

Provided by

North American Society for Psychosocial Obstetrics & Gynecology



BIENNIAL MEETING PROGRAM

April 8-10, 2016

New York Academy of Medicine

Schedule as of 2/3/16 – subject to change

The New York Academy of Medicine is located at the corner of Fifth Avenue and 103rd Street. The entrance is on 103rd Street.

FRIDAY, April 8, 2016

7:30am – 6:00pm	Registration
7:30am – 8:30am	CONTINENTAL BREAKFAST
8:30am – 8:45am	Welcome Remarks NASPOG President - Shari I. Lusskin, MD
8:45am – 11:45am	Symposium: Perinatal Psychiatric Disorders: Challenges in Treatment <i>Chair: Michael O'Hara, PhD, University of Iowa</i> Speakers/Panel: • Mood Disorders in Pregnancy and Postpartum <i>Kimberly Klipstein, MD, Icahn School of Medicine at Mount Sinai, New York</i> • Non-pharmacologic Treatments for Perinatal Depression <i>Deirdre Ryan, MD, University of British Columbia, Vancouver</i> • Antidepressants and Anxiolytics <i>Katherine L. Wisner MD, MS, Northwestern University, Chicago</i> • Mood Stabilizers and Antipsychotics <i>Shari I. Lusskin, MD, Icahn School of Medicine at Mount Sinai, New York</i>
12:00 – 1:00pm	Luncheon Lecture - Lighter as We Go: Women & Aging <i>Jimmie C. Holland, MD, Memorial Sloan Kettering Cancer Center, New York</i> <i>Mindy Greenstein, PhD, Memorial Sloan Kettering Cancer Center, New York</i>
1:15pm – 3:15pm	Symposium: Menopause / Woman-to-Woman /An International Perspective <i>Chair: Zipora Dolev, MD, Israel</i> • The Menopausal Woman, the Gynecologist & the Psychiatrist <i>Yael Arbel-Derowe, MD, OB-GYN, Laniado Medical Center and Tel Aviv University, Israel</i> <i>Zipora Dolev, MD, Psychiatry Private Practice and Tel Aviv University, Israel</i> • Use of Prescription and Over-the Counter Medications Among Midlife Women in Israel <i>Prof. Liat Lerner-Geva MD, PhD, The Gertner Institute for Epidemiology and Health Policy Research, Israel</i> • Could Hormonal Therapy Prevent Cardiovascular Disease in Women in 21st Century? <i>Bella Koifman MD, Women's Heart Clinic, Tel Aviv Sourasky Medical Center, Israel</i> • A Link Between Nutrition and Menopause <i>Dr. Olga Raz, Ariel University, Israel</i>
3:15pm – 3:45pm	BREAK
3:45pm - 5:00pm	Steiner Young Investigator Symposium - <i>Chair: Meir Steiner, MD, PhD</i> <i>Submitted award applications – 4 presenters awarded</i>
6:30pm - 9:30pm	Paul C. Weinberg Memorial Lecture and Dinner - <i>Ticket Purchase Required</i> <i>Speaker TBD</i>

SATURDAY, April 9, 2016

7:30am – 5:30pm	Registration
7:30am – 8:30am	CONTINENTAL BREAKFAST
8:30am - 9:30am	Facilitated Roundtable Discussions <i>Chair: Vesna Pirec, MD, PhD, Insight Behavioral Health Services, Chicago</i> Topics to be determined and solicited from registrants
9:30am – 9:45am	BREAK
9:45am – 11:45am	Symposium: Psychosocial Aspects of Fertility and Assisted Reproductive Technology <i>Chair: Michael Silverman, PhD, Icahn School of Medicine at Mount Sinai</i> • Psychosocial Aspects of Fertility Preservation and Egg Freezing <i>Elizabeth Fino, MD, NYU Langone Medical Center, New York</i> • Identification and Treatment of Mood Changes during Reproductive Assistance <i>Catherine Birndorf, MD, The New York Presbyterian Hospital – Weill Cornell Medical Center</i> • The Association Between Various IVF Techniques and Offspring Outcomes <i>Sven Sandin, PhD, Karolinska Institutet / Icahn School of Medicine at Mount Sinai, New York</i>
12:00 – 1:30pm	Luncheon – President’s Address & NASPOG Business Meeting
1:45pm – 3:45pm	Symposium Panel: From Menarche to Menopause: Using Brain Imaging to Examine Brain-Hormonal Interactions <i>Chair: C. Neill Epperson MD, University of Pennsylvania</i> Speakers: • Kristina Deligiannidis, MD, University of Massachusetts Med. School/UMass Memorial Medical Center Center for Psychopharmacologic Research and Treatment, Worcester, MA • Hadine Joffe, MD, MSc, Harvard Medical School/Brigham and Women’s Hospital/Dana Farber Cancer Institute, Boston, MA • Kimberly Albert, PhD, Center for Cognitive Medicine – Vanderbilt Psychiatry, Nashville, TN
3:45pm – 4:00pm	BREAK
4:00pm – 5:30pm	NASPOG Presents! • A Novel Approach to Reduce the Use and Misuse of Prescription Opioid Medication in Pregnancy <i>Constance Guille, MD, Medical University of South Carolina, Charleston</i> • Replication of Epigenetic Biomarkers of Postpartum Depression <i>Jennifer Payne, MD, Johns Hopkins School of Medicine, Baltimore, MD</i> • Will “The Pill” Make You Depressed? <i>Inger Sundström Poromaa, Md, Uppsala Universitet, Sweden</i> • Frequency and Severity of Vasomotor Symptoms and Quality of Life in Menopausal Women With and Without Epilepsy <i>Nicole Shirvani, MD, Cleveland Clinic Foundation, Cleveland, OH</i> • Physical Activity Recommendations of Health Care Providers: A Pregnant Patient's Perspective <i>Jeni Matthews, PhD Student, Arizona State University, Phoenix, AZ</i> • Introducing New Interdisciplinary Standards of Psychosocial Care in NICU Settings <i>Pam Geller, PhD, Drexel University, Philadelphia, PA</i>
5:30pm - 7:00pm	POSTER SESSION and RECEPTION

Free Evening / Dinner on Own

SUNDAY, April 10, 2016

7:30am --1:00pm
7:30am – 8:30am

Registration
CONTINENTAL BREAKFAST

8:30am – 10:30am

Symposium: Counseling Families with High Risk and Periviable Pregnancies

Chair: Men-Jean Lee, MD, Icahn School of Medicine at Mount Sinai, New York

- **Counseling for Periviable Pregnancies – The MFM/OB Perspective**
Andrei Rebarbar, MD, MFM Associates & Icahn School of Medicine at Mount Sinai, New York
 - **Counseling for Periviable Pregnancies – The Neonatologist's Perspective**
Lucille Perotta, MD, Mount Sinai Beth Israel Hospital & Icahn School of Medicine at Mount Sinai, New York
 - **Premature Mom – A Patient's Perspective**
Cindy Kief, Patient, Mother and Advocate
 - **Psychosocial Medicine and Periviability – Putting It All Together**
Men-Jean Lee, MD, Icahn School of Medicine at Mount Sinai, New York
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10:30am – 10:45am

BREAK

10:45am - 11:45am

Impact of Pregnancy Loss on Postpartum Psychological Functioning: Research, Practice and Current Controversies

Deborah Rich, PhD, Shoshana Center for Reproductive Health Psychology, St. Paul, MN

12:00 – 1:00pm

Luncheon Lecture: Eating for Two: The Long Term Impact of Eating Disorders on Pregnancy Outcomes

Nadia Micali, MD, Icahn School of Medicine at Mount Sinai

1:15pm – 3:15pm

Symposium: Substance Abuse in Women

Chair: Leena Mittal, MD, Brigham and Women's Hospital, Boston

- **Substance Abuse in Perinatal Women: An Overview**
Leena Mittal, MD, Brigham and Women's Hospital, Boston, MA
 - **Moms and Moms-to-Be in Recovery: A Perinatal Addiction Treatment Program**
Julia Frew, MD, Dartmouth Hitchcock Medical Center, Lebanon, NH
 - **Introduction to Sex and Gender Differences in Substance Abuse Disorders**
Faye Chao, MD, The Addiction Institute of New York, Mt. Sinai West Hospital
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3:15pm – 3:30pm

Closing Remarks & Adjournment

NASPOG President - Shari I. Lusskin, MD

For more information:

North American Society for Psychosocial Obstetrics & Gynecology

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Potomac, Maryland 20854
301-983-6282
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CME Information

Statement of Needs

This conference provides an exchange for cutting edge research, best practices in diagnosis and treatment of women's psychosocial needs across their lifespan.

Educational Objectives

At the conclusion of this activity, participants will be able to:

- Discuss biopsychosocial aspects of obstetric and gynecologic medicine in order to treat patients with best clinical practices
- Identify the psychological, psychophysiological, public health, socio-cultural, ethical and other aspects of patients' functioning and behavior so that they can provide the best specialized treatment to their patients
- Describe the scientific and clinical best practices relative to the fields of obstetrics and gynecology, psychiatry, psychology, nursing, social work, anthropology, and other related disciplines so that their patients receive the best care specific for their needs.

Target Audience

Psychiatrists, OB/GYN, Psychologists, Endocrinologists, Social Workers, Midwives, Nurse Practitioners, Primary Care, any professional treating women.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Icahn School of Medicine at Mount Sinai and North American Society for Psychosocial Obstetrics & Gynecology. The Icahn School of Medicine at Mount Sinai is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 19.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Verification of Attendance:

Verification of attendance will be provided to all professionals.

Faculty Disclosure

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

Special Needs

NASPOG and Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require any special accommodations, please contact Debby Tucker, NASPOG Executive Director, at dtuckercomp@aol.com or via phone at 301-983-6282 or on your registration form.

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