skin Conditioning and Peelings
15:00 – 15:30	COFFEE BREAK
15:30 – 17:30	Live Demonstrations and Hands-On Peelings (Glycolic, Easy Peel, Salicylic, Apothepeel)

Day 2: Saturday, May 4, 2013. Faculty: Ayman El-Attar, MD
LASERS, PHYSICAL PEELINGS AND TECHNOLOGIES IN AESTHETIC MEDICINE

08:00 – 08:30 **Continental Breakfast**

08:30 – 09:15 **Introduction to Lasers and Their Physics**

09:15 – 10:00 **Types of Lasers and Laser Safety**

10:00 – 10:30 **Laser Skin Resurfacing**

10:30 – 11:00 **COFFEE BREAK**

11:00 – 11:45 **Photorejuvenation Techniques**

- Intense Pulsed Light (IPL)
- Radiofrequency
- Infrared (IR) and Ultrasounds (US)
- Photodynamic Therapy (PDT) and Light Emitting Diode (LED)

11:45 – 12:15 **Fraxel Lasers**

12:15 – 12:30 **Laser Treatments for Vascular Lesions**

12:30 – 13:30 **LUNCH**

13:30 – 13:45 **Laser Tattoo Removal**

13:45 – 14:00 **Laser Treatments for Hair Removal**

14:00 – 14:15 **Body Contouring Medical Devices**

- What is available on the market today?
- How to make the right choice?

14:15 – 14:30 **Management of Complications from Laser and IPL**

14:30 – 14:45 **Physical Peelings**

- Cryopeelings
- Microdermabrasion
- Dermabrasion

14:45 – 15:00

Daily Test on Lasers

15:00 – 15:30

COFFEE BREAK

15:30 – 17:30

Live Workshop on Lasers, IPLs and Other Systems

DAY 3: Sunday, May 5, 2013. Faculty: Melvin Elson, MD
BOTULINUM TOXIN TYPE A AND DERMAL FILLERS

08:00 – 08:30 **Continental Breakfast**

8:30 – 10:30 **Botulinum Toxin Type A**

- Introduction
- Indications and consent
- Patient selection
- Complications
- Advice pearls

10:30 – 11:00 **COFFEE BREAK**

11:00 – 12:30 **Practical Workshop and Hands-On Botox**

12:30 – 13:30 **LUNCH**

13:30 – 14:45 **Dermal Fillers**

- Facial wrinkles classification
- Skin fillers
 - ❖ Introduction and types
 - ❖ Indication and consent
 - ❖ Patient selection
 - ❖ Complications
 - ❖ Advice pearls

14:45 – 15:00 **Daily Test on Botox and Fillers**

15:00 – 15:30 **COFFEE BREAK**

15:30 – 17:30 **Practical Workshop and Hands-On Dermal Fillers**
