

10th International Congress **OF INTERNAL MEDICINE**

March
22-24
2018

Athens
Greece

www.internalmedicine-uth.gr

Organizers:



INSTITUTE OF INTERNAL MEDICINE
& HEPATOLOGY, LARISSA, GREECE



DEPARTMENT OF MEDICINE & RESEARCH LABORATORY
OF INTERNAL MEDICINE, UNIVERSITY OF THESSALY
MEDICAL SCHOOL, LARISSA, GREECE
Director: Professor G.N. Dalekos

Endorsed by:



FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Participating scientific authorities:



EUROPEAN SOCIETY FOR SWALLOWING DISORDERS



HELLENIC ASSOCIATION FOR THE STUDY OF DIABETIC FOOT



HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER



HELLENIC DIABETES ASSOCIATION

HELLENIC SEPSIS STUDY GROUP



HELLENIC SOCIETY OF INTERNAL MEDICINE



HELLENIC STROKE ORGANIZATION

Under the auspices of the:



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE

PRELIMINARY PROGRAMME



Organizers:



INSTITUTE OF INTERNAL MEDICINE & HEPATOLOGY, LARISSA, GREECE



**DEPARTMENT OF MEDICINE & RESEARCH LABORATORY OF INTERNAL MEDICINE,
UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE**

Director: Professor G.N. Dalekos

ORGANIZING COMMITTEE

President: G.N. Dalekos

Members: K. Krapis C. Mandros
 K.P. Makaritsis G. Ntaios

SCIENTIFIC COMMITTEE & FACULTY MEMBERS

A. Alexopoulou	N.K. Gatselis	P.M. Mannucci	C. Schramm
R. Al-Shahi Salman	S. Georgiadou	S. Manolakopoulos	D. Sereni
G. Andrikopoulos	E.J. Giamarellos-Bourboulis	M.N. Manoussakis	P.P. Sfikakis
Q. Anstee	A. Giannoukas	A. Marra	P. Skendros
M. Blank	P. Giovias	F. Menichetti	M. Speletas
Y. de Boer	C. Gogos	Y. Metaxas	K. Spengos
A. Boulton	L. Guillevin	E. Michou	A. Stefos
R. Bulbulia	C. Hadjichristodoulou	G. Mieli-Vergani	N. Tentolouris
M. Burnier	S.J. Hadziyannis	D. Mikhailidis	M. Trauner
H.R. van Buuren	Sh. Hamdy	I. Mitroulis	E.V. Tsianos
L. Campos	C. Hézode	H.M. Moutsopoulos	E.A. Tsochatzis
M.-D. Cappellini	G. Hirschfield	M. Netea	M. Tumbarello
J.-M. Cavaillon	P. Invernizzi	P. Nilsson	S. Unal
L. Christou	E. Jude	G. Ntaios	P. Vardas
F. Ciccia	N. Karachaliou	S.E. Orfanos	D. Vassilopoulos
P. Clave	P. Kardas	R. Pálsson	M. Vavuranakis
E. Costa	N.L. Katsilambros	P. Papanagiotou	K. Vemmos
G.L. Daikos	P. van de Kerkhof	N. Papanas	D. Vergani
G.N. Dalekos	G. Kolovou	G.V. Papatheodoridis	C.-D. Vizza
S. De Vita	J. Koskinas	A. Pares	P.G. Vlachoyiannopoulos
G.D. Dimitriadis	A. Kotsakis	P. Perez-Martinez	M. Voulgarelis
G. Dimopoulos	V. Kotsis	G. Petrikos	H. Wedemeyer
M.-A. Dimopoulos	P.-L. Lakatos	M. Psychogiou	F. Weidanz
S. Dourakis	P. Lampertico	Y. Renaudineau	D. Werring
S. Engelter	M. Lenzi	E.I. Rigopoulou	C. Yurdaydin
P. Fenau	R. Liberal	K. Ritis	K. Zachou
A. Floreani	J. Lopez-Miranda	E. Saloustros	A. Zanchetti
G. Fountzilas	V. Lougaris	D. Samonakis	
R. Gans	K.P. Makaritsis	E. Sandset	



Endorsed by:



FOUNDATION FOR THE DEVELOPMENT OF INTERNAL MEDICINE IN EUROPE

Participating scientific authorities:



EUROPEAN SOCIETY FOR SWALLOWING DISORDERS



HELLENIC ASSOCIATION FOR THE STUDY OF DIABETIC FOOT



HELLENIC ASSOCIATION FOR THE STUDY OF THE LIVER



HELLENIC DIABETES ASSOCIATION

HELLENIC SEPSIS STUDY GROUP



HELLENIC SOCIETY OF INTERNAL MEDICINE



HELLENIC STROKE ORGANIZATION

Under the auspices of:



UNIVERSITY OF THESSALY MEDICAL SCHOOL, LARISSA, GREECE



09:00 - 10:30 ORAL PRESENTATIONS

Chairpersons: TBA

10:30 - 11:00 STATE-OF-THE-ART LECTURE

Chairperson: **Nikolaos L. Katsilambros** (Athens, Greece)

Future innovations in cardiovascular medicine

Panos Vardas (Heraklion, Greece)

11:00 - 11:30 E-poster viewing/Coffee break

11:30 - 13:00 ROUND TABLE

Interventional procedures in cardiovascular diseases

Chairpersons: **Nikolaos L. Katsilambros** (Athens, Greece)

Athanasios Giannoukas (Larissa, Greece)

Non-pharmacological intervention in atrial fibrillation

Georgios Andrikopoulos (Athens, Greece)

Management of asymptomatic carotid stenosis

Richard Bulbulia (Oxford, UK)

Transcatheter aortic valve replacement

Manolis Vavuranakis (Athens, Greece)

13:00 - 14:00 SYMPOSIUM

β -blockers as first-line treatment in arterial hypertension

Chairperson: **Alberto Zanchetti** (Milan, Italy)

Pros

Alberto Zanchetti (Milan, Italy)

Cons

Michel Burnier (Lausanne, Switzerland)

14:00 - 16:00 E-poster viewing/Leisure time

Thursday, March 22, 2018



16:00 - 17:30 ROUND TABLE

Diabetic foot: Advances in everyday clinical practice

Hellenic Society of Internal Medicine

Hellenic Diabetes Association

Hellenic Association for the Study of the Diabetic Foot

Chairpersons: **George Dimitriadis** (Athens, Greece)

Nikolaos Tentolouris (Athens, Greece)

Overview of the diabetic foot-successes and unmet needs

Andrew Boulton (Manchester, UK)

Charcot neuro-osteo-arthropathy-update in diagnosis and management

Edward Jude (Lancashire, UK)

Diagnosis and management of diabetic foot infections

Mina Psychogiou (Athens, Greece)

17:30 - 18:00 SATELLITE LECTURE

18:00 - 19:30 ROUND TABLE

Intracranial haemorrhage and cerebral microbleeds

Hellenic Stroke Organization

Chairpersons: **David Werring** (London, UK)

George Ntaios (Larissa, Greece)

Early blood pressure lowering in acute intracerebral haemorrhage: How low?

Else Sandset (Oslo, Norway)

Acute management in antithrombotic-related intracerebral haemorrhage

Stefan Engelter (Basel, Switzerland)

Restart or Stop antithrombotics after intracerebral haemorrhage?

Rustam Al-Shahi Salman (Edinburgh, UK)

Cerebral microbleeds: current knowledge and implications for clinical practice

David Werring (London, UK)

19:30 - 19:45 Break



19:45 - 21:00 OPENING CEREMONY

Welcome

Inaugural Lecture

Internal Medicine in the 21st Century:

Challenges in education and research

Maria Domenica Cappellini (*Milan, Italy*)

21:00

WELCOME RECEPTION

Thursday, March 22, 2018

**08:30 - 10:00 ORAL PRESENTATIONS***Chairpersons:* **TBA****PARALLEL SESSION****10:00 - 11:30 ROUND TABLE****Dysphagia disorders in clinical practice***European Society for Swallowing Disorders**Chairpersons:* **Pere Clave** (Mataró, Spain)**Emilia Michou** (Manchester, UK)

Dysphagia: Incidence and characteristics

Emilia Michou (Manchester, UK)

Aging and dysphagia (presbyphagia)

Pere Clave (Mataró, Spain)

Dysphagia in stroke & neurostimulation

Shaheen Hamdy (Manchester, UK)**PARALLEL SESSION****10:00 - 11:30 ROUND TABLE****Hypertriglyceridemia: A true risk factor or innocent bystander?***Chairperson:* **Genovefa Kolovou** (Athens, Greece)

Hypertriglyceridaemia, atherosclerosis cardiovascular disease and pharmacological management

Pablo Perez-Martinez (Cordoba, Spain)

Novel aspects of diet modulating postprandial lipaemia in cardiometabolic diseases

Jose Lopez-Miranda (Cordoba, Spain)

Consensus and guidelines concerning fasting/non-fasting triglycerides

Dimitri Mikhailidis (London, UK)**11:30 - 12:00 E-poster viewing/Coffee Break**



PARALLEL SESSION

12:00 - 13:30 ROUND TABLE
Medication adherence

Chairpersons: **Periklis Giovvas** (Zug, Switzerland)
Elisio Costa (Porto, Portugal)

Medication adherence: The magnitude of the problem
Elisio Costa (Porto, Portugal)

Interventions to improve medication adherence
Przemyslaw Kardas (Lodz, Poland)

Educational tools to improve medication adherence
Periklis Giovvas (Zug, Switzerland)

PARALLEL SESSION

12:00 - 13:30 ROUND TABLE
Sepsis in 2018

Hellenic Sepsis Study Group

Chairpersons: **Charalambos Gogos** (Patras, Greece)
Evangelos J. Giamarellos-Bourboulis
 (Athens, Greece)

Does immunosuppression in sepsis really exist?
Jean-Marc Cavaillon (Paris, France)

Macrophage activation and sepsis
Mihai Netea (Nijmegen, The Netherlands)

Current guidelines for sepsis management
Evangelos J. Giamarellos-Bourboulis (Athens, Greece)

13:30 - 14:30 SATELLITE LECTURE

14:30 - 15:30 E-poster viewing/Leisure time

Friday, March 23, 2018



15:30 - 16:30 SYMPOSIUM Combination treatment in the era of MDR bacteria infections

Chairpersons: **Francesco Menichetti** (*Pisa, Italy*)
George Daikos (*Athens, Greece*)

Due to Gram negative bacteria
Mario Tumbarello (*Rome, Italy*)

Due to MRSA
Francesco Menichetti (*Pisa, Italy*)

16:30 - 17:00 STATE-OF-THE-ART LECTURE

Chairperson: **Eirini I. Rigopoulou** (*Larissa, Greece*)

IgG4 related disease: An underrecognized entity
Michael Trauner (*Vienna, Austria*)

17:00 - 17:45 SATELLITE SYMPOSIUM

17:45 - 18:15 E-poster viewing/Coffee Break

18:15 - 19:45 ROUND TABLE Internal Medicine in the core of medical specialties *European Federation of Internal Medicine (EFIM)*

Chairpersons: **Runólfur Pálsson** (*Reykjavik, Iceland*)
Luis Campos (*Lisbon, Portugal*)

European education centre for Internal Medicine
Rijk Gans (*Groningen, The Netherlands*)

Young internists subcommittee actions
Frauke Weidanz (*Edinburgh, UK*)

Gender differences in medicine
Alberto M. Marra (*Heidelberg, Germany*)

19:45 - 20:15 STATE-OF-THE-ART LECTURE

Chairperson: **George N. Dalekos** (*Larissa, Greece*)

Quality of care and professional issues
Luis Campos (*Lisbon, Portugal*)

20:15 - 21:00 SATELLITE SYMPOSIUM



08:30 - 09:30 ORAL PRESENTATIONS

Chairpersons: **TBA**

PARALLEL SESSION

09:30 - 11:00 ROUND TABLE

Perspectives in viral hepatitis treatment

Hellenic Association for the Study of the Liver

Chairperson: **George V. Papatheodoridis** (Athens, Greece)

Present and future treatment of chronic hepatitis B
Pietro Lampertico (Milan, Italy)

Optimal management of special groups of chronic HBV infection
Spilios Manolakopoulos (Athens, Greece)

Optimal current treatment of hepatitis C
Christophe Hézode (Paris, France)

PARALLEL SESSION

09:30 - 11:00 ROUND TABLE

Lymphomas and myelodysplastic syndromes in autoimmune diseases

Chairperson: **Michael Voulgarelis** (Athens, Greece)

Autoimmune disorders: Risk factors for lymphomagenesis
Haralampos M. Moutsopoulos (Athens, Greece)

Virus-driven autoimmunity and lymphoproliferation:
The example of HCV infection
Salvatore De Vita (Udine, Italy)

Myelodysplastic syndrome and autoimmune disorders:
Cause or consequence?
Pierre Fenaux (Paris, France)

11:00 - 11:30 STATE-OF-THE-ART LECTURE

Chairperson: **Matthaios Speletas** (Larissa, Greece)

Update on primary immunodeficiencies
Vassilios Lougaris (Brescia, Italy)

11:30 - 12:00 E-poster viewing/Coffee break

Saturday, March 24, 2018

12:00 - 13:30 ROUND TABLE**Unmet clinical needs in autoimmune liver diseases**Chairpersons: **George N. Dalekos** (*Larissa, Greece*)**Pietro Invernizzi** (*Milan, Italy*)

Autoimmune hepatitis

Marco Lenzi (*Bologna, Italy*)

Primary biliary cholangitis

Pietro Invernizzi (*Milan, Italy*)

Primary sclerosing cholangitis

Christoph Schramm (*Hamburg, Germany*)

Pediatric autoimmune liver disease

Giorgina Mieli-Vergani (*London, UK*)**13:30 - 14:00 STATE-OF-THE-ART LECTURE**Chairperson: **Stylianos E. Orfanos** (*Athens, Greece*)

Pulmonary hypertension: New aspects

Carmine Dario Vizza (*Rome, Italy*)**14:00 - 14:30 SATELLITE LECTURE****14:30 - 16:00 E-poster viewing/Leisure time****16:00 - 17:30 ROUND TABLE****Biologic agents in Internal Medicine**Chairperson: **Runólfur Pálsson** (*Reykjavik, Iceland*)**Petros P. Sfikakis** (*Athens, Greece*)

General principles and pathophysiological background for their implementation

Petros P. Sfikakis (*Athens, Greece*)

Biologics in psoriasis

Peter van de Kerkhof (*Nijmegen, The Netherlands*)

Biologics in IBD

Peter Laszlo Lakatos (*Montreal, Canada*)

Biologics in rheumatic diseases

Dimitrios Vassilopoulos (*Athens, Greece*)



16:00 - 17:30 ROUND TABLE
New perspectives in oncology

Chairpersons: **Athanasios Kotsakis** (*Heraklion Greece*)
George Fountzilas (*Thessaloniki, Greece*)

Hereditary cancer: the role of genetic testing
Emmanouel Saloustros (*Heraklion Greece*)

Biomarkers as a tool for personalized treatment: the paradigm of non-small cell lung cancer (NSCLC)
Niki Karachaliou (*Barcelona, Spain*)

Managing toxicities associated with immunotherapy for solid tumors
Yannis Metaxas (*Chur, Switzerland*)

17:30 - 18:00 STATE-OF-THE-ART LECTURE

Chairperson: **Konstantinos Vemmos** (*Athens, Greece*)

Endovascular thrombectomy in acute ischemic stroke
Panagiotis Papanagiotou (*Bremen, Germany*)

18:00 - 19:30 ROUND TABLE
Autoinflammatory syndromes

Chairpersons: **Konstantinos Ritis** (*Alexandroupolis, Greece*)
Nikolaos Gatselis (*Larissa, Greece*)

The role of IL-1 β in autoinflammation
Ioannis Mitroulis (*Dresden, Germany*)

Stress-induced inflammation: Lessons from Familial Mediterranean Fever
Panagiotis Skendros (*Alexandroupolis, Greece*)

Inflammasomes activation in the pathogenesis of Ankylosing Spondylitis
Francesco Ciccia (*Palermo, Italy*)

19:30 - 20:00 SATELLITE SYMPOSIUM