



SCAN FOR ONLINE
REGISTRATION

WOMEN'S HEALTH CONFERENCE

Thursday-Saturday • June 13-15, 2013



Sponsored by:
UC DAVIS HEALTH SYSTEM
Office of Continuing Medical Education
and Women's Cardiovascular Medicine Program

CARDIOVASCULAR SYMPOSIUM — Heart Disease in Women: Why One Size Does Not Fit All

MODERATOR: AMPARO VILLABLANCA, MD

ACKNOWLEDGEMENT: The Cardiovascular Symposium is supported by the Nora Eccles Treadwell Foundation

Thursday, June 13, 2013

7:00 am Registration, continental breakfast, visit exhibits

8:00 **Treatment of Lipid Disorders in 2013: What's New?**
Ira Goldberg, MD

8:45 **Heart Disease in Younger Women: Pregnancy, Heart Attacks and More**
Sharonne Hayes, MD

9:30 **Panel Q/A**

9:45 Break, visit exhibits

10:00 **Cardiovascular Disease and HIV**
John Rutledge, MD

11:00 **Diastolic Dysfunction: What is it, How to Diagnose, How to Treat?**
Amparo Villablanca, MD

11:45 **Panel Q/A**

12:00 pm Lunch (included in tuition)

1:15 **Yoga for Body and Mind**
Linda Larsen, RN-BC, RYT

2:45 Adjourn

7:00 - 9:00 pm

Special Event and Meet the Faculty at the MONTEREY BAY AQUARIUM

Private Viewing and Reception
Please see enrollment form
(additional fee and pre-registration required)



Friday, June 14, 2013

7:00 am Registration, continental breakfast, visit exhibits

7:00

Breakfast Roundtables

Optional, informal meet-the-faculty discussions

Seating limited to 10 per table, no pre-registration

1. Lipids

Ira Goldberg, MD

2. Menopausal Hormone Therapy

Amparo Villablanca, MD

3. Physical Activity and Yoga

Linda Larsen, RN

4. Social Media in Medicine

Sharonne Hayes, MD

8:00 **Cardiovascular Disease, Depression and Anxiety in Women: The Cardiologist's Perspective**
Sharonne Hayes, MD

8:45 **Alzheimer's Disease and Vascular Health: Is There a Link?**
John Rutledge, MD

9:30 **Panel Q/A**

9:45 Break, visit exhibits

10:15 **Diabetic Heart Disease**
Ira Goldberg, MD

11:00 **Angina with Normal Coronary Arteries in Women**
Amparo Villablanca, MD

11:45 **Panel Q/A**

12:00 pm Lunch (included in tuition)

1:15

Special Workshop:

Genetic Testing and Medicine: Ready for Prime Time?

Genetic Testing and Human Disease: Where Are We Now?

Kim Barnholt, PhD

When and What Type of Genetic Testing Should be Ordered For Patients at Risk for Cardiovascular Disease?

Kim Barnholt, PhD and John Rutledge, MD

2:30 **Panel Q/A**

2:45 Adjourn

GENERAL WOMEN'S HEALTH SYMPOSIUM

MODERATOR: AMPARO VILLABLANCA, MD

Saturday, June 15, 2013

7:00 am Registration, continental breakfast, visit exhibits

7:00

Breakfast Roundtables

Optional, informal meet-the-faculty discussions

Seating limited to 10 per table, no pre-registration

5. Reproduction and Fertility Issues

Ina Cholst, MD

6. Mental Health Issues

Lorin Scher, MD

7. Food, Nutrition and Allergies

Katherine Gundling, MD

8. Breast Health Issues

W. Suzanne Eidson-Ton, MD

8:00 **Fertility and Fertility Preservation: Implications for Cancer Patients and Delay of Childbearing**
Ina Cholst, MD

8:30 **Anxiety Disorders in Women: The Psychiatrist's Perspective**
Lorin Scher, MD

9:00 **Clinical Pearls in Allergy and Immunology: Women's Issues**
Katherine Gundling, MD

9:30 **Panel Q/A**

9:45 Break, visit exhibits

10:15 **The HPV Vaccine: A Major Advance in Women's Health**
Ina Cholst, MD

10:45 **An Update on Breast Health**
W. Suzanne Eidson-Ton, MD

11:15 **Food Allergies and Nutritional Supplements**
Katherine Gundling, MD

11:45 **Panel Q/A**

12:00 pm Adjourn

Have a safe journey home!

Faculty

COURSE CHAIR

Amparo C. Villablanca, MD

Professor and Lazda Endowed Chair, Cardiovascular Medicine
Director, Women's Cardiovascular Medicine Program
Associate Director, Women's Center for Health
Division of Cardiovascular Medicine
University of California, Davis

CARDIOVASCULAR SYMPOSIUM

GUEST FACULTY

Kimberly E. Barnholt, PhD

Project and Alliance Manager
23andMe, Inc.

Ira J. Goldberg, MD

Dickinson W. Richards Professor of Medicine and Chief
Division of Preventive Medicine and Nutrition
Columbia University

Sharonne N. Hayes, MD

Associate Professor, Division of Cardiovascular Diseases
Director, Women's Heart Clinic
Director for Diversity and Inclusion
Mayo Clinic

UC DAVIS FACULTY

Linda M. Larsen, RN-BC, RYT

Yoga Therapist; Cardiac and Cancer Yoga Certified
Preventive Cardiology Program
UC Davis Medical Center Cardiology Outpatient Services

John C. Rutledge, MD

Professor, Cardiovascular Medicine
Harrison Endowed Chair in Diabetes Research
Division of Cardiovascular Medicine

GENERAL WOMEN'S HEALTH SYMPOSIUM

GUEST FACULTY

Ina N. Cholst, MD

Professor of Clinical Obstetrics, Gynecology,
and Reproductive Medicine
Weill Cornell Medical College

Katherine E. Gundling, MD

Associate Professor
Division of Allergy and Immunology
University of California, San Francisco

UC DAVIS FACULTY

Lorin M. Scher, MD

Assistant Clinical Professor
Department of Psychiatry and Behavioral Sciences

W. Suzanne Eidson-Ton, MD, MS

Health Sciences Associate Professor
Director, Rural Program in Medicine Education
Director, FCM Medical Student Education Program
Departments of Family and Community Medicine and OB/GYN

CONFERENCE COORDINATOR

Larry Jacinth, CMP

CME Specialist
Office of Continuing Medical Education
UC Davis Health System

TARGET AUDIENCE

This activity is designed for primary care physicians as well as internists and obstetricians/gynecologists. This knowledge-based activity is designed to meet educational needs of nurses, nurse practitioners, physician assistants, dietitians, and others working in teams with physicians and pharmacists to provide interdisciplinary care will benefit from attending this conference.

NEEDS ASSESSMENT

The UC Davis Health System is committed to discovering and sharing knowledge to advance health. This knowledge- and evidence-based course is designed to change physician competence through cutting edge information about new frontiers in heart disease in women, reproduction, and other key topics in women's health and general gynecology. Faculty presenting and interacting with participants at this activity have been selected on the basis of their comprehensive clinical experience and academic excellence.

The conference will gather a prestigious group of physicians, nurses, and allied healthcare providers to learn practical, clinical information about cutting-edge therapeutic protocols, advances in diagnosis and management, and innovative translational research advances that impact women's health care.

The 2013 Women's Health Conference with symposia on cardiovascular and general women's health will provide an update on health care for women and focus on gender-specific aspects and care of diseases occurring in women. Through lectures, panel discussions, question and answer sessions, breakfast roundtables, and group case discussions the course is designed to address the fundamental differences in many health conditions between women and men. There are few courses nationwide that address the broad scope of these issues.

The cardiovascular symposium educates clinicians about the unique features regarding the presentation, treatment and prevention of heart disease in women and addresses issues in diabetes, lipid disorders, Alzheimer's dementia, depression, HIV, diastolic heart failure, pregnancy disorders and cardiovascular risk, heart disease in younger women, genetic testing in medicine, and the body and mind connection through yoga.

The general women's health symposium addresses issues in fertility, breast health, food, nutrition and supplements, anxiety, the HPV vaccine, allergy, and immunology.



EDUCATIONAL OBJECTIVES

At the end of the program, participants should be able to:

CARDIOVASCULAR SYMPOSIUM: JUNE 13-14

- Describe the link between diabetes and cardiovascular disease
- Utilize knowledge about lipids and lipid management
- Identify the implications of heart disease in younger women
- Discuss cognitive function, vascular disease and dementia in aging women
- Explain strategies to better diagnose and manage diastolic dysfunction and heart failure in women
- Discuss the link between depression, anxiety and mood disorders in cardiovascular disease
- Describe the etiology, diagnosis, and management of ischemia without coronary artery disease in women
- Review the role of HIV infection in cardiovascular disease
- Describe how genetic testing may have implications for clinical practice
- Define the mind body connection through yoga

GENERAL WOMEN'S HEALTH SYMPOSIUM: JUNE 15

- Describe the role of fertility and fertility preservation especially in cancer patients and with delay of childbearing
- Describe the management of anxiety disorders in women
- Discuss the impact of the HPV vaccine to women's health
- List clinical pearls in allergy and immunology
- Describe updates on breast health issues
- Explain food allergies, nutrition, and nutritional supplements



ENROLLMENT

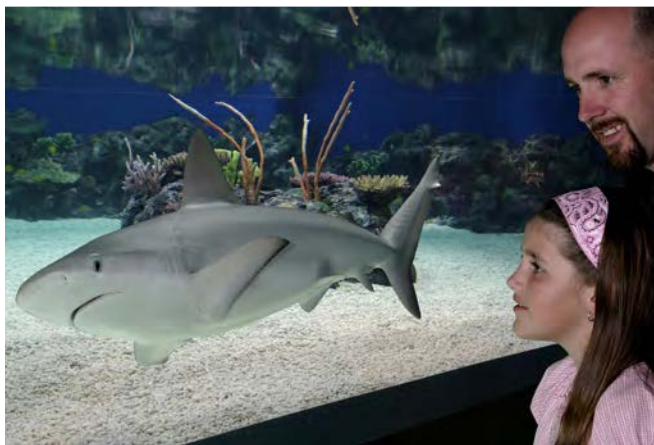
Please register early – space is limited.

Tuition is \$490 for all attendees. **Confirmation of registration will be sent within two weeks after receipt of enrollment form.** The fees will increase after May 15, 2013.

Tuition includes three continental breakfasts, two luncheons, Thursday faculty reception (additional charge for guests), refreshment breaks, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this program. In such a case, a full refund will be given.

Registration forms received without payments will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the enrollment form. After that date, the late fee is applied.

CANCELLATION AND REFUND POLICY: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by May 15, 2013. No refunds will be provided after this date.



ELECTRONIC SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A flash drive will be distributed at the conference. Attendees will receive an email when the syllabus materials are available online. **No printed syllabus will be available.**

ACCREDITATION

The University of California, Davis Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

PHYSICIAN CREDIT: The University of California, Davis Health System designates this live activity for a **maximum of 15.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

AMA PRA Category 1 Credits™ acceptable for interprofessional team members

DIETITIAN: AMA PRA Category 1 Credits™ meet the requirements of the Commission on Dietetic Registration (CDR).

NURSE: For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA Category 1 Credits™ issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts AMA PRA Category 1 Credits™ (report up to 15.75 hours of credit and fill in "CME Category 1" for the provider number).

PHYSICIAN ASSISTANT: The National Commission on Certification of Physician Assistants (NCCPA) states that AMA PRA Category 1 Credits™ are acceptable for continuing medical education requirements for recertification.

SPECIAL EVENT AT THE MONTEREY BAY AQUARIUM

Meet the faculty at the Monterey Bay Aquarium

Pre-registration and additional fee required (see enrollment form)

You and your guests are invited to attend a private event scheduled in the Open Sea Wing of the Monterey Bay Aquarium on Thursday, June 13, 2013, from 7 to 9 p.m. You'll spend a special evening strolling through the exhibits, sampling a light supper while visiting with the Women's Health Conference faculty and other course participants.



CREDIT | AMA PRA Category 1 Credits™

GENERAL SESSION

Up to 15.75 AMA PRA Category 1 Credits™

OPTIONAL BREAKFAST ROUNDTABLE SESSIONS

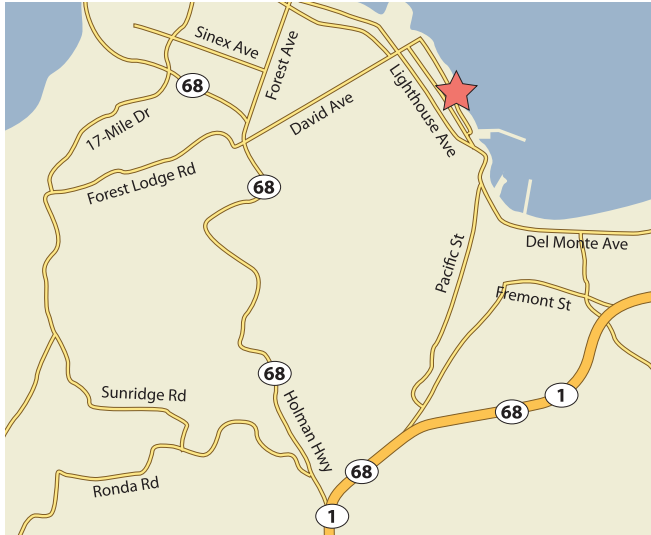
Up to 2 AMA PRA Category 1 Credits™ (1 each session)

LOCATION



MONTEREY PLAZA HOTEL

400 Cannery Row
Monterey, CA 93940
(831) 646-1700
www.montereyplazahotel.com



A block of rooms is being held for conference participants at rates of:

INLAND VIEW: \$189 single/double

PARTIAL OCEAN VIEW: \$229 single/double

OCEAN VIEW: \$289 single/double

OCEAN VIEW/BALCONY: \$349 single/double

Plus hotel and sales tax (extension dates may be available). After May 15, 2013, reservations will be on a space and rate available basis.

Reservations should be made directly with the hotel.

Perched dramatically over the Monterey Bay, the Monterey Plaza Hotel & Spa combines elegant European architecture, sweeping coastal views and sophisticated style to create the perfect vantage point from which to enjoy the gentle sounds of the surf, the fresh scent of sea air and the sight of otters, seals and dolphins at play.

The Monterey Plaza's central location on Cannery Row makes it easy to enjoy the area's many attractions and activities, including the world-renowned Monterey Bay Aquarium just three blocks away. The range of activities and attractions nearby is nearly limitless. Launch a kayak from the Hotel's beach, play a round of golf at one of 19 local championship courses, go sailing, whale watch or scuba dive in the protected marine sanctuary of Monterey Bay. Walk to Fisherman's Wharf, Old Town Monterey or the Maritime Museum, or take a scenic drive to Carmel, Pebble Beach, 17-Mile Drive or Big Sur.

The Monterey Plaza Hotel & Spa is proud to have been named by the reviewers of TripAdvisor as one of the Top 25 Hotels in the entire United States, and is a recipient of the 2012 Forbes Four-Star Award. Only 160 hotels in the United States and Canada have been honored with this distinction, establishing our waterfront resort as one of the finest in the country. The Forbes Travel Guide inspections are regarded as the most rigorous and comprehensive in the industry, ensuring that your high expectations will be met. We invite you to visit the Monterey

Plaza Hotel & Spa, the premier resort on the Monterey Peninsula.

Layered clothing is recommended as the meeting room temperature may be uncomfortable for some, depending on personal preferences.

If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please call the Office of Continuing Medical Education at (916) 734-5390 so we may make the necessary accommodations for you.

By staying at the host hotel, you help the University of California, Davis, meet its contractual obligations with the Monterey Plaza Hotel and keep future registration fees reasonable. Please consider that when making your accommodation decisions. We encourage you to stay at the host hotel.

AIR TRAVEL

Monterey Regional Airport (MRY)

San Jose International Airport (SJC)

San Francisco International Airport (SFO)

The Office of Continuing Medical Education has arranged group rates with United Airlines. To obtain Groups and Meetings discount prices go to: www.united.com; **enter offer code: ZNNT235740**

GROUND TRANSPORTATION

Hertz Car Rental: Go to: www.hertz.com and enter Convention Number **04H70004** for discounted rates.

National Car Rental: 1 (800) CAR-RENT and request ID **#5282865** for discounted rates.



DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

As a provider accredited by the Accreditation Council for Continuing Medical Education, the University of California, Davis Health System Office of Continuing Medical Education must ensure balance, independence, and objectivity in all CME activities to promote improvements in health care and not proprietary interests of a commercial interest. The provider controls all decisions related to identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the activity. Course directors, planning committee members, presenters, authors, moderators, panel members, and others in a position to control the content of this activity are required to disclose relevant financial relationships with commercial interests related to the subject matter of this educational activity. Learners are able to assess the potential for commercial bias in information when complete disclosure, resolution of conflicts of interest, and acknowledgment of commercial support are provided prior to the activity. Informed learners are the final safeguards in assuring that a CME activity is independent from commercial support. We believe this mechanism contributes to the transparency and accountability of CME.

FOR FURTHER INFORMATION

UC Davis Health System
Office of Continuing Medical Education
3560 Business Drive, Suite 130
Sacramento, CA 95820-2161
(866) CME4EDU (263-4338)
(916) 734-5390
(916) 734-0742 Fax
<http://cme.ucdavis.edu>

BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, Accreditation Council for Pharmacy Education, UC Davis Public Affairs, Monterey Plaza Hotel, iStockphoto.com, and Mark James Miller.

Enrollment Application

WOMEN'S HEALTH CONFERENCE • JUNE 13-15, 2013

First Name _____		M.I. _____	Last Name _____	
☐ MD ☐ DO ☐ PharmD ☐ RPh ☐ PA ☐ NP ☐ RN ☐ RD Lic. # _____ ☐ Other: _____				
Institution/Employer (as you would like it to appear on your badge)			Profession/Occupation	
Home Address (or where you would like your receipt mailed)				
City _____		State _____		Zip Code _____
() _____		() _____		
Day Phone _____		Fax Number _____		

E-mail for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information required for CME credit and name badge. Please indicate primary medical specialty:

☐ FP ☐ GP ☐ IM ☐ Other (specify) _____

Social Security Number (last 4 digits required for transcript purposes)

⊗	⊗	⊗	—	⊗	⊗	—	□	□	□	□
---	---	---	---	---	---	---	---	---	---	---

Please copy the mail code from the address side of the brochure (above your name, e.g. PPWOM, MMSWOM, CRDWOM)

Web

If you did not receive a brochure in the mail, how did you hear about this conference? (Example: PT&MG, UCD website, web search, magazine, colleague)

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After May 15
All Participants	☐ \$490	☐ \$570

ELECTRONIC SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A USB flash drive will be distributed at conference. Attendees will receive an email when the syllabus materials are available online. **No printed syllabus will be available.**

MONTEREY BAY AQUARIUM

Thursday June 13, 2013

(Fee includes admission, appetizers/light supper)

- ☐ I will attend
- ☐ I will not attend the reception
- ☐ I will attend the reception with guests:

_____ adults
@ \$45 each = \$ _____
Name(s): _____

☐ Please note special dietary/food allergy requirements: _____

Please check your payment method: Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

☐ Check enclosed payable to: UC Regents ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA

Account Number _____

Expiration Date _____

Authorized Signature (name on card) _____

3 Digit Security Code _____



Please use ONE of these methods to register:

MAIL APPLICATION AND PAYMENT TO:
Office of Continuing Medical Education,
c/o UC Davis Cashier's Office
PO Box 989062, West Sacramento, CA 95798-9062



TELEPHONE: (916) 734-5390

FAX APPLICATION: (916) 734-0742

For Office
Use Only

WOMEN13
6025

REGISTER ONLINE AT: <http://cme.ucdavis.edu/conferences>

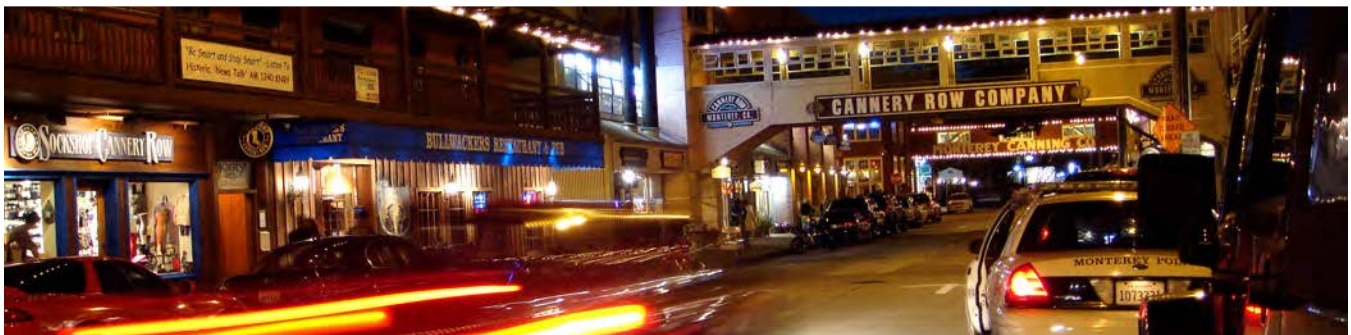
WOMEN'S HEALTH CONFERENCE



THURSDAY - SATURDAY
June 13-15, 2013

HIGHLIGHTS:

- Updates in Lipids and Diabetes
- Alzheimer's and Vascular Dementia
- Heart Disease in Younger Women and in Pregnancy
- Heart Failure
- Dementia, Anxiety and Mood Disorders
- HIV and Cardiovascular Disease
- Genetic Testing in Clinical Medicine
- Mind/Body Connection
- Fertility and Infertility
- Nutrition, Food and Supplements
- Update on Breast Health
- Allergy and Immunology in Women's Health
- Social Media and Medicine
- Menopausal Hormone Therapy



This program is self-supporting and receives no state funding.