

UTAH PODIATRIC MEDICAL ASSOCIATION, CO-SPONSOR

CUTTING EDGE TOPICS AND TECHNIQUES IN FOOT AND ANKLE SURGERY

20TH ANNUAL WINTER CONFERENCE

Park City

THE FIRST RAY

INFECTION AND
WOUNDS

MIDFOOT AND
REARFOOT

SOFT TISSUE
PROCEDURES

MEDICINE AND
PERIOPERATIVE
CONSIDERATIONS

ANKLE AND TRAUMA
TOPICS OF INTEREST

HANDS-ON
WORKSHOPS

PICA RISK
MANAGEMENT
SESSION

DISTINGUISHED FACULTY AND SPEAKERS

SCIENTIFIC COMMITTEE

Annette D. Filiatrault, DPM
Private Practice, Atlanta, Georgia

Mark Rogers, DPM
Private Practice, Provo, Utah

Annemarie Edwards, DPM
Private Practice, Riverton, Utah

SPEAKERS

Christopher J. Benson, DPM
Private Practice, Roseville, California

Todd B. Haddon, DPM
Private Practice, Mesa, Arizona

Michael C. McGlamry, DPM
Private Practice, Cumming, Georgia

David J. Caldarella, DPM FACFAS
Gundersen Lutheran Medical Center,
Department of Orthopedics, Podiatry and
Sports Medicine, La Crosse, Wisconsin

Stanley R. Kalish, DPM
Private Practice, Jonesboro, Georgia

Jay D. Ryan, DPM
Private Practice, Fairfax, Virginia

Steven R. Carter, DPM
Private Practice, Covington, Georgia

Stephan J. LaPointe, DPM, PhD
Private Practice, Rome, Georgia

Joe T. Southerland, DPM
Private Practice, Arlington, Texas

Matrona Giakoumis, DPM
3rd Year Resident, DeKalb Medical Center,
Decatur, Georgia

Clifford D. Mah, DPM
Private Practice, Portland, Oregon

Mickey D. Stapp, DPM
Private Practice, Augusta, Georgia

Joshua J. Mann, DPM
3rd Year Resident, DeKalb Medical Center,
Decatur, Georgia

Mitzi L. Williams, DPM
Private Practice, Oakland, California

CORPORATE SPONSORS

Special thanks to our
2012 Corporate Sponsors
for their outstanding
support of The Podiatry
Institute and the continued
development of excellence
in post-graduate continuing
education. Please support
these companies that
support your profession.

PLATINUM

Amerx Health Care Corp
Langer Biomechanics
PICA Group

GOLD

Bako Pathology
Services
BioMedix
BME
GraMedica
OsteoMed
Strata Pathology
Services
Stryker Foot & Ankle

SILVER

Bioventus
Blaine Labs
Dynasplint
Mini-C Sales
Synthes, USA
The Tetra Corporation

BRONZE

Biomet
BioPro, Inc.
Comfortland Medical
ConMed Linvatec
Delta Surgical
Instruments
Dr. Comfort
Medtronic
Metric Medical
Devices, Inc.
SafeStep

Each speaker is required to disclose the existence of any financial and/or other relation-ship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.



Park City

UTAH PODIATRIC MEDICAL ASSOCIATION, CO-SPONSOR

CUTTING EDGE TOPICS AND TECHNIQUES IN FOOT AND ANKLE SURGERY

20TH ANNUAL WINTER CONFERENCE



This is a PICA approved
risk management seminar.

UP **20.0** CONTINUING EDUCATION
TO CONTACT HOURS

PARK CITY AREA ATTRACTIONS

There is more to Park City than world-famous slopes...there's an abundance of alternative activities that are every bit as enjoyable as skiing and riding. Find out about winter fly-fishing trips or hot-air balloon rides. Park City has dozens of specialty outfitters that can arrange it all, each with their own unique style. For those who prefer a different style of recreation there are museums, galleries, spas, salons, and historical tours.

WINTER ACTIVITIES

SKIING& SNOWBOARDING

With 9,326 acres of The Greatest Snow on Earth, 426 runs, bowls and parks and 58 lifts, skiing in Park City has never been better. Home of three world-class resorts, Park City has something for everyone. Deer Valley Resort is a skiers-only resort; Canyons and Park City Mountain Resort host both skiers and snowboarders.

Canyons Resort 435.649.5400 888.CANYONS
www.thecanyons.com

Park City Mountain Resort 435.649.8111
800.222.PARK www.parkcitymountain.com

Deer Valley Resort 435.649.1000 800.424.DEER
www.deervalley.com

CROSS COUNTRY SKIING

Before there was the thrill of alpine skiing, there was the serenity of cross-country. Try out the groomed trails or take a custom tour.

All Seasons Adventures 435.649.9619
allseasonsadventures.com

White Pine Touring 435.649.8710
www.whitepinetouring.com

SNOWSHOEING

You don't have to go far to view the snow-capped Rocky Mountain peaks as Mother Nature intended.

All Seasons Adventures 435.649.9619
allseasonsadventures.com

Exclusive Excursions 435.640.2907
www.exclusiveexcursions.net

Mountain Vista Touring 435.640.2979
www.parkcityhiking.com

Swaner EcoCenter 435.649.1767
www.swanerecocenter.org

HELI AND CAT SKIING

Taking you into the virgin snow of the backcountry, this is the skiing experience of a lifetime. Advanced reservations are required.

Park City Powder Cats & Heli-Ski 435.649.6596
www.pccats.com

SLEIGH RIDES

Enjoy breathtaking views of the Rockies as you glide across a winter wonderland.

Adventures at The Stillman Ranch 435.645.7256
www.rockymtnrec.com

Boulder Mountain Ranch 435.783.5819
www.bouldermountainranch.com

Snowed Inn Sleigh Company 435.647.3310
www.snowedinnsleigh.com

The Viking Yurt 435.615.YURT www.vikingyurt.com

Canyons Sleigh Ride Dinner 435.604.4171
www.thecanyons.com

HOT AIR BALLOONING

A ride above it all will take your breath away.

Park City Balloon Adventures 435.645.UPOP
www.pcballoonadventures.com

SNOWMOBILING

Take a picturesque ride, with Rocky Mountain views only accessible via snowmobile.

Adventures at The Stillman Ranch 435.645.7256
www.rockymtnrec.com

Alpine Adventures 888.304.SNOW
www.alpinesnowmobile.com

Recreation Ventures 435.300.RIDE
www.recreationventures.com

Red Pine Adventures 800.417.SNOW
www.redpinetours.com

Summit Meadows Adventures 435.645.1000
www.deervalley.com

ICE SKATING

For an afternoon or evening of fun on the ice.

Park City Ice Arena and Sports Complex
435.615.5700 www.parkcityice.org

SNOW TUBING

Looking for a fun activity the whole family can enjoy? Tubing is great for kids and for those who want to act like one.

Gorgoza Park 435.658.2648 www.gorgozapark.com

Wasatch Powderbird Guides 801.742.2800
www.powderbird.com



TOP WINTER ACTIVITIES

Skiing with "The Greatest Snow On Earth"

Snowboarding at terrain parks and halfpipes

Heliskiing, the ultimate adventure, helicopter skiing takes you to unspoiled terrain

Bobsled, an Olympic experience (at 75 mph)

Rocket Ride a self-steering, luge-type sled that reaches speeds up to 50 mph

Ski Jumping, learn to fly the Nordic way

Snowmobiling across the mountains

Snowshoeing gets you close to nature

Cross-Country Skiing on groomed trails or under the Rocky Mountain skyline

Hot Air Ballooning for a birds-eye view

Sleigh Rides through a winter wonder-land

Dog Sledding through remote terrain

Tubing for the young and the young-at-heart

Ice Skating is a family-favorite

Fly-Fishing tap your line across cool waters

Historical Tours from mining silver to Olympic gold

Relaxation from pampering at a luxury spa to curling up by the fireplace

Shopping for art collectibles, Western antiques, wildlife photography and more



Park City

More information about area attractions is available at www.visitparkcity.com

LEARNER OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.



UP
TO **20.0** CONTINUING EDUCATION
CONTACT HOURS

THE PODIATRY INSTITUTE IS APPROVED BY
THE COUNCIL ON PODIATRIC MEDICAL EDUCATION AS A
SPONSOR OF CONTINUING EDUCATION IN PODIATRIC MEDICINE

Thursday • FEB 7

7:00 AM REGISTRATION & BREAKFAST

7:25 AM WELCOME

7:30 AM THE FIRST RAY

The Kalish Osteotomy: 30 Years of Experience
Complications of the Austin Bunionectomy
Fractures Following Bunionectomy
Surgical Options for Hallux Limitus
Maximizing the Potential of Locking Plates
Hallux Varus

9:15 AM INTERACTIVE PANEL AND AUDIENCE DISCUSSION
Complications and Challenging Cases
of First Ray Surgery

9:45 AM MORNING SESSION ENDS

3:00 PM EXHIBIT HALL OPENS, REFRESHMENTS

4:00 PM INFECTION AND WOUNDS

Secondary Wound Healing
Topical Oxygen for Difficult Wound Healing
MRI Evaluation of Infection
Understanding Antibiotic Resistance
Everyday Treatment for MRSA
Deep Fungal Infections
Microbiology of the Diabetic Foot
The Diabetic Foot from Ulcer to Reconstruction
Panel Q&A

6:15 PM DINNER WITH THE EXHIBITORS

7:00 PM MIDFOOT AND REARFOOT

Talonavicular Joint Arthrodesis
Lisfranc Fracture-Dislocations
Navicular-Cuneiform Arthrodesis
Midfoot Arthritis: Primary and Post-traumatic
BMA in Rearfoot and Reconstructive Surgery
Current Concepts in PTTD
Tarsal Coalitions

9:20 PM INTERACTIVE PANEL AND AUDIENCE DISCUSSION
Complications and Challenging Cases
of the Midfoot and Rearfoot

9:50 PM THURSDAY SESSION ADJOURNS



Friday • FEB 8

7:00 AM BREAKFAST

7:30 AM SOFT TISSUE PROCEDURES

Radiofrequency Ablation
Chronic Achilles Tendinopathy
Lateral Ankle Stabilization with Allograft Tendon
Peroneal Pathology
Advancements in the Surgical Treatment of the Peroneals
Diagnosis and Treatment of Nerve Entrapments
Neuroschwannoma Induced Tarsal Tunnel Syndrome

9:30 AM MORNING SESSION ENDS

3:30 PM EXHIBIT HALL OPENS, REFRESHMENTS

4:00 PM MEDICINE AND PERIOPERATIVE CONSIDERATIONS

Lymphedema
NSAIDs: Risks and Recommended Use
Compression Therapy: Venous and Arterial
The ABCs of Systematic Reviews
Preoperative Evaluation: Considerations of Medications and Labs
Medical Clearance: Does It Exist?
Panel Q&A

6:15 PM DINNER WITH THE EXHIBITORS

7:00 PM ANKLE AND TRAUMA

Ankle Arthritis: Utilizing Juvenile Articular Cartilage Grafting
Supination Adduction Ankle Fractures
Neglected Trauma
Variability of the Superficial Peroneal Nerve in Ankle Fracture Surgery
Lisfranc Fracture-Dislocation: Fix or Fuse
Percutaneous Repair for Calcaneal Fractures
Surgical Repair Technique of Large OCD

9:20 PM **INTERACTIVE PANEL AND AUDIENCE DISCUSSION**
Complications and Challenging Cases
of Ankle and Trauma Surgery

9:50 PM FRIDAY SESSION ADJOURNS



Saturday • FEB 9

7:00 AM BREAKFAST

7:30 AM WORKSHOPS

Various hands-on workshops featuring latest techniques and technologies

9:30 AM MORNING SESSION ENDS

3:30 PM EXHIBIT HALL OPENS, REFRESHMENTS

4:00 PM TOPICS OF INTEREST PART 1

Renal Osteodystrophy
Laser Innovations in Podiatric Practice
Topical Agents in Podiatric Medicine
Charcot: When to Operate
Internal vs. External Fixation: "Advantages vs. Disadvantages"
Minimally Invasive Treatment Options for Geriatric Ankle Fractures
Panel Q&A

6:15 PM DINNER WITH THE EXHIBITORS

7:00 PM PICA RISK MANAGEMENT

Is This Patient a Good Surgical Candidate?

Risk Issues Related to Patient Selection and Informed Consent
The 2013 PICA risk management section will focus on patient selection to improve likelihood of success and decrease risk of litigation in podiatric surgery. The attendee will be presented with tools to help identify the possible problem patient and observe possible means of managing these individuals that will lead to mutually successful outcomes for the patient and surgeon alike. Management of the history and informed consent process as well as a discussion of "red flag" warning signs that may be indicators of future problems to come will be reviewed.

8:30 PM TOPICS OF INTEREST PART 2

Sub Two Syndrome
Plantar Plate Repair
Antibiotic Review
Controlling Post-op Pain with Popliteal Catheter
Panel Q&A

9:45 PM CONFERENCE ADJOURNS





To be a supportive, global network of members, colleagues and friends which enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research and service.

BOARD OF DIRECTORS

Michael S Downey DPM
CHAIRMAN

Annette D Filiatrault DPM
William D Fishco DPM
M Jay Groves IV DPM
Scott R Roman DPM
Mickey D Stapp DPM
John V Vanore DPM

Daniel F Vickers CAE
EXECUTIVE DIRECTOR

SEMINAR COMMITTEE

John A Ruch DPM
DIRECTOR OF MEDICAL EDUCATION

Michael C McGlamry DPM
CORPORATE LIAISON

David C Alder DPM
David J Caldarella DPM
Craig A Camasta DPM
Thomas J Chang DPM
Stephen V Corey DPM
Michael S Downey DPM
Annette D Filiatrault DPM
Donald R Green DPM
Clifford D Mah DPM
Joe T Southerland DPM

The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2012

CONFERENCE REGISTRATION

☐ \$490 on or before 1/8/13

☐ \$540 after 1/8/13

☐ \$590 after 1/23/13
or at the door

☐ \$265 Retired Podiatrists
or Active Military

☐ \$65 Residents w/letter from
Residency Director
(DOES NOT APPLY TO WORKSHOPS.)
**LETTER MUST BE SUBMITTED BY
MAIL WITH YOUR COMPLETED
REGISTRATION FORM. RESIDENT
REGISTRATION NOT ACCEPTED BY
E-MAIL OR ONLINE.**

☐ **Special Seminar Rate**
for APMA Young Members.
Call 888.833.5682.

☐ **FOOD FUNCTIONS ARE OPEN TO
REGISTERED ATTENDEES ONLY.**
ADDITIONAL MEAL PACKAGES CAN BE
PURCHASED FOR FAMILY/GUESTS.
INCLUDES 3 BREAKFASTS, 3 DINNERS
AND 3 BREAKS.

_____ # OF ADULTS (\$200 EACH)

_____ # OF CHILDREN 12 AND UNDER
(\$100 EACH)

\$ _____
PARK CITY TOTAL

PLEASE PRINT CLEARLY

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____
(IF YOU WOULD LIKE TO RECEIVE FUTURE ANNOUNCEMENTS)



PLEASE INDICATE ANY SPECIAL NEEDS YOU HAVE AND WE WILL CONTACT YOU

MAKE CHECKS PAYABLE TO: The Podiatry Institute OR USE ☐ M/C ☐ VISA ☐ AX ☐ DISC

Card # _____ Exp. Date _____ MONTH/YEAR

Signature _____ Date _____

**IF YOU DO NOT RECEIVE A WRITTEN
CONFIRMATION, PLEASE CALL OUR
OFFICE TO CONFIRM REGISTRATION.**

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$50 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

REGISTER FOR TWO 2013 SEMINARS AT THE REGULAR RATE AND RECEIVE 25% OFF THE SECOND SEMINAR

EXCLUDES CADAVER WORKSHOPS. DOES NOT APPLY TO RESIDENTS, RETIRED, MILITARY, OR APMA YOUNG MEMBERS. CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE DISCOUNT.

CHOOSE 1 OF 4 EASY WAYS TO REGISTER

ONLINE (BEFORE 1/23/13)
www.podiatryinstitute.com

PHONE 888.833.5682 or 770.939.0393

FAX 404.508.8539

OR MAIL The Podiatry Institute
2675 N Decatur Rd, Ste 309
Decatur, GA 30033-6132

ACCOMMODATIONS

Nestled in the heart of Utah ski country among the majestic Wasatch Mountains, the Marriott Park City is a prime destination for ski enthusiasts. Feast on regional comfort food at the onsite restaurant or relax in the atrium-style swimming room and hot tub. Take the complimentary town shuttle to Utah Olympic Park, Factory Stores at Park City, or Old Town Main Street.



Park City Marriott, 895 Sidewinder Dr, Park City, UT 84068
800.234.9003 or 435.649.2900 parkcitymarriott.com code: PODPODA

Park City Marriott

A block of rooms have been reserved and will be held until it is full or January 8, 2013, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Deluxe Guest Room: \$224
(plus tax, currently 10.45%, subject to change without notice)

Rates based on single/double occupancy: \$20 per additional adult; children 18 and under stay free in room with parent.

TRAVEL AND CONDOS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders 678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at the above number.

PARK CITY TRANSPORTATION*

24 hr. reservations: **435.649.8567** Group Code: **8813**

Rates (each way): Shared Ride Shuttle Service:

\$36 per adult, \$26 per child (12 and under).

Private Sedan: \$154. Private SUV: \$185

THESE RATES DO NOT INCLUDE GRATUITY, BUT DO INCLUDE ALL FUEL FEES, AND AIRPORT SECURITY FEES.

*VISIT WWW.PODIATRYINSTITUTE.COM FOR TRANSPORTATION LINK AND LIFT TICKET FORMS

LIFT TICKETS* / SKI RENTALS

A group discount will be available on pre-ordered Adult Single Day/Single Mountain tickets. Full-price tickets and ski rentals will be available at the hotel.