



QRC: 3193

Price

One Day : \$385 inc. GST

Two Days: \$506 inc. GST

Date

09 - 10 Nov 2017

Venue

Oaks On Collins

480 Collins St , Melbourne, VI, 3000

CPD Hours

11 Hours | 0 Mins

Assessment: General Clinical Nursing 2017

Includes: Case Studies; Assessment Tools; Respiratory System; Cardiovascular Assessment; Chest Pain; Neurological Assessment; Pain Assessment; Documentation and much, much more...

Need for Program

The purpose of this seminar is to offer all nurses an opportunity to update their general clinical assessment skills. A particular focus is on major body systems and common or challenging presentations. Participants will be encouraged to engage in and initiate discussion on case scenarios and clinical experiences. By encouraging nurses to reflect on past situations this seminar will assist in developing their clinical reasoning and critical thinking skills, immediately assisting them to apply knowledge gained to their practice and improve patient outcomes.

Purpose of Program

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Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Prepare a person physically and psychosocially to improve patient comfort during an assessment,[1] including selection of the most appropriate assessment tool
- Revise the anatomy and physiology of all body systems covered and review common symptoms of diseases
- Correlate clinical assessment findings with pathophysiological processes occurring across a range of body systems

- Document findings and apply a range of appropriate and timely evidence-based nursing interventions to a patient following a comprehensive assessment

Program Schedule

Day One

8:30am - Registration and Refreshments

9:00am

Cornerstone of Nursing Care - Clinical Assessment

This introductory session will highlight the importance of the holistic nature of nursing assessment. Clinical assessment is acknowledged as a core nursing skill which, when used as a baseline tool, is the key to the development of an effective care plan. In this session you will reflect on the purpose of clinical assessments and how they contribute to your professional care, reviewing the nursing process and considering the following questions:

- Should a comprehensive clinical nursing assessment be performed on all patients?
 - What data should be sourced prior, during and after a clinical assessment?
 - Performing a clinical interview – how to ensure the interview is reliable, appropriate and includes the relevant people
 - Top to toe, systems assessment: which is the best pattern?
 - What documentation should be considered?
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10:00am

Assessment Tools - Which One?

There are a range of instruments and tools that can be used to assist nurses to perform a clinical assessment. This short session will briefly look at the purpose of these tools and where their value lies in a clinical assessment.

- How to select an assessment tool
 - How to use a tool when performing an assessment
 - Documentation tips
-

10:30am - Morning Tea and Coffee

11:00am

Assessment of the Respiratory System - Part 1

The main purpose of respiratory assessment is to ascertain how well the gases of oxygen and carbon dioxide are exchanged. This session will review the underlying principles of respiratory assessment. Includes:

- Review of the normal anatomy and physiology of the respiratory system
 - Understand the difference between oxygenation/respiration and ventilation
 - Consider common disease states, and their related clinical assessment findings
 - How to perform a systematic assessment of the respiratory system
 - History and clinical examination with a respiratory focus
-

12:30pm - Lunch Break and Networking

1:30pm

Assessment of the Respiratory System - Part 2

This session focuses on diseases of the respiratory system and their clinical presentations. You will discuss clinical findings, how to interpret them in relation to your patient presentation, and taking the next step in assessment and management of respiratory problems.

- Case studies in respiratory assessment
 - Taking the next step - what is advanced respiratory assessment?
 - Why order a chest x-ray or other diagnostic tests?
 - Are any pathology tests useful in respiratory assessment?
-

2:30pm - Afternoon Tea and Coffee

3:00pm

Cardiac Assessment - Part 1

Cardiac disease is increasingly common in our society. Many chronic diseases, such as diabetes and hypertension, are also linked to cardiac problems. You will refresh your knowledge about the underlying principles of performing a cardiac assessment.

- Review normal anatomy and physiology of the cardiac system
- How do you perform a systematic assessment of heart function?
- Find out what your first observations tell you
- How do you perform a systematic assessment of heart function
- Review common disease states and related assessment findings
- Document and use terminology correctly

4:30pm - Close of Day One of Program

Day Two

9:00am - Commencement of Day Two

9:00am

Cardiac Assessment - Part 2

This session focuses on diseases of the cardiac system and their clinical presentations. You will discuss clinical findings, how to interpret them in relation to your patient presentation, and take the next step in assessment and management of cardiac or cardiac-related problems. Includes:

- Case studies in cardiac assessment
 - Take the next step - what is advanced cardiac assessment?
 - Why order diagnostic tests? What is useful?
 - Are any pathology tests useful in cardiac assessment?
 - Common cardiac management problems - the patient with chest pain
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10:30am - Morning Tea and Coffee

11:00am

Neurological Assessment - A Systematic Approach

The neurological system can be involved in many patient presentations and is considered to be one of the most difficult systems for assessment. A neurological assessment needs to demonstrate objective reasoning and critical thinking. As the neurological system is so complex, and involves every aspect of human function, we have many tools available to assist. In this session, you will discuss assessment tools and techniques, and consider their implications in regard to neurological function.

- Review neurological assessment tools and techniques
- Review normal anatomy and physiology of the neurological system
- Review common disease states and related assessment findings
- Document and use terminology correctly
- A demonstration of some specific neurological assessments
- Discuss case scenarios
- The 'head injury': what assessment should be performed?

12:30pm - Lunch Break and Networking

1:30pm

Assessment of Other Systems

While respiratory, cardiac and neurological assessment have all now been discussed, there may be other assessment challenges you face. Depending on the time available, and the needs of participants, additional case studies will be presented to outline clinical assessment in areas such as:

- Gastrointestinal and abdominal assessment - principles and assessment techniques
 - Acute musculoskeletal pain, assessment and diagnostics
 - Discussion of case scenarios relevant to participants' workplaces
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3:00pm - Afternoon Tea and Coffee

3:30pm

Sharpening Your Nursing Assessment Skills: The Big Benefits?

This session will be very valuable in looking at your own assessment capabilities and what you have gained from this seminar. Having an understanding of your own clinical reasoning skills and how to develop them will ensure your nursing practice continues to improve and expand.

- Advanced nursing practice and advanced assessment
 - Scope of practice for nurses and how to expand it
 - Clinical reasoning: what is it?
 - How can I further develop my assessment skills?
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4:15pm

Final Wrap Up and Case Outcomes

Having developed your clinical assessment and clinical reasoning skills over the last two days, the final outcomes for some of the case studies will be presented. This is a final opportunity for you to reflect on your abilities in clinical assessment.

4:30pm - Close of Seminar and Evaluations

Presenters

Leanne Boase

Leanne Boase is a Nurse Practitioner with a background in critical care and paediatrics, she currently practices across four GP clinics in Melbourne. She has also built, owned and operated her own GP practice, and is now a Director of Prime Medical Property Group, developing and building properties in the health sector. Leanne also does business planning and is the author of "Medical Business Management ", aimed at assisting Health Professionals to start their own businesses. Leanne is a Fellow of the Australian College of Nurse Practitioners. She works as a casual academic, her qualifications include a Master of Nursing (Nurse Practitioner) and a Master of Health Science (Education).

Registration form

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